Springdale Parks & Recreation invites you to visit the Springdale Community Center and your neighborhood parks to take advantage of the many leisure opportunities available to you!

MISSION STATEMENT
The mission of the Parks and Recreation Department is to provide a year-round leisure services program and functional, well-maintained facilities which serve the diverse needs of the community at large.

RECREATION COMMISSION
Mayor Doyle Webster  Gene Burt  Rob Hormann
Carol Marlar  Tony Potts  Joe Ramirez

The Springdale Recreation Commission consists of five appointees by the Mayor. These members advise in developing and executing the leisure services program for the City of Springdale. The commission meets September through May on the first Tuesday of each month at 7:00pm at the Community Center.

Facilities
Whether you want to play outside or inside, we've got a facility for you! Courts, fields, and meeting rooms are among the many facilities available! Check out the map to locate a park in your neighborhood!

Special Events
There's something going on all year long! From youth activities to family events - there's something for everyone!

Youth Activities
Looking to sign your child up for a class or a sport? We offer plenty of programs to keep them busy! Have little ones? We'll take care of them in our Kids Corner while you work out or take a class!

Adult Activities
We offer a variety of programs to keep you busy as well! Sign up for a class or participate in a sports league.

Questions? Call 346-3910
## Memberships

2003 Membership Cards Expire February 28, 2004
You may use the application form on page 4 to purchase or renew your membership.

<table>
<thead>
<tr>
<th>Type</th>
<th>Family Rate</th>
<th>Individual Rate</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>By 2/28</td>
<td>After 2/28</td>
</tr>
<tr>
<td>Activity Membership</td>
<td>$25.00</td>
<td>$30.00</td>
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<tr>
<td>Includes use of the gymnasium, game room, track, tennis courts, computer lab, and eligibility for youth and adult sports programs.</td>
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<tr>
<td>Fitness Membership</td>
<td>$50.00</td>
<td>$55.00</td>
</tr>
<tr>
<td>Includes use of the Fitness Center and all facilities included in the Activity Membership. Must be 16 years of age or older to use Fitness Center, 14 and 15 years old with a parent.</td>
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<tr>
<td>Pool Membership</td>
<td>$90.00</td>
<td>$95.00</td>
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<tr>
<td>Includes use of the pool and all facilities listed under Activity and Fitness Memberships</td>
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<tr>
<td>Racquetball Membership</td>
<td>$25.00</td>
<td>$30.00</td>
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<tr>
<td>Must have Activity, Fitness or Pool Membership to purchase Racquetball Membership.</td>
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<tr>
<td>Senior Citizen Membership</td>
<td>Complimentary</td>
<td>Complimentary</td>
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<tr>
<td>Any resident senior citizen 62 years of age and older and their spouse receive a complimentary Pool Membership.</td>
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<tr>
<td>Business Membership</td>
<td>$200.00</td>
<td>$200.00</td>
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<tr>
<td>Includes all facilities. Participation in youth or adult sports programs on availability basis only, as league regulations may apply.</td>
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</tbody>
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**Membership Requirements** - Proof of Residency will be verified by the Springdale Tax Department

The term “family” shall include:

1. Married couple or father, mother and minor (dependent) children.
2. Grandchildren when residing in the same household and considered a dependent.
3. Foster children or children subject to a specific custodial court order.
4. Foreign exchange student residing in Springdale with host family.
5. Minor children of divorced Springdale residents, regardless of where the children reside while they are in custody of the other parent.

The term “family” shall not include:

1. Non-married adults residing in the same residence (i.e., adult brothers and sisters, cohabiting couples, divorced spouses, adults living with their parents).*
2. Babysitters.
3. Visiting relatives.

* Effective January 2, 2003, anyone age 23 and older living at home must obtain a separate membership.*
Springdale Parks & Recreation
Community Center Membership Application

☐ Family Activity  ☐ Family Fitness  ☐ Family Pool  ☐ Family Racquetball
☐ Individual Activity  ☐ Individual Fitness  ☐ Individual Pool  ☐ Individual Racquetball
☐ Senior Citizen  ☐ *Family Business  ☐ *Individual Business (*must meet eligibility requirements)

** Effective January 2, 2003, anyone age 23 and older living at home must obtain a separate membership. **

PLEASE PRINT CLEARLY

Member Information  (all information must be completed)

Name: ___________________________ Date of Birth: ____________ Sex: ______

Address: ___________________________ Apt#: _____ City: ___________________________ State: ______ Zip: ______

Home Phone: ___________________________ E-Mail Address: ___________________________

Employer: ___________________________ Business Phone: ___________________________

Spouse’s Information

Name: ___________________________ Date of Birth: ____________

Employer: ___________________________ Business Phone: ___________________________

Additional Family Members (anyone 19 years old and older must be registered with Springdale Tax Department before membership may be obtained)

First Name: ___________________________ Last Name (if different): ___________________________

