The mission of the Parks and Recreation Department is to provide a year-round leisure services program and functional, well-maintained facilities which serve the diverse needs of the community at large.

Don't Miss Any of These Fun Guide Pages!

<table>
<thead>
<tr>
<th>Facilities</th>
<th>Aquatics</th>
<th>Special Events</th>
<th>Family &amp; Kids Programming</th>
<th>Adult &amp; Senior Programming</th>
</tr>
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<tr>
<td>5</td>
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We Need Instructors!

If you have a special talent that you would like to teach to others, please call Parks & Recreation at 346-3910.

How To Kill A Class

Nothing kills a potentially great class or program better than waiting until the last minute to register! Sign-up early for the programs you are interested in...encourage a friend to attend with you! If there aren't enough registrations by a certain date, some programs may be cancelled.

Don't kill the class! Sign-up early!

Photo/Video Policy

On occasion, the Springdale Parks & Recreation Department may take photos or video of park visitors and program participants. Please be aware that these photos may be used in publications or for other promotional purposes. Organizations, including media relations, must have permission from the Parks & Recreation Department prior to taking photographs or video.
<table>
<thead>
<tr>
<th>Type</th>
<th>Family</th>
<th>Individual</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Activity Membership</strong></td>
<td>$30.00</td>
<td>$20.00</td>
</tr>
<tr>
<td>Includes use of the gymnasium, game room, track, tennis courts, computer lab, and eligibility for youth and adult sports programs.</td>
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<tr>
<td><strong>Fitness Membership</strong></td>
<td>$55.00</td>
<td>$35.00</td>
</tr>
<tr>
<td>Includes use of the Fitness Center and all facilities included in the Activity Membership. Must be 16 years of age or older to use the Fitness Center, 14 and 15 years old with a parent.</td>
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<tr>
<td><strong>Pool Membership</strong></td>
<td>$95.00</td>
<td>$75.00</td>
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<tr>
<td>Includes use of the pool and all facilities listed under Activity and Fitness Memberships.</td>
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<tr>
<td><strong>Racquetball Membership</strong></td>
<td>$30.00</td>
<td>$20.00</td>
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<tr>
<td>Must have Activity, Fitness or Pool Membership to purchase Racquetball Membership.</td>
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<tr>
<td><strong>Senior Citizen Membership</strong></td>
<td></td>
<td>Complimentary</td>
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<tr>
<td>Any resident senior citizen 62 years of age and older and their spouse receive a complimentary Pool Membership.</td>
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</tr>
<tr>
<td><strong>Business Membership</strong></td>
<td>$200.00</td>
<td>$150.00</td>
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<tr>
<td>Includes all facilities. Participation in youth or adult sports programs on availability basis only, as league regulations may apply.</td>
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**Membership Requirements** - Proof of residency will be verified by the Springdale Tax Department

The term “family” shall include:
1. Married couple or father, mother and minor (dependent) children.
2. Grandchildren when residing in the same household and considered a dependent.
3. Foster children or children subject to a specific custodial court order.
4. Foreign exchange student residing in Springdale with host family.
5. Minor children of divorced Springdale residents, regardless of where the children reside while they are in custody of the other parent.
6. Anyone age 23 and older living at home must obtain a separate membership.

The term “family” shall not include:
1. Non-married adults residing in the same residence (i.e., adult brothers and sisters, cohabiting couples, divorced spouses, adults living with their parents).
2. Babysitters.
3. Visiting relatives.
**DAILY HOURS**

Fitness Center & Indoor Track open at
6:00am Monday - Friday.

Monday - Thursday ........ 7:00am - 10:00pm
Friday ..................... 7:00am - 9:00pm
Saturday ................... 9:00am - 5:00pm
Sunday ..................... 1:00pm - 9:00pm

These times are subject to change and will be posted at the Community Center.

**HOLIDAY HOURS**

Easter .......................... Closed
Memorial Day ................ 1:00pm - 9:00pm
July 3 ............................ 1:00pm - 5:00pm
Independence Day .......... 1:00pm - 5:00pm
Labor Day ..................... 1:00pm - 9:00pm

**Guest Policy**

Members may bring one guest per day. Members must register guests at the front desk and pay the necessary guest cost of $1.25 for ages 2 through 17 years old and $2.50 for adults. There are no refunds. Persons in the 7th grade and above utilizing indoor facilities must present a photo ID (school ID acceptable) to be admitted as a guest. Any guest registered with a member must stay with that member while utilizing the facility, and leave when that member leaves. Guests are not permitted in the Fitness Center. Staff may limit guest privileges during peak times. Additionally, the staff reserves the right to deviate from this policy.

**General Rules**

1. A membership card must be presented to utilize the facilities. A fee of $1.00 per occurrence will be charged if you forget your membership card.
2. To replace or change a card, the fee will be $2.50.
3. All special arrangements including parties, meetings, reservations for rooms or fields must be approved through the Parks & Recreation Department.
4. The Community Center is a smoke-free building.
5. Bicycles should not be ridden on sidewalks and should be locked in designated areas.
6. Courteous and respectful behavior is expected at all times. Abusive language will not be tolerated.
7. Proper attire is required to use the Fitness Center, gym, racquetball courts and sauna.
8. Spikes (steel, plastic, or rubber), roller blades, skates, and scooters are not permitted in the building.
9. Alcohol consumption is restricted to the picnic area and requires a permit from the Parks & Recreation Department prior to your event.
10. No pets permitted on any park property.
11. Skateboard riding on Community Center grounds is prohibited.
12. Pursuant to the Ohio Revised Code, no person shall knowingly possess, have under the person’s control, convey, or attempt to convey a deadly weapon or dangerous ordnance into the Community Center or exterior buildings.
13. Motorized vehicles are prohibited on maintenance roadways and turf.
14. Amplified music and radios in public areas of the Community Center are prohibited.
15. Members and guests who are in violation of these rules are subject to disciplinary action, up to and including suspension from the facilities.
16. Children age seven (7) years old and younger must be accompanied by and under the supervision of someone 16 years old or older.

