ADMINISTRATIVE INFORMATION

SPRINGDALE RECREATION COMMISSION

Diane Brunswick
Harold Naylor

Susan Hafer
Steve Shuck

Janet Winn

The Springdale Recreation Commission consists of five appointees by the Mayor, who is also a part of this group. These members assist the Parks and Recreation Director in developing and executing the leisure services program for the City of Springdale.

The Springdale Recreation Commission meets September thru May on the first Tuesday of each month - 7 p.m. at the Community Center.

COMMUNITY CENTER STAFF
James H. Burton - Director

Gary Thompson ................. Asst. Director
Greg Karle ...................... Asst. Director
Sharon Casselman ............. Program Supervisor
Debbie Carpenter ............. Secretary
Leonard Walker ............... Custodian

Parks Maintenance Crew:
Tom Meeks .................. Crew Leader
Chuck Holmes
Tim Green
Ken Shroyer

SPRINGDALE OFFICIALS
Ron Pitman - Mayor

Cecil Osborn ................. City Administrator
Derrick Parham ........ Asst. City Administrator
Doyle Webster .... Clerk of Council/Finance Director
Randy Danbury ........... President of Council
Tony Bradburn ........... Vice President of Council

Kathy McNear ............... Council
Marge Boice ............. Council
Robert Wilson .......... Council
Peggy Manis ........... Council
Tom Vanover ........... Council

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COMMUNITY CENTER HOLIDAY INFORMATION
New Year’s Day .......................... Closed
Martin Luther King Day .................. Open - 1 to 9 p.m.
President’s Day .......................... Open - 1 to 9 p.m.
Easter Sunday ............................ Closed
Memorial Day ............................ Open - 1 to 9 p.m.
Independence Day ....................... Open - 1 to 9 p.m.
Labor Day ............................... Open - 1 to 9 p.m.
Thanksgiving ............................ Closed
Christmas Day ........................... Closed

COMMUNITY CENTER - DAILY HOURS
Monday thru Friday ..................... 8 a.m. to 11 p.m.
Saturday ................................ 10 a.m. to 9 p.m.
Sunday .................................. 1 p.m. to 9 p.m.

Changes in Hours of Operation
(Labor Day thru Memorial Day)
Friday .................................... 8 a.m. to 9 p.m.
Saturday ................................ 10 a.m. to 6 p.m.

During the winter months the Community Center will close on Saturdays at 6 p.m. unless there is a dance or reception scheduled in the gym. These times are subject to change and will be posted at the Community Center.
The building may also close at 9 p.m. during softball season from May until August.

However, a Regular Member may utilize the pool by paying necessary guest fees. Pool Membership entitles each member to all Center privileges including those of the pool. A Racquetball Membership entitles a person to use the racquetball courts. A Regular or Pool Membership is required in order to obtain a Racquetball Membership.

<p>| FEES FOR MEMBERSHIP PER FAMILY ARE AS FOLLOWS: |</p>
<table>
<thead>
<tr>
<th>By March 31</th>
<th>After March 31</th>
</tr>
</thead>
<tbody>
<tr>
<td>Regular</td>
<td>$5.00</td>
</tr>
<tr>
<td>Pool-Family</td>
<td>$45.00</td>
</tr>
<tr>
<td>Pool - Individual</td>
<td>$35.00</td>
</tr>
<tr>
<td>Racquetball - Family</td>
<td>$25.00</td>
</tr>
<tr>
<td>Racquetball-Individual</td>
<td>$15.00</td>
</tr>
<tr>
<td>Senior Citizens</td>
<td>N/C</td>
</tr>
</tbody>
</table>

(65 years old and older)
A $5.00 late fee will be assessed on all memberships obtained after March 31, 1995.

EXCEPTIONS WILL BE THOSE NEW RESIDENTS LIVING IN THE CITY SIX MONTHS OR LESS.
Upon completion of the membership application, ID pictures are taken and individual ID cards are issued to each member of the family over 2 years of age.

Due to the large volume of memberships, we require that membership cards be carried at all times when on the Community Center grounds. If an employee of the Center asks to check your ID card, please understand that this is the only way we have of insuring that the Center is being used by members exclusively. Please be prepared to show your card when you visit the Center.

THE FACILITIES AT SPRINGDALE COMMUNITY CENTER ARE EASILY ACCESSIBLE TO THE HANDICAPPED.

GENERAL RULES
1. A membership card must be presented to utilize the facilities.
2. A lost or destroyed card may be replaced for $1.00.
A fee of $.50 per occurrence will be charged if you forget your pass.
3. Disciplinary action will be taken as a result of misconduct or destruction of property.
4. All special arrangements including parties, meetings, reservation for rooms or fields must be cleared through the Community Center office.
5. This is a non-smoking facility. Persons under the age of 18 are not permitted to smoke anywhere on the property.
6. Bicycles should not be ridden on sidewalks and should be locked in designated area. Motorized vehicles should be confined to parking lot and streets.
7. We ask that you put trash in its proper place.
8. Abusive language will not be tolerated.
9. Proper athletic attire is required to use the equipped exercise area, gym, racquetball courts and saunas.
10. Spikes (steel, plastic, or rubber) should not be worn in the building.
11. Alcoholic beverages permitted by special permission in picnic area only. Special permission must be obtained from the Recreation Director.
12. No pets permitted on any park property.
13. Skateboard riding on Community Center grounds is prohibited.

GYMNASIUM POLICY
This policy will be in effect for all open time gym activities. To use the gymnasium, members must register at the main office. A current membership card must be presented to obtain entrance to the gym. Your membership card will be held in the office until you are ready to leave, at which time you must pick up your card. Members with a guest must register them upon arrival. Any guest registering with a member must leave the facility when the member leaves.

GUEST POLICY FOR GYMNASIUM AND EQUIPPED EXERCISE AREA
Due to heavy programming and usage by members during the fall and winter months, it is necessary to establish a no-guest policy for the time period of November 1 thru March 31. During this time period, only members of the Springdale Community Center will be permitted in the gymnasium and equipped exercise area.

During the time period of April 1-October 31, members are permitted to bring one guest per member to use the gymnasium and equipped exercise area. Members must register their guest at the office prior to admittance to the facilities.

