Springdale Parks & Recreation

2004 Spring/Summer
Springdale Parks & Recreation invites you to visit the Springdale Community Center and your neighborhood parks to take advantage of the many leisure opportunities available to you!

Parks & Recreation Staff
Greg Karle Recreation Director
Sharon Casselman Assistant Director
Jacqueline O'Connell Assistant Director
Debbie Carpenter Administrative Assistant
Matt Beatty Fitness Center Manager
Tom Meeks Park Maintenance Crew Leader
Jim Conroy Park Maintenance
Chuck Holmes Park Maintenance
Damon Shepard Park Maintenance
Ken Shroyer Park Maintenance
Shelley Payton Custodian

Part Time Employees
Tonya Cook Secretary
Barb Kent Secretary
Kim Knapp Secretary
Donna Lanter Secretary
Doreen Monson Secretary
Barb Post Secretary
John Ramp Facilities Supervisor
Agnes Capp Child Care Aide
Kathy Davis Child Care Aide
Myra Huber Child Care Aide
Christine Runge Child Care Aide
Matt Wolff Fitness Instructor
Otis Pollard Custodian
Dana Zinnecker Teen Adviser
David Bea Park Patrol

MISSION STATEMENT
The mission of the Parks and Recreation Department is to provide a year-round leisure services program and functional, well-maintained facilities which serve the diverse needs of the community at large.

RECREATION COMMISSION
Mayor Doyle Webster Gene Burt Carmen Daniels
Bob Diehl Tony Potts Joe Ramirez
The Springdale Recreation Commission consists of five appointees by the Mayor. These members advise in developing and executing the leisure services program for the City of Springdale. The commission meets September through May on the first Tuesday of each month at 7:00pm at the Community Center.

Facilities
Whether you want to play outside or inside, we've got a facility for you! Courts, fields, and meeting rooms are among the many facilities available! Check out the map to locate a park in your neighborhood!

Aquatics
Are you ready for pool season? Sign up for swimming lessons - we've got a level for every age and ability! Check out the pool times so you don't miss any of the fun!

Special Events
There are exciting things going on all summer! From youth activities to family events - there's something for everyone! You won't want to miss this year's Spirit of Springdale Festival!

Photo/Video Policy - On occasion, the Springdale Parks & Recreation Department may take photos or video of park visitors and program participants. Please be aware that these photos may be used in publications or for other promotional purposes. Organizations, including media relations, must have permission from the Parks & Recreation Department prior to taking photographs or video.
<table>
<thead>
<tr>
<th>Type</th>
<th>Family</th>
<th>Individual</th>
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<tbody>
<tr>
<td>Activity Membership</td>
<td>$30.00</td>
<td>$20.00</td>
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</table>
Includes use of the gymnasium, game room, track, tennis courts, computer lab, and eligibility for youth and adult sports programs.

| Fitness Membership              | $55.00 | $35.00     |
Includes use of the Fitness Center and all facilities included in the Activity Membership. Must be 16 years of age or older to use the Fitness Center, 14 and 15 years old with a parent.

| Pool Membership                 | $95.00 | $75.00     |
Includes use of the pool and all facilities listed under Activity and Fitness Memberships.

| Racquetball Membership          | $30.00 | $20.00     |
Must have Activity, Fitness or Pool Membership to purchase Racquetball Membership.

| Senior Citizen Membership       | Complimentary |
Any resident senior citizen 62 years of age and older and their spouse receive a complimentary Pool Membership.

| Business Membership             | $250.00 | $200.00   |
Includes all facilities. Participation in youth or adult sports programs on availability basis only, as league regulations may apply.

**Membership Requirements** - Proof of Residency will be verified by the Springdale Tax Department

_The term “family” shall include:_
1. Married couple or father, mother and minor (dependent) children.
2. Grandchildren when residing in the same household and considered a dependent.
3. Foster children or children subject to a specific custodial court order.
4. Foreign exchange student residing in Springdale with host family.
5. Minor children of divorced Springdale residents, regardless of where the children reside while they are in custody of the other parent.

_The term “family” shall not include:_
1. Non-married adults residing in the same residence (i.e., adult brothers and sisters, cohabiting couples, divorced spouses, adults living with their parents).*
2. Babysitters.
3. Visiting relatives.

* Effective January 2, 2003, anyone age 23 and older living at home must obtain a separate membership.*
Springdale Parks & Recreation
Community Center Membership Application

☐ Family Activity ☐ Family Fitness ☐ Family Pool ☐ Family Racquetball
☐ Individual Activity ☐ Individual Fitness ☐ Individual Pool ☐ Individual Racquetball
☐ Senior Citizen ☐ *Family Business ☐ *Individual Business (*must meet eligibility requirements)

** Effective January 2, 2003, anyone age 23 and older living at home must obtain a separate membership. **

PLEASE PRINT CLEARLY

Member Information  (all information must be completed)

Name: __________________________ Date of Birth: ________ Sex: ______

Address: ________________________ Apt#: ________ City: ________________ State: ______ Zip: ______

