ADMINISTRATIVE INFORMATION

• RECREATION STAFF •

James H. Burton .......................... Director
Gary Thompson .......................... Asst. Director
Greg Karle .............................. Asst. Director
Debbie Carpenter ........................ Secretary
Lenny Walker ............................. Custodian

Parks Maintenance Crew:
Tom Meeks .............................. Crew Leader
Chuck Holmes .......................... Tim Green
Ken Shroyer ............................

• SPRINGDALE OFFICIALS •

Vern French .............................. Mayor
Cecil Osborn ............................ City Administrator
Doyle Webster ........................... City Clerk
Gene Nell ............................... Council
Tony Bradburn ........................... Council

Dave Okum ............................... Council
Marge Bolce .............................. Council
Ray Johnson ............................. Council
Ken Alexander .......................... Council
Rashnikant Patel ........................ Council

• SPRINGDALE RECREATION COMMISSION •

Bill Jackson — Chairman

Steve Shuck .............................. Don Clark
Harold Naylor ........................... Roy Parriman

The Springdale Recreation Commission meets the first Tuesday of each month - 7:00 p.m. at the Community Center.

• FUND RAISERS FOR YOUTH SPORTS •

Bill Lindenschmidt, President
Gary Hammonds, Vice-President
Donna Lanter, Secretary
George Ware, Treasurer
Pat Fite
Pam Davis

Janet Heckman ........................... Marilyn Horman
Don Price ................................. Carla Shroyer

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COMMUNITY CENTER HOLIDAY INFORMATION
Thanksgiving ....................... Closed
Christmas Day ..................... Closed
President’s Day .................... Open - 1 to 9 p.m.
Memorial Day ...................... Open - 1 to 9 p.m.
Independence Day ................ Open - 1 to 9 p.m.
New Year’s Day .................... Closed
Easter Sunday ..................... Closed
Labor Day .......................... Open - 1 to 9 p.m.
Columbus Day ..................... Open - 1 to 9 p.m.

COMMUNITY CENTER - DAILY HOURS
Monday thru Friday .............. 9 a.m. to 11 p.m.
*Saturday .......................... 10 a.m. to 9 p.m.
*(Labor Day thru Memorial Day Hours 10 a.m. to 6 p.m.)
Sunday ............................. 1 p.m. to 9 p.m.

During the winter months the Community Center will close on Saturdays at 6 p.m. unless there is a dance or reception scheduled in the gym. These changes will be posted on the bulletin board at the Center.

MEMBERSHIP & GENERAL REGISTRATION
1985 MEMBERSHIP CARDS EXPIRE APRIL 30, 1986
Between January 1 and April 30 is the time that we register for memberships for the year 1986. If the pictures on your present identification cards are satisfactory, and you are still a resident of Springdale, you may return the 1985 cards to have new ones made up for 1986.

If current pictures are unsatisfactory or if you are a new applicant, you will need to have pictures made so that we can complete the Identification Card.

For those who want Pool Membership, the fee is $35.00 payable with the application for membership.

After April 30, 1986 cards will be required to use the facilities.

There will be a penalty charge for changing from a Regular 1986 Membership to a Pool 1986 Membership plus a $1.00 charge for each I.D. card which has to be changed. (Example: 4 members in family - charge for change would be $35.00 + $4.00 for 4 new cards = Total $39.00.

The Springdale Community Center offers three types of memberships. These are titled Regular Membership, Family Pool Membership, and Individual Pool Membership. Regular Membership entitles each member to use all of the facilities of the Center except the pool. However, a regular Member may utilize the pool by paying necessary guest fees. Pool Membership entitles each member all Center privileges including those of the pool. To participate in a sponsored athletic league you must have a membership.

FEES FOR MEMBERSHIP PER FAMILY
ARE AS FOLLOWS
Regular ......................... Free
Pool - Family .................. $35.00
Pool - Individual .............. $25.00

Upon completion of the membership application, I.D. pictures are taken and individual I.D. cards are issued to each member of the family over 2 years of age.

Appointments are not necessary for photographs. Due to the large volume of memberships, we require that membership cards be carried at all times when on the Community Center grounds. If an employee of the Center asks to check your I.D. card, please understand that this is the only way we have of insuring that the Center is being used by members exclusively. Please be prepared to show your card when you visit the Center.

