Reasons to Join the Community Center

My friends & neighbors are members!
The rates are VERY reasonable!
The Fitness Center rocks!
I can rent party rooms!
Lace will love the pool!
There are great classes & special events for my entire family!
The staff is awesome!

Springdale Parks & Recreation
2007 Spring/Summer
Community Center is Wireless!
We are pleased to announce that the Community Center now has free wireless internet access. Springdale residents and Community Center members are able to access the internet from nearly every area of the building - including all meeting rooms and the new Senior Lounge.

Hang Out with Friends in the New Senior Lounge
A new Senior Lounge was recently opened at the Community Center, free for use by all Senior Members. The lounge features an entertainment area with leather furniture and a home entertainment system. There is also an area for drop in card playing, as well as a kitchenette with a sink and refrigerator.

Want to join the fun? All Springdale residents age 62 and over receive complimentary Pool Memberships to the Community Center. To visit the lounge, or to get your free senior membership, stop by the Community Center.
Community Center

Information

HOLIDAY HOURS

<table>
<thead>
<tr>
<th>Holiday</th>
<th>Hours</th>
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<tbody>
<tr>
<td>Easter</td>
<td>Closed</td>
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<tr>
<td>Memorial Day</td>
<td>1:00pm - 9:00pm</td>
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<tr>
<td>Independence Day</td>
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<tr>
<td>Labor Day</td>
<td>1:00pm - 9:00pm</td>
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DAILY HOURS

Fitness Center & Indoor Track open at 6:00am Monday - Friday.

<table>
<thead>
<tr>
<th>Day</th>
<th>Hours</th>
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<tbody>
<tr>
<td>Monday - Thursday</td>
<td>7:00am - 10:00pm</td>
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<td>Friday</td>
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<td>Saturday</td>
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<tr>
<td>Sunday</td>
<td>1:00pm - 9:00pm</td>
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These times are subject to change and will be posted at the Community Center.

Guest Policy

Members may bring one guest per day. Members must register guests at the front desk and pay the necessary guest cost of $1.25 for ages 2 through 17 years old and $2.50 for adults. There are no refunds.

Persons in the 7th grade and above utilizing indoor facilities may be requested to present a photo ID (school ID acceptable) to be admitted as a guest. Any guest registered with a member must stay with that member while utilizing the facility, and leave when that member leaves. Guests are not permitted in the Fitness Center. Staff may limit guest privileges during peak times. Additionally, the staff reserves the right to deviate from this policy.

Contact Us

phone: 346-3910
sccrec@springdale.org
11999 Lawnview Ave

Get on our E-mail List!

E-mail sccrec@springdale.org and ask to be added to the Parks & Recreation e-mail list. You'll receive monthly updates of activities and programs, as well as reminders of important events!

The facilities at Springdale Community Center are easily accessible to the handicapped. If you need additional assistance, contact the Parks & Recreation Department.
Level 1
Basic acclimation to the water. Students will be expected to submerge their face in the water for 3 seconds, float and kick with assistance on their front and back. Student must be 3 years old and not older than 6 by June 1.

Level 2
To build more confidence in the water. The student will be expected to swim 10-20 feet. Student will also be expected to float and kick on their front and back without assistance. Prerequisite: Level 1 and 4 years old and not older than 6 by June 1.

Level 3
To equip the student with basic water safety skills and knowledge in order to make him/her reasonably safe in, or about the water. The student will be expected to perform a sitting dive from the side, glide on their front and back, coordinate the arm stroke for front and back crawl for 10-20 yards, and change direction in the water. Prerequisite: Pass Level 2 and 5 years old by June 1.

Level 4
The object of this course is to increase the water skills of the student by adding onto the skills learned in Level 3. Students will be expected to do a standing dive, tread water, swim front crawl 25 yards, and perform sidestroke, elementary backstroke, and breaststroke for 10 yards each. Prerequisite: Level 3.

Level 5
The object of this class is to provide the student with the opportunity to learn the elements of good swimming. The student will be expected to swim front and back crawl 50 yards each and breaststroke and sidestroke 25 yards each. Continued work on elementary backstroke, breaststroke and sidestroke. Prerequisite: Level 4.

Level 6
The object of the course is to increase the student's endurance and versatility in the water. The student will be expected to swim front and back crawl 100 yards each and breaststroke and sidestroke 25 yards each. The student will also be expected to tread water for 3 minutes, and butterfly will be introduced. Prerequisite: Level 5.

Stroke Improvement
To provide special attention to the four competitive strokes: front crawl, back crawl, breaststroke and butterfly. Starts and turns will also be covered. Swimmers must have some skill in the four competitive strokes before enrollment. Class limit - 5.

Adult Swim Lessons
We will provide individual instruction to improve swimming skills. A maximum of ten adults will be enrolled in this class. Classes meet Thursday evenings from 7:00pm - 8:00pm for eight weeks beginning June 14.

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**Swim Lesson Class Dates**

**Levels 1 & 2**
- 1A June 11 - June 22
- 1B** June 25 - July 6
- 2A July 16 - July 27
- 2B** July 30 - August 10
**Resident children enrolled in 1A or 2A classes may not enroll in 1B or 2B until noon the last day of 1A or 2A class.

**Level 3 & Higher**
- Session 1 June 11 - July 6
- Session 2 July 16 - August 10

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**Register For Lessons**

**Members**
Registration begins April 16.

**Non-Residents**
Registration begins 3:00pm Friday before the class begins.
## Regular Season Pool Schedule - June 11-August 24

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<thead>
<tr>
<th></th>
<th>Sunday</th>
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<tr>
<td>8:00</td>
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<td>Swim Team Practice 7:30am - 10:00am</td>
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<td>Open Swim 12:15pm - 6:00pm</td>
<td>Open Swim 12:15pm - 6:00pm</td>
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<td>Aquatic Exercise 10:30am - 11:30am</td>
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<td>Open Swim 12:15pm - 8:00pm</td>
<td>Open Swim 12:15pm - 6:00pm</td>
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### Pre-Season Hours
- May 26: 10:00am - 6:00pm
- May 27, 28: 1:00pm - 8:00pm
- May 29-June 1: 4:00pm - 7:00pm
- June 2, 9: 10:00am - 6:00pm
- June 3, 10: 1:00pm - 8:00pm
- June 4-8: 4:00pm - 7:00pm

**Pool Closes at 5:00 pm July 4**

### Early Closings
- June 8: 12:15pm - 7:00pm
- August 17: 12:15pm - 7:00pm

### Post-Season Hours
- Sept 1: Goldfish Swim at Noon
- Pool Opening Time TBD
- Sept 2-3: 1:00pm - 8:00pm

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### Concessions

**Soft Drinks! Snacks! Ice Cream!**

**Hot sandwiches! Candy!**

- Monday - Friday: 1:00pm - 6:00pm
- Saturday: 12:00pm - 6:00pm
- Sunday: 1:00pm - 6:00pm

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### Day Pass Rates

<table>
<thead>
<tr>
<th>Age</th>
<th>Fee</th>
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<tr>
<td>Under 2</td>
<td>No Charge</td>
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<tr>
<td>2-17</td>
<td>$1.25</td>
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<tr>
<td>18 &amp; Over</td>
<td>$2.50</td>
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Don't have a pool membership? Activity or Fitness members and guests of members may purchase a day pass at the front desk. The fees apply to swimmers and non-swimmers. No rainchecks.