The staff reserves the right to prohibit admission of guests at any time when the facility is being heavily utilized.

GUEST POLICY FOR OTHER FACILITIES
Members must register their guest at the office prior to utilization of the facilities. Any guest registered with a member must leave the facility when the member leaves.

RESERVATIONS POLICY
Game Room:
The Game Room may be reserved 24 hours in advance for a period of one hour and not to exceed one hour during any one day. Only six people at any time may occupy the room and they must all leave their membership cards in the office. All damage costs will be divided equally among Game Room patrons at the time of any incident. You must be 13 years of age or older to reserve the Game Room for use of the pool table, unless accompanied by a parent. Children under 13 may reserve the Game Room for ping pong or foosball only. There is no eating or drinking permitted in the Game Room. The Game Room may close at 9 p.m. some weeknights from May 1st until July 31st.

Tennis Courts:
Courts may be reserved 24 hours in advance. (Reservations taken by telephone from 10 a.m. to 9 p.m.). Courts are reserved Monday thru Friday for play between the hours of 5 p.m. and 10:45 p.m. Before 5 p.m. courts are open on a first come first serve basis. Courts are reserved for play on Saturdays and Sundays from 2 p.m. to 8:45 p.m. (Open play on weekends from 7 a.m. to 2 p.m.)

NOTE: FRIDAY & SATURDAY HOUR CHANGES FROM LABOR DAY TO MEMORIAL DAY.

USE OF FACILITIES FOR AFTER HOURS OR SPECIAL EVENTS
Those organizations or individuals who wish to use the Community Center meeting rooms or grounds must fill out an application which is available in the office. Each application is reviewed by the Director, and fees, if any, are set. In cases where our present policy does not cover the request, the application will be reviewed by the Recreation Commission. Groups are then notified of the acceptance or rejection of the application. Applications should be filed early in order to insure the date wanted will be open. Reservations for following year will not be accepted before October 1st of present year.

The gymnasium may be rented out for wedding receptions, and the meeting rooms may be rented out as well. Wedding reception requirements are: Bride or groom or parents of one must reside in Springdale. Receptions on Saturday evenings only, either 8 p.m.-12 midnight or 9 p.m.-1 a.m. Application for use of facilities taken Monday thru Friday 8 a.m.-5 p.m.

Fees: $25.00 per meeting room/$300 for gymnasium. All other fees and policies when reserving Community Center facilities must be adhered to.
SPECIAL EVENTS

Goldfish Swim
Saturday, September 2, 1995 - 1:00 p.m.
1,000 goldfish will be released into the pools for the
children to catch. Prizes are awarded in addition to the fun
of trying to catch the fish. More information will be
provided later.

Teen Night At The Pool
Three Friday nights during the pool season will be design-
ated as teen nights. Each night will have a theme and
residents and their guests ages 13-17 may attend. A small
admission fee will be charged to cover the cost of food and
drink. Watch for more information about these events.

Junior Olympics
Sponsored by Springdale Rotary Club
Saturday, September 9, 1995
The Springdale Junior Olympics consist of 8
competitive events for boys and girls ages 4 and
under thru 12. These events consist of a
softball throw, long jump, high jump, 50 yard dash, sack
race, shuttle run, base run and obstacle course. No cleated
or soccer style shoes may be worn to compete in these 8
events.

Registration will begin at 9:30 a.m. and end at 11:00 a.m.
No one will be permitted to register after 11:00 a.m.
Events will begin at 10:00 a.m. and conclude at
approximately 12:30 p.m. Awards will consist of 110
trophies and 160 ribbons. Each participating child will be
automatically registered to win door prizes that will be
drawn after the awards ceremony. Two ten speed bikes
will be given away to a lucky boy and girl as grand door
prizes.

Any adult wishing to volunteer during the events, please
contact Springdale Community Center. This event is free
and open to the public.

Punt, Pass and Kick Competition
Punt, Pass and Kick is a football competition that allows
children ages 8 thru 15 to show their talents in punting,
passing and place kicking. The Center will host a local
competition in the fall. This event is free and open to the
public. Watch for further information or contact the
Center if you are interested in this competition.

Three Mile Run and Walk
The Springdale Elementary PTA and the Community
Center will host a three mile run/walk foot race in October.
Race divisions for men and women ages 14 and under
through 60 and over are available. Awards will be given
to the overall male and female and the top three runners in
each division. Ribbons will be awarded to all finishers in
the 1/4 mile Fun Run for children. There is a small entry
fee for this event and all proceeds will go to Springdale
Elementary PTA. For more information contact George
Polli at 671-6916 or the Community Center.

Senior Citizens:
Spring Festival - Held Saturday, March 25th. Flea
market, door prizes, food.
Fall Fun Festival - Held Saturday, November 4th. Arts
& crafts, door prizes, food.
Trips - The City of Springdale sponsors several trips each
year for all Springdale senior citizens. A list of trips for
1995 will be posted at the Center shortly after the first of the
year.

Tentative Concert
Schedule for 1995
Concerts in the Park

<table>
<thead>
<tr>
<th>June 7</th>
<th>Night Life</th>
</tr>
</thead>
<tbody>
<tr>
<td>June 21</td>
<td>Stagger Lee</td>
</tr>
<tr>
<td>July 12</td>
<td>Trilogy</td>
</tr>
<tr>
<td>July 26</td>
<td>Monday Night Big Band</td>
</tr>
<tr>
<td>August 9</td>
<td>Ooh La La &amp; The Greasers</td>
</tr>
</tbody>
</table>

Shows are free of charge and open to the general public.
Performances are at 7:30 p.m. in the amphitheater. In case
of rain the concerts will be moved into the gymnasium.

Our 4th Annual Spirit of Springdale
Festival will be held Saturday, July 1st
and Sunday, July 2nd. Hours of
operation will be 5 p.m. until midnight. This year's festivities
will include a parade beginning at 10 a.m.
on Saturday, July 1st. The staging
area has yet to be determined, but the
parade will culminate at the
Community Center. Resident
participation is encouraged in the way of
floats, costumes, decorated
bicycles, etc.