Photographs are taken Monday thru Friday from 5:30 to 7:00 P.M. and on Sunday from 1:30 to 5:00 P.M. Photographs must be taken within two (2) weeks after making application for membership. If photographs are not taken within the 2 week period, the application may become void and renewal could require penalty payment.

FOR YOUR CONVENIENCE, PLEASE MAKE EVERY EFFORT TO RENEW YOUR POOL MEMBERSHIPS PRIOR TO THE OPENING OF THE POOL MAY 24TH.

Lost Identification Cards may be replaced at the cost of $1.00 per I.D.

POLICY CONCERNING GUESTS OF MEMBERS:
There is no charge for guests who come to use the gym or outdoor facilities (except the pool) along with members. We do ask that residents limit their guests to one per member unless a whole family is involved. Guests must be accompanied by a member in good standing at all times and guests must be registered at the office.

THE SPRINGDALE COMMUNITY CENTER RESERVES THE RIGHT TO REFUSE THE ADMITANCE OF GUESTS TO ALL OF OUR FACILITIES DURING TIMES OF HEAVY USE BY OUR MEMBERS.

THE FACILITIES AT THE SPRINGDALE COMMUNITY CENTER ARE EASILY ACCESSIBLE TO THE HANDICAPPED.
GENERAL RULES

1. A membership card must be shown before being admitted to the Center.
2. A lost or destroyed card may be replaced for $1.00.
3. No one will be admitted if their card has been taken away for disciplinary action.
4. Persons causing disturbances or causing destroying property will be dealt with by Police.
5. The Community Center is for use by Springdale Residents Only. Any special arrangements for Non-Resident participation must be cleared with the Community Center Office.
6. All special arrangements including parties, meetings, reservations for rooms or fields must be cleared through the Community Center Office.
7. Persons under the age of 18 are not permitted to smoke anywhere on the Community Center property.
8. Bicycles should not be ridden on sidewalks and should be locked in designated area. All bicycles must be locked while on the property when not in use. Mopeds should be confined to parking lot and street.
9. Misconduct will result in disciplinary action.
10. We ask that you put trash in its proper place.
11. Abusive language will not be tolerated.
12. Swim suits are prohibited in the gym.
13. Spikes, (steel, plastic, or rubber) should not be worn in building.
14. Alcoholic Beverages permitted by special permission in picnic area only. Special permission must be obtained from the Recreation Director.
15. No pets permitted on any park property.

RESERVATIONS POLICY

Game Room:
The Game Room may be reserved 24 hours in advance for a period of one hour and not to exceed one hour during any one day. Only six people at any time may occupy the room. Membership card must be left at the desk when using room and picked up before leaving. All damage costs will be divided equally among Game Room patrons at time of incident. You must be 13 years of age or older to reserve the Game Room for use of the Pool Table, unless accompanied by a parent. Children under 13 may reserve the Game Room for Ping Pong play only. A small deposit is required to check out equipment. The deposit will be refunded if equipment is returned in the same condition it was as when it was checked out.

Tennis Courts:
Courts may be reserved 24 hours in advance (Reservations taken by telephone from 10 a.m. to 9 p.m.). Courts are reserved Monday thru Friday for play between the hours of 5 p.m. and 10:45 p.m. Before 5 p.m.
courts are open on a first come first serve basis. Courts are reserved for play on Saturdays and Sundays from 2 p.m. to 8:45 p.m. (Open play on weekends from 7 a.m. to 2 p.m.).

USE OF FACILITIES

Those groups or organizations who wish to use the Community Center building or grounds must fill out an application which is available in the office. Each application is reviewed by the Director and fees, if any, are set. In cases where our present policy is inadequate, application will be reviewed by the Recreation Commission. Groups are then notified of the acceptance or rejection of the application. Application should be filed early in order to insure the date wanted will be open. Reservations for following year will not be accepted before October 1st of present year.

In case of a Wedding Reception either the Bride or Groom or parents of one must live in Springdale. No set up for parties or reception will begin before 5:00 p.m. Applications for use of Gym taken Monday thru Friday - 9 a.m. to 6 p.m. only.

SPECIAL EVENTS

Junior Olympics
The Junior Olympics is an annual event. This event is usually held in early September here on the Community Center grounds. Boys and girls from ages 5-12 are eligible to participate in the games which test various motor skills. Further information will be posted at a later date on the Community Center bulletin boards.

Senior Citizens:

Fall Fun Festival
Held each year on the first Saturday in October. Arts & Crafts, Door Prizes, Food.