Anyone 8 years old and younger must have passed a Level 4 swim class or be accompanied by a person 15 years or older.

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**Aquatic Directors:** Erica Pass
Amy Radcliff
Sailfish Swim Team

Register Saturday, May 12  10:00am-2:00 pm

The Sailfish Swim Team is a recreational team that belongs to the Northern Suburban Swim League. Swim meets are on Tuesday and Thursday evenings. Practices are Monday through Friday mornings. The season runs June through July. All children 6-18 years old who enjoy swimming are welcome to join us for lots of fun and great exercise!

Fees: $45 per swimmer and $30 for each additional swimmer in the same family.

For more information on the Springdale Sailfish Swim Team, call Deb Stahlgren at 851-3469.

Aquatic Exercise

Looking for a fun, low-impact workout? This is the class! Meet new people while exercising in the pool to your favorite music!
Days: Wednesday  6:45pm - 7:45pm
Saturday  10:30am - 11:30am
Instructor: Patricia Cox, 385-6111
Fee: Residents - $35/7 class session or $7/walk-in;
Non-residents - $42/7 class session or $8/walk-in.

The first thing you will notice at the pool this summer is a 20 foot Funbrella! Funbrellas are perfectly suited to settings where natural shade is not available like a pool deck! So pull up a chair beneath the Funbrella and get out of the sizzling sun! Read a book, watch the swimmers or take a nap in the shade this summer at the pool!
GENERAL RULES
1. The pool will be closed when there is lightning and/or inclement weather. It will also be closed for a limited number of special events which will be announced during the summer.
2. For those individuals needing assistance into the water, a pool lift chair is available for your use. Please inquire with the pool staff.
3. Street clothes and shoes prohibited in the pool area.
4. Glass containers are not permitted.
5. Parents must remain in the designated area during swim lessons.
6. Shower your child and yourself before entering pools.
7. Pool chairs are provided—please do not bring your own.
8. Appropriate swimwear required.
9. Due to health concerns, it is recommended that you do not use the pool if you have had diarrhea anytime in the past two weeks.
10. Do not drink pool water.
11. Children not yet toilet trained are required to wear "swim diapers" or rubber pants and close fitting swimsuits.

MAIN POOL RULES
1. Lifeguards must be obeyed.
2. There will be a 15-minute Adult Swim/rest period every hour. Children age 2 and under are permitted in the pool during this time, however children age 3-17 must exit the water.
3. Running is not permitted.
4. Riding on shoulders, dunking, excessive splashing and/or horseplay will not be tolerated.
5. Diving from the side of the pool into shallow water is not permitted.
6. Fins and snorkels are not permitted.
7. Floatation devices or toys will be prohibited, except in the baby pool.
8. Kickboards and floatbelts are for instructional and competitive use only.

BABY POOL RULES
1. All children using the baby pool must be accompanied by a person 16 years old or older.
2. The baby pool is reserved for children ages 6 and younger.
3. Do not change your child's diaper poolside.
4. Do not rinse diaper-aged children in the pool before, during or after diaper changes.
5. Assist young children in making frequent visits to the bathroom to minimize accidents.

DIVING
1. Diving is prohibited from the sides of the pool.
2. Hanging on diving boards is prohibited.
3. A diver must dive straight off the board.
4. A diver must wait until the diver in front of him has reached the side before diving.
5. "Spot-Dives" or any dives requiring a second contact with the board are not permitted.
6. Only one person at a time on the board and ladder.
7. After diving off the board, go directly to the nearest ladder.
8. No one shall swim under the board or wait for another individual on the board.

LANE AREA
1. The roped off area is for continuous swimming in a clockwise circle only. (If you must rest, get out of the pool.)
2. Do not sit on or swim under rope markers.
3. Stopping in lanes is prohibited; swim to the end.

WATER SLIDE
1. Users must ride seated upright, feet first.
2. Stopping, changing positions and forming chains will not be permitted.
3. Users will not be allowed to ride with small children on their lap.
4. Lifesavers and other flotation devices are prohibited.
5. Users must exit the landing area immediately.
6. Users must meet height requirement posted at the bottom of the slide. (approx. 4 ft.)

CONCESSION AREA
1. All food and beverages must be kept inside the concession area.
2. No alcoholic beverages may be brought to the pool.
3. Please be considerate and dispose of trash in the containers provided.

Pool Closures
The management reserves the right to close the swimming pool or deny admission when there is any condition or evidence which could jeopardize the health and safety of the general public. We apologize for any inconvenience this may cause.
Basketball Courts
When it's too hot to be outside this summer, get some friends together and play basketball at one of the three (3) full-size courts in the Community Center.

Batting Cage & Golf Cage
Get out and practice your swing! The batting and golf cages are for use by all Community Center members. Users must be trained on the batting machine prior to the first use and an adult must be present to operate the batting machine. Call ahead for reservations. Limit one hour of use per member.

Computer Resource Library
Members and guests of any age may use one of the computers in the room to work on school projects, resumes or surf the internet. All computers are equipped with Word, Excel and Publisher. A color printer is also available for your use; however we ask that you provide your own paper. Members and their guest must sign in and present their card at the front desk to use this room.

Adult Game Room
Adults ages 18 and older that want a quieter environment to play pool or darts will enjoy the adult game room.

Family Game Room
The Family Game Room has a wide variety of games the whole family will enjoy. Table tennis, air hockey, foosball, and shuffleboard may be played free of charge. Members may check out game room equipment at the front desk. For your enjoyment, the game room also contains two pay-to-play pool tables, arcade games, a television, as well as tables and chairs.

Racquetball & Wallyball Courts
There are two (2) racquetball/wallyball courts available to Community Center members. Wallyball courts can accommodate up to eight (8) players. Court time is free for those with a Racquetball Membership, however the fee is $4 per court per hour for Community Center members who do not have a racquetball membership or a racquetball member with a guest.

Courts may be reserved up to 72 hours in advance for up to one hour. An individual may make only one reservation per day. Reservations are made on the half-hour during normal hours of operation. Players must provide equipment including eyewear.

 Locker Rooms & Sauna
Located in the locker rooms, patrons 16 years and older may enjoy the sauna. Please do not pour water on the sauna rocks.

Senior Lounge
This new room is a great area for seniors to watch a movie, play cards or read a book! This room is only for senior members and their guests, and includes comfortable leather furniture, an LCD TV with a home theater system, card tables, and a kitchenette.