Home Phone: ____________________ E-Mail Address: __________________

Employer: ______________________ Business Phone: _________________

Spouse's Information

Name: __________________________ Date of Birth: ________

Employer: ______________________ Business Phone: _________________

Additional Family Members (anyone 19 years old and older must be registered with Springdale Tax Department before membership may be obtained)

First Name: ______________________ Last Name (if different): ________________

Birthdate: ______________________ Age: ______ Sex: ______

__________________________ ______________________

Patron Signature Date

Office Use Only: ☐ New Membership ☐ Renewal Membership #________

Person Receiving Application __________________________ Date __________

Cost $________ Amount Paid $________ Paid By: ___ Cash ___ Check (#______) ___ Charge

Updated by __________________________ Date __________

Mail to Springdale Community Center, 11999 Lawnview Ave., Springdale, OH 45246

Questions? Call 346-3910
DAILY HOURS
Fitness Center & Indoor Track open at 6:00am Monday - Friday.
Monday - Thursday .......... 7:00am - 10:00pm
Friday ........................ 7:00am - 9:00pm
Saturday ...................... 9:00am - 5:00pm
Sunday ........................ 1:00pm - 9:00pm

These times are subject to change and will be posted at the Community Center.

HOLIDAY HOURS
Memorial Day .................. 1:00pm - 9:00pm
July 3 .......................... 9:00am - 5:00pm
Independence Day .......... 1:00pm - 5:00pm
July 5 (Independence Day Obs.) .......................... 1:00pm - 9:00pm
Labor Day ..................... 1:00pm - 9:00pm

Guest Policy
Members may bring one guest per day. Members must register guests at the front desk and pay the necessary guest cost of $1.25 for ages 2 through 17 years old and $2.50 for adults. There are no refunds. Persons in the 7th grade and above utilizing indoor facilities must present a photo ID (school ID acceptable) to be admitted as a guest. Any guest registered with a member must stay with that member while utilizing the facility, and leave when that member leaves. Guests are not permitted in the Fitness Center. Staff may limit guest privileges during peak times. Additionally, the staff reserves the right to deviate from this policy.

GENERAL RULES
1. A membership card must be presented to utilize the facilities. A fee of $1.00 per occurrence will be charged if you forget your membership card.
2. To replace or change a card, the fee will be $2.50.
3. All special arrangements including parties, meetings, reservations for rooms or fields must be approved through the Parks & Recreation Department.
4. The Community Center is a smoke-free building.
5. Bicycles should not be ridden on sidewalks and should be locked in designated areas.
6. Courteous and respectful behavior is expected at all times. Abusive language will not be tolerated.
7. Proper attire is required to use the Fitness Center, gym, racquetball courts and saunas.
8. Spikes (steel, plastic, or rubber), roller blades, skates, and scooters are not permitted in the building.
9. Alcohol consumption is restricted to the picnic area and requires a permit from the Parks & Recreation Department prior to your event.
10. No pets permitted on any park property.
11. Skateboard riding on Community Center grounds is prohibited.
12. Pursuant to the Ohio Revised Code, no person shall knowingly possess, have under the person’s control, convey, or attempt to convey a deadly weapon or dangerous ordnance onto the Community Center or exterior buildings.
13. Motorized vehicles are prohibited on maintenance roads and turf.
14. Amplified music and/or radios in public areas of the Community Center is prohibited.
15. Members and guests who are in violation of these rules are subject to disciplinary action, up to and including suspension from the facilities.

The facilities at Springdale Community Center are easily accessible to the handicapped. If you need additional assistance, contact the Parks & Recreation Department.
Indoor Facilities

**Elevated Track**

The ½ mile elevated track and access elevator are available for use by members and their guests age 16 and older.

1. Children under 16 years of age may use the track when accompanied by an adult.
2. Strollers are not permitted on the track.
3. Parents must keep their children with them at all times while using the track. If the child cannot keep up, the child must be registered with Kids Corner (6 & under) or use another part of the facility.
4. As a courtesy to other members and for your own safety, slower traffic should use the inside lanes.
5. Membership cards must be presented prior to utilizing track.

**Family Game Room**

The Family Game Room has a wide variety of games the whole family will enjoy. Table tennis, air hockey, foosball, and shuffleboard may be played free of charge. Members may check out game room equipment at the front desk. For your enjoyment, the game room also contains two pay-to-play pool tables, arcade games, a television, as well as tables and chairs.

**Basketball Courts**

When it's too hot to be outside this summer, get some friends together and play basketball at one of the three (3) full-size courts in the Community Center.

**Saunas**

Located in the locker rooms, patrons 16 years and older may enjoy the saunas. Please do not pour water on the sauna rocks.

**Racquetball & Wallyball Courts**

There are two (2) racquetball/wallyball courts available to Community Center members. Wallyball courts can accommodate up to eight (8) players. Court time is free for those with a Racquetball Membership, however the fee is $4 per hour for Community Center members who do not have a racquetball membership or a racquetball member with a guest.

Courts may be reserved up to 72 hours in advance for up to one hour. An individual may make only one reservation per day. Reservations are made on the half-hour during normal hours of operation. Players must provide equipment including eyewear.