Christmas Bazaar
Held each year at the Center on 1st Saturday in December. Arts and Crafts, Door Prizes, Food.

Trips
The City of Springdale sponsors several trips each year for all Springdale Senior Citizens. A list of trips for 1986 will be posted at the Center shortly after the first of the year.

Halloween Party at Community Center
The Center will host a Halloween party for the youth of Springdale. Time: 7:30 to 9 p.m. Date: October 31, 1986. Ages and other pertinent information will be posted at the Community Center and distributed through the local schools, or call the Center - 671-6260.

Men's Softball Tournament
July, 1986 (watch Center for exact date.)
Women's Softball Tournament
July, 1986 (watch Center for exact date.)

Opening Day Ceremonies
For Baseball/Softball tent scheduled for Sat. May 3rd.

LOOK

Tentative Schedule for 1986 Concerts in the Park
Thursday, June 19th—Lialzgon—Variety, Top 40, Pop
Thursday, June 26th—Over The Hill Gang—Popular
Hits from the Turn of the Century to the Present
Friday, July 4th—Johnny Wolfe & The White Light
ning Express—Country/Western
Thursday, July 10th—Ooh La La & The Greasers—50's & 60's Rock & Roll
Thursday, July 17th—American Legion Dance Band
Post 69—Big Band Sound
Thursday, July 24th—Cotton—Country Rock, Top
40, Variety
Thursday, July 31st—to be announced
Thursday, August 7th—to be announced

Showtime 7:30pm
Thursdays in the Amphitheater
No Admission Charged
In Case of Rain Concerts Move to Gymnasium

INSTRUCTIONAL ACTIVITIES

Ceramics
Our Ceramics Program is a big success. Come join
us for this class and have the satisfaction of making
beautiful things for yourself or as gifts. Classes
meet Tuesdays or Thursdays from 7 to 10 p.m. Fee is
$8.00 per month, for further Information call
671-6260.
Instructor - Carolyn Boeding

Day Camp
day camp gives the children an opportunity to
spend a day with new and exciting activities that
they cannot do at home and in school. Children ages
6 thru 10 will be involved in Arts & Crafts, Singing,
Field Games, Swimming, and many more activities.
Day Camp will begin June 16, 1986, and will continue
for 8 weeks thru August 8, 1986 (4-2 weeks
sessions.).

Hours:
9:00 a.m. to 2:30 p.m. Monday thru Friday. Campers
will bring their own lunch and drinks (canned pop is
available at Center.)

Limit
30 children (first come, first serve, so if you want
your child in more than one session please register
well in advance.)

Registrations:
Registration for Day Camp will be accepted as of
May 19, 1986 for one or more sessions. All registra-
tions must be accompanied by fee. If you sign up for
more than one session, fee must be paid for all ses-
sons to hold spot. Non-Residents will be accepted
one week before the start of each session if there are
openings.

Fees:
$30.00 per session (2 weeks) - Residents
$40.00 per session (2 weeks) - Non-Residents

Sessions:
June 16 thru June 27
June 30 thru July 11
July 14 thru July 25
July 28 thru August 8

Equipped Exercise Room & Saunas
These facilities are available for use during our nor-
mal hours of operation. Week nights after 8 p.m. are
set aside for adults 18 years of age and older. In-
dividuals must be at least 13 years of age to use
either facility unless accompanied by parent. Rules
are posted for proper usage. Should you require in-
struction on one or the other facility, one of the staff
members will be happy to assist you.

First Aid
The Springdale Fire Department has the facilities
and capabilities to provide Cardio Pulmonary
Resuscitation instruction for any group in the Com-
munity which desires it. The instruction would take
three hours for each of two nights. This is in accord-
ance with the American Heart Assn. procedure and
there is a $3.00 charge. Anyone desiring more infor-
mation should contact Chief Robert J. Posega at
671-3576.
Greater Springdale Jayces offers a CPR course to
individuals one Saturday per month at the Communi-
ty Center. Interested persons should contact the
American Red Cross at 579-3000 for dates and cost.

Jazzercise
A great way to get in or stay in shape is thru this ex-
hilarating and enjoyable program. This class meets
on Tuesday and Thursday mornings from 10 a.m. to
11 a.m. and on Monday and Thursday evenings from
6 to 7 p.m. Contact the Center In regards to registra-
tion or call Jazzercise 777-6808.