The facilities at Springdale Community Center are easily accessible to the handicapped. If you need additional assistance, contact the Parks & Recreation Department.
BEACON HILL PARK
Located at the end of Weymouth Court. Facilities include a playground, Larry Packer Memorial Soccer Field, portable restroom and a water fountain.

ROSS PARK
Located on Lawnview Avenue. Facilities include a grill, picnic tables, playground, portable restroom, water fountain, basketball goal, soccer field, and wildlife observation area.

CHAMBERLAIN PARK
Located off Marwood Lane behind The Willows Apartments. Facilities include picnic tables, grill, water fountain, playground, basketball goal, and lots of green space!

UNDERWOOD PARK
Located off Rose Lane at Observatory Drive. Facilities include picnic tables, water fountain, playground, and basketball goal.

CAMERON PARK
Located on Cameron Road. Facilities include a grill, picnic table, portable restroom, water fountain, playground, basketball goal, and soccer field.

GLENVIEW PARK
Located at Glensharon and Sharon Roads. This park offers a passive setting with no facilities.

Park Rules
All parks close at dark. When enjoying any of the City of Springdale Parks, please leave your pets, golf clubs and glass bottles at home for your safety and the safety of others.
Indoor Elevated Track

The 1/12 mile elevated track and access elevator are available for use by members and their guests age 16 and older.

1. Children under 16 years of age may use the track when accompanied by an adult.
2. Strollers are not permitted on the track.
3. Parents must keep their children with them at all times while using the track. If the child cannot keep up, the child must be registered with Kids Corner (7 & under) or use another part of the facility.
4. As a courtesy to other members and for your own safety, slower traffic should use the inside lane.
5. Membership cards must be presented at the front desk prior to utilizing track.

Family Game Room

The Family Game Room has a wide variety of games the whole family will enjoy. Table tennis, air hockey, foosball, and shuffleboard may be played free of charge. Members may check out game room equipment at the front desk. For your enjoyment, the game room also contains two pay-to-play pool tables, arcade games, a television, as well as tables and chairs.

Basketball Courts

When it's too hot to be outside this summer, get some friends together and play basketball at one of the three (3) full-size courts in the Community Center.

Sauna

Located in the locker rooms, patrons 16 years and older may enjoy the sauna. Please do not pour water on the sauna rocks.

Batting Cage & Golf Cage

Get out and practice your swing! The batting and golf cages are for use by all Community Center members. Users must be trained on the batting machine prior to the first use and an adult must be present to operate the batting machine. Call ahead for reservations. Limit one hour of use per member.

Racquetball & Wallyball Courts

There are two (2) racquetball/wallyball courts available to Community Center members. Wallyball courts can accommodate up to eight (8) players. Court time is free for those with a Racquetball Membership, however the fee is $4 per hour for Community Center members who do not have a racquetball membership or a racquetball member with a guest.

Courts may be reserved up to 72 hours in advance for up to one hour. An individual may make only one reservation per day. Reservations are made on the half-hour during normal hours of operation. Players must provide equipment including eyewear.
Body Composition Testing

Body composition testing is offered to members of the Fitness Center. A hand held body fat analyzer is used to determine your body composition. Using this information, our staff can print out a personal data sheet that further explains all of the measurements taken. Participants must be 18 years of age or older.

Caution: Individuals who are pregnant or have pacemakers should not have their body fat tested.

How do I get started?

The Fitness Center staff will provide a required orientation prior to your use of the Fitness Center. We'll show you how to safely and effectively use some or all of the equipment depending on your goals.

Attention Runners & Walkers!

Whether you run or walk for health or for fun, keep track of your miles! Members who accumulate 500 or more miles during the year will receive a T-shirt marking the accomplishment! We're also offering a Senior 250 Mile Club for individuals age 55 and older.

Take Advantage of Personal Training

Being a Fitness Center member has many added benefits. Set up an appointment to have one of our staff evaluate your current program and receive the individual attention you need to enhance your current routine. This is a complimentary service!

Nominate a Member of the Month

Would you like to nominate a fellow member for "Member of the Month"? You may have witnessed outstanding character or dedication to health and wellness by another individual. We encourage you to help us identify these individuals. Just fill out the nomination form in the fitness center. Winners will have a month of fame on the bulletin board in the Fitness Center and on the City of Springdale's website.

Congratulations to the Members of the Month this past fall & winter!

October  Rebecca Lai
November  Future Hicks
December  Karen Wade
January   Chris Ortman
February  Kim Kraft

Fitness Center Features

- ARC Trainer
- Treadmills
- Elliptical Trainers (EFX)
- Bicycles
- Stair Steppers
- Nautilus 2ST strength equipment
- Smith Machine
- Cable Crossover
- Assisted Chin-Up/Dip
- Free Weights
- TheraCrunch abdominal machine
- CardioTheater

Important Information

Guests are not permitted in the Fitness Center. Members must be 16 years of age to participate independently in the Fitness Center. Youth age 14 and 15 may participate with parental supervision. Children under 14 years are not permitted.

Bring a towel and wipe down equipment after use.

Proper attire (including tennis or aerobic shoes) is required.
The Springdale Community Center has the perfect setting for your next family or club get-together. Stop by the Community Center for a rental application and more information.

**Meeting Room A**

This meeting room has tables and chairs to accommodate up to 24 people, making it an ideal room for club meetings. Amenities include a computer hookup, projection screen, white board and phone line to enhance your meeting.

**Springdale Room II**

This executive clubroom is ideal for a casual business function or organizational meeting. The room seats 17, includes a sink and countertop, microwave, coffee pot and small refrigerator. There is also a television and VCR in the room. This room may be combined with Springdale Room I to enhance your meeting. This meeting room is limited to use by adults only.

**Meeting Room B**

This is the perfect room for luncheons and showers. Up to 24 people may be accommodated at the tables and chairs. The sink and countertop, microwave, coffee pot and refrigerator are ideal for serving food and snacks during your meeting.

**Arts & Crafts Room**

Children’s parties are a perfect fit for this room! Tables and chairs provide seating for up to 24 guests, a sink and countertop provide a great place to set-up and clean-up!

**Meeting Room C**

With indoor seating for 24 and access to an outdoor patio and chairs, this room is great for a more relaxed function.