**Batting Cage & Golf Cage**

Get out and practice your swing! The batting and golf cages are for use by all Community Center members. Users must be trained on the batting machine prior to the first use and an adult must be present to operate the batting machine. Call ahead for reservations. Limit one hour of use per member.

**Adult Game Room**

Adults ages 18 and older that are interested in a quieter environment to play pool or darts will enjoy the adult game room.

Questions? Call 346-3910
FITNESS CENTER HOURS

Monday-Thursday  6:00am - 10:00pm
Friday          6:00am - 9:00pm
Saturday       9:00am - 5:00pm
Sunday         1:00pm - 9:00pm

How do I get started?
The Fitness Center staff will provide an orientation prior to your use of the Fitness Center. We'll show you how to safely and effectively use some or all of the equipment depending on your goals. Please advise us of any special needs or medical conditions prior to your orientation.

Nominate a Member of the Month

Would you like to nominate a fellow member for "Member of the Month"? You may have witnessed outstanding character or dedication to health and wellness by another individual. We encourage you to help us identify these individuals. Just fill out the nomination form in the fitness center. Winners will have a month of fame on the bulletin board in the Fitness Center and on the City of Springdale's website.

Fitness Center Features

- Treadmills
- Elliptical Trainers (EFX)
- Bicycles
- Stair Steppers
- Nautilus 2ST variable resistance strength training equipment
- Smith Machine
- Cable Crossover
- Assisted Chin-Up/Dip
- Free Weights
- TheraCrunch abdominal machine
- CardioTheater - Just plug your headphones into the console and watch one of four TV's or listen to music.

Take Advantage of Personal Training

Being a member of the Springdale Fitness Center has many added benefits. Staff are degreed and/or certified fitness instructors. Set up an appointment to have one of our staff evaluate your current program and receive the individual attention you need to enhance your current routine. There is no charge for this service.

Important Information

Guests are not permitted in the Fitness Center.

Members must be 16 years of age to participate independently in the Fitness Center. Youth age 14 and 15 may participate with parental supervision. Children under 14 years are not permitted.

Bring a towel and wipe down equipment after use.

Body Composition Testing

Body composition testing is offered to members of the Fitness Center. A hand held body fat analyzer is used to determine your body composition. Using this information, our staff can print out a personal data sheet that further explains all of the measurements taken. Participants must be 18 years of age or older.

Caution: Individuals who are pregnant or have implanted pacemakers should not have their body fat tested.

Attention Runners & Walkers!

Put on your running shoes! Whether you run or walk for health or for fun, keep track of your miles! Springdale Community Center members who accumulate 500 or more miles during the year will receive a T-shirt marking the accomplishment! We're also offering a Senior 250 Mile Club for individuals age 55 and older. Stop by for more information!

e-mail - sccrec@springdale.org
Room Rentals

The Springdale Community Center has the perfect setting for your next family or club get-together. Stop by the Community Center for a rental application and more information.

Meeting Room A
This meeting room has tables and chairs to accommodate up to 24 people, making it an ideal room for club meetings. Amenities include a computer hookup, projection screen, white board and phone line to enhance your meeting.

Meeting Room B
This is the perfect room for luncheons and showers. Up to 24 people may be accommodated at the tables and chairs. The sink and countertop, microwave, coffee pot and refrigerator are ideal for serving food and snacks during your meeting.

Meeting Room C
With indoor seating for 24 and access to an outdoor patio and chairs, this room is great for a more relaxed function.

Meeting rooms A, B, & C may be combined to accommodate larger groups.

Room D
This is the perfect room for a small meeting. The room seats six (6) around a large conference table.

Auxiliary Gymnasium
This large space is ideal for wedding receptions, anniversary parties or other special events. A variety of other services, including snacks, may be arranged for your function. A kitchen and walk-in cooler are also available for your convenience. Reservations may be made for Saturday evenings for up to 4 hours.

Springdale Room I
This executive clubroom is perfect for a business function or organizational meeting. The room is equipped with a computer hookup, projection screen, white board and telephone. The room boasts a large conference table with seating for 16, and can be combined with the Springdale Room II for additional seating. Adults only please.

Springdale Room II
This executive clubroom is ideal for a casual business function or organizational meeting. The room seats 17, includes a sink and countertop, microwave, coffee pot and small refrigerator. There is also a television and VCR in the room. This room may be combined with Springdale Room I to enhance your meeting. This meeting room is limited to use by adults only.

Arts & Crafts Room
Children’s parties are a perfect fit for this room! Tables and chairs provide seating for up to 24 guests, a sink and countertop provide a great place to set-up and clean-up!

A Few Things to Keep in Mind
1. Facilities may only be rented by a City of Springdale resident, Community Center member or City of Springdale employee. The renter must check-in prior to the reservation and remain on-site at all times.
2. Reservation of rooms does not entitle renter and guests use of other Community Center facilities.
3. Fees: $30 / meeting room for up to 5 hours during normal hours of operation; $400 / auxiliary gymnasium for a 4-hour event. Additional charges apply for events going past 5 hours in meeting rooms.
4. Meeting room rental times include set-up and clean-up.