Birthdate: ____________ Age: ______ Sex: ______

________________________________________

Patron Signature ___________________________ Date ____________

Office Use Only:  ☐ New Membership  ☐ Renewal  Membership #__________

Person Receiving Application ___________________________ Date ____________

Cost $_________ Amount Paid $_________ Paid By: ______ Cash ______ Check (#_________) ______ Charge

Updated by ___________________________ Date ____________

Mail to Springdale Community Center, 11999 Lawnview Ave., Springdale, OH 45246
DAILY HOURS
Fitness Center & Indoor Track open at 6:00am Monday - Friday mornings.
Monday - Thursday ........ 7:00am - 10:00pm
Friday ....................... 7:00am - 9:00pm
Saturday .................... 9:00am - 5:00pm
Sunday ................. 1:00pm - 9:00pm
These times are subject to change and will be posted at the Community Center.

HOLIDAY HOURS
Thanksgiving .................. Closed
Christmas Eve .................. 7:00am - 5:00pm
Christmas Day ................ Closed
New Years Eve ................. 7:00am - 5:00pm
New Years Day ................. Closed
Martin Luther King Day ........ 1:00pm - 9:00pm
Presidents Day ................. 1:00pm - 9:00pm

GENERAL RULES
1. A membership card must be presented to utilize the facilities. A fee of $1.00 per occurrence will be charged if you forget your membership card.
2. To replace or change a card, the fee will be $2.50.
3. All special arrangements including parties, meetings, reservations for rooms or fields must be approved through the Parks & Recreation Department.
4. The Community Center is a smoke-free building.
5. Bicycles should not be ridden on sidewalks and should be locked in designated areas.
6. Courteous and respectful behavior is expected at all times. Abusive language will not be tolerated.
7. Proper attire is required to use the Fitness Center, gym, racquetball courts and saunas.
8. Spikes (steel, plastic, or rubber), roller blades, skates, and scooters are not permitted in the building.
9. Alcohol consumption is restricted to the picnic area and requires a permit from the Parks & Recreation Department prior to your event.
10. No pets permitted on any park property.
11. Skateboard riding on Community Center grounds is prohibited.
12. Members and guests who are in violation of these rules are subject to disciplinary action, up to and including suspension from the facilities.

Guest Policy
Members may bring one guest per day. Members must register guests at the front desk and pay the necessary guest cost of $1.25 for ages 2 through 17 years old and $2.50 for adults. Any guest registered with a member must stay with that member while utilizing the facility, and leave when that member leaves. Guests are not permitted in the Fitness Center. The staff reserves the right to deviate from this policy.

The facilities at Springdale Community Center are easily accessible to the handicapped. If you need additional assistance, contact the Parks & Recreation Department.
Indoor Facilities

Elevated Track
The $\frac{1}{12}$ mile elevated track and access elevator are available for use by members and their guests age 16 and older.

1. Children under 16 years of age may use the track when accompanied by an adult.
2. Strollers are not permitted on the track.
3. Parents must keep their children with them at all times while using the track. If the child cannot keep up, the child must be registered with Kids Corner (6 & under) or use another part of the facility.
4. Please be courteous and yield to faster walkers and runners.
5. Membership cards must be presented prior to utilizing track.

Family Game Room
The Family Game Room has a wide variety of games the whole family will enjoy. Table tennis, air hockey, foosball, and shuffleboard may be played free of charge. Members may check out game room equipment at the front desk. For your enjoyment, the game room also contains two pay-to-play pool tables, arcade games, a television, as well as tables and chairs.

Basketball Courts
When it's too cold to be outside this winter, get some friends together and play basketball at one of the three (3) full-size courts in the Community Center.

Computer Resource Library
Members of any age may use one of the computers in the room to work on school projects, resumes or surf the internet. All computers are equipped with Word, Excel and Publisher. A color printer is also available for your use; however we ask that you provide your own paper. Members must sign in and present their card at the front desk to use this room.

Saunas
Located in the locker rooms, patrons 16 years and older may enjoy the saunas. Please do not pour water on the sauna rocks.

Racquetball & Wallyball Courts
There are two (2) racquetball/wallyball courts available to Community Center members. Wallyball courts can accommodate up to eight (8) players. Court time is free for those with a Racquetball Membership, however the fee is $4 per hour for Community Center members who do not have a racquetball membership or a racquetball member with a guest.

Courts may be reserved up to 72 hours in advance for up to one hour. An individual may make only one reservation per day. Reservations are made on the half-hour during normal hours of operation. Players must provide equipment including eyewear.

Batting Cage & Golf Cage
Get out and practice your swing! The batting and golf cages are for use by all Community Center members. Users must be trained on the batting machine prior to the first use and an adult must be present to operate the batting machine. Call ahead for reservations. Limit one hour of use per member.

Adult Game Room
Adults ages 18 and older that are interested in a quieter environment to play pool or darts will enjoy the adult game room.