Indoor Elevated Track
The 1/12 mile elevated track is available for use by members and their guests age 16 and older.

1. Children under 16 years of age may use the track when accompanied by an adult.
2. Strollers are not permitted on the track.
3. Parents must keep their children with them at all times while using the track. If the child cannot keep up, the child must be registered with Kids Corner (7 & under) or use another part of the facility.
4. As a courtesy to other members and for your own safety, slower traffic should use the inside lane.
5. Membership cards must be presented at the front desk prior to utilizing track.
The Springdale Community Center has the perfect setting for your next family or club get-together. Stop by the Community Center for a rental application and more information.

**Springdale Room II**
This executive clubroom is ideal for a casual business function or organizational meeting. The room seats 17, includes a sink and countertop, microwave, coffee pot and small refrigerator. There is also a television and VCR in the room. This room may be combined with Springdale Room I to enhance your meeting. This meeting room is limited to use by adults only. People may be accommodated at the tables and chairs. The sink and countertop, microwave, coffee pot and refrigerator are ideal for serving food and snacks during your meeting.

**Meeting Room C**
With indoor seating for 30 and access to an outdoor patio and chairs, this room is great for a more relaxed function. The room has a countertop, sink, microwave and coffeepot.

**Meeting rooms A, B, & C may be combined to accommodate larger groups.**

**Springdale Room I**
This executive clubroom is perfect for a business function or organizational meeting. The room is equipped with a computer hookup, projection screen, white board and telephone. The room boasts a large conference table with seating for 16, and can be combined with the Springdale Room II for additional seating. Adults only please.

**Meeting Room A**
This meeting room has tables and chairs to accommodate up to 30 people, making it an ideal room for club meetings. Amenities include a computer hookup, projection screen, white board and phone line to enhance your meeting. The room has a countertop, sink, microwave and coffeepot.

**Meeting Room B**
This is the perfect room for luncheons and showers. Up to 30 people may be accommodated at the tables and chairs. The sink and countertop, microwave, coffee pot and refrigerator are ideal for serving food and snacks during your meeting.

**Auxiliary Gymnasium**
This large space is ideal for wedding receptions, anniversary parties or other special events. A variety of other services, including snacks, may be arranged for your function. A kitchen and walk-in cooler are also available for your convenience. Reservations may be made for Saturday evenings for up to 4 hours.

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**A Few Things to Keep in Mind**

1. Facilities may only be rented by a City of Springdale resident, Community Center member or City of Springdale employee. The renter must check-in prior to the reservation and remain on-site at all times.
2. Reservation of rooms does not entitle renter and guests use of other Community Center facilities.
3. Fees: $30 / meeting room for up to 5 hours during normal hours of operation; $400 / auxiliary gymnasium for a 4-hour event. Additional charges apply for events going past 5 hours in meeting rooms.
4. Meeting room rental times include set-up and clean-up.
5. The renter is required to leave the room in the condition it was found. This may include the need to vacuum, wipe off tables, etc.

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**Free wireless internet access in all meeting rooms!**
Fitness Center Features

Ellipticals
ARC Trainers
Treadmills
Bicycles
Steppers
TheraCrunch

Free Weights
Smith Machine
Cable Crossover
Asst. Chin-Up/Dip
Nautilus Strength
Equipment

CardioTheater - Just plug your headphones into any cardio machine and listen to one of our TV or music stations

How do I get started?
The Fitness Center staff will provide a required orientation prior to your use of the Fitness Center. We’ll show you how to safely and effectively use some or all of the equipment depending on your goals.

Attention Runners & Walkers!
Put on your running shoes! Whether you run or walk for health or for fun, keep track of your miles. Springdale Community Center members who accumulate 500 or 1000 miles during the year will receive a T-shirt marking their accomplishment!

We also offer a Senior 250 Mile Club for individuals age 55 and older.

Iron Men & Iron Women Recognition
A special T-shirt and trophy will commemorate the Man, Woman, and Senior Man and Woman who accumulate the most miles.

FITNESS CENTER HOURS

Monday-Thursday  6:00am - 10:00pm
Friday          6:00am - 9:00pm
Saturday       9:00am - 5:00pm
Sunday         1:00pm - 9:00pm

Take Advantage of Personal Training
Being a Fitness Center member has many added benefits. Set up an appointment to have one of our staff evaluate your current program and receive the individual attention you need to enhance your current routine. This is a complimentary service!

Nominate a Member of the Month
Would you like to nominate a fellow member for "Member of the Month"? You may have witnessed outstanding character or dedication to health and wellness by another individual. We encourage you to help us identify these individuals. Just fill out the nomination form in the fitness center. Winners will have a month of fame on the bulletin board in the Fitness Center.

Congratulations to the Members of the Month this past fall & winter!

October
- Edsel Hughes

November
- Bettina Frierson

December
- Shawana Rogers

January
- Bryan Zeiher

Important Information
Guests are not permitted in the Fitness Center.
Members must be 16 years of age to participate independently in the Fitness Center. Youth age 14 and 15 may participate with parental supervision. Children under 14 years are not permitted.
Bring a towel and wipe down equipment after use.
Proper attire (including tennis or aerobic shoes) is required.
Top 10 Fitness Center Mistakes

10. Setting unrealistic goals – You won’t lose 30 lbs in 30 days. Stick to 1-2 lbs a week and it’ll stay off longer. Make your goals realistic and challenging.

9. Eating too much or not enough – Unless you plan on working out for over two hours, skip the energy drinks and bars. But don’t skip a pre-workout snack.

8. No cool-down or warm-up – The 3-5 minutes before and after your workouts should be a warm-up and cool-down. Even if you’re just doing weights.

7. You don’t mix it up – Only doing cardio or just lifting weights won’t give you a complete workout. Your best workout includes cardio, strength and don’t forget stretching. Also, mix up your workouts. Try a variety of machines & exercises.

6. Not adjusting machines to your size – Our machines are not one size fits all. Be sure to read the label and adjust the machine for you. If you’re still having problems, a team member can show you alternative exercises.

5. Poor form – Don’t lean on the elliptical machine bars. Keep your back straight on the machines. It doesn’t take your whole body to do a bicep curl. Lower the amount of weights and do it properly.

4. Lifting weights just for the mirror – Gentlemen, there are more muscles in your body besides your chest and biceps. The same goes for the women who only work on abs.

3. Holding your breath – Holding your breath greatly increases your blood pressure. Exhale when the weights go up. Inhale when they go down.

2. Poor gym etiquette – As a courtesy to others, bring a towel and wipe off the equipment. Turn off your cell phone. Don’t sit on the machines once finished. No loud grunting. Don’t drop the weights.

1. Not asking for assistance – Our trainers are here to help you. Let us get you started on a program or help you with your current one. If you have questions about a machine or an exercise, let us show you how to do it.

What if your Favorite Fitness Classes were

BUMPER STICKERS

Simply Yoga
Inquire Within

Belly Dancing
It’s HIP to belly dance.