**Auxiliary Gymnasium**

This large space is ideal for wedding receptions, anniversary parties or other special events. A variety of other services, including snacks, may be arranged for your function. A kitchen and walk-in cooler are also available for your convenience. Reservations may be made for Saturday evenings for up to 4 hours.

*Meeting rooms A, B, & C may be combined to accommodate larger groups.*

**Springdale Room I**

This executive clubroom is perfect for a business function or organizational meeting. The room is equipped with a computer hookup, projection screen, white board and telephone. The room boasts a large conference table with seating for 16, and can be combined with the Springdale Room II for additional seating. Adults only please.

**A Few Things to Keep in Mind**

1. Facilities may only be rented by a City of Springdale resident, Community Center member or City of Springdale employee. The renter must check-in prior to the reservation and remain on-site at all times.

2. Reservation of rooms does not entitle renter and guests use of other Community Center facilities.

3. Fees: $30 / meeting room for up to 5 hours during normal hours of operation; $400 / auxiliary gymnasium for a 4-hour event. Additional charges apply for events going past 5 hours in meeting rooms.

4. Meeting room rental times include set-up and clean-up.
Picnic Area

Have your next family outing or club gathering in our picnic area where there is plenty of shade, picnic tables and grills. Located behind the Community Center, restrooms, ball fields, and children’s play area are all close by for your convenience.

The picnic area is on a first-come, first-serve basis. For large picnics, it is advisable to check our front desk to see if there are any activities scheduled the day you are planning your event.

Alcoholic beverage permits are required for groups of 12 or more and can be obtained at the Community Center front desk prior to your event.

Check Out Our Courts!

Tennis, Basketball & Sand Volleyball

Enjoy the summer nights at one of our outdoor courts. There are four (4) tennis and two (2) basketball courts that can be lit upon request up to 1/2 hour before closing. Courts are open during normal hours of operation and are on a first-come, first-serve basis. Please be courteous and limit tennis court time to 1 1/2 hours if courts are occupied.

Get some friends together and play sand volleyball! An outdoor sand volleyball court is available on a first-come, first-serve basis on the north side of the Community Center.

What a Great Place to Play!

The play structures will provide hours of fun, yet challenging activity for children of all ages and physical abilities. Entrance points and transfer areas for wheelchairs ensure all children enjoy the area.

The play area includes structures specifically designed for 2-5 year olds and 5-12 year olds.

Jogging/Walking Path

Enjoy the fresh air by using the paved path for a leisurely walk or a fast-paced run around the Community Center grounds. The outer loop is nearly one mile in length, however smaller loops provide multiple options to fit in your work-out. Check with the Fitness Center for path distances.

Horseshoe Pits

Gather your friends for a fun evening of horseshoes. There are horseshoe pits located in the picnic area between Fields #2 and #3. So, pack a picnic dinner and horseshoes to enjoy an evening with your friends.
### Regular Season Pool Schedule - Begins June 5, 2006

<table>
<thead>
<tr>
<th>Time</th>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
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<tbody>
<tr>
<td>8:00</td>
<td></td>
<td></td>
<td></td>
<td>Swim Team Practice 7:30am - 10:00am</td>
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<td>9:00</td>
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<td></td>
<td>Swim Lessons</td>
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<td>10:00</td>
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<td>Open Swim</td>
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<td>11:00</td>
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<td>12:15pm - 5:00pm</td>
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<td>12:00</td>
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<td>Open Swim or Swim Meet</td>
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<td>1:00</td>
<td>Open Swim</td>
<td>Open Swim</td>
<td>Open Swim</td>
<td>12:15pm - 6:00pm</td>
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<tr>
<td>2:00</td>
<td>1:00pm - 8:00pm</td>
<td>12:15pm - 8:00pm</td>
<td>Pool Opening Time TBD</td>
<td>12:15pm - 8:00pm</td>
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<td>3:00</td>
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### Pre-Season Hours
- May 27: 10:00am - 6:00pm
- May 28, 29: 1:00pm - 8:00pm
- May 30 - June 2: 4:00pm - 7:00pm
- June 3: 10:00am - 6:00pm
- June 4: 1:00pm - 8:00pm

### Early Closings
- June 16: 12:15pm - 7:00pm
- August 18: 12:15pm - 7:00pm

### Post-Season Hours
- Sept 2: Goldfish Swim at Noon
- Sept 3-4: 1:00pm - 8:00pm

*Pool Closes at 5:00 pm
- July 3 & July 4*

### Day Pass Rates

<table>
<thead>
<tr>
<th>Age</th>
<th>Fee</th>
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<tbody>
<tr>
<td>Under 2</td>
<td>No Charge</td>
</tr>
<tr>
<td>2-17</td>
<td>$1.25</td>
</tr>
<tr>
<td>18 &amp; Over</td>
<td>$2.50</td>
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</tbody>
</table>

Don't have a pool membership? Activity or Fitness members and guests of members may purchase a day pass at the front desk. The fees apply to swimmers and non-swimmers. No rainchecks.

Anyone 8 years old and younger must have passed a Level 4 swim class or be accompanied by a person 16 years or older.

### Concessions

Soft Drinks! Snacks! Ice Cream!
Hot sandwiches! Candy!

The Springdale Community Center operates a concession stand during the pool season. A variety of hot and cold foods are available at the poolside stand.
Level 1
Basic acclimation to the water. Students will be expected to submerge their face in the water for 3 seconds, float and kick with assistance on their front and back. Student must be 3 years old and not older than 6 by June 1.

Level 2
To build more confidence in the water. The student will be expected to swim 10-20 feet. Student will also be expected to float on their front and back without assistance as well as kick on their front and back without assistance. Prerequisite: Level 1 and must be 4 years old and not older than 6 by June 1.

Level 3
To equip the student with basic water safety skills and knowledge in order to make him/her reasonably safe in, or about the water. The student will be expected to perform a sitting dive from the side, glide on their front and back, coordinate the arm stroke for front and back crawl for 10-20 yards, and change direction in the water. Prerequisite: Pass Level 2 and 5 years old by June 1.