As last year, we will offer food, games, booths, kiddie
rides, entertainment, shuttle bus service and fireworks.
Should you have any questions about participating in or
just enjoying the festival, please contact the Community
Center.

Easter Egg Hunt
The Greater Springdale Jaycees will host their annual
Easter Egg Hunt at Ross Park on Saturday, April 15th at 12
noon. For more information, contact the Community
Center.
Halloween Party
The Center will host a Halloween Party on October 31st from 7:30-9:00 p.m. Children 2 years old thru 4th grade are invited to attend. Free tickets are available beginning Friday, October 6th at the Center for Springdale children. Participation is limited to the first 200 sign-ups.

Mixed Couples Softball Tournament
June 17-18, 1995

Men's Ray Manis Memorial Softball Tournament
July 7-9, 1995

Women's USSSA Qualifier Softball Tournament
July 22-23, 1995

Opening Day Ceremonies
For Baseball/Softball tentatively scheduled for April.

INSTRUCTIONAL ACTIVITIES
Ceramics
Come join us for this popular class and have the satisfaction of making beautiful things for yourself or as gifts. Classes meet Tuesdays or Thursdays from 7 to 10 p.m. There is also a special Senior Citizens class that meets Mondays from 9 a.m. to 12 noon. Fee is $12.00 per month.
Instructor - Carolyn Boeding

CPR and First Aid Courses
A CPR or Standard First Aid class will be held on the third Saturday of each month at the Community Center. On odd number months CPR will be offered. Standard First Aid will be available on even number months. Registration is taken at the American Red Cross - phone 792-4000.

Circuit Fast & Fit
Combines an aerobic workout with the use of Xertubes and weights. Come join us on Tuesday and Thursday from 11:30 a.m. to 12:15 p.m. Contact Elaine Smith, instructor, for more information at 575-1620.

Jazzercise
A great way to get in or stay in shape is thru this exhilarating and enjoyable program. This class meets on Monday and Wednesday evenings from 6 to 7 p.m. Babysitting is available during each class. If you’ve never tried Jazzercise, come enjoy your first class free. Contact Jazzercise at 575-1620 for class fee or more information.
Instructor - Elaine Smith

Slimnastics
Slimnastics is a fitness class for women emphasizing the components of flexibility, agility, strength, and endurance.
Class is held Monday, Wednesday and Friday — 9:30 to 10:30 a.m.
Instructor - Sue Smith
Fee: Residents - $1.50 per class
Non-Residents - $2.00 per class

Tiny Tot Gym
For children ages 2 to 5, this class is designed to improve basic motor skills such as running, jumping, balance and coordination. The children enjoy the activities and learn how to use their entire body effectively in movements. This class is held Monday and Friday from 10:30 to 11:15 a.m.
Instructor - Robin Fridley
Fee: Residents - $.50 per class
Non-Residents - $1.00 per class

LIFETIME ACTIVITIES
Before beginning any of these activities, please consult your physician. Please observe all guidelines posted in the area.

Equipped Exercise Area
The equipped exercise facility features equipment suitable for use by men and women of any age and physical condition. Total body conditioning can be achieved through use of both cardiovascular equipment and Nautilus weight machines.
A pair of Schwinn Air-Dyne stationary bikes offers excellent cardiovascular benefits. The upper and lower body may work simultaneously or independently. As you exercise, the fan wheel generates air resistance, which provides a smooth increase in workload and calories burned. It also generates a breeze, cooling you as you exercise.
The StairMaster 4000PT is probably the most popular piece of equipment in the fitness industry today. It simulates a stair climbing movement without the trauma associated with other forms of exercise. Exercise intensity level can be adjusted as well as the pedal height. A computer console allows the selection of pre-designed programs and an exercise summary including calories burned, floors climbed, and distance traveled.
The Nautilus Aerobic Stairclimber features touch screen technology and computer-generated color graphics. An animated pacer maintains consistency while providing competition and enjoyment. This machine provides dependent stepping action in contrast to the StairMaster.
For those interested in body toning and strength conditioning, the "Nautilus Next Generation" equipment will be very effective. These eight machines provide a total body workout. They include the following: Leg Extension, Leg Curl, Bench Press, Compound Row, Abdominal, Lower Back, Multi-Biceps, and Multi-Triceps. It is required that all patrons attend an orientation on use of the facility. Also, the staff will be glad to answer any questions or advise you on meeting your fitness needs.
**EQUIPPED EXERCISE AREA RULES**

1. Athletic clothing and gym shoes are required. No jeans, belts, or clothing with rivets, snaps or buckles.
2. No food or beverages in the area.
3. No one under 16 years of age will be admitted.
4. All patrons will be required to attend an orientation on proper use of the equipment set up by the staff before using the equipped exercise area on their own.
5. A card key will be used for access to this area. You must present your Community Center membership card in order to obtain a card key. Please return the card key to the office and pick up your Community Center membership card before leaving the facilities.
6. There is a 15 minute time limit on the stationary bikes and stairclimbers.
7. Please bring a towel and wipe off each station after use.

**Racquetball Courts**

Membership Information - You must have a Community Center membership in order to obtain a Racquetball Membership or utilize the courts.

<table>
<thead>
<tr>
<th>COURT FEES</th>
<th>Hourly Rate</th>
<th>Additional Charge</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Both participants have racquetball memberships.</td>
<td>$4</td>
<td>—</td>
<td>$4</td>
</tr>
<tr>
<td>2. One participant with racquetball membership, one without.</td>
<td>$4</td>
<td>$3</td>
<td>$7</td>
</tr>
<tr>
<td>3. Both participants do not have racquetball memberships.</td>
<td>$4</td>
<td>$6</td>
<td>$10</td>
</tr>
</tbody>
</table>

**Reservations Policy**

Courts may be reserved up to 72 hours in advance and may be reserved for one hour. An individual may make only one reservation per day. Reservations are taken Monday thru Friday 9 a.m.-9 p.m., Saturday 10 a.m.-4 p.m., and Sunday 1-6 p.m. Reservations for play are made on the half-hour only during normal hours of operation. (Example: 8:30 a.m. is the first reservation made for a weekday, 7:30 p.m. is the last reservation made for a Sunday evening.