Questions? Call 346-3910
**FITNESS CENTER HOURS**

Monday-Thursday  
6:00am - 10:00pm  
Friday  
6:00am - 9:00pm  
Saturday  
9:00am - 5:00pm  
Sunday  
1:00pm - 9:00pm

**How do I get started?**

The Fitness Center staff will provide an orientation prior to your use of the Fitness Center. We'll show you how to safely and effectively use some or all of the equipment depending on your goals. Please advise us of any special needs or medical conditions prior to your orientation. A staff member is on duty at all times to assist you.

**Personal Training**

Being a member of the Springdale Fitness Center has many added benefits. On staff at all times are degreed and/or certified fitness instructors. Set up an appointment to have one of our staff evaluate your current program and receive the individual attention you need to enhance your current routine. There is no charge for this service.

**Fitness Center Features**

- Treadmills  
- Elliptical Trainers (EFX)  
- Bicycles  
- Stair Steppers  
- Nautilus 2ST variable resistance strength training equipment  
- Smith Machine  
- Cable Crossover  
- Assisted Chin-Up/Dip  
- Free Weights  
- TheraCrunch abdominal machine  
- CardioTheater - Just plug your headphones into the console and watch one of four TV’s or listen to music.

**Important Information**

Guests are not permitted in the Fitness Center. Members must be 16 years of age to participate independently in the Fitness Center. Youth age 14 and 15 may participate with parental supervision. Children under 14 years are not permitted. Bring a towel and wipe down equipment after use.

**Body Composition Testing**

Body composition testing is offered to members of the Fitness Center. A hand held body fat analyzer is used to determine your body composition. Using this information, our staff can print out a personal data sheet that further explains all of the measurements taken. Participants must be 18 years of age or older. Caution: Individuals who are pregnant or have implanted pacemakers should not have their body fat tested.

**Attention Runners & Walkers!**

Put on your running shoes! Whether you run or walk for health or for fun, keep track of your miles! Springdale Community Center members who accumulate 500 or more miles during the year will receive a T-shirt marking the accomplishment! We’re also offering a Senior 250 Mile Club for individuals age 55 and older. Stop by for more information!
The Springdale Community Center has the perfect setting for your next family or club get-together. Stop by the Community Center for a rental application and more information.

Meeting Room A
This meeting room has tables and chairs to accommodate up to 24 people, making it an ideal room for club meetings. Amenities include a computer hookup, projection screen, white board and phone line to enhance your meeting.

Meeting Room B
This is the perfect room for luncheons and showers. Up to 24 people may be accommodated at the tables and chairs. The sink and countertop, microwave, coffee pot and refrigerator are ideal for serving food and snacks during your meeting.

Meeting Room C
With indoor seating for 24 and access to an outdoor patio and chairs, this room is great for a more relaxed function.

Meeting rooms A, B, & C may be combined to accommodate larger groups.

Room D
This is the perfect room for a small meeting. The room seats six (6) around a large conference table.

Auxiliary Gymnasium
This large space is ideal for wedding receptions, anniversary parties or other special events. A variety of other services, including snacks, may be arranged for your function. A kitchen and walk-in cooler are also available for your convenience. Reservations may be made for Saturday evenings for up to 4 hours.

Springdale Room I
This executive clubroom is perfect for a business function or organizational meeting. The room is equipped with a computer hookup, projection screen, white board and telephone. The room boasts a large conference table with seating for 16, and can be combined with the Springdale Room II for additional seating. Adults only please.

Springdale Room II
This executive clubroom is ideal for a casual business function or organizational meeting. The room seats 17, includes a sink and countertop, microwave, coffee pot and small refrigerator. There is also a television and VCR in the room. This room may be combined with Springdale Room I to enhance your meeting. This meeting room is limited to use by adults only.

Arts & Crafts Room
Children's parties are a perfect fit for this room! Tables and chairs provide seating for up to 24 guests, a sink and countertop provide a great place to set-up and clean-up!

A Few Things to Keep in Mind
1. Facilities may only be rented by City of Springdale residents or City of Springdale employees, and the renter must be on-site at all times.
2. Reservation of rooms does not entitle renter and guests use of other Community Center facilities.
3. Fees: $30 / meeting room for up to 5 hours during normal hours of operation; $400 / auxiliary gymnasium for a 4-hour event. Additional charges apply for events going past 5 hours in meeting rooms.
4. Meeting room rental times include set-up and clean-up.

Questions? Call 346-3910
Picnic Area

Have your next family outing or club gathering in our picnic area where there is plenty of shade, picnic tables and grills. Located behind the Community Center, restrooms, ball fields, and children’s play area are all close by for your convenience.

The picnic area is on a first-come, first-serve basis. For large picnics, it is advisable to check our front desk to see if there are any activities scheduled the day you are planning your event.