Karate
Come experience Deja Fu.

Let’s Get Fit
Low Impact & We Like It!

Slimnastics
Women’s Workout World

Ballet – Tap – Jazz
We get right to the pointe

Jazzercise
Jazzerific!!

Functional Strength
We put the fun in functional!

Cardio-Kickboxing
Good things come to those who lose weight

Body Sculpting
Discover muscles you never knew you had

Line Dancing
We take it one step at a time!

Body Composition Testing

Body composition testing is offered to members of the Fitness Center. A hand held body fat analyzer is used to determine your body composition. Using this information, our staff can print out a personal data sheet that further explains all of the measurements taken. Participants must be 18 years of age or older.

Caution: Individuals who are pregnant or have pacemakers should not have their body fat tested.
Enjoy the Weather @ the Community Center!

Picnic Area
Have your next family outing or club gathering in our picnic area where there is plenty of shade, picnic tables and grills. Located behind the Community Center, restrooms, ball fields, and children’s play area are all close by for your convenience.

The picnic area is on a first-come, first-serve basis. For large picnics, it is advisable to check our front desk to see if there are any activities scheduled the day you are planning your event.

Alcoholic beverage permits are required for groups of 12 or more and can be obtained at the Community Center prior to your event.

Tennis, Basketball & Sand Volleyball Courts
Enjoy the summer nights at one of our outdoor courts. There are four (4) tennis and two (2) basketball courts that can be lit upon request up to 1/2 hour before closing. Courts are open during normal hours of operation and are on a first-come, first-serve basis. Please be courteous and limit tennis court time to 1 1/2 hours if courts are occupied.

Get some friends together and play sand volleyball! An outdoor sand volleyball court is available on a first-come, first-serve basis.

Walking Path
Enjoy the fresh air by using the paved path for a leisurely walk or a fast-paced run around the Community Center grounds. The outer loop is nearly one mile in length, however smaller loops provide multiple options to fit in your work-out. Check with the Fitness Center for path distances.

Horseshoe Pits
Gather your friends for a fun evening of horseshoes. There are horseshoe pits located in the picnic area between Fields #2 and #3. So, pack a picnic dinner and horseshoes to enjoy an evening with your friends.

What a Great Place to Play!
The play structures will provide hours of fun, yet challenging activity for children of all ages and physical abilities. Entrance points and transfer areas for wheelchairs ensure all children enjoy the area.
The play area includes structures specifically designed for 2-5 year olds and 5-12 year olds.
Beacon Hill Park
Located at the end of Weymouth Court. Facilities include a playground, Larry Packer Memorial Soccer Field, portable restroom and a water fountain.

Cameron Park
Located on Cameron Road. Facilities include a grill, picnic table, portable restroom, water fountain, playground, basketball goal, and soccer field.

Chamberlain Park
Located off Marwood Lane behind The Willows Apartments. Facilities include picnic tables, grill, water fountain, playground, basketball goal, and lots of green space!

Glenview Park
Located at Glensharon and Sharon Roads. This park offers a passive setting with no facilities.

Ross Park
Located on Lawnview Avenue. Facilities include a grill, picnic tables, playground, portable restroom, water fountain, basketball goal, soccer field, and wildlife observation area.

Underwood Park
Located off Rose Lane at Observatory Drive. Facilities include picnic tables, water fountain, playground, and basketball goal.

Springdale Community Center & Park General Rules

1. A membership card must be presented to utilize the facilities. A fee of $1.00 per occurrence will be charged if you forget your membership card.
2. To replace or change a card, the fee will be $2.50.
3. All special arrangements including parties, meetings, reservations for rooms or fields must be approved through the Parks & Recreation Department.
4. The Community Center is a smoke-free building.
5. Bicycles should not be ridden on sidewalks and should be locked in designated areas.
6. Courteous and respectful behavior is expected at all times. Abusive language will not be tolerated.
7. Proper attire is required to use the Fitness Center, gym, racquetball courts and sauna.
8. Spikes (steel, plastic, or rubber), roller blades, skates, and scooters are not permitted in the building. Heelys may not be used in the building.
9. Alcohol consumption is restricted to the picnic area and requires a permit from the Parks & Recreation Department prior to your event.
10. No pets permitted on any park property.
11. Skateboard riding on Community Center grounds is prohibited.
12. Pursuant to the Ohio Revised Code, no person shall knowingly possess, have under the person's control, convey, or attempt to convey a deadly weapon or dangerous ordnance into the Community Center or exterior buildings.
13. Motorized vehicles are prohibited on maintenance roadways and turf.
14. Amplified music and radios in public areas of the Community Center are prohibited.
15. Members and guests who are in violation of these rules are subject to disciplinary action, up to and including suspension from the facilities.
16. Children age seven (7) years old and younger must be accompanied by, and under the supervision of, someone 16 years old or older.
17. All parks close at dark.
18. When enjoying any of the City of Springdale Parks, please leave your pets, golf clubs and glass bottles at home.
Jaycees Egg Hunt
Saturday, April 7  12:00pm
Get out your baskets and egg-hunting gear! Join the Easter Bunny and the Greater Springdale Jaycees for their annual Easter Egg Hunt at Ross Park. Make sure to bring a basket for your children to collect their prize-filled eggs. This event is free!

Nighttime Senses
Tuesday, April 10  7:00pm
The final program in our Wildlife Series will teach you all about nocturnal animals, sights and sounds. Olivia Oldiges from the Hamilton County Park District will be our guide on this adventure! This program is free and open to the public.

SYB Opening Day Parade
Saturday, April 28  9:00am
Join the Springdale Youth Boosters as they kick-off the spring sports season with the Annual Opening Day Parade! Youth soccer, t-ball, softball and baseball teams compete in a banner competition and the top three teams are awarded prizes by SYB.

Healthy Ohioans Fitness Walk
Wednesday, May 16
Walk between 11:00am & 1:00pm
Springdale Parks & Recreation invites all community members to join us in Ohio’s third statewide “Healthy Ohioans Fitness Walk.” The challenge to all Ohioans is to collectively walk one million miles this day! Let’s do our part as a community and participate in a 20-minute, one-mile walk, to help reach this goal!

Arbor Day Ceremony
Friday, April 27  4:00pm
Parks and Recreation and Public Works will plant a tree on the Community Center grounds to celebrate Arbor Day and the City’s status as a Tree City USA.

Bicycle Safety Program
Kickoff - Saturday, May 12
10:00am - 2:00pm
Springdale Community Center
The Parks and Recreation Department, in conjunction with the Police and Fire departments, will sponsor the Bicycle Safety Program Kickoff Event at the Community Center. Free bike helmets and bike lights will be given away with each bicycle registration. Antique bikes will be on display. Free hot dogs and soft drinks will be provided!