Questions? Call 346-3910
Picnic Area

Have your next family outing or club gathering in our picnic area where there is plenty of shade, picnic tables and grills. Located behind the Community Center, restrooms, ball fields, and children's play area are all close by for your convenience. The picnic area is on a first-come, first-serve basis. For large picnics, it is advisable to check our front desk to see if there are any activities scheduled the day you are planning your event.

Alcoholic beverage permits are required for groups of 12 or more and can be obtained at the Community Center front desk prior to your event.

What a Great Place to Play!

The play structures will provide hours of fun, yet challenging activity for children of all ages and physical abilities. Entrance points and transfer areas for wheelchairs ensure all children enjoy the area.

The play area includes structures specifically designed for 2-5 year olds and 5-12 year olds.

Jogging/Walking Path

Enjoy the fresh air by using the paved path for a leisurely walk or a fast-paced run around the Community Center grounds. The outer loop is nearly one mile in length, however smaller loops provide multiple options to fit in your work-out. Check with the Fitness Center for path distances.

Horseshoe Pits

Gather your friends for a fun evening of horseshoes. There are horseshoe pits located in the picnic area between Fields #2 and #3. So, pack a picnic dinner and horseshoes to enjoy an evening with your friends.

Check Out Our Courts!

Tennis, Basketball & Sand Volleyball

Enjoy the summer nights at one of our outdoor courts. There are four (4) tennis and two (2) basketball courts that can be lit during the evenings. Courts are open during normal hours of operation and are on a first-come, first-serve basis. Please be courteous and limit tennis court time to 1 1/2 hours if courts are occupied.

Get some friends together and play sand volleyball! An outdoor sand volleyball court is available on a first-come, first-serve basis on the north side of the Community Center.
Please be a good neighbor. If you see questionable behavior taking place in your community park, please notify the Springdale Police Department.
# Aquatics

## Regular Season Pool Schedule - Begins June 5, 2004

<table>
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<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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<th>Saturday</th>
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<tbody>
<tr>
<td>8:00</td>
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<td></td>
<td>Swim Team Practice 7:30am - 10:00am</td>
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<td>Swim Lessons</td>
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<td>2:00</td>
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<td>Open Swim</td>
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<td>3:00</td>
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<td>Open Swim</td>
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<td>4:00</td>
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<td>Open Swim</td>
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<td>5:00</td>
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<td>Open Swim</td>
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<tr>
<td>6:00</td>
<td>1:00pm - 8:00pm</td>
<td>12:15pm - 5:00pm</td>
<td>Open Swim or Swim Meet</td>
<td>12:15pm - 8:00pm</td>
<td>Adult Swim</td>
<td>12:15pm - 8:00pm</td>
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<td>7:00</td>
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**Closed**

### Pre-Season Hours
- May 29: 10:00am - 6:00pm
- May 30, 31: 1:00pm - 8:00pm
- June 1-4: 4:00pm - 7:00pm

### Post-Season Hours
- Sept 4: Goldfish Swim at Noon
- Sept 5-6: Pool Opening Time TBD

*Pool Closes at 5:00 p.m. July 3 & July 4*

## DAILY POOL RATES

<table>
<thead>
<tr>
<th>Age</th>
<th>Fee</th>
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<tr>
<td>Under 2</td>
<td>No Charge</td>
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<tr>
<td>2-17</td>
<td>$1.25</td>
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<tr>
<td>18 &amp; Over</td>
<td>$2.50</td>
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Don't have a pool membership? Springdale residents with Activity or Fitness memberships and guests of members may purchase a day pass at the front desk. The fees apply to swimmers and non-swimmers. No rainchecks.

Anyone 8 years old and younger must have passed a Level 4 swim class or be accompanied by a person 16 years or older.

## CONCESSIONS

- Hot sandwiches!
- Candy!
- Ice Cream!
- Soft Drinks!
- Snacks!

**Hours**
- **Monday - Friday:**
  - 1:00pm - 6:00pm
- **Saturday:**
  - 12:00pm - 6:00pm
- **Sunday:**
  - 1:00pm - 6:00pm

The Springdale Community Center operates a concession stand during the pool season. A variety of hot and cold foods are available at the poolside stand.

**e-mail - sccrec@springdale.org**
**Level 1**
Basic acclimation to the water. Students will be expected to submerge their face in the water for 3 seconds, float and kick with assistance on their front and back. Student must be 3 years old and not older than 6 by June 1.

**Level 2**
To build more confidence in the water. The student will be expected to swim 10-20 feet. Student will also be expected to float on their front and back without assistance as well as kick on their front and back without assistance.
Prerequisite: Level 1 and must be 4 years old and not older than 6 by June 1.

**Level 3**
To equip the student with basic water safety skills and knowledge in order to make him/her reasonably safe in, or about the water. The student will be expected to perform a sitting dive from the side, glide on their front and back, coordinate the arm stroke for front and back crawl for 10-20 yards, and change direction in the water.
Prerequisite: Pass Level 2 and 5 years old by June 1.