Alcoholic beverage permits are required for groups of 12 or more and can be obtained at the Community Center front desk prior to your event.

Play Area

The play structures will provide hours of fun, yet challenging activity for children of all ages and physical abilities. Entrance points and transfer areas for wheelchairs ensure all children enjoy the area.

The play area includes structures specifically designed for 2-5 year olds and 5-12 year olds.

Jogging/Walking Path

Enjoy the fresh air by using the paved path for a leisurely walk or a fast-paced run around the Community Center grounds. The outer loop is nearly one mile in length, however smaller loops provide multiple options to fit in your work-out.

Check with the Fitness Center for path distances.

Horseshoe Pits

Gather your friends for a fun evening of horseshoes. There are horseshoe pits located in the picnic area between Fields #2 and #3. So, pack a picnic dinner and horseshoes to enjoy an evening with your friends.

Courts

Tennis, Basketball & Sand Volleyball

Enjoy the autumn nights at one of our outdoor courts. There are four (4) tennis and two (2) basketball courts that can be lit during the evenings. Courts are open during normal hours of operation and are on a first-come, first-serve basis. Please be courteous and limit tennis court time to 1 1/2 hours if courts are occupied.

Before the weather gets too cold, get some friends together and play sand volleyball! An outdoor sand volleyball court is available on a first-come, first-serve basis on the north side of the Community Center.
NEIGHBORHOOD PARKS

BEACON HILL PARK
Located at the end of Weymouth Court.
Directions: From Springfield Pk. turn left onto Glensprings Dr. Turn right on Kenn Road. Turn left at the first stop sign onto Cedarhill Dr. Turn right on Brookston and left onto Weymouth. Facilities include a playground, Larry Packer Memorial Soccer Field, portable restroom and a water fountain.

GLENVIEW PARK
Located on Sharon Road. Directions: South on Springfield Pk. (Rt. 4). Right on Sharon Rd. The park is on the right side of the road at Glensharon and Sharon Roads. This park offers a passive setting with no facilities.

CAMERON PARK
Located on Cameron Road. Directions: Go south on Springfield Pk. (Rt. 4) past Northland Blvd. Turn right on Cameron and the park is on the left side of the road past Naylor Ct. Facilities include a basketball goal, grill, picnic table, playground equipment, soccer field, portable restroom and a water fountain.

ROSS PARK
Located on Lawnview Avenue. Directions: From Springfield Pk. (Rt. 4) turn onto Lawnview Avenue and go past the Community Center. At the first stop sign turn right onto Nelson Lane. At the end of Nelson Lane go straight through the stop sign into the park entrance. Facilities include a ball diamond, soccer field, grill, picnic tables, basketball goal, playground, portable restroom and a water fountain.

CHAMBERLAIN PARK
Located off Marwood Lane behind Hunters Glen Apartments. Directions: Go east on Kemper Road past Tri-County Mall. Turn left on Chesterdale Road. Turn left on Castro Lane. Turn left on Marwood Lane and follow it into the park entrance. Facilities include a basketball goal, grill, picnic tables, playground equipment, soccer field, and a water fountain.

UNDERWOOD PARK
Located off Rose Lane at Observatory Drive. Directions: From Springfield Pk. (Rt. 4) go west on Kemper Road. Turn left onto Rose Lane. Follow Rose Lane to the park entrance, which is just past Observatory. Facilities include a playground, picnic tables, basketball goal and a water fountain.

Please be a good neighbor. If you see questionable behavior taking place in your community park, please notify the Springdale Police Department.

Questions? Call 346-3910
**Junior Olympics**  
**Saturday, September 13**  
**Registration** - 9:30am - 11:00am  
**Competition** - 10:00am - 12:30pm

The Springdale Junior Olympics continues again this year! This free event consists of eight (8) competitive events for children ages 12 and younger. The event concludes with an awards ceremony and door prizes, including two (2) grand prizes!  

Volunteers needed! Please consider helping at this event!

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**Turkey Shoot**  
**Sunday, November 23**  
**2:00pm - 4:30pm**

Come out and shoot some hoops for the chance to win a turkey! S.T.A.F.F. (Springdale Teens Adventuring For Fun) will host the 5th Annual Turkey Shoot at the Community Center. Winners will be awarded in male and female categories divided from ages 5 and under to adults and seniors. The entry fee is two (2) non-perishable food items for the S.T.A.F.F. holiday food drive.

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**Punt, Pass & Kick**  
**Sunday, September 14**  
**3:00pm**

The Pepsi Punt, Pass & Kick competition is open to children 8-15 years old (as of December 31, 2003). Boys and girls divisions will compete in punting, passing and kicking for a chance to advance to the sectional competition. This event is free and open to the public. Participants must pre-register by September 10.