**Rules for Racquetball**

1. Athletic clothing, gym shoes and eye guards are required.
2. No food or beverages in the area.
3. If you cannot keep your reservation, please notify us as soon as possible.
4. No black balls.
5. No black soled shoes.

**Wallyball**

For those of you not familiar with the sport of wallyball, it basically is a game of volleyball played inside on a racquetball court. Courts must be reserved a minimum of 24 hours in advance and a maximum of 72 hours in advance. Fees for members will be $2.00 per hour per person and non-members $3.00 per hour per person with a maximum of 8 players per court. Guest policy is one non-member per member. Wallyball courts may be reserved only on Monday evenings from 8:30-9:30 p.m. and 9:30-10:30 p.m. and/or Friday evenings from 6:30-7:30 p.m. and 7:30-8:30 p.m. If wallyball courts are not reserved, courts will be used for racquetball.

1. Athletic clothing and gym shoes are required.
2. No food or beverages in the area.
3. No black soled shoes.

**Saunas**

Sauna patrons must be 16 years of age or older unless accompanied by a parent. Appropriate attire must be worn to utilize the sauna. Patrons should not pour water on the sauna rocks. No food or drinks are permitted in the saunas.

**Jogging/Walking Path**

A paved walking/jogging path encircles the outer perimeter of the Center’s grounds and is approximately one mile in length.

**OUTDOOR FACILITIES**

**Horseshoe Pits:** Located in the picnic area between Fields #2 and #3. Horseshoes are available for check out at the Community Center office. Current membership I.D. card is necessary to check out any sports equipment.

**Picnic Areas:** For those of you looking for a nice cool shaded place to have a family picnic, you will find our picnic areas quite pleasurable. There’s plenty of shade, picnic tables and grills located in our picnic groves. Restrooms, ball fields, and children’s tot lot are all located close by for your picnicking convenience. Whether you are having a small family picnic or a large gathering, we are sure you will find our picnic facilities very adequate for your event. Sorry we cannot reserve an area. It is on a first come basis. For large picnics, it is advisable to check our main office to see if there are any activities scheduled the day you are planning your event. Alcoholic beverage permits are required.

**Sand Volleyball Court:** The Springdale Community Center has one outdoor sand volleyball court located on the north side of the building. The court may be reserved for use by Springdale residents for practice, picnics, etc. The court is regulation in size (30' x 60') and net heights are adjustable for both men and women’s play.
**Tot Lot:** The new Tot Lot is scheduled for completion early this year. Two play structures will be provided, one for 2-5 year olds, and another for children 6-12 years of age. There will also be a swing set, spring rides and a large sandbox. The surface of the entire area is to be of a protective wood chip material. Ample seating and viewing areas for parents will be available.

The new Tot Lot will provide children of all ages and ability with challenging and creative play experiences in the safest environment possible. The play structures and surface are accessible to the disabled. Adult supervision is recommended for children under 8 years of age.

**Tennis Classes**
Registration for tennis classes occur 1 month prior to the beginning of each class. Residents are given preference. Non-residents may register if there are positions open. Minimum 6 per class. Fee must accompany registration and be received no later than 1 week prior to start of class. Minimum Age: 6 years.

**Class Times**

1st Session  
June 13, 1995 thru July 6, 1995  
2nd Session  
July 18, 1995 thru August 10, 1995  
Tuesdays & Thursdays  
6:00 p.m. - Children’s Class  
7:00 p.m. - Children’s Class  
8:00 p.m. - Adult Class

**Fees:**
For Children’s Classes are:  
$10.00 - Residents  
$15.00 - Non-Residents  
For Adult Classes are:  
$15.00 - Residents  
$20.00 - Non-Residents

Instructor: Rob Stoneberger

**TEAM SPORTS**
A large number of young people and adults participate as members of teams in Springdale. The Community Center organizes the youth who want to participate into teams and leagues in softball, baseball, basketball, volleyball and soccer.

The staff at the Center also organizes the adults of the City into teams in softball, basketball, volleyball and golf. If you are interested in participating in one of these sports activities call the Center to get information for the appropriate times to register and eligibility requirements. Sign ups are by team or individuals.

**Player Eligibility**
1. All players must be fulltime Springdale residents.  
2. All players must be members of the Springdale Community Center.
3. It is the responsibility of persons wishing to participate in Springdale programs to demonstrate they are full-time residents.
4. Full-time residents are those heads of households, spouses, and dependent children of those heads of households, living full-time in a residence owned by or rented to the head of the household in Springdale.
5. Children of heads of household attending college are considered full-time residents if, when not at the campus, he/she lives at the Springdale residence.
6. Employees of the Municipal Government and their immediate families are considered residents of the City.
7. All full-time residents of the City of Springdale must be registered with the Tax Office of the City.
8. Any participant whose residency is questioned must furnish to the Community Center substantiating written proof of residency.
9. The staff reserves the right to adjust rules on player eligibility so as to insure league viability.

**REGISTRATION**
Registration for each sport in our youth program will be held at the Community Center on the dates listed below. Parents MUST sign the registration form. A $10.00 fee must be paid at sign up time. Late sign-ups - $25.00.

- **January 14 (10a.m.-4p.m.) & Jan. 17 (7-9p.m.)**  
  Softball, Baseball and Spring Soccer - Anyone signing up after these dates will be considered a “Late Sign Up” and will not be guaranteed a spot on a team.

- **May 13 (10a.m.-4p.m.) & May 16 (7-9p.m.)**  
  Soccer - Anyone signing up after these dates will be considered a “Late Sign Up” and will not be guaranteed a spot on a team.

- **September 9 (10a.m.-4p.m.) & Sept. 12 (7-9p.m.)**  
  Basketball and Volleyball - Anyone signing up after these dates will be considered a “Late Sign Up” and will not be guaranteed a spot on a team.