**Level 4**
The object of this course is to increase the water skills of the student by adding onto the skills learned in Level 3. Students will be expected to do a standing dive, tread water, swim front crawl 25 yards, and perform sidestroke, elementary backstroke, and breaststroke for 10 yards each.
Prerequisite: Level 3.

**Level 5**
The object of this class is to provide the student with the opportunity to learn the elements of good swimming. The student will be expected to swim front and back crawl 50 yards each and breaststroke and sidestroke 25 yards each. Continued work on elementary backstroke, breaststroke and sidestroke.
Prerequisite: Level 4.

**Level 6**
The object of the course is to increase the student’s endurance and versatility in the water. The student will be expected to swim front and back crawl 100 yards each and breaststroke and sidestroke 25 yards each. The student will also be expected to tread water for 3 minutes, and butterfly will be introduced.
Prerequisite: Level 5.

**Stroke Improvement**
To provide special attention to the four competitive strokes: front crawl, back crawl, breaststroke and butterfly. Starts and turns will also be covered. Swimmers must have some skill in the four competitive strokes before enrollment. Class limit - 5.

**CLASS DATES**
Levels 1 & 2
1A June 7 - June 18
1B** June 21 - July 2
2A July 12 - July 23
2B** July 26 - August 6
**Resident children enrolled in 1A or 2A classes may not enroll in 1B or 2B until noon the last day of 1A or 2A class.

**Level 3 & Higher**
Session 1 June 7 - July 2
Session 2 July 12 - August 6

**Adult Swim Lessons**
We will provide individual instruction to improve swimming skills. A maximum of ten adults will be enrolled in this class. Classes meet Thursday evenings from 7:00pm - 8:00pm for eight weeks beginning June 10.

**AQUATIC EXERCISE CLASS**
Looking for a fun, low-impact workout? This is the class! Meet new people while exercising in the pool to your favorite music!
Days: Wednesday 6:45pm - 7:45pm
Saturday 10:00am - 11:00am
Instructor: Patricia Cox, 385-6111
Fee: $40/8-class session or $8 to walk-in

**To Register For Lessons**
Members - Registration begins April 19.
Non-Residents - Registration begins 3:00pm Friday before the class begins.

Questions? Call 346-3910
GENERAL RULES
1. The pool will be closed when there is lightning and/or inclement weather. It will also be closed for a limited number of special events which will be announced during the summer.
2. For those individuals needing assistance into the water, a pool lift chair is available for your use. Please inquire with the pool staff.
3. Street clothes and shoes prohibited in the pool area.
4. Glass containers are not permitted.
5. Parents must remain in the designated area during swim lessons.
6. Shower your child and yourself before entering pools.
7. Pool chairs are provided - please do not bring your own.
8. Appropriate swimwear required.
9. Due to health concerns, it is recommended that you do not use the pool if you have had diarrhea anytime in the past two weeks.
10. Do not drink pool water.
11. Children not yet toilet trained are REQUIRED to wear “swim diapers” or rubber pants and close-fitting swimsuits.

MAIN POOL RULES
1. Lifeguards must be obeyed.
2. There will be a 15-minute Adult Swim/rest period every hour. Everyone under 18 must exit the water.
3. Running is not permitted.
4. Riding on shoulders, dunking, excessive splashing and/or horseplay will not be tolerated.
5. Diving from the side of the pool into shallow water is not permitted.
6. Fins and snorkels are not permitted.
7. Floatation devices or toys will be prohibited, except in the baby pool.
8. Kickboards and float-belts are for instructional and competitive use only.

BABY POOL RULES
1. All children using the baby pool must be accompanied by a person 16 years old or older.
2. The baby pool is reserved for children ages 6 and younger.
3. Do not change your child’s diaper poolside.
4. Do not rinse diaper-aged children in the pool before, during or after diaper changes.
5. Assist young children in making frequent visits to the bathroom to minimize accidents.

DIVING
1. Diving is prohibited from the sides of the pool.
2. Hanging on diving boards is prohibited.
3. A diver must dive straight off the board.
4. A diver must wait until the diver in front of him has reached the side before diving.
5. “Spot-Dives” or any dives requiring a second contact with the board are not permitted.
6. Only one person at a time on the board and ladder.
7. After diving off the board, go directly to the nearest ladder.
8. No one shall swim under the board or wait for another individual on the board.

LANE AREA
1. The roped off area is for continuous swimming in a clockwise circle only. (If you must rest, get out of the pool.)
2. Do not sit on or swim under rope markers.
3. Stopping in lanes is prohibited; swim to the end of the lane.

WATER SLIDE
1. Users must ride seated upright, feet first.
2. Stopping, changing positions and forming chains will not be permitted.
3. Users will not be allowed to ride with small children on their lap.
4. Lifejackets and other floatation devices are prohibited.
5. Users must exit the landing area immediately.
6. Users must meet height requirement posted at the bottom of the slide. (Approx. 4 ft.)