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**Halloween Carnival**  
**Sunday, October 26**  
**6:30pm - 8:30pm**

Put on your most ghoulish or glamorous costume and join the Parks & Recreation Department celebrating Halloween. Interactive games, costume contest, and door prizes will be a part of the fun! Springdale children 2 years old through 4th grade are invited to attend. Free tickets are available beginning Friday, October 3rd at the Community Center. Participation is limited to the first 200 sign-ups.

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**Tree Lighting Ceremony**  
**Sunday, November 30**  
**7:30pm**

The tree at the Municipal Building will be illuminated! The community is invited to the 8th Annual Tree Lighting Ceremony. Come celebrate the season with holiday carols and refreshments.

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**SYB Cinema Horseraces**  
**Saturday, February 28**  
**7:00 pm**

Get a group of friends together for a fun night out at the races! Spend an evening supporting the Springdale Youth Boosters and have fun in the process! Cinema Horseraces is a unique event with filmed horseraces and gambling that you’ll be sure to remember! One low price gets you snacks, beverages, and the best entertainment in town! Contact the Community Center for ticket information.
Royal All-Stars
Cheerleading, modeling, jazz, hip hop and contemporary dance are offered in this fun program for children ages 6-10.
Day: Sunday
Time: 3:30pm - 5:30pm
Instructor: Tonya Jones, 742-3693
Fee: $45/registration plus $35/month

Ballet & Jazz
An introduction for children ages 3 & up to the world of ballet and jazz dance. Classes will meet the needs of students at each stage of development.
Day: Tuesday
Times: 1:00pm - 3:30pm (Preschool ages)
4:00pm - 5:30pm (Elementary ages)

Day: Saturday
Times: 1:15pm - 1:45pm (3 year olds)
1:45pm - 2:30pm (4-5 year olds)
2:30pm - 3:15pm (6-7 year olds)
3:30pm - 4:30pm (8-12 year olds)
Instructor: Carolyn Olson, 573-0723
Fee: 3 year olds - $6
4-7 year olds - $7
8 & up - $8

Spend Some Time in Kids Corner
Are you looking for something to do with your child while you take a class or work-out in the Fitness Center? Kids Corner is the answer! Let one of our qualified child care staff take care of your 1 to 6 year old for up to two (2) hours while you utilize the indoor facilities of the Community Center.

Guidelines
In order to use Kids Corner, parents must be utilizing the indoor Community Center facilities.

1. A two hour limit is imposed.
2. For the safety of all children, parents or guardians must sign children in and out of the room and MUST REMAIN INSIDE THE COMMUNITY CENTER.
3. No child will be permitted to leave the room with another person, regardless of the relationship, unless prior written permission is given to the child care staff.
4. Children's names must be marked on all belongings brought into the room.
5. If a child cannot be quieted from crying in a reasonable amount of time (15 minutes), the staff will notify the parent.
6. Children must wear socks and shoes.
7. If a child appears or becomes ill while in Kids Corner, the parent will be required to remove the child. Sick children will not be admitted.
8. The staff is not permitted to administer any medication or food of any kind.

Hours
Monday & Wednesday 10:00am - 1:00pm
Tuesday & Thursday 9:30am - 1:00pm
Monday - Thursday 6:00pm - 9:00pm
Saturday 9:30am - 12:30pm
Sunday 5:30pm - 8:30pm
Friday Closed

Fees
$2 per child per hour
$1 each additional child (in same family) per hour
Teen Dances
Friday, January 16
Friday, February 13
9:00pm - 11:00pm

Whether you come with your friends or come to meet new friends, you’ll have a blast! Youth age 12 - 17, or a member of S.T.A.F.F., can dance to the sounds of a live DJ at the Community Center. Soft drinks and snacks are provided. Springdale teens may each bring one guest. Tickets are $2 and are limited to the first 200 teens.

Royal All-Stars
Cheerleading, modeling, jazz, hip hop and contemporary dance are offered in this fun program for children ages 11-17.
Day: Sunday
Time: 5:30pm - 7:30pm
Instructor: Tonya Jones, 742-3693
Fee: $45/registration fee plus $35/month

Teen Night At The Rec
Friday, November 28
Friday, January 2
Friday, March 5
9:00pm - 11:00pm

The Community Center will be open for youth ages 12-17, or a member of S.T.A.F.F., to enjoy a great evening out. Group activities such as basketball, volleyball, and wallyball will be offered, and the game room will also be open. Food and soft drinks are available free of charge. It's a great way to meet new friends and socialize. Members may bring one guest for a cost of $1.25.

Youth Chito-Ryu Karate
This class for 6-17 year olds is suitable for both the beginner and the advanced student. Chito-Ryu Karate is a traditional martial art comprised of strikes, kicks, blocks, throws and holds. Chito-Ryu is a complete program perfect for those seeking exercise, competition and self-defense skills.
Days: Monday, Wednesday, Friday
Time: 7:30pm - 9:00pm
Instructor: Manuel Byers, Jr., 478-8800
Fee: $40 annual fee plus $30/month

S.T.A.F.F. - SPRINGDALE TEENS ADVENTURING FOR FUN

The Springdale Teens Adventuring For Fun is an organized group comprised of teens 6th grade - 17 years of age. Activities and events are run by teens with the guidance of Springdale Community Center staff and parent volunteers. The group is self-supporting, raising funds primarily with a booth at the Spirit of Springdale Festival and by operating a concession stand during the basketball season.

