

CORONAVIRUS DISEASE 2019 **Ohio**

Department
of Health

Protect yourself and others from
COVID-19 by taking these precautions.

PREVENTION

For additional information call 1-833-4-ASK-ODH or visit coronavirus.ohio.gov.



STAY HOME



PRACTICE
SOCIAL
DISTANCING



GET ADEQUATE SLEEP
AND EAT WELL-
BALANCED
MEALS



WASH HANDS OFTEN
WITH WATER AND SOAP
(20 SECONDS
OR LONGER)



DRY HANDS WITH
A CLEAN TOWEL
OR AIR DRY
YOUR HANDS



COVER YOUR MOUTH
WITH A TISSUE OR
SLEEVE WHEN
COUGHING OR SNEEZING



AVOID TOUCHING
YOUR EYES, NOSE,
OR MOUTH WITH
UNWASHED HANDS
OR AFTER
TOUCHING SURFACES



CLEAN AND DISINFECT
"HIGH-TOUCH"
SURFACES OFTEN



CALL BEFORE VISITING
YOUR DOCTOR



PRACTICE GOOD
HYGIENE HABITS

More Information

You can receive further information on
COVID-19 at these websites:

CDC (Center for Disease Control)
<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

ODH (Ohio Department of Health)
<https://coronavirus.ohio.gov/wps/portal/gov/covid-19/checklists/english-checklists/>

Or call ODH at 1-833-427-5634
The call center is open from
9:00 a.m. until 8:00 p.m.

City of Springdale
Department of Health
<https://www.springdale.org/health-department.aspx>
Or contact us at:

City of Springdale
Health Department
11700 Springfield Pike
Springdale, OH 45246
(513) 346-5725