CONCESSION AREA
1. All food and beverages must be kept inside the concession area.
2. No alcoholic beverages may be brought to the pool.
3. Please be considerate and dispose of trash in the containers provided.
Opening Day Parade & Ceremonies
Saturday, April 17
Parade begins at 9:00am

Join the Springdale Youth Boosters as they kick-off the spring sports season with the Annual Opening Day Parade! Youth soccer, softball and baseball teams march from the Value City parking lot, turning west on Kemper, right on Lawnview, and into the Community Center parking lot. Youth teams compete in a banner competition and the top three teams are awarded prizes by SYB.

Arbor Day Ceremony
Friday, April 30
4:00pm

The Springdale Parks and Recreation Department in conjunction with the Public Works Department will plant a tree on the Community Center grounds to celebrate Arbor Day and the City’s status as a Tree City USA.

Ray Manis Memorial Men’s Invitational Softball Tournament
July 10-11

Some of the finest softball action in greater Cincinnati takes place right here at the Community Center during the 27th Annual Ray Manis Tournament. This double-elimination tournament is great to play in with friends, as well as fun to watch. To register, contact the Parks & Recreation Department.

Bicycle Safety Program
Saturday, May 22
10:00am - 4:00pm

The Springdale Parks and Recreation Department in conjunction with the Police Department will sponsor a Bicycle Safety Program at the Community Center. Free bike helmets and free 3-function LED bike lights will be given away with each bicycle registration. Bicycle inspections, registration and safety instruction will be offered at this event. Bicycle registration will also be available at the following locations throughout the summer:

June 5
Heritage Hill School 10:00am - 12:00pm
Cameron Park 1:00pm - 2:00pm
Underwood Park 3:00pm - 4:00pm

June 12
Mallard Lakes 10:00am - 12:00pm
The Knolls Condos 1:00pm - 2:00pm
Glenview Subdivision 3:00pm - 4:30pm

June 26
Beacon Hills Park 10:00am - 12:00pm
Colony Apartments 2:00pm - 4:00pm

Women’s USSSA Qualifier Softball Tournament
July 24-25

Thirty-six of the best women’s slow pitch teams will compete in three divisions. The top teams qualify for state and regional championships. Come enjoy the games, food and drinks.

Questions? Call 346-3910
Spirit of Springdale Festival

July 3 & 4  5:00pm - 12:00am

Rides! Games! Music! Parade! Food!

Join your friends and neighbors at the Spirit of Springdale Festival! The parade starts at 6:00pm and fireworks begin at 10:00pm on Sunday, July 4. Free shuttle bus service is offered from Springdale neighborhoods.

Are you or an organization you are involved with interested in renting a booth for the Festival or participating in the parade? Contact the Parks & Recreation Department for more information.

Community Pride Yard Sale & Recycling Day
August 14  9:30am

Clean out your attic, basement and garage! Sell your unwanted items at this popular event! Residents may reserve a booth by coming to the Community Center and paying the $10 rental fee. Watch for a special mailing with more details!

Public Works will have a household waste recycling station setup at the maintenance garage at Northland Blvd.

Ladies Day At The Pool
Wednesday, September 1
12:00 - 3:00pm

Adult members and a guest are invited to enjoy a relaxing afternoon at the pool without the children. Bring your floats, coolers, and even a water pistol for a fun afternoon.

Goldfish Swim
Saturday, September 4
12:00pm

Join us for a fun time as we release over 1,000 goldfish into the pools! Children take home all of the fish they catch! Pool members may enjoy this fun activity at no charge. Children with Activity or Fitness memberships or guests of members may pay $1.25 to participate. Remember a container to take home your new pets!
Have Kids? Take Advantage of **Kids Corner**!

Are you looking for something to do with your child while you take a class or work-out in the Fitness Center? Kids Corner is the answer! Let one of our qualified child care staff take care of your 1 to 6 year old for up to two (2) hours while you utilize the indoor facilities of the Community Center.

**Hours**
- Monday & Wednesday: 10:00am - 1:00pm
- Tuesday & Thursday: 9:30am - 1:00pm
- Monday - Thursday: 6:00pm - 9:00pm
- Saturday: 9:30am - 12:30pm
- Sunday: 5:30pm - 8:30pm
- Friday: Closed

**Fees**
- $2 per child per hour
- $1 each additional child (in same family) per hour

**Guidelines**
In order to use Kids Corner, parents must be utilizing the indoor Community Center facilities.

1. A two hour limit is imposed.
2. For the safety of all children, parents or guardians **must** sign children in and out of the room and **MUST REMAIN INSIDE THE COMMUNITY CENTER**.
3. No child will be permitted to leave the room with another person, regardless of the relationship, unless prior written permission is given to the child care staff.
4. Children’s names must be marked on all belongings brought into the room.
5. If a child cannot be quieted from crying in a reasonable amount of time (15 minutes), the staff will notify the parent.
6. Children must wear socks and shoes.
7. If a child appears or becomes ill while in Kids Corner, the parent will be required to remove the child. Sick children will not be admitted.
8. The staff is not permitted to administer any medication or food of any kind.

**Ballet & Jazz**
An introduction for children ages 3 & up to the world of ballet and jazz dance.
Classes will meet the needs of students at each stage of development.