Their mission is to serve the community by sponsoring projects and providing manpower for community programs and events and to organize fun activities and outings that appeal to the interest of teens. S.T.A.F.F. has events and outings year round. If you are looking for fun activities, a way to meet new friends, and an opportunity to serve the Springdale community, come see what S.T.A.F.F. is all about.

Community Center members currently in the sixth grade or above can join S.T.A.F.F. The cost is $5, which includes a S.T.A.F.F. T-shirt. You’ll be added to the mailing list for all upcoming events and activities.

For information contact Dana Zinnecker, Teen Advisor at 346-3910.
WINTER SPORTS
Basketball, Volleyball, & Cheerleading

Basketball (December-February)
Participate in the Northern Recreational Youth Basketball League and learn basketball skills, meet new people, and most importantly - have FUN! Children must be at least 7 years old as of July 31, 2003, and enrolled in school. Fee: $30 until September 30

Volleyball (December-March)
9-11 Year Olds - Learn the basic fundamentals of power volleyball in a fun environment! The program is open to youth between the ages of 9 and 11 as of September 30. Games are played on Tuesday evenings. Fee: $15 until September 30

12-15 Year Olds - Any youth at least 12 but not more than 15 by September 30. Practices will begin in December. Games are played on Sunday afternoons. Fee: $15 until September 30

Cheerleading (November-February)
Children in 3rd through 6th grade will learn the basics of cheerleading and display their talents at the youth basketball games in Springdale. Fee: $15 until September 30

SPRING SPORTS
Baseball, Softball, Soccer & T-Ball

Knothole Baseball (April-July)
Minimum age to participate is 7 years old by September 30, 2004. Participants may not turn 18 years old before August 1, 2004. Fee: $35 until January 31

Girls Softball (April-June)
Girls must be at least 7 years old but not have turned 15 years old by January 1, 2004. Fee: $35 until January 31

U.S.Y.S.A. Spring Soccer (April-June)
Children must be at least 6 years old by July 31, 2004 to participate on a soccer team. Fee: $30 until January 31

Instructional T-Ball (May-July)
Introduce your child to baseball and softball in this new t-ball league! Teams play in a positive, relaxed setting with nearby communities. A one-day clinic will be offered to teach the basics; teams will be assigned after the clinic. Children ages 5 - 7 by September 30, 2004 are eligible to participate. Clinic: Thursday, April 15 Time: 4:30pm - 5:30pm or 6:00pm - 7:00pm Fee: $10

Register for Winter Sports on Saturday, September 13 10:00am - 2:00pm at the Springdale Community Center.

Registrations will be accepted until September 30. Beginning October 1, a $5 late fee will be added to all registrations, and placement on teams cannot be guaranteed.

Register for Spring Sports on Saturday, January 10 10:00am - 2:00pm at the Springdale Community Center.

Registrations will be accepted until January 31. Beginning February 1, a $5 late fee will be added to all registrations, and placement on teams cannot be guaranteed.

YOUTH SPORTS PROGRAM PARTICIPANTS
All registrants must possess a 2003 membership at the time of winter sports sign-ups and a 2004 membership at the time of spring sports sign-ups.

e-mail - sccrec@springdale.org
Basic Computer Usage
Learn the basics of computer use, how to surf the Internet, writing letters, games, and even how to give your computer a tune-up during this 4-hour course. Call the Community Center at 346-3910 to register.
Days: Tuesday & Thursday 6:00pm - 8:00pm
Saturday 9:30am - 1:30pm
Instructor: Brian McAnly, brianmcanly@fuse.net
Fee: $35 for residents, $40 for non-residents

Creative Memories (Scrapbooking)
Too busy to put your pictures and memories together? Creative Memories gives you the chance to do it without daily interruptions! Learn to safely preserve your family history and meet new people while working on your albums. Student provides album & supplies.
Days: Mondays, September 22, October 13, and November 10
Time: 7:00pm - 9:30pm
Instructor: Maria Rhoades, 825-2544
Fee: $12.50 / class

Mosaic
Create four different projects in this class: frame, stepping stone, bird bath, and table. Student provides all materials.
Day: Tuesday
Time: 7:00pm - 9:00pm
Instructor: Jane Karlberg, jkarlsberg@cinci.rr.com
Fee: $12.50 / class

Sterling Jewelry Making Class
Join us for this 2-hour class and make two pieces of sterling silver jewelry! Choose from earrings, bracelets and necklaces you design yourself.
Day: Monday, October 6
Time: 7:00pm - 9:00pm
Instructor: Wendy Salyer, 563-1273
Fee: $30 (fee includes all supplies)

Cardio Kickboxing
This high intensity workout combines aerobics, cardiovascular and body toning while incorporating self-defense tactics.
Days: Tuesday 7:30pm - 8:30pm
Thursday 5:00pm - 6:00pm
Saturday 12:00pm - 1:00pm
Instructor: Dave Seiwert, 825-7449
Fee: $33/4-week session; $60/8-week session. $5/class for walk-ins.