**Coaches Training Program**
All head coaches in Springdale community sports programs are certified through the National Youth Sports Coaches Association. This nationally recognized program instructs coaches in the areas of psychology, first aid, conditioning, practice organization, and teaching techniques. Through this training it is hoped that all children will be provided a safe, enjoyable sports experience. Certification clinics take place prior to each sports season and are conducted by the Community Center staff. The certification fee is free to head coaches; others must pay the $15.00 fee. The clinic is approximately 4 hours in length and conducted at the Community Center. The time and date of clinics will be announced.
YOUTH SPORTS ACTIVITIES TIMES & AGE GROUPS

Knothole Baseball (April-July)
Minimum age to participate is 7 years old by September 30, 1995. Participants may not turn 18 years old before September 1, 1995.

Instructional T-Ball
Class held during June and July. Child must be 6 years old by September 30, 1995. No fee.

Tri-City Girls Softball (April-June)
Girls must be 7 years of age by September 1, 1995 and cannot turn 19 years old before September 1, 1995.

U.S.Y.S.A. Soccer

Spring (April-June)
Fall (August-October)
Children must be at least 6 years old by July 31, 1995 to participate on a soccer team.
A player who is qualified by age to play in one division may play in the next older division, but only with the written approval of the parents.

Instructional Soccer is offered to children who will be 5 years old by July 31, 1995. There is a $10 fee for instructional soccer.

Queen City Youth Basketball League (December-February)
Children must be in 4th grade as of September, 1995 school year to participate on a basketball team. Players must still be in school to play on a team. Teams play by grade level.

Beginners Basketball is offered to children who will be in 3rd grade as of September, 1995 school year. There is no charge for this program.

Volleyball (January-March)
9-11 Year Olds - Any youth 9 years of age by September 30 who has not reached 12 before September 30. Youth participating in this league will receive several weeks of instruction in the basic fundamentals of power volleyball. Players will then be divided into teams and play league games beginning in January. Following completion of the league, the season will be ended with tournament play. This league is great for developing our future volleyball players. Games are played on Tuesday evenings.
12-15 Year Olds - Power volleyball will be offered for any youth between the ages of 12-15. Practices will begin in December. Games are played on Sunday afternoons.

F.R.Y.S., INC.
Fund Raisers for Youth Sports is a volunteer organization of parents and coaches who raise funds to assist the youth sports programs. The funds generated cover league entry fees, uniforms, officiating fees and awards. This group’s efforts are greatly needed and appreciated by the Community Center staff.

F.R.Y.S. can always use your services. Please contact a F.R.Y.S. member or the Community Center if you can help by giving some of your time.

Members of F.R.Y.S. are Cherie Burt, Sandy Burt, Bob Diehl, Ella Florent, Gary Florent, Denise Hall, Veronica Hary, Carolyn Hollis, Barb Hormann, Rob Hormann, Beth Laage, Mike Laage, Donna Lanter (President), Dan Price, Wanda Price, Barry Tiffany and LaVonne Webster.

ADULT SPORTS OPPORTUNITIES

Softball
Men’s 35 & Over - This league is open to resident men 35 years old or older by May 1st. Sign-ups are taken by individuals only, to be placed on teams through a draft system. Rules have been adapted to balance teams and maintain the recreational nature of the league. Games are played on Monday evenings, May thru July.

Co-Ed - Resident men and women may register as individuals or enter an entire team. A limited number of Springdale business teams are permitted to participate, provided all the players are employees at the Springdale location of the business they represent. Games are played Tuesday evenings, May thru July.

Women’s Open - The Women’s Softball League is sanctioned Class D by the USSSA organization. Resident teams are given priority entry to the league and any remaining openings are granted on a first come basis to non-resident teams. To be considered a resident team at least 12 rostered players must reside in Springdale. Games are played on Monday evenings, late April thru July.

Men’s Open - This league is played on Thursday evenings from the end of April until the first of August. This league consists of resident and non-resident teams and is limited to 12 teams.

Industrial League - This league is played on Friday evenings starting in mid-April and ending in July. The league is comprised of businesses located within the city of Springdale and all men on that team must work for said employer. A maximum of 12 teams are accepted into this league.
Men's Golf League - The league is comprised of 28 resident men who play every Wednesday evening in the spring and summer. If you would like additional information, contact the Center.

Men's Basketball - The men's league is comprised of both resident and Springdale business teams. Resident teams are given priority for entry to the league. Games are played Thursday evenings, December thru March.

Volleyball
Women's - Residents may sign up as individuals or with a team to participate. Games are played Wednesday evenings, January thru March.

Men's Power - Registration is accepted by individuals who are Springdale residents for this program. The teams are drafted to provide a balanced level of competition. Games are played Tuesday evenings, December thru March.

Co-Ed - One of our largest adult programs, co-ed volleyball has evolved into two leagues. One has referees and the other does not. The refereed league is somewhat more competitive in nature. Sign-ups are accepted by teams and individuals. Games are played Sunday evenings, December thru March.

Racquetball Leagues - Leagues are offered for resident men and women at several different playing levels. Fall leagues will be played in September and October and winter leagues will be played in January and February. For additional information about entering the leagues, please call the Community Center.

Wallyball Leagues - Residents may sign up as teams (5 players per roster). The men's league is played on Monday nights and the women's league on Friday nights, both beginning in January.

AQUATICS 1995
Aquatic Director: Dave Kamerer

General Information - Pool
1. Anyone 8 and under must be accompanied by an adult or have passed an Advanced Beginner swim class.
2. Swim Team - A Community Center membership is necessary to be on the Swim Team. Tryouts and practice schedule during pre-season will be posted.
3. Adult Swim - Thursday nights.
4. Swim Meets - Home meets on Tuesday nights.
5. The pool will be closed when there is lightning and/or inclement weather. The pool will also be closed for a limited number of special events which will be announced during the summer.
6. For those individuals needing assistance into the water, a pool lift chair is available for your use. Please inquire with the pool staff.

7. Guest passes to be utilized on Saturday evenings from 4-9 or Sundays from 6-9 must be secured during normal working hours of 10 a.m.-4 p.m. Saturday or 1-6 p.m. Sunday. NO GUEST PASSES ISSUED AFTER 4 P.M. ON SATURDAYS AND 6 P.M. ON SUNDAYS.