Level 4
The object of this course is to increase the water skills of the student by adding onto the skills learned in Level 3. Students will be expected to do a standing dive, tread water, swim front crawl 25 yards, and perform sidestroke, elementary backstroke, and breaststroke for 10 yards each. Prerequisite: Level 3.

Level 5
The object of this class is to provide the student with the opportunity to learn the elements of good swimming. The student will be expected to swim front and back crawl 50 yards each and breaststroke and sidestroke 25 yards each. Continued work on elementary backstroke, breaststroke and sidestroke. Prerequisite: Level 4.

Level 6
The object of the course is to increase the student’s endurance and versatility in the water. The student will be expected to swim front crawl 100 yards and breaststroke and sidestroke 25 yards each. The student will also be expected to tread water for 3 minutes, and butterfly will be introduced. Prerequisite: Level 5.

Stroke Improvement
To provide special attention to the four competitive strokes: front crawl, back crawl, breaststroke and butterfly. Starts and turns will also be covered. Swimmers must have some skill in the four competitive strokes before enrollment. Class limit - 5.

Level 3 & Higher
- Session 1 June 5 - June 30
- Session 2 July 10 - August 4

Swim Lesson Class Dates
Levels 1 & 2
1A June 5 - June 16
1B June 19 - June 30
2A July 10 - July 21
2B July 24 - August 4

**Resident children enrolled in 1A or 2A classes may not enroll in 1B or 2B until noon the last day of 1A or 2A class.

Adult Swim Lessons
We will provide individual instruction to improve swimming skills. A maximum of ten adults will be enrolled in this class. Classes meet Thursday evenings from 7:00pm - 8:00pm for eight weeks beginning June 7.

Aquatic Exercise Class
Looking for a fun, low-impact workout? This is the class! Meet new people while exercising in the pool to your favorite music!
Days: Wednesday 6:45pm - 7:45pm
Saturday 10:00am - 11:00am
Instructor: Patricia Cox, 385-6111
Fee: Residents - $40/5-week session or $6/walk-in; Non-residents - $50/5-week session or $7/walk-in.

To Register For Lessons
Members - Registration begins April 10.
Non-Residents - Registration begins 3:00pm Friday before the class begins.
GENERAL RULES
1. The pool will be closed when there is lightning and/or inclement weather. It will also be closed for a limited number of special events which will be announced during the summer.
2. For those individuals needing assistance into the water, a pool lift chair is available for your use. Please inquire with the pool staff.
3. Street clothes and shoes prohibited in the pool area.
4. Glass containers are not permitted.
5. Parents must remain in the designated area during swim lessons.
6. Shower your child and yourself before entering pools.
7. Pool chairs are provided—please do not bring your own.
8. Appropriate swimwear required.
9. Due to health concerns, it is recommended that you do not use the pool if you have had diarrhea anytime in the past two weeks.
10. Do not drink pool water.
11. Children not yet toilet trained are required to wear “swim diapers” or rubber pants and close fitting swimsuits.

BABY POOL RULES
1. All children using the baby pool must be accompanied by a person 16 years old or older.
2. The baby pool is reserved for children ages 6 and younger.
3. Do not change your child's diaper poolside.
4. Do not rinse diaper-aged children in the pool before, during or after diaper changes.
5. Assist young children in making frequent visits to the bathroom to minimize accidents.

DIVING
1. Diving is prohibited from the sides of the pool.
2. Hanging on diving boards is prohibited.
3. A diver must dive straight off the board.
4. A diver must wait until the diver in front of him has reached the side before diving.
5. “Spot-Dives” or any dives requiring a second contact with the board are not permitted.
6. Only one person at a time on the board and ladder.
7. After diving off the board, go directly to the nearest ladder.
8. No one shall swim under the board or wait for another individual on the board.

LANE AREA
1. The roped off area is for continuous swimming in a clockwise circle only. (If you must rest, get out of the pool.)

WATER SLIDE
1. Users must ride seated upright, feet first.
2. Stopping, changing positions and forming chains will not be permitted.
3. Users will not be allowed to ride with small children on their lap.
4. Lifejackets and other flotation devices are prohibited.
5. Users must exit the landing area immediately.
6. Users must meet height requirement posted at the bottom of the slide. (approx. 4 ft.)

CONCESSION AREA
1. All food and beverages must be kept inside the concession area.
2. No alcoholic beverages may be brought to the pool.
3. Please be considerate and dispose of trash in the containers provided.
Jaycees Egg Hunt
Saturday, April 15
12:00pm

Get out your baskets and egg-hunting gear! Join the Easter Bunny and the Greater Springdale Jaycees for their annual Easter Egg Hunt at Ross Park. This free event is open to the public. Make sure to bring a basket for your children to collect their prize-filled eggs.

Healthy Ohioans Fitness Walk
Wednesday, May 17
Walk between 11:00AM & 1:00PM

Springdale Parks & Recreation, in partnership with the Governor’s Advisory Council on Physical Fitness, Wellness and Sports, would like to invite all community members to join us in Ohio’s second statewide “Healthy Ohioans Fitness Walk.” The challenge to all Ohioans is to collectively walk one million miles this day! Let’s do our part as a community and participate in a 20-minute, one-mile walk, to help reach this goal!

Arbor Day Ceremony
Friday, April 28 4:00pm

The Springdale Parks and Recreation Department in conjunction with the Public Works Department will plant a tree on the Community Center grounds to celebrate Arbor Day and the City’s status as a Tree City USA.

SYB Opening Day Parade
Saturday, April 29
Parade begins at 9:00am

Join the Springdale Youth Boosters (SYB) as they kick-off the spring sports season with the Annual Opening Day Parade! Youth soccer, t-ball, softball and baseball teams march from the Value City parking lot, turning west on Kemper, right on Lawnview, and into the Community Center parking lot. Youth teams compete in a banner competition and the top three teams are awarded prizes by SYB.