The Ohio Department of Transportation’s Orange Barrels will also distribute safety literature. Bicycle inspections, registration and safety instruction will be offered at this event. Bicycle registration will also be available at other locations throughout the summer.

June 2: Chamberlain Park, Mallard Lakes & The Knolls
June 16: Cameron & Underwood Parks
June 23: Beacon Hills, Oxford Hills, Colony Apartments
A Brand New Celebration!

July 4
6:00pm - 10:30pm
Music! Fireworks! Entertainment!

Join Springdale Parks and Recreation as we bring fabulous family entertainment to the Fourth of July!

We're putting a family twist on this great American Holiday. We'll have hot dogs, hamburgers and fireworks, but also free hot air balloon rides, face painters, jugglers, hair painting, air brush tattoos, caricature artists, bounce houses and shuttle buses!

Want more? How about a big band concert, an authentic Vietnam Veteran living statue, and a family chalk art competition? We're bringing families together for this spectacular Springdale holiday. So, grab friends and family and start a new tradition with us at your Hometown Family Fourth.

Women's USSSA Softball Tournament
July 21-22

Thirty-six of the best women's slow pitch teams will compete in three divisions. The top teams qualify for state and regional championships. Come enjoy the games, food and drinks.

Community Pride Yard Sale
August 11 10:00am

Clean out your attic, basement and garage! Sell your unwanted items at this popular event! Residents may reserve a booth by coming to the Community Center and paying the $10 rental fee. Watch for a special mailing with more details!

Cincinnati Civic Orchestra
America's Greatest Composers
August 5 6:30 - 8:30pm

With great pride, we present the Cincinnati Civic Orchestra in their 2007 summer concert series as they play selections from West Side Story, the Sound of Music, and much more!

The Orchestra performs in their 78th season as the oldest volunteer orchestra in the United States. They are dedicated to providing Cincinnati area musicians an opportunity to perform and the public an opportunity to enjoy free concerts.

Goldfish Swim
Saturday, September 1 12:00pm

Join us for a fun time as we release over 1,000 goldfish into the pools! Children take home all of the fish they catch! Pool members may enjoy this fun activity at no charge. Activity or Fitness members or guests of members may pay $1.25 to participate. Remember a container to take home your new pets!
Collectables in Your Jewelry Box  
Wednesday, April 18 10:00 a.m.

Are there some unique pieces of jewelry that you are wondering about; such as the value, age, type of craftsmanship and materials used? Gather those baubles and bring them to the Community Center to meet with Randall Vap of R. Vap Appraisal Service, LLC. Mr. Vap has extensive experience in all manner of jewelry appraisal as well as working as a bench jeweler and jewelry designer. He is affiliated with the American Gem Society and the National Association of Watch and Clock Collectors, among others. Please pre-register by April 11.

Delicious & Nutritious Cooking Demo and Tasting  
Wednesday, April 25 11:00 a.m.

Is healthy eating your goal but you need some new ideas to succeed? We have the program for you! Nutritionist Miriam Jakobs will join us to prepare a wonderful meal and give us lots of helpful ideas. Cardiovascular disease and diabetes are some of our major concerns, but this menu will be good for other concerns, as well. We'll prepare chicken stir-fry with vegetables, tossed salad, fruit and cheesecake. Please register with payment of $5.50 by April 18. There is a minimum of 5 people and a maximum of 25.

Senior Prom  
Saturday, May 12

An evening of great food, entertainment and dancing is being planned for our adult members and guests.

Start the evening with tasty appetizers followed by a delectable dinner and dessert prepared by our favorite caterer. The Pete Wagner five piece band will play all of your favorites! Sit back and enjoy the show or dance the evening away at our first Senior Prom!

Keep an eye out for your copy of the Inside Scoop to get all the details including date and cost. Don't miss it!

Wine Tasting  
Thursday, April 26 6:00 p.m.

Join your friends for our first wine tasting at the Wine Source, 11802 Springfield Pike. Owner Ron Molnar is reserving his wonderful store just for us! For those who have not experienced a wine tasting, not to worry — it’s a lot of fun! While we sample two white wines, two red wines and a port, Ron will talk about the wines, how they were grown, and what foods to pair with them. A variety of hors d'oeuvres will also be served. Members only registration through April 12, $10. Non-Member registration is April 13 - 19, $15.

Ladies Day At The Pool  
Wednesday, August 29 12:00 - 3:00 p.m.

Adult members and a guest are invited to enjoy a relaxing afternoon at the pool without the children. Bring your floats, coolers, and even a water pistol for a fun afternoon. Please, no glass containers.
One Day Trips

**Whistle Stop Glendale, KY**
April 11

**Its Great Outdoors! Hamilton County Parks**
April 20

**Glorious Garden Bus Tour - Hamilton County Parks**
May 4

**Krohn Conservatory**
May 16

**Newport Aquarium**
June 7

**Mansions, Flowers & Special Surprises**
July 11

**Bearcreek Farms, Bryant, IN**
August 8

**German Village & Ohio Theater**
September 18

Overnight Travel

**Tulip Festival in Holland, MI**
May 7-10

**Bogart/Bacall Legends Trip**
June 13-14

**Put-In-Bay & Sandusky**
July 17-18

**Tribute to Elvis**
August 7-10

**Autumn in Vermont**
September 26-October 2

**Covered Bridges Festival, IN**
October 16-18

**Affordable Europe by Train**
November 5-13

**Branson Christmas**
December 3-7

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**New River Gorge, WV**

**Trip:** September 5-7  
**Travel Presentation:** June 11 10:00 a.m.

Adventure is our destination! Come along to one of the most scenic areas in the nation – the New River Gorge! You’ll have a choice to go horseback riding or ride in a horse drawn wagon. Go on a raft trip on the New River; either a gentle float trip or a more challenging white water trip. This adventure has something for everyone! You’ll also visit the Canyon Rim Visitor Center with panoramic views of the New River gorge and bridge along with displays of the history, geology and wildlife of the area. Details of this trip are available at the Community Center or by calling AAA Tours at 762-3497.

Cost of this trip starts at $380 per person twin basis. Reservations with $100 deposit due July 5, and final payment due July 20.
Ceramics
Wednesdays 6:30 p.m.
Join instructor David Howard for a fun class where you'll meet new people and start a new hobby. Students provide greenware, the instructor provides paint, brushes and firings. $5 per class for members.

Bob Ross Painting with Verna Akin
Next Class April 10 - Call for monthly session dates
Don't miss the chance to learn from a fabulous artist and teacher, Verna Akin. If you ever thought about learning to paint and were hesitant to try, this is your chance! You will learn how to paint landscapes, wildlife and florals with ease. Students must supply 1 roll of paper towels, 1 tub of baby wipes and 1 16X20 stretch canvas. Fee is $40 per class and registration is required.

Art Classes

Oil Painting
Wednesdays
10:30 a.m. - 2:30 p.m.
Bring your own supplies and enjoy painting with friends. New participants are always welcome! Bring a bag lunch.