8. There is a charge for the following to use the pool:
   a. Springdale residents without pool memberships
   b. Guests of Springdale residents with pool or regular memberships. Pool fees are as follows:

   **Daily**
   
   Ages:
   
   Under 2 . . . . Free
   2-17 . . . . . . . $1.25 per day
   18 & Over . . . . $2.50 per day
   Families . . . . . . $5.00 maximum per family per day

   **Weekly**
   
   2-17 . . . . . . . $5.00 for 5 consecutive days
   18 & Over . . . . $10.00 for 5 consecutive days
   Family . . . . . . $20.00 for 5 consecutive days

9. There is a charge of $.50 per occurrence if you do not bring your I.D. card.

10. No rainchecks.

**Pre-Season Hours:**

May 27 . . . . . . . 12-8 . . . . . . . . . . . . Open Swim
May 28 . . . . . . . 1-8 . . . . . . . . . . . . Open Swim
May 29 . . . . . . . 1-8 . . . . . . . . . . . . Open Swim
May 30 thru June 2 . . . . . 4-7 . . . . . . . Open Swim
June 3, 9, 10 . . . . . 12-8 . . . . . . . . . . . . Open Swim
June 4 and June 11 . . . . . 1-8 . . . . . . . . . . . . Open Swim
June 5 thru June 8 . . . . . 4-7 . . . . . . . . . . . . Open Swim

**Regular Season Hours:**

Starting June 12

Monday thru Friday . . . 7-10 a.m. . . . . . Swim Team Practice
Monday thru Friday . . . 10-12 . . . . . . . . . Swim Lessons
Mon.-Wed.-Fri. . . . . . 12:15-9 . . . . . . . . . Open Swim
Saturday . . . . . . . . . . 12-9 . . . . . . . . . . . . Open Swim
Sunday . . . . . . . . . . . 1-9 . . . . . . . . . . . . . . . . Open Swim
Tuesday . . . . . . . . . . 12:15-5 . . . . . . . . . Open Swim
Tuesday . . . . . . . . . . 5-9 . . . . . . . . . . . . . . . . Open Swim or Swim Meet
Thursday . . . . . . . . . . 12:15-6 . . . . . . . . . Open Swim
Thursday . . . . . . . . . . 6-9 . . . . . . . . . . . . . . . . Adult Swim

**Post-Season Hours:**

August 26 . . . . . . . 12-8 . . . . . . . . . . . . Open Swim
August 27 . . . . . . . 1-8 . . . . . . . . . . . . Open Swim
Aug. 28 thru Sept. 1 . . . . 4-7 . . . . . . . . . . . . Open Swim
September 2 . . . . . . . 12-8 . . . . . . . . . . . . Open Swim
September 3 and 4 . . . . . . . . . 1-8 . . . . . . . . . . . . Open Swim
SWIM LESSON SIGN-UPS
Sign-ups for swimming lessons will be held beginning April 17, 1995 and will be taken until classes for the first session are filled. Second session sign-ups will continue until filled or until deadline of July 16, 1995 at 6:00 p.m. Friday of the final week of first session swim lessons, the children in classes will be tested. Sign-ups for second session for those in first session will not be accepted until Monday, July 10.

Fees for Swim Lessons:
Pool Members - $7.00 each session (Pool memberships must be obtained for 1995 prior to swim lesson sign-up.)
Non-Pool Members - $10.00 (Residents with Regular memberships)
Non-Residents - $25.00 (Non-resident registration will be taken and placed in classes no earlier than Friday before classes begin. Non-residents may begin signing up Friday from 5:00 p.m. to 9:00 p.m., Saturday from 10:00 a.m. to 4:00 p.m. and Sunday from 1:00 p.m. to 6:00 p.m.)

Sessions:
1A June 12 thru June 23
1B June 26 thru July 7
2A July 17 thru July 28
2B July 31 thru August 11

Tiny Tot, Advanced Tiny Tot, and Tadpole classes will be offered as 2-week classes as shown by the dates above. There will be a limit of 5 children in each class. The fee for the classes will be 1/2 of the normal rate. Pool members will pay $3.50 per session. Non-pool members will pay $5.00 per session and non-residents will be $12.50 per session. Children may only be enrolled in one of these classes per session unless openings exist the Friday before the next session. (Example: Sarah may take Tiny Tots in Session 1A, but cannot take Adv. Tiny Tots until Session 2A or 2B unless openings exist Friday, June 23 for Session 1B.)

CLASS DEFINITION OBJECTIVES
Tiny Tot:
Basic acclimation to water. Must be 3 years old by June 1 and not older than 5 by June 1.

Advanced Tiny Tot:
To build more confidence in the water and swim 10-20 feet with a small amount of breath control. Prerequisite: Tiny Tot Class and must be 3 years old by June 1 and not older than 5 by June 1.

Tadpole:
Improve stroke and build endurance. Prerequisite: Advanced Tiny Tot Class and Instructor’s Recommendation. Must be 3 years old by June 1 and not older than 5 by June 1.

Beginner:
To equip the individual with basic water safety skills and knowledge in order to make him reasonably safe while in, on, or about the water. Must be 5 years old by June 1.

Advanced Beginner:
To increase the watermanship of the individual by adding onto the skills learned in the Beginner Course. Prerequisite: Beginner Class.

Intermediate:
The objective of the course is to provide the student with the opportunity to learn the elements of good swimming: leg kicks, arm strokes of crawl, backstroke, sidestroke, breaststroke. Prerequisite: Advanced Beginner Class.

Swimmer:
The objective of the course is to increase the student’s endurance and versatility in the water. Turns and kicks adapted for lifesaving. Prerequisite: Intermediate.

Stroke Improvement:
To provide special attention to the four competitive strokes: front crawl, back crawl, breaststroke and butterfly. Starts and turns will also be covered. Swimmers must have some skill in the four strokes before enrollment. Class limit - 5.

Beginning Diving:
To introduce spring board diving. Basic skills and safety are taught. Must have passed Beginner Swimming.

Adult Lessons:
We will provide individual instruction to improve swimming skills. A maximum of ten adults will be enrolled in this class. Classes meet Thursday evenings from 7-8 p.m. for eight weeks beginning June 15.