Bicycle Safety Program
Kickoff - Saturday, May 13
10:00am - 2:00pm
at the Community Center

The Parks and Recreation Department, in conjunction with the Police and Fire departments, will sponsor the Bicycle Safety Program Kickoff Event at the Community Center. Free bike helmets and bike lights will be given away with each bicycle registration. Antique bikes will be on display. Free hot dogs and soft drinks will be provided! The Ohio Department of Transportation’s Orange Barrels will also be on hand distributing safety literature. Bicycle inspections, registration and safety instruction will be offered at this event. Bicycle registration will also be available at other locations throughout the summer.

June 3
10:00 am - 12:30pm Heritage Hill Elementary
1:30pm - 3:00pm Glenview Subdivision (Gazebo)
3:30pm - 5:00pm Knolls Condos Clubhouse

June 10
10:00am - 12:00pm Mallard Lakes Office
1:00pm - 3:00pm Beacon Hills Park

June 24
9:30am -11:00am Underwood Park
11:30am - 1:00pm Cameron Park
1:30pm - 3:30pm Colony Apartments (pool)
SPIRIT OF SPRINGDALE FESTIVAL

July 3 and 4  5:00pm - 12:00am
Rides! Games! Music! Parade! Food!

Join your friends and neighbors at the Spirit of Springdale Festival! The parade starts at 4:00pm and fireworks begin at approximately 10:00pm on Tuesday, July 4. Free shuttle bus service is offered from Springdale neighborhoods.

Are you or an organization you are involved with interested in renting a booth for the Festival or participating in the parade? Contact the Parks & Recreation Department for more information.

Ray Manis Memorial Men's Softball Tournament
July 15-16

Some of the finest softball action in greater Cincinnati takes place right here during the 29th Annual Ray Manis Tournament. This double-elimination tournament is great to play in with friends, as well as fun to watch.

Women's USSSA Softball Tournament
July 22-23

Thirty-six of the best women's slow pitch teams will compete in three divisions. The top teams qualify for state and regional championships. Come enjoy the games, food and drinks.

Goldfish Swim
Saturday, September 2
12:00pm

Join us for a fun time as we release over 1,000 goldfish into the pools! Children take home all of the fish they catch! Pool members may enjoy this fun activity at no charge. Activity or Fitness members or guests of members may pay $1.25 to participate. Remember a container to take home your new pets!

Community Pride Yard Sale
August 19  10:00am

Clean out your attic, basement and garage! Sell your unwanted items at this popular event! Residents may reserve a booth by coming to the Community Center and paying the $10 rental fee. Watch for a special mailing with more details!
**Take Advantage of Kids Corner!**

**Hours**
- Saturday: 9:30am - 12:30pm
- Sunday: 5:30pm - 8:30pm
- Monday & Wednesday: 10:00am - 1:00pm
- Tuesday & Thursday: 9:30am - 1:00pm
- Monday - Thursday: 6:00pm - 9:00pm
- Friday: Closed

**Fees**
- $2 per child per hour
- $1 each additional (same family) per hour

Are you looking for something to do with your child while you take a class or work-out in the Fitness Center? Kids Corner is the answer! Let one of our qualified child care staff take care of your 1 to 7 year old while you utilize the Community Center.

**Guidelines**
1. A two hour limit is imposed.
2. For the safety of all children, parents or guardians must sign children in and out of the room and must remain inside the Community Center.
3. No child will be permitted to leave the room with another person, regardless of the relationship, unless prior written permission is given to the child care staff.
4. Children’s names must be marked on all belongings.
5. If a child cannot be quieted from crying in 15 minutes the parent will be notified.
6. Children must wear socks and shoes.
7. If a child appears or becomes ill while in Kids Corner, the parent will be required to remove the child. Sick children will not be admitted.
8. The staff is not permitted to administer any medication or food of any kind.

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**Family Events**

Do you need an excuse to get out of the house and enjoy some time with your family? We've got just the thing for you! Come on down to the Springdale Community Center and join us for our Family Fun Nights! Check out what we have in store!

**Family Movie Night**
**Sunday, March 26  6:30-8:30pm**
Join us for a night of FREE family fun! We will be watching a family friendly movie (be careful - the sky could be falling!). Bring your own snacks and relax with your family at this FREE event!

**Family Game Night**
**Sunday, April 23  6:30-8:30pm**
Come on down for a night of fun and games! We are going to be playing a variety of group games as well as board games and corn hole! This FREE event is sure to be a blast - and one you won't forget!

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**Check out the Kids Classes!**

**Crazy About Crafts**

Have fun creating awesome art projects! This class is a great way for children to socialize with their peers and have fun at the same time. We'll complete one craft project per class. Classes are on Tuesdays through April 25. $5/class
- Ages 3-5: 6:30pm - 7:15pm
- Ages 6-8: 7:30pm - 8:15pm

**Simple Snackin’**

Children learn about nutrition and healthy eating. We will be cooking up a new snack each week that is easy for children to make and healthy too! Classes are on Thursday April 27. $5/class
- Ages 3-5: 6:30pm - 7:15pm
- Ages 6-8: 7:30pm - 8:15pm

**Fitness 4 Kids**

Free 30 minute classes are designed to promote exercise for children. Have your child join instructor Katie Osterbrock to develop good health and fitness habits! The programs consists of fun routines and adventure stories to make exercise fun for the kids. Sessions are broken down for ages 3-6 and ages 7-10. Call for day and time.
American Red Cross Babysitting Course
August 10 & 11
Designed to teach youth age 11 and older about the responsibilities of a babysitter. Students learn accident prevention, diapering, feeding, and emergency first aid as well as how to choose age appropriate games and toys, and how to prepare for a job as a babysitter. Call 792-4000 to reserve a spot for this program.