Watercolor
Mondays 1:00-3:00 p.m.
Take watercolor classes with Frank Martindell on Mondays from 1:00 – 3:00 p.m.! Give us a call at 346-3910 to see when the next class begins.

Cards & Games

Bridge
If you like to play bridge, a variety of opportunities are available to SCC members:

Duplicate Bridge is played on Mondays from 12:30-4:00PM; contact Lew Chizer at 812-637-1441.

Party Bridge is available on Tuesdays from 12:30-4:00 PM; contact Barb Slaughter at 772-2302 for more information.

Euchre
Join this spirited group for a fun game of Euchre on Fridays from 1:00-3:00PM. Contact Jo Ann Frech at 671-6663 for more information.

Pinochle
Stop in Mondays from 1:00-4:00PM for a casual game of cards. Contact Jo Ann Frech for more information at 671-6663.

500
Join your friends on Thursdays from 9:30AM-12:00PM for a few games of 500. Contact Maria Schottelkotte at 942-2350 for more information.

Corn Hole
If you enjoy playing corn hole stop by the Center for a game or two on Wednesdays from 12:30-3:00 PM. Games are played in the auxiliary gym.

It's Pool Season - Sign up for Aquatic Exercise!
Body Sculpting
Friday 6:00 - 7:00 p.m.
Body Sculpting combines flexibility and cardiovascular conditioning set to the latest music.
Instructor: Elaine S., 575-1620

Cardio Kickboxing
Tues, Thurs, Sun 6:00-7:00 p.m.
Saturday 11:00am-12:00 p.m.
This high intensity workout combines aerobics, cardiovascular and body toning while incorporating self-defense tactics. Instructor: Elaine M., 825-7443. Fee: $35/4-weeks, $5/class for walk-ins

Chair Volleyball - FREE!
Mondays 10:00-11:30 p.m.
Wednesdays 1:00-2:30 p.m.
Everyone is welcome to join us for this fun activity! There are a wide variety of benefits for participants, including improved cardiovascular fitness, increased flexibility, and the opportunity to meet new friends! Players’ ages range from the 50s to 90s and all activity levels can participate.

Functional Strength - FREE!
Tuesdays & Thursdays
11:00 - 11:45 a.m.
This class will focus on improving your strength to help you safely perform the activities of daily living with improved balance and stability. Whether lifting a bag of groceries or standing up from a chair, every task depends on functional strength for successful execution. This is a FREE class taught by Parks & Recreation Fitness staff!

Jazzercise
Mon & Wed 6:00-7:00pm
Tues, Thurs, Sat 9:30-10:30am
Jazzercise is a blend of jazz dance and exercise set to your favorite music. Join your friends and neighbors in the fun & upbeat class. Contact instructor Elaine, 575-1620, for informatin and fee options.

Let’s Get Fit - FREE!
Mondays & Wednesdays
10:30-11:30 a.m.
The many benefits associated with this class include working major muscle groups to increase strength and flexibility, improving strength for daily living, reducing the risk of falls, reducing stress, and enhancing endurance. The class follows a video “Resisting Muscle Loss” offered by the Hamilton County General Health District. Before taking part, participants need to complete an orientation class.

Aquatic Exercise
Wednesday, 6:45-7:45 p.m.
Saturday, 10:30-11:30 a.m.
This refreshing class is easy on the body and fun for everyone!
Instructor: Patricia, 385-6111
Session I: June 27-July 21
Fee: $35/7 classes (residents)
$42/7 classes (non-residents)
Session II: August 1-18
Fee: $30/6 classes (residents)
$36/6 classes (non-residents)
Walk-Ins: $7/residents, $8/non-res.

Belly Dancing
Tuesdays 7:15-8:15pm
Join Avasa for this fun class! She’ll teach you the art form of belly dancing. You’ll not only have fun, you’ll burn calories, and gain flexibility and rhythm.
For members 8 - 80 years old!
Instructor: Avasa, 205-1182

Blood Pressure Checks
There will be free blood pressure checks every 3rd Tuesday from 10:00AM-12:00PM.
Line Dancing With the Heels
Great for Couples & Singles!
Mondays, 1:00 - 2:00 p.m.
This class is a great way to exercise and have fun! If you can stand, walk, move from left to right and enjoy a variety of music, this class is perfect for you! Come wearing comfortable soft-soled shoes and ready to learn how to line dance! Open to men, women, and couples. $3 per class. Call 346-3910 to register.

Slimnastics - FREE!
Monday, Wednesday, Friday
9:00 - 10:00 a.m.
Get out and workout while meeting new friends. This is a basic, low-impact fitness class for women. Join instructor Sue Smith for this free class!

Simply Yoga
Thursday 7:15-8:15pm
Yoga is an enjoyable, beginning class for all ages, sizes and shapes. Yoga postures, stretching, breathing techniques, and deep relaxation will increase your strength and flexibility, balance, coordination, and self-awareness. Guaranteed to leave you calm in body, mind and spirit! Instructor: Shannon Schlichte Fee: $24/month, $8/walk-in.

CPR and First Aid
A CPR or Standard First Aid class will be held one Saturday a month at the Community Center. Call the American Red Cross at 792-4000 for class information and to register.

Genealogy Club
2nd Friday, 2:30 - 3:30 p.m.
Are you experienced with genealogy searches and would like to meet with others that have the same interest? Our Genealogy Club will interest you! Linda Martin, our volunteer Genealogy instructor, will host the monthly meeting to assist you as your search continues. Meetings will be on the second Friday of the month in the computer lab. Bring your questions and success stories!

New Horizons
Attention Single Seniors! Looking for something fun to do? This group enjoys a meal together at a local restaurant and returns to the Community Center to play cards. The group meets on the second and fourth Saturday of the month. Contact Jo Ann Frech for more information, 671-6663.

Grief to Peace Gathering
4th Thursday, 5:45 p.m.
We have partnered with the Spring Grove Family to offer a monthly evening for those experiencing grief. The gathering will give you an opportunity to learn more about grief and the steps to take towards peace. It will also allow you to spend time with others who understand what it means to have lost a loved one.

Book Club w/ Betty Franz
2nd Monday, 1:00 p.m.
If you like to read and discuss books join this group! The club is free and all books are available at the public library. Call Betty Franz for more information at 874-1543.

Investment Club
2nd Friday, 9:30 a.m.
The Treasure Chest Investment Club of Cincinnati is a member of NAIC, National Association of Investment Clubs. Members use NAIC methods to research stocks prior to investing Club funds. Most members attend a few of the many training sessions offered by the local NAIC chapters. Contact Marti Puthoff at 870-9776 to learn more and arrange to attend one of the monthly meetings.
Mixed Couples Softball
Get together a team of your friends and neighbors and join us on Tuesday evenings for our recreational mixed couples softball league. Sign-ups will be taken until April 1 for both resident and non-resident teams. League play begins in late April and ends in late June.