Adult Aquatic Exercise Class:
Adult aquatic exercise class will be held Thursday evenings from 8-9 p.m. Call the Community Center for more details.
SWIM LESSON TIMES

<table>
<thead>
<tr>
<th>Class</th>
<th>Prerequisite</th>
<th>Times</th>
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</thead>
<tbody>
<tr>
<td>Tiny Tot</td>
<td>None</td>
<td>10:30, 11:00, 11:30</td>
</tr>
<tr>
<td>Adv. Tiny Tot</td>
<td>Passed Tiny Tot</td>
<td>10:30, 11:00, 11:30</td>
</tr>
<tr>
<td>Tadpole</td>
<td>Passed Adv. Tiny Tot &amp; Teacher</td>
<td>10:00</td>
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<tr>
<td></td>
<td>Recommendation</td>
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<tr>
<td>Beginner</td>
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</tr>
<tr>
<td>Adv. Beginner</td>
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<td>10:00, 10:30, 11:00, 11:30</td>
</tr>
<tr>
<td>Intermediate</td>
<td>Passed Adv. Beginner</td>
<td>10:00, 11:00, 11:30</td>
</tr>
<tr>
<td>Swimmers</td>
<td>Passed Intermediate</td>
<td>10:00, 10:30</td>
</tr>
<tr>
<td>Stroke Improvement</td>
<td>Special Arrangement</td>
<td>10:00</td>
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<tr>
<td>Diving</td>
<td>Passed Beginner</td>
<td></td>
</tr>
</tbody>
</table>

ADULT CLASSES

| Adult Lessons         | 8 Week Class Beginning June 15         | 7:00-8:00 p.m.         |
|                      | Thursday evenings                      | 8:00-9:00 p.m.         |

If classes must be cancelled for weather related conditions, there will be no opportunity to make up classes.

POOL RULES

1. Street clothes and shoes prohibited in the pool area.
2. All glass containers (baby oil bottles, mirrors, etc.) must be kept out of the pool area.
3. Running or horseplay will not be tolerated.
4. Floatation devices or toys will be prohibited, except in the children’s pool.
5. Parents are prohibited in pool area during children’s swim instructions.
6. A shower should be taken before entering the pool.
7. Kickboards and floatbelts are for instructional and competitive use only.
8. Riding on shoulders is not allowed, along with excessive splashing or dunking.
9. There will be a 15-minute rest break hourly throughout the day. All swimmers except adults are expected to clear the pool immediately. Children 2 and under may swim when accompanied by an adult in the water.
10. No one 6 years old or over is permitted in the water of the children’s pool.
11. All children using the children’s pool must be accompanied by an adult (18 years or over). PARENTS: DO NOT SEND ANOTHER CHILD TO BABYSIT.
12. Poolchairs will be provided—please do not bring your own.
13. 2 ft. area of main pool restricted to children 8 and under.
14. We ask parents of children not yet toilet trained to have the children wear plastic pants under their swimsuits.
15. Appropriate swimwear required.
16. Anyone 8 and under must be accompanied by an adult or have passed an Advanced Beginner swim class.
17. Adults in children’s pool may not enter water in street clothing.
18. Disciplinary action will be taken as a result of misconduct or destruction of property.
19. Fins and snorkels are prohibited in pool.

DIVING AREA

20. Diving is prohibited from the sides of the pool.
21. Hanging on diving boards is prohibited.
22. A diver must dive straight off the board.
23. A diver must wait until the diver in front of him has reached the side before diving.
24. “Spot-Dives” or any dives requiring a second contact with the board are not permitted.
25. Only one person at a time on the board and ladder.
26. After diving off the board, go directly to the nearest ladder.
27. No one shall swim under the board or wait for another individual on the board.
LANE AREA
28. The roped off area is for continuous swimming in a clockwise circle only. (If you must rest, get out of the pool.)
29. Do not sit on or swim under rope markers.
30. Stopping in lanes is prohibited; swim to the end of the lane.

CONCESSION AREA
31. All food or beverages must be kept inside the concession area.
32. No alcoholic beverages may be brought to the pool.
33. Please be considerate and dispose of your trash in the containers provided.

POOL CONCESSION STAND
The Springdale Community Center staffs and operates a pool concession stand during the pool season. Soft drinks, hot sandwiches, candy and ice cream are just a few of the items offered for sale to our pool patrons at reasonable prices. The concession stand is open during normal pool hours; however, the grill closes at 7 p.m. nightly. Also, the hours of operation may vary during pre-season hours, late season hours and inclement weather, so check with the Community Center office. The pool concession is operated for the convenience of our members. We hope to receive your continued support. All food and drink items must be consumed in designated areas only.

SPRINGDALE SAILFISH SWIM TEAM
The Sailfish are a summer recreational swim team belonging to the Northern Suburban Swim League. Swim meets are on Tuesday and Thursday evenings. Three coaches are available to help children with strokes, drills and swimming techniques during practices which are Monday through Friday mornings. The season runs Memorial Day through the end of July.
Membership fees are $20.00 per child and $15.00 for each additional child in the same family. A Springdale Community Center membership is also necessary.
All children, ages 6-18, who enjoy swimming are welcome to join us for lots of fun and great exercise!
For more information, contact Jerry Steinke at 671-1640.

EMPLOYMENT OPPORTUNITIES
Each year, the Community Center hires a number of individuals as seasonal employees. The jobs include: Lifeguard/ Swim Instructors, Concession Workers and Park Maintenance Personnel. Competitive wages are offered. If interested in seasonal employment, please inquire at the Center as soon as possible after the first of the year.

GROUPS MEETING REGULARLY AT THE CENTER

F.R.Y.S., Inc.
Meets the fourth Tuesday of each month at 7:30 p.m.
Open meetings.
Heritage Hill Women’s Club
Meets the first Monday of each month at 7:00 p.m.
Recreation Commission
Meets the first Tuesday of each month at 7:00 p.m. between September and May
Senior Citizens
Meets every Tuesday from 9:00 a.m. to 5:00 p.m.
NEIGHBORHOOD PARKS

Within the city there are five parks, each in a different section of our community, maintained for your enjoyment. We do schedule activities at these facilities. However, their main function is to serve as an outlet for your chosen leisure activity at a time convenient to you.