Ballet & Jazz
An introduction for children ages 3 & up to the world of ballet, tap and jazz dance. Classes will meet the needs of students at each stage of development. Classes are held on Saturdays, and registration is ongoing. Contact instructor Carolyn Olson at 573-0723 for times.
Fee: 3 year olds - $7
     4-7 year olds - $8
     8 & up - $9

Get your Kicks out of Karate!
This class for 6-17 year olds is suitable for both the beginner and the advanced student. Chito-Ryu Karate is a traditional martial art comprised of strikes, kicks, blocks, throws and holds. Chito-Ryu is a complete program perfect for those seeking exercise, competition and self-defense skills.
Days: Monday, Wednesday, Friday
Time: 7:30pm - 9:00pm
Instructor: Manuel Byers, Jr., 478-8800
Fee: $40 annual fee plus $30/month

Take a Swing at Tennis!
Get out and learn a great new sport! Group tennis lessons are a fun way to start a new game or improve your skills. Lessons are offered June 7 - July 12 for children 6 & older.
Day: Wednesday (6 week session)
    Beginners - 6:00pm - 7:00pm
    Advanced 1 - 7:00pm - 8:00pm
Instructor: Lillie Mack, 742-2164
Fee: $20

Teen Night
At The Pool
Friday, June 16
Friday, August 18
7:00pm - 10:00pm
Whether you come with your friends or come to meet new friends, you'll have a blast! Youth age 12 - 17 can enjoy a night of music, dancing, games, and swimming at the pool. Soft drinks and pizza are provided by S.T.A.F.F. As this is a pool party, swim attire is required to enter the pool area, members must bring their membership cards, and all pool rules pertain. Springdale teens may each bring one guest.
Tickets are $2 and are limited to the first 200 teens.

Springdale Teens Adventuring For Fun is for teens 6th grade - 17 years of age. Activities and events are run by teens with the guidance of the Parks and Recreation staff and parent volunteers. The group is self-supporting, raising funds primarily at the Spirit of Springdale Festival and by selling concessions during basketball season.
Their mission is to serve the community by sponsoring projects and providing manpower for community programs and events and to organize fun activities that appeal to teens. If you are looking for fun activities, a way to meet new friends, and an opportunity to serve the Springdale community, come see what S.T.A.F.F. is all about!
The cost is $5, which includes a T-shirt. For information contact Parks & Recreation at 346-3910.
Check Out Our New Adult & Senior Programs!!

Art Classes

Bob Ross Painting with Verna Akin
Don't miss the chance to learn from a fabulous artist and teacher, Verna Akin. If you ever thought about learning to paint and were hesitant to try this is your chance! You will learn how to paint landscapes, wildlife and florals with ease. Choose one or more classes from the following dates: 4/4, 5/9, 6/6, 7/11, 8/8, 9/12, 10/10, 11/14 or 12/5. Students must supply 1-roll of paper towels, 1-tub of baby wipes and 1-16X20 stretch canvas. This class will meet in the Arts and Crafts room on Tuesdays from 10:00 AM - 12:00 Noon. Fee is $40 per class and registration is required. Call 346-3910 to register.

Watercolor
Watercolor classes with Frank Martindale on Mondays from 1:00-3:00 PM. Enroll in this 10 week session for a fee of $55 by calling 346-3910.

Cards & Games

Bridge
If you like to play bridge, a variety of opportunities are available to SCC members:

Duplicate Bridge is played on Mondays from 12:30-4:00PM; contact Lew Chizer at 812-637-1441.

Party Bridge is available on Tuesdays from 12:30-4:00 PM; contact Barb Slaughter at 772-2302 for more information.

Ceramics
Ceramics is a fun class where you'll meet new people and start a new hobby. Students provide greenware, the instructor provides the rest!
Day/Time: Wednesdays 6:30pm-9:30pm
Instructor: David Howard, 825-0275
Fee: $5/class-res; $7/class- non-res

Euchre
Join this spirited group for a fun game of Euchre on Fridays from 1:00-3:00PM. Contact Jo Ann Frech at 671-6663 for more information.

Oil Painting
Oil painting on Wednesdays from 10:00 AM-2:00 PM. Bring your own supplies and enjoy painting with friends. Bring a bag lunch. Drinks available from the vending machines.

Pinocchio
Stop in Mondays from 1:00-4:00PM for a casual game of cards. Contact Jo Ann Frech for more information at 671-6663.

500
Join your friends on Thursdays from 9:30AM-12:00PM for a few games of 500. Contact Maria Schottelkotte at 942-2350 for more information.

Corn Hole
If you enjoy playing corn hole stop by the Center for a game or two on Wednesdays from 12:30-3:00 PM. Games are played in the auxiliary gym.

Health & Wellness

Aquatic Exercise
This refreshing class is easy on the body and fun for everyone.
Days: Wednesday, 6:45pm-7:45pm
Saturday, 10:00am-11:00am
Instructor: Patricia Cox, 385-6111
Session: June 28-July 29
Fee: $40/session (10 classes), 6/walk-in (residents); $50/session; $7/walk-in (non-residents)

Blood Pressure Checks
There will be free blood pressure checks every 3rd Tuesday from 10:00AM-12:00PM.

Body Sculpting
Body Sculpting combines flexibility and cardiovascular conditioning set to the latest music.
Day/Time: Friday 6:00pm - 7:00pm
Instructor: Elaine Smith, 575-1620
Cardio Kickboxing

This high intensity workout combines aerobics, cardiovascular and body toning while incorporating self-defense tactics.

Days: Tuesday 6:00pm - 7:00pm
Thursday 5:30pm - 6:15pm
Saturday 11:00am - 12:00pm

Instructor: Dave Seiwert, 825-7449
Fee: $33/month; $5/class for walk-ins

Let’s Get Fit

There are many benefits associated with this class including working major muscle groups to increase strength and flexibility, improving strength for daily living, reducing the risk of falls, reduces stress, enhances muscle and endurance. The class follows a video “Resisting Muscle Loss” offered by the Hamilton County General Health District. The free class is offered Monday and Wednesday mornings from 10:30-11:30.

Chito-Ryu Karate

Chito-Ryu Karate is a traditional martial art comprised of strikes, kicks, blocks, throws and holds.

Days/Time: Monday, Wednesday & Friday 7:30pm-9:00pm
Instructor: Manuel Byers, 478-8800
Fee: $40 annual fee plus $40/month

Functional Strength for Mature Adults

This class will focus on improving your strength to help you safely perform the activities of daily living with improved balance and stability. Whether lifting a bag of groceries or standing up from a chair, every task depends on functional strength for successful execution. FREE class on Tuesdays & Thursdays 11:00am - 11:30am.

Jazzercise

Jazzercise is a blend of jazz dance and exercise set to your favorite music. Join your friends and neighbors in the fun & upbeat class. Your first class is free! Contact instructor for fee options.