**Day/ Times:**
- **Tuesday**
  - 4:00pm - 4:45pm (4-7 year olds)
  - 4:45pm - 5:45pm (7-8 year olds)
  - 5:45pm - 6:45pm (12-13 year olds)
- **Saturday**
  - 1:15pm - 1:45pm (3 year olds)
  - 1:45pm - 2:30pm (4-5 year olds)
  - 2:30pm - 3:15pm (6-9 year olds)
  - 3:15pm - 4:30pm (13 year olds)

**Instructor:** Carolyn Olson, 573-0723

**Fee:**
- 3 year olds - $6
- 4-7 year olds - $7
- 8 & up - $8

Questions? Call 346-3910
Teen Night
At The Pool
Friday, June 18
Friday, August 20
7:00pm - 10:00pm

Whether you come with your friends or come to meet new friends, you'll have a blast! Youth age 12 - 17 can enjoy a night of music, dancing, games, and of course swimming at the pool. Soft drinks and pizza are provided by S.T.A.F.F. Springdale teens may each bring one guest.

Tickets are $2 and are limited to the first 200 teens.

Youth Chito-Ryu Karate
This class for 6-17 year olds is suitable for both the beginner and the advanced student. Chito-Ryu Karate is a traditional martial art comprised of strikes, kicks, blocks, throws and holds. Chito-Ryu is a complete program perfect for those seeking exercise, competition and self-defense skills.

Days: Monday, Wednesday, Friday
Time: 7:30pm - 9:00pm
Instructor: Manuel Byers, Jr., 478-8800
Fee: $40 annual fee plus $30/month

Tennis Lessons
Get out and learn a great new sport! Group tennis lessons are a fun way to start a new game or improve your skills. Lessons are offered June 9 - July 14 for children 6 and older.

Day: Wednesday (6 week session)
Time: Beginners - 6:00pm - 7:00pm
Advanced I - 7:00pm - 8:00pm
Instructor: Lillie Mack at 742-2164
Fee: $15 - Residents; $20 Non-Residents

S.T.A.F.F. - SPRINGDALE TEENS ADVENTURING FOR FUN

The Springdale Teens Adventuring For Fun is an organized group comprised of teens 6th grade - 17 years of age. Activities and events are run by teens with the guidance of Springdale Community Center staff and parent volunteers. The group is self-supporting, raising funds primarily with a booth at the Spirit of Springdale Festival and by operating a concession stand during the basketball season.

Their mission is to serve the community by sponsoring projects and providing manpower for community programs and events and to organize fun activities and outings that appeal to the interest of teens. S.T.A.F.F. has events and outings year round. If you are looking for fun activities, a way to meet new friends, and an opportunity to serve the Springdale community, come see what S.T.A.F.F. is all about.

Community Center members currently in the sixth grade or above can join S.T.A.F.F. The cost is $5, which includes a S.T.A.F.F. T-shirt. You'll be added to the mailing list for all upcoming events and activities.

For information contact Springdale Parks & Recreation at 346-3910.

Adult Volunteers Needed
We need adult volunteers to help plan and chaperone such events as Teen Pool Parties and S.T.A.F.F. outings. Contact Parks & Recreation at 346-3910 to see how you can become involved.
Register for Swim Team & Fall Soccer on
Saturday, May 8 10:00am - 2:00pm
at the Springdale Community Center.
Registrations will be accepted until May 31. Beginning June 1, a $5 late fee will be added to all registrations, and placement on teams cannot be guaranteed.

SWIM TEAM
The Sailfish Swim Team is a recreational team that belongs to the Northern Suburban Swim League. Swim meets are on Tuesday and Thursday evenings. Practices are Monday through Friday mornings. The season runs June through July. All children 6-18 years old who enjoy swimming are welcome to join us for lots of fun and great exercise!

Fees: $45 per swimmer and $30 for each additional swimmer in the same family.

For more information on the Springdale Sailfish Swim Team, call Russ Miller at 851-9693.

New Swimmer Orientation
Hey! Are you 10 or younger and interested in the swim team? Head Coach Vicki Bosel will have orientations on June 1, June 2 and June 3 from 6:00pm - 6:45pm. Attend a session to know if Swim Team is right for you!!

FALL SOCCER
U.S.Y.S.A. Soccer
Springdale Parks & Recreation is a part of the North Northeast Soccer League - a recreational league that encourages participation and good sportsmanship. Children must be at least 6 years old by July 31, 2004 to participate on a soccer team.
Fee: $40 until May 31

Instructional Soccer
Introduce your child to soccer in this new league! Instructional soccer teams play in a positive, relaxed setting. Children ages 5 - 7 by September 30, 2004 are eligible to participate.
Fee: $20

Springdale Youth Boosters
The Springdale Youth Boosters support Springdale’s youth sports activities by providing for league, official, uniform, and award fees.
The Springdale Youth Boosters rely solely on volunteers in the community to organize, plan and work at their various fund raising activities. If you are interested in joining, or would like to volunteer for any of the activities throughout the year, please call the Parks & Recreation Department.