Adult Tennis Lessons
Learn the basics, or improve your game with group tennis lessons. Classes meet on Wednesdays, June 13 - July 25 from 8:00pm-9:00pm. The fee for members is $25, $30 for non-members. Contact instructor Lillie Mack at 742-2164 for more information.

Get a Group Together & Play
Racquetball, Anyone?
Join a League!
Looking for someone to play racquetball? All levels compete in this round-robin league. Match days and times are determined by you! Co-ed spring and summer leagues are offered. All participants must have a Racquetball Membership. Contact Parks and Recreation for additional information.

Want to Learn?
Learn the basic shots and rules of racquetball with Jerry Allen. Lessons are open to members 12 years old through adult. Classes meet for 6 weeks on Saturdays from 10:30-11:30am. The session runs for six weeks and is free of charge. Protective eyewear and a racquet are required.

WANTED
Referees & Umpires
Want to earn some extra money? Consider signing up as a referee or umpire in our youth sports programs. Contact Parks & Recreation to get your name on our call list, or to sign up for a certification class.

Coaches
We need adult volunteers to coach our youth sports teams! Sign up to help any time. Dedicated volunteers help ensure we are able to have a team.

Drop-in Adult Cornhole
Wednesday evenings
7:00 p.m. - 9:30 p.m.
Free to members!
Teen Night

At The Pool

Friday, June 8
Friday, August 17
7:00pm - 10:00pm

Whether you come with your friends or come to meet new friends, you’ll have a blast! Youth age 12 - 17 can enjoy a night of music, dancing, games, and swimming at the pool. Soft drinks and pizza are provided by S.T.A.F.F. As this is a pool party, swim attire is required to enter the pool area, members must bring their membership cards, and all pool rules pertain. Springdale teens may each bring one guest.

Tickets are $2 and are limited to the first 200 teens.

Special Note!
The pool will close to the general public at 7:00pm on Teen Nights.

S.T.A.F.F.
Springdale Teens Adventuring for Fun

Springdale Teens Adventuring For Fun is for teens 6th grade - 17 years of age. Activities and events are run by teens with the guidance of the Parks and Recreation staff and parent volunteers. The group is self-supporting, participating in various fundraisers to support their activities.

Their mission is to serve the community by sponsoring projects and providing manpower for community programs and events and to organize fun activities that appeal to teens. If you are looking for fun activities, a way to meet new friends, and an opportunity to serve the Springdale community, come see what S.T.A.F.F. is all about!

The cost is $5, which includes a T-shirt. For information contact Parks & Recreation at 346-3910.
Take Advantage of Kids Corner

Are you looking for something to do with your child or grandchild while you take a class or work-out in the Fitness Center? Kids Corner is the answer! Let one of our qualified child care staff take care of your 1 to 7 year old while you utilize the Community Center.

Guidelines

1. A two hour limit is imposed.
2. For the safety of all children, parents or guardians must sign children in and out of the room and must remain inside the Community Center.
3. No child will be permitted to leave the room with another person, regardless of the relationship, unless prior written permission is given to the child care staff.
4. Children’s names must be marked on all belongings.
5. If a child cannot be quieted from crying in 15 minutes the parent will be notified.
6. Children must wear socks and shoes.
7. If a child appears or becomes ill while in Kids Corner, the parent will be required to remove the child. Sick children will not be admitted.
8. The staff is not permitted to administer any medication or food of any kind.

Hours
Monday & Wednesday 10:00am - 1:00pm
Tuesday & Thursday 9:30am - 1:00pm
Monday - Thursday 6:00pm - 9:00pm
Friday Closed
Saturday 9:30am - 12:30pm
Sunday 5:30pm - 8:30pm

Fees: $2 per child per hour; $1 each additional (same family) per hour

Sign up for a Youth Program

American Red Cross Babysitting Course
August 9 & 10
Designed to teach youth age 11 and older about the responsibilities of a babysitter. Students learn accident prevention, diapering, feeding, and emergency first aid as well as how to choose age appropriate games and toys, and how to prepare for a job as a babysitter. Call 792-4000 to reserve a spot for this program.

Ballet, Tap & Jazz
An introduction for children ages 3 & up to the world of ballet, tap and jazz dance. Classes will meet the needs of students at each stage of development. Classes are held on Saturdays, and registration is ongoing. Contact instructor Jennifer Caserta at 937-418-2189 for times.
Fee: 3 year olds - $7
4-7 year olds - $8
8 & up - $9

Take a Swing at Tennis!
Get out and learn a great new sport! Group tennis lessons are a fun way to start a new game or improve your skills. Lessons are offered June 13 - July 25 for children 6 & older.
Day: Wednesday (6 week session)
Beginners - 6:00pm - 7:00pm
Advanced 1 - 7:00pm - 8:00pm
Instructor: Lillie Mack, 742-2164
Fee: $20 - Members, $25 - Non-Members

Youth Karate
A traditional martial art program emphasizing focus and concentration, strength and endurance, flexibility, coordination and speed for children 6 and older.
Days/Time: Monday & Wednesday
7:15pm-8:15pm
Instructor: Dave Williams, 742-9400
Fee: $40 annual fee plus $30/month
YOUTH SPORTS
Register during the Month of May
for the early bird registration fee!!

Instructional Soccer
Introduce your child to soccer in this league! Instructional soccer teams play in a positive, relaxed setting. Children ages 4 - 6 by July 31, 2007 are eligible to participate. $20 through the month of May.

SAY Soccer
Springdale Parks & Recreation is a part of the Soccer Association for Youth - a recreational league that encourages participation and good sportsmanship. Children must be at least 6 years old by July 31, 2007 to participate on a soccer team. $40 through the month of May.

Beginning June 1, the registration fee increases by $5.

All Youth Program Participants must possess a 2007 membership at the time of sign-ups. Registrations will be accepted until teams are full. Beginning June 1 placement on teams cannot be guaranteed. Additionally, late registrations may be subject to additional charges for special order uniforms.

The Springdale Youth Boosters support Springdale’s youth sports activities by providing for league, official, uniform, and award fees.

The Springdale Youth Boosters rely solely on volunteers in the community to organize, plan and work at their various fund raising activities. If you are interested in joining, or would like to volunteer for any of the activities throughout the year, please call the Parks & Recreation Department.
The mission of the Parks and Recreation Department is to provide a year-round leisure services program and functional, well-maintained facilities which serve the diverse needs of the community at large.

Special Thanks

to the following volunteer coaches who so generously gave of their time and talents this fall and winter to assist with the youth sports teams. All head coaches were certified by the National Youth Sports Coaches Association (NYSCA). All head and assistant coaches must have passed a comprehensive background check to be able to coach in Springdale. The background screening is repeated annually for all coaches.