Days:
Mon, Wed - 6:00-7:00pm
Thursday - 6:30 - 7:30pm
Tues, Thurs, Sat - 9:30 - 10:30am
Instructor: Elaine Smith, 575-1620

Line Dancing With the Helts

This class is a great way to exercise and have fun at the same time! If you can stand, walk, move from left to right and enjoy a variety of music, this class is perfect for you! Wear comfortable soft soled shoes and enjoy learning how to line dance! Call 346-3910 to sign up.

Days/Time: Monday 1:00-2:00pm
Fee: $3 per class.

Slimnastics

Slimnastics is a basic fitness class for women. It’s a great opportunity to increase flexibility while meeting new friends and catching up with old friends!

Days/Time: Monday, Wednesday & Friday 9:00am - 10:00am
Instructor: Sue Smith
Fee: No charge.

Pack Your Bags or Board a Bus!

Parks and Recreation and AAA have teamed together to bring you an exciting year of travel programs! Whether you’re interested in a one day program or a longer excursion - you can take your pick! Contact Parks & Recreation at 346-3910.

Overnight Travel

Springtime In the Smokies
May 16-18
Western Rail Adventure
June 13-20
Summertime On Mackinac Island
June 26-30
Autumn in Washington, DC
September 11-15
Autumn in Boston
October 23-29

One Day Trips

Star of Louisville River Cruise
May 22
Rosemary Clooney Home
July 12
"Little New England" Granville, OH
September 20
Autumn Aboard the Hocking Valley Scenic Railway
October 3
Walk & Talk
Join a member of our fitness staff and learn about basic health and wellness issues while enjoying a good walk on the indoor track. Meet from 9:30-10:00am Monday and Wednesday.

Wushu
Unlike other popular fighting styles, Wushu epitomizes the “art” in martial arts; it is non-contact and non-combative.
Day/Time: Sunday 1:30pm-2:30pm
2:30pm-3:30pm
Instructor: Dave Seiwert, 825-7449
Fee: $30/month

Yoga Lite
Yoga Lite is an enjoyable, beginning yoga class for all ages, sizes and shapes. Yoga postures, stretching, centering, breathing techniques, and deep relaxation will increase your strength and flexibility, balance, coordination, and self-awareness. Guaranteed to leave you calm in body, mind and spirit!
Instructor: Wini Denny, 779-9430
Day/Time: Friday 10:30-11:30am
Fee: $24/4 class session

CPR and First Aid
A CPR or Standard First Aid class will be held one Saturday a month at the Community Center.
Call the American Red Cross at 792-4000 for class information and to register.

New Horizons
Attention Single Seniors! Looking for something fun to do? This group enjoys a meal together at a local restaurant and returns to the Community Center to play cards. They group meets on the second and fourth Saturday of the month. Contact Jo Ann Frech for more information, 671-6663.

Book Club with Betty Franz
If you like to read and discuss books join this group on the second Monday of the month at 1:00 in room B. The club is free and all books are available at the public library. Call Betty Franz for more information at 874-1543.

Investment Club
Join this group and learn about investing and the stock market. Classes meet from 9:30-11:30AM the second Friday of each month. For more information, contact Marty Blue at 874-8321 or Lesly Sedlitz at 825-2251.

Springdale Senior Club
Meet new people! The Springdale Senior Citizens group is open to residents who are at least 55 years of age. Stop by one of the morning socials, held every Tuesday at 9:30am, at the Springdale Community Center. The group also hosts several parties and trips each year!

Join in Chair Exercises
Stop by the Senior Club for the Tuesday morning socials and stay for the exercise! A member of the Fitness Center staff leads a session of chair exercises every Tuesday at 12:00pm.

Community Health and Wellness Series

**Arthritis 101**
Thursday, March 30
1:00 - 2:00 pm
Join the Arthritis Foundation Ohio River Valley Chapter and find out more about this disease that impacts one out of three people. You'll also learn more about arthritis facts, programs, events and research.

**Nutrition**
Thursday, June 22
1:00 - 2:00 pm
Representatives from the Nutrition Council will present information on Diabetes, Healthy Food Options, and Quick Healthy Meals. Come with your questions!
**WANTED**

*Referees & Umpires*
Want to earn some extra money? Consider signing up as a referee or umpire in our youth sports programs. Contact Parks & Recreation to get your name on our call list, or to sign up for a certification class.

*Coaches*
We need adult volunteers to coach our youth sports teams! Sign up to help any time. Dedicated volunteers help ensure we are able to have a team.

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**Springdale Youth Boosters**
The Springdale Youth Boosters support Springdale's youth sports activities by providing for league, official, uniform, and award fees. The Springdale Youth Boosters rely solely on volunteers in the community to organize, plan and work at their various fund raising activities. If you are interested in joining, or would like to volunteer for any of the activities throughout the year, please call the Parks & Recreation Department.

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**Sailfish Swim Team**

*Register Sunday, May 7  4:00 pm*

The Sailfish Swim Team is a recreational team that belongs to the Northern Suburban Swim League. Swim meets are on Tuesday and Thursday evenings. Practices are Monday through Friday mornings. The season runs June through July. All children 6-18 years old who enjoy swimming are welcome to join us for lots of fun and great exercise!

Fees: $45 per swimmer and $30 for each additional swimmer in the same family.

For more information on the Springdale Sailfish Swim Team, call Russ Miller at 851-9693.

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**SCORE with FALL SOCCER**

**Instructional Soccer**
Introduce your child to soccer in this new league! Instructional soccer teams play in a positive, relaxed setting. Children ages 4 - 6 by July 31, 2006 are eligible to participate. Early Bird Registration is $20 through May 31. Beginning June 1, registration is $25.

**U.S.Y.S.A. Soccer**
Springdale Parks & Recreation is a part of the North Northeast Soccer League - a recreational league that encourages participation and good sportsmanship. Children must be at least 6 years old by July 31, 2006 to participate on a soccer team. Early Bird Registration is $40 through May 31. Beginning June 1, registration is $45.