Adult Racquetball Leagues
Looking for someone to play racquetball? All levels compete in this round-robin league. Match days and times are determined by you! Co-ed fall and winter leagues are offered. All participants must have a Racquetball Membership to play in the league. Contact Parks and Recreation for additional information.

Referees & Umpires Needed!
Want to earn some extra money? Consider signing up as a referee or umpire in our youth sports programs. Contact Parks & Recreation to get your name on our call list, or to sign up for a certification class.

We Need Coaches!
We need adult volunteers to coach our youth sports teams! Sign up to help any time. Dedicated volunteers help ensure we are able to have a team.

Questions? Call 346-3910
Sign-up for a class or program!

Body Sculpting
Body Sculpting combines flexibility and cardiovascular conditioning set to the latest music.
Day/Time: Friday 6:00pm - 7:00pm
Instructor: Elaine Smith, 575-1620

Cardio Kickboxing
This high intensity workout combines aerobics, cardiovascular and body toning while incorporating self-defense tactics.
Days: Tuesday 7:30pm - 8:45pm
Thursday 5:00pm - 6:00pm
Saturday 12:00pm - 1:00pm
Instructor: Dave Seiwert, 825-7449
Fee: $33/4-week session; $60/8-week session. $5/class for walk-ins.

Ceramics
Ceramics is a fun class where you'll meet new people and start a new hobby. Students provide greenware, the instructor provides paint, brushes, and firings.
Day/Time: Wednesday 6:30pm-9:30pm
Instructor: David Howard, 825-0275
Fee: $5/class-resident; $7/class- non-resident

Chito-Ryu Karate for Adults
Chito-Ryu Karate is a traditional martial art comprised of strikes, kicks, blocks, throws and holds.
Days/Time: Monday, Wednesday & Friday 7:30pm-9:00pm
Instructor: Manuel Byers, 478-8800
Fee: $40 annual fee plus $40/month

CPR and First Aid Courses
A CPR or Standard First Aid class will be held on Saturday a month at the Community Center. Call the American Red Cross at 792-4000 for class information and to register.

Jazzercise
Jazzercise is a blend of jazz dance and exercise set to your favorite music. Your first class is free!
Days:
Mon, Wed 6:00pm - 7:00pm
Thursday 6:30pm - 7:30pm
Tues, Thurs 9:30am - 10:30am
Saturday 9:30am - 10:30am
Instructor: Elaine Smith, 575-1620
Fee: Contact instructor for fee options

Slimnastics
Slimnastics is a basic fitness class for women.
Days/Times: Monday, Wednesday and Friday 9:00am - 10:00am
Instructor: Sue Smith
Fee: No charge

Tennis Lessons for Adults
Learn the basics, or improve your game with group tennis lessons, June 9 - July 14.
Day/Time: Wednesday 8:00pm-9:00pm
Instructor: Lillie Mack, 742-2164
Fee: $20

Senior Activities
Springdale Senior Citizens Club
Meet new people! The Springdale Senior Citizens group is open to residents who are at least 55 years of age. Stop by one of the Tuesday morning socials, held every Tuesday at 9:30am at the Springdale Community Center. Meetings are held at 12:00pm on the 2nd and 4th Tuesdays of each month.

Take a Trip!
The Senior Citizens Club takes several trips throughout the year. Trips are open to all Springdale senior citizens. Contact the Parks & Recreation Department at 346-3910 for information on upcoming trips.

Join in Club Chair Exercises
Stop by the Senior Citizens Club for the Tuesday morning socials and stay for the exercise! A member of the Fitness Center staff leads a session of chair exercises every Tuesday at 12:00pm. Stop by the Fitness Center and ask about this program or just stop to take part in the fun!

How To Kill A Class
Nothing kills a potentially GREAT class or program better than waiting to the last minute to register! Sign-up early for the programs you are interested in...encourage a friend to attend with you! If there aren't enough registrations by a certain date, some programs may be cancelled.

DON'T KILL THE CLASS! SIGN-UP EARLY!
Mark Your Calendar

April
17 Opening Day Ceremony
19 Swim Lesson Sign-Ups Begin
30 Arbor Day Ceremony

May
8 Fall Soccer & Swim Team Sign-Ups
11 Swim Team Sign-Ups
22 Bicycle Safety Program
29 Pool Opens
31 Memorial Day - Open 1:00pm - 9:00pm

June
7 Swim Lessons Start - 1st Session
9 Tennis Lessons Begin
18 Teen Pool Party

July
3-4 Spirit of Springdale Festival
4 Independence Day - Open 1:00pm - 5:00pm
5 Independence Day Observed - Open 1-9pm
10-11 Ray Manis Men's Memorial Softball Tourney
12 Swim Lessons Start - 2nd Session
24-25 Women's USSSA Softball Tournament

August
14 Community Yard Sale/Recycling Day
20 Teen Pool Party

September
1 Ladies Day At The Pool
4 Goldfish Swim
6 Labor Day - Open 1:00pm - 9:00pm

For information on any programs or facilities, contact Springdale Parks & Recreation at
Phone: (513) 346-3910
Fax: (513) 346-3925
web: www.springdale.org
e-mail: sccrec@springdale.org

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