Fall Soccer
Penny Bingham
Bob Emerson
Holly Emerson
Tina Grieshop*
Lynn Gillespie*
Scott Jackson
Jay Russell*
Pat Salatowski*
Jennifer Simonton*
Tim Simonton
Kim Snider
Rick Snider*
Russell Wilson, Sr.*

Basketball
Doug Barnett*
Ron Brooks
Lorenzo Cook*
David Faught*
Scott Garrison*
Thomas Goin
Wyatt Goin
David Hardman
Dave Helm*
Mike Laib
Jeff Love
Jeff Martin*
Danny McCrea*
Otis Pollard*
David Powell*
John Reitter*
Jerome Ross*
KT Russell*
Gary Schriver*
Mike Sickinger*
Jerald Tillman*
Ronald Wilson
Julie Wright*

Youth Volleyball
Vickie Bosel*
Michelle Miller*
Pat Salatowski*

Teen Volleyball
Joe Boggs*
Chris Heider*
Cathy Kauffman*

Cheerleading
Whitney Copenhaver*

* indicates head coach

We Need Instructors!
If you have a special talent that you would like to teach to others, please call Parks & Recreation at 346-3910 or e-mail scrc@springdale.org.

2006 Senior Video Yearbook
On Sale Now!

Purchase your copy of the DVD celebrating the first anniversary of senior programming at the Springdale Community Center. Copies available for only $5 at the front desk.
Do you Have Your Community Center Membership?

Activity Membership
Includes use of the gymnasium, game room, track, tennis courts, computer lab, and eligibility for youth and adult sports programs.

$30/Family $20/Individual

Fitness Membership
Includes use of the Fitness Center and all facilities included in the Activity Membership. Must be 16 years of age or older to use the Fitness Center, 14 and 15 years old with a parent.

$55/Family $35/Individual

Pool Membership
Includes use of the pool and all facilities listed under Activity and Fitness Memberships.

$95/Family $75/Individual

Racquetball Membership
Must have Activity, Fitness or Pool Membership to purchase Racquetball Membership.

$30/Family $20/Individual

Senior Citizen Membership
Any resident senior citizen 62 years of age and older and their spouse receive a complimentary Pool Membership.

Complimentary

Senior Activity Membership
Any non-resident senior citizen 62 years of age and older is eligible. Includes use of the gymnasium, game rooms, track, tennis courts, computer lab and participation in senior programs and activities.

$20/Individual

Business Membership
Includes all facilities. Participation in youth or adult sports programs on availability basis only, as league regulations may apply.

$200/Family $150/Individual

Membership Requirements

Proof of residency will be verified by the Springdale Tax Department

The term “family” shall include:
1. Married couple or father, mother and minor (dependent) children.
2. Grandchildren when residing in the same household and considered a dependent.
3. Foster children or children subject to a specific custodial court order.
4. Foreign exchange student residing in Springdale with host family.
5. Minor children of divorced Springdale residents, regardless of where the children reside while they are in custody of the other parent.

The term “family” shall not include:
1. Non-married adults residing in the same residence (i.e., adult brothers and sisters, cohabiting couples, divorced spouses, adults living with their parents).
2. Babysitters.
3. Visiting relatives.

Other Requirements
* Anyone age 23 and older living at home must obtain a separate membership.
* Individuals age 19 and older must register with the Tax Department prior to obtaining a membership.
Parks & Recreation Staff

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<tr>
<th>Full Time Employees</th>
<th>Facilities Supervisor</th>
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<tbody>
<tr>
<td>Greg Karle, Director</td>
<td>John Ramp</td>
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<tr>
<td>Matt Beaty, Assistant Director for Youth Sports &amp; Customer Service</td>
<td>Tonya Cook, Cindy Huckins, Barb Kent, Kim Knapp, Doreen Monson, Lori Sellers</td>
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<tr>
<td>Sharon Casselman, Assistant Director for Senior Programming and Aquatics</td>
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<td>Jacqueline O'Connell, Assistant Director for Facilities and Marketing</td>
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<td>Debbie Carpenter, Administrative Assistant</td>
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<td>Jay Dennis, Fitness Center Manager</td>
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<th>Park Maintenance</th>
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<td>Bob Young, Supervisor</td>
<td>Otis Pollard, Don Slaughter, Tonya Terrell</td>
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<td>Jim Conroy</td>
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<td>Chuck Holmes</td>
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<td>Damon Shepard</td>
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<th>Custodian</th>
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<tbody>
<tr>
<td>Shelley Payton</td>
<td>Richard Kissel, Cindy Partin</td>
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<tr>
<th>Teen Adviser</th>
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<tbody>
<tr>
<td>Adam Knight</td>
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Additionally, we would like to wish Marty Garges, Adult / Senior Programmer, the best of luck in her future endeavors! Marty's husband has accepted a job in North Carolina and will be relocating in the very near future. Her enthusiasm and ideas for adult/senior programming will be missed by the staff and the members.

Recreation Commission

The Recreation Commission consists of five appointees by the Mayor: Gene Burt, Carmen Daniels, Holly Emerson, Joe Ramirez, KT Russell. These members advise in developing and executing the city's leisure services program. They meet September through May on the first Tuesday of each month at 7:00 pm at the Community Center. You are invited to attend.

City Officials

<table>
<thead>
<tr>
<th>Doyle Webster, Mayor</th>
<th>Cecil Osborn, City Administrator</th>
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<tbody>
<tr>
<td>Derrick Parham, Assistant City Administrator</td>
<td>Ed Knox, Clerk of Council/Finance Director</td>
</tr>
<tr>
<td>Council: Kathy McNear, President; Tom Vanover, Vice President; Randy Danbury; Steve Galster; Margie Harlow; Jim Squires; Robert Wilson</td>
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Dates to Remember

For information on any of these programs, please contact Parks & Recreation at 346-3910 or sccrec@springdale.org.

April
7 Easter Egg Hunt-Ross Park
8 Easter - Closed
10 Nighttime Senses Wildlife Program
16 Swim Lesson Sign-Ups Begin
27 Arbor Day Ceremony
28 Opening Day Parade

May
1 Fall Soccer Sign-Ups Begin
12 Swim Team Sign-Ups
12 Bicycle Safety Program
12 Senior Prom
16 Healthy Ohioans Fitness Walk
26 Pool Opens
28 Memorial Day - Open 1pm - 9pm

June
8 Teen Pool Party
11 1st Session Swim Lessons
13 Tennis Lessons Begin

July
4 Hometown Family 4th
4 Independence Day - Open 1pm - 5pm
16 2nd Session Swim Lessons
21-22 Women's Softball Tourney

August
5 Cincinnati Civic Orchestra
11 Community Yard Sale
17 Teen Pool Party
29 Ladies Day At The Pool

September
1 Goldfish Swim
3 Labor Day - Holiday Hours

To Do
- get Mom & Dad to sign up for a senior membership.
- Tell Adam about the business memberships.
- Sign up Maya for Karate.
- Register Jack for soccer.
- Sign up for belly dancing.
- Get a group together for the wine tasting!