*Register Saturday, May 13  10:00am - 2:00pm*
Springdale Community Center

Registrations will be accepted until teams are full. Beginning June 1 placement on teams cannot be guaranteed. Additionally, late registrations may be subject to additional charges for special order uniforms.
**Racquetball, Anyone?**

**Join a League!**
Looking for someone to play racquetball? All levels compete in this round-robin league. Match days and times are determined by you! Co-ed spring and summer leagues are offered. All participants must have a **Racquetball Membership**. Contact Parks and Recreation for additional information.

**Get Some Instruction!**
Learn the basic shots and rules of racquetball with Jerry Allen. Lessons are open to members 12 years old through adult. Classes meet for 6 weeks on Saturdays from 10:30-11:30am. The session runs for six weeks and is free of charge. Protective eyeware and a racquet are required.

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**Special Thanks**

to the following volunteer coaches who so generously gave of their time and talents this fall and winter to assist with the youth sports teams. All head coaches were certified by the National Youth Sports Coaches Association (NYSCA). All head and assistant coaches must have passed a comprehensive background check to be able to coach in Springdale. The background screening is repeated annually for all coaches.

**Fall Soccer**
- Doug Barnett*
- Michael Boggan
- Marsha David*
- Matt David
- Mike Gruver
- Lynn Ireland-Gillespie
- Mike Laib
- Rich Prat
- Pat Salatowski*
- Rick Snider*
- Kathy Sorrell*
- Beth Wells*

**Instructional Soccer**
- Lisa Butler*
- Tina Grieshop*
- Jen Gruver*
- Rod Hounshel*
- Kim Snider
- Jay Russell*
- Shawn Williams*
- Rebecca Wilson*
- Sally Wilson*

**Basketball**
- Jerry Allen*
- Jerry Allen, Sr.
- Thomas Barnes*
- Ron Brooks
- Greg Davis
- Craig DePeel*
- Chris Douthit
- Anthony Elliott*
- Carl Foster*
- Arnold Franklin
- Scott Garrison*
- Dave Gillespie
- Richard Gilmore
- Jeff Hall*
- David Hardman
- Jerry Harris*
- Dave Heim*
- Gary Hemmings I
- Ron Hobson
- Chris Lewis*
- Jeff Martin*

**Youth Volleyball**
- Joe Boggs
- Marci Diehl*
- Michelle Miller*
- Pat Salatowski*
- Akshata Wadkar
- Jessica Wilson*
- Sally Wilson*

**Teen Volleyball**
- Debbie Boggs
- Joe Boggs*
- Chris Heider
- Cathy Kauffman*
- Dana Kennedy
- Nicki Salatowski*

* indicates head coach
Tom Meeks Retires
Parks Department Crew Leader

Tom Meeks retired in November, 2005 with 30 years of service to the City, 20 of them as the Parks & Recreation Crew Leader. Tom is enjoying his time traveling and playing golf. We wish Tom the very best!

Staff Additions
Matt Beaty has moved into the Assistant Recreation Director position. He has been the Fitness Center Manager since the expansion of the Community Center and will assume many new duties in his new role.

Marty Garges will be our new Adult/Senior Programmer, handling the daily activities of our adult and senior members. We look forward to Marty’s enthusiasm and creativity!

Please stop by the office and welcome Marty and congratulate Matt on his new appointment. Welcome to our newest staff members!

Sue is Workin’ on 31!
Sue Smith, our Slimnastics teacher, will celebrate her 31st anniversary of her women’s exercise class this year. Sue lives in Ross with her husband, Steve. They have a son and daughter and three grandsons. Congratulations, Sue on your commitment to exercise and a healthy lifestyle!

Recreation Commission
Mayor Doyle Webster
   Gene Burt
   Carmen Daniels
   Bob Diehl
   Holly Emerson
   Joe Ramirez

The Recreation Commission consists of five appointees by the Mayor. These members advise in developing and executing the city’s leisure services program. They meet September through May on the first Tuesday of each month at 7:00pm at the Community Center. You are invited to attend.

Parks & Recreation Staff

Full Time Employees
Greg Karle, Director
Matt Beaty, Assistant Director
Sharon Casselman, Assistant Director
Jacqueline O’Connell, Assistant Director
Debbie Carpenter, Administrative Assistant

Part Time Employees
Facilities Supervisor
   John Ramp

Customer Service Assistant
   Tonya Cook, Cindy Huckins, Barb Kent, Kim Knapp, Doreen Monson, Lori Sellers

Secretary
   Donna Lanter, Barb Post

Child Care Aide
   Agnes Cupp, Myra Huber, Christy Runge

Fitness Instructor
   Arnold Franklin, Katie Osterbrock, James Smith, Matt Wolff

Park Patrol
   Otis Pollard, Don Slaughter

Custodian
   Ken Miller, Frank Ritter

Teen Adviser
   Dana Zinnecker

City Officials
Mayor
   Doyle Webster
City Administrator
   Cecil Osborn
Asst. City Administrator
   Derrick Parham
Clerk of Council/Finance Director
   Ed Knox
President of Council
   Kathy McNear
Vice President of Council
   Tom Vanover
Council
   Randy Danbury
   Steve Galster
   Margie Pollitt
   Jim Squires
   Robert Wilson
Upcoming Activities

April
10 Swim Lesson Sign-Ups
15 Easter Egg Hunt-Ross Park
16 Easter - Closed
28 Arbor Day Ceremony
29 Opening Day Parade

May
7 Swim Team Sign-Ups
13 Fall Soccer Sign-Ups
13 Bicycle Safety Program
17 Healthy Ohioans Fitness Walk
27 Pool Opens
29 Memorial Day - Holiday Hours

June
5 1st Session Swim Lessons
7 Tennis Lessons Begin
16 Teen Pool Party
22 Nutrition Council Seminar

July
3-4 Spirit of Springdale Festival
4 Independence Day - Open
1:00pm - 5:00pm
10 2nd Session Swim Lessons
15-16 Men's Softball Tournament
22-23 Women's Softball Tourney

August
18 Teen Pool Party
19 Community Yard Sale
30 Ladies Day At The Pool

September
2 Goldfish Swim
4 Labor Day - Holiday Hours