Ceramics
Ceramics is a fun class where you'll meet new people and start a new hobby. Students provide greenware, the instructor provides paint, brushes, and firings.
Day: Wednesday
Time: 6:30pm - 9:30pm
Instructor: David Howard, 825-0275
Fee: $5/class-resident; $7/class non-resident

Chinese Wushu
Unlike other popular fighting styles, Wushu epitomizes the "art" in martial arts. Wushu is non-contact and non-combative.
Day: Sunday
Time: 1:30pm - 3:00pm
Instructor: Dave Seiwert, 825-7449
Fee: $25/month

Chito-Ryu Karate for Adults
Chito-Ryu Karate is a traditional martial art comprised of strikes, kicks, blocks, throws and holds.
Days: Monday, Wednesday and Friday
Time: 7:30pm - 9:00pm
Instructor: Manuel Byers, Jr., 478-8800
Fee: $40 annual fee plus $40/month

Fit 'n Fyne
Fit 'n Fyne is an easy-to-follow program that combines cardio and strength training.
Days: Tuesday 6:00pm - 7:15pm
Saturday 10:45am - 11:45am
Instructor: Keisha Barber, 942-1007
Fee: $2/class for monthly "Use It Or Lose It" pass or $3/class for walk-ins

Massage Therapy
Our massage therapist is available for appointments. Pamper yourself or give a massage as a gift.
Days: Call for appointment
Therapist: Julie Urban, 745-0604
Fee: $30/ 1/2 hour or $55/hour

More Classes & Programs!

Body Sculpting
Body Sculpting combines flexibility and cardiovascular conditioning set to the latest music.
Day: Friday
Time: 6:00pm - 7:00pm
Instructor: Elaine Smith, 575-1620

Questions? Call 346-3910
**Jazzercise**

Jazzercise is a blend of jazz dance and exercise set to your favorite music. Your first class is free!

- **Days:** Monday, Wednesday 6:00pm - 7:00pm
- **Thursday** 6:30pm - 7:30pm
- **Tuesday, Thursday** 9:30am - 10:30am
- **Saturday** 9:30am - 10:30am

**Instructor:** Elaine Smith, 575-1620
**Fee:** Contact instructor for fee options

**Slimnastics**

Slimnastics is a basic fitness class for women.

- **Days:** Monday, Wednesday and Friday
- **Time:** 9:00am - 10:00am
- **Instructor:** Sue Smith
- **Fee:** No charge

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**Sports Leagues**

**3 On 3 Basketball**

The 3 on 3 basketball league will be offered Thursday evenings, January through March. Teams’ rosters must include a minimum of three Community Center members. Entries will be accepted until December 13. The cost is $50.00 per team which includes a T-shirt to be used as a uniform. In an effort to keep the league recreational, no awards are offered to the winners.

**Racquetball Leagues**

Looking for someone to play racquetball? All levels compete in this round-robin league. Match days and times are determined by you! Co-ed fall and winter leagues are offered. All participants must have a Racquetball Membership to play in the league. Contact the Parks and Recreation Department for additional information.

**Women’s Volleyball League**

Get a group of friends or co-workers together for an evening of fun and competition! The women's power recreational volleyball league is played on Wednesday nights. Resident teams may include five (5) non-residents. Non-resident teams will be accepted and pay a slightly higher league fee. Resident teams will be given first preference into the league. League play begins in January.

**Co-Ed Volleyball League**

The co-ed power recreational volleyball league is played on Sunday nights. Resident teams may include five (5) non-residents. Non-resident teams will be accepted and pay a slightly higher league fee. Resident teams will be given first preference into the league. League play begins in January.

**Men’s Open Gym Volleyball**

The men enjoy a night of drop-in volleyball on Tuesdays at 8:00pm beginning in January. Stop in at your convenience and play a couple of pick-up games of volleyball. Members may play for free, guest fees apply for non-members.

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**Senior Activities**

**Springdale Senior Citizens Club**

Meet new people! The Springdale Senior Citizens group is open to residents who are at least 55 years of age. Stop by one of the Tuesday morning socials, held every Tuesday at 9:30am at the Springdale Community Center. Meetings are held at 12:00pm on the 2nd and 4th Tuesdays of each month.

**Take a Trip!**

The Senior Citizens Club takes several trips throughout the year. Trips are open to all Springdale senior citizens. Contact the Parks & Recreation Department at 346-3910 for information on upcoming trips.