Following is a brief description of each park and the facilities available at each one. Also for your information are some procedures to follow when utilizing these facilities.

PARK POLICIES
1. Alcoholic beverages permitted in park only with prior approval from Parks and Recreation Director.
2. Parks close at dark. Parks are monitored routinely by Springdale Police Department.
3. No pets permitted on any park property.
4. Golf is prohibited on any park property.

BEACON HILL PARK
Located at the end of Weymouth Court. Facilities include a ball diamond, playground equipment, Larry Packer Memorial Soccer Field and water fountain. The park is 3.5 acres of open area with an abundance of trees that provide an aesthetic appearance.

CAMERON PARK
Located on Cameron Road, this 8 acre park is both open and has a small wooded area with mature shade trees. Facilities include a basketball goal, grill, picnic table, off-street parking, playground equipment, soccer field and water fountain.

CHAMBERLAIN PARK
Vehicle entrance from Marwood Lane and Ledro Street. This is an 18 acre park with big open areas and large wooded segments of mature trees. This park also has a stream which runs through the property from the south to the north. Facilities include a ball diamond, basketball goal, grill, picnic tables and shelter, playground equipment, off-street parking, soccer field, 2 tennis courts and a water fountain. There is a wooden pedestrian bridge over the stream connecting one part of the park to the other.

ROSS PARK
This is an 8 acre park with an entrance at Lawnview Avenue and Nelson Lane. There is also a pedestrian entrance off of Silverwood Circle. There are significant open areas along with a large wooded portion of the property with mature trees. There is a stream running through the property from the west to east side. Facilities include a ball diamond, basketball goal, grill and picnic tables, playground equipment, off-street parking, soccer field and water fountain.

UNDERWOOD PARK
Located off of Rose Lane, this 1.7 acre park is mostly open; however, there are mature trees dispersed throughout the property. Facilities include a basketball goal, ball diamond, grill and picnic table, playground equipment, off-street parking and water fountain.
## GYM SCHEDULE - MEMORIAL DAY TO LABOR DAY

<table>
<thead>
<tr>
<th>Time</th>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
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<td>Slimnastics Tiny Tot Gym</td>
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<tr>
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<td>Tiny Tot Gym</td>
<td>Circuit Fast &amp; Fit</td>
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<td>Circuit Fast &amp; Fit</td>
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Close at 10:45 p.m.
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<td>Practice or Games</td>
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<tr>
<td>8:00 p.m.</td>
<td>Co-Ed Volleyball</td>
<td>Practice or Games</td>
<td>Mens Power Volleyball</td>
<td>Practice or Games</td>
<td>Men’s Basketball</td>
<td>Practice or Games</td>
<td>Closed</td>
</tr>
<tr>
<td>9:00 p.m.</td>
<td>Closed</td>
<td>Open</td>
<td>Mens Power Volleyball</td>
<td>Women’s Volleyball</td>
<td>Men’s Basketball</td>
<td>Men’s Basketball</td>
<td>Closed</td>
</tr>
<tr>
<td>10:00 p.m.</td>
<td>Closed</td>
<td>Open</td>
<td>Mens Power Volleyball</td>
<td>Women’s Volleyball</td>
<td>Men’s Basketball</td>
<td>Men’s Basketball</td>
<td>Closed</td>
</tr>
</tbody>
</table>

Close 10:45 p.m.
## IMPORTANT DATES

<table>
<thead>
<tr>
<th>January</th>
<th>July</th>
</tr>
</thead>
<tbody>
<tr>
<td>14-17 Spring Sports Sign-Ups</td>
<td>1-2 Spirit of Springdale Festival</td>
</tr>
<tr>
<td>16 Martin Luther King Day - Open 1-9 p.m.</td>
<td>4 Independence Day - Open 1-9 p.m.</td>
</tr>
<tr>
<td></td>
<td>7-9 Ray Manis Memorial Softball Tournament</td>
</tr>
<tr>
<td><strong>February</strong></td>
<td></td>
</tr>
<tr>
<td>20 President’s Day - Open 1-9 p.m.</td>
<td>17 Swim Lessons Start 2nd Session</td>
</tr>
<tr>
<td></td>
<td>18 Tennis Lessons Start 2nd Session</td>
</tr>
<tr>
<td>March</td>
<td>22-23 Women’s USSSA Softball Tourn.</td>
</tr>
<tr>
<td>25 Senior Citizens Spring Festival</td>
<td></td>
</tr>
<tr>
<td>31 1994 Memberships Expire</td>
<td></td>
</tr>
<tr>
<td><strong>April</strong></td>
<td><strong>September</strong></td>
</tr>
<tr>
<td>TBA Opening Day Ceremonies</td>
<td>2 Goldfish Swim</td>
</tr>
<tr>
<td>15 Easter Egg Hunt - Ross Park</td>
<td>4 Labor Day - Open 1-9 p.m.</td>
</tr>
<tr>
<td>17 Swim Lesson Sign-Ups Begin</td>
<td>9 Junior Olympics</td>
</tr>
<tr>
<td></td>
<td>9-12 Winter Sports Sign-Ups</td>
</tr>
<tr>
<td><strong>May</strong></td>
<td><strong>October</strong></td>
</tr>
<tr>
<td>13-16 Fall Soccer Sign-Ups</td>
<td>TBA Three Mile Run/Walk</td>
</tr>
<tr>
<td>27 Pool Opens</td>
<td>TBA Punt, Pass and Kick Competition</td>
</tr>
<tr>
<td>29 Memorial Day - Open 1-9 p.m.</td>
<td>31 Halloween Party</td>
</tr>
<tr>
<td><strong>June</strong></td>
<td><strong>November</strong></td>
</tr>
<tr>
<td>12 Swim Lessons Start 1st Session</td>
<td>4 Senior Citizens Fall Festival</td>
</tr>
<tr>
<td>13 Tennis Lessons Start 1st Session</td>
<td></td>
</tr>
<tr>
<td>17-18 Mixed Couples Softball Tournament</td>
<td></td>
</tr>
</tbody>
</table>

Springdale Community Center
11999 Lawnview Avenue
Cincinnati, Ohio 45246