**Join in Club Chair Exercises**

Stop by the Senior Citizens Club for the Tuesday morning socials and stay for the exercise! A member of the Fitness Center staff leads a session of chair exercises every Tuesday at 12:00pm. Stop by the Fitness Center and ask about this program or just stop to take part in the fun!
**Announcements**

**How To Kill A Class**

Nothing kills a potentially GREAT class or program better than waiting to the last minute to register! Sign-up early for the programs you are interested in...encourage a friend to attend with you! If there aren’t enough registrations by a certain date, some programs may be cancelled. DON’T KILL THE CLASS! **SIGN-UP EARLY!**

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**North/Northeast Soccer League Tournament**

Springdale Parks and Recreation Department will host the Fall NNESL Koth/Burt Soccer Tournament the weekends of October 25-26 and November 1-2. Over 75 teams from Springdale and surrounding communities will compete at fields at the Community Center and neighborhood parks.

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**Adult Volunteers Needed**

The Parks & Recreation Department needs adult volunteers to help plan and chaperone such events as Junior Olympics, Teen Dances, and S.T.A.F.F. outings. Contact Parks & Recreation at 346-3910 to see how you can become involved.

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**Springdale Youth Boosters**

The Springdale Youth Boosters support Springdale’s youth sports activities by providing for league, official, uniform, and award fees.

The Springdale Youth Boosters rely solely on volunteers in the community to organize, plan and work at their various fund raising activities. If you are interested in joining, or would like to volunteer for any of the activities throughout the year, please call the Parks & Recreation Department.

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**CPR and First Aid Courses**

A CPR or Standard First Aid class will be held one Saturday a month at the Community Center. Call the American Red Cross at 792-4000 for class information and to register.

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**Photo/Video Policy**

On occasion, the Springdale Parks & Recreation Department may take photos or video of park visitors and program participants. Please be aware that these photos may be used in publications or for other promotional purposes. Organizations, including media relations, must have permission from the Parks and Recreation Department prior to taking photographs or video.

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**Thank You!**

We don't say it often enough, but “thank you” to all the residents who volunteer with the Parks and Recreation Department throughout the year. Without you, we could not provide some of the activities we offer!

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**Apply Now**

**FOR SEASONAL EMPLOYMENT!**

Each year the Community Center hires a number of individuals as seasonal employees. The jobs include: Lifeguard/Swim Instructors, Gate Attendants, Concession Workers, Park Patrol Officers, and Park Maintenance Personnel. Competitive wages are offered. If interested in seasonal employment, please inquire at the Community Center after the first of the year.

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**Resident Opportunities at GE Park**

If you’re interested in joining this golf and sports facility, call 243-2021 for more information.

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**We’re Looking For...**

- **Coaches!**
  - We need adult volunteers to coach our youth sports teams!
  - Sign up to help any time.
  - Dedicated volunteers help ensure we are able to have a team.

- **Class Instructors!**
  - If you have a special talent that you would like to teach to others, please call Parks & Recreation at 346-3910.

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Questions? Call 346-3910
Clockwise from top right:

* Everyone had a good time looking for eggs!
* Waste Management took home the 27th Ray Manis Tournament Championship.
* Youth spring sports teams show their pride at the Opening Day Parade and Ceremony
* The Police Department assisted fitting helmets during the Bike Safety Days.

Clockwise from right:

* The Spirit of Springdale Festival always draws a crowd.
* Uncle Sam juggles for a group of festival-goers.
* Spirit of Springdale Parade Grand Marshal Bob Reneer waves to the crowd.
* An Instructional T-Ball participant makes it to first base!
* The T-Ball team had a great time!
Mark Your Calendar

September
10 Concert-Eight Days A Week
13 Junior Olympics
13 Winter Sports Sign-Ups
14 Punt, Pass & Kick

October
25-26 NNESSL Soccer Tournament
26 Halloween Carnival

November
1-2 NNESSL Soccer Tournament
23 Turkey Shoot
27 Thanksgiving - Closed
28 Teen Night At The Rec
30 Tree Lighting Ceremony

December
24 Christmas Eve - Close at 5 pm
25 Christmas Day - Closed
31 New Years Eve - Close at 5 pm

January
1 New Years Day - Closed
2 Teen Night At The Rec
10 Spring Sports Sign-Ups
16 Teen Dance
19 Martin L. King Day - Open 1-9 pm

February
13 Teen Dance
16 Presidents Day - Open 1-9 pm
28 SYB Cinema Horseraces
28 2003 Memberships Expire

March
5 Teen Night At The Rec

For information on any programs or facilities, contact Springdale Parks & Recreation at
Phone: (513) 346-3910
e-mail: sccrec@springdale.org
Fax: (513) 346-3925

Springdale Community Center
11999 Lawnview Ave.
Springdale, OH 45246