Slimnastics
Slimnastics is a fitness class for women emphasis-
ing the components of flexibility, agility, strength,
and endurance. Each is held on Monday, Wednes-
day, and Friday from 10 to 11 a.m.

Fees:
Residents - $.35 per class.
Non-Residents - $.70 per class.

Instructors:
Sue Smith & Kay Faust
Tennis Classes
Registration for tennis classes occurs 1 month prior to the beginning of each class. Residents are given preference. Non-Residents may register if there are positions open. Minimum - 6 per class. Fee must accompany registration and be received no later than 1 week prior to start of class.

Class Times
June 10, 1986, thru July 3, 1986
Tuesdays & Thursdays
10 a.m. - Children's Classes
11 a.m. - Children's Classes
7 p.m. - Adult Classes

July 8, 1986 thru July 31, 1986
Tuesdays & Thursdays
10 a.m. - Children's Classes
11 a.m. - Children's Classes
7 p.m. - Adult Classes

Fees:
for Children's Classes are:
$8.00 - Residents
$12.00 - Non-Residents

for Adult Classes are:
$10.00 - Residents
$15.00 - Non-Residents

Instructor:
Maureen Fredrick

Tiny Tot Gym
This class is for children ages 2 to 5. Activities are designed to improve basic motor skills such as running, jumping, hopping, balance, and coordination. The children enjoy the activities as well as learn how to use their entire body effectively in movements. This class is held on Monday, Wednesday, and Friday from 11:00 to 11:45 a.m.

Fees:
$.35 - Residents
$.70 - Non-Residents

Instructors:
Sue Smith & Kay Faust

Babysitting
Mothers, don't forget the Center offers Babysitting service for mothers who take classes. This service is offered Monday - Wednesday - Friday from 6:30 to 11:30 for pre-school children. Registration is not necessary; mother, pay when you come. Children may bring their own toys. All mothers using this service may be asked to volunteer if necessary. Fees are $7.50 per child per hour. Two or more children per family $1.25 per hour, $.50 per half hour. There is a class limit of 15 children. Please do not bring food or drinks (Exception: baby bottles).

Babysitter:
Martha Shircliff

TEAM SPORTS
A large number of young people and adults participate as a part of teams in Springdale. The Springdale Community Center organizes the Youth who want to participate into teams and leagues in softball, baseball, basketball, volleyball and soccer.

The Staff then schedules these teams for games on City facilities.

The Staff at the Center also organizes the adults of the City into teams in softball, basketball, and volleyball. If you are interested in participating in one of these sports activities, call the Center to get information for the appropriate times to register. Sign ups are by team or individual.

Player Eligibility
A. All players must be fulltime Springdale residents.
B. All players must be members of the Springdale Recreation Center.
C. It is the responsibility of persons wishing to participate in Springdale programs to demonstrate they are fulltime residents.
D. Fulltime residents are those heads of households, spouses, and dependent children of those heads of households, living fulltime in residence owned by or rented to the head of the household in Springdale.
E. Children of heads of household attending college are considered fulltime residents, if when not at the campus he/she lives at the Springdale residence.
F. Employees of the Municipal Government and their immediate families are considered as residents of Springdale.
G. All fulltime residents of the City of Springdale must be registered as residents with the Tax Office of the City of Springdale.

H. Any participant whose residency is questioned must furnish to the Community Center substantiating written proof of residency.

REGISTRATION

Registration for each sport in our Youth program will be held at the Community Center on the dates listed below. Parents MUST sign the registration form. A $3.00 fee must be paid at sign up time. Late sign-ups $5.00. Uniforms MUST be turned in to coach at the end of each season. Thank you.

January 25 & 26 also February 1 & 2
Softball & Baseball & Spring Soccer - Anyone signing up after these dates will be considered a "Late Sign Up" and will not be guaranteed a spot on a team.

*Instructional T-Ball - Class held during June & July. Child must be 6 years of age by September 30, 1986. No fee.

*Instructional Softball - Class held during June & July. Child must be 8 years of age by September 30, 1986. No fee.

May 10, 11 & 17, 18
Soccer - Anyone signing up after these dates will be considered a "Late Sign Up" and will not be guaranteed a spot on a team.

*Instructional Soccer - Classes held during September & October. Child must be 5 years of age by September 30, 1986. No fee.

September 13, 14 & 20, 21
Basketball & Volleyball - Anyone signing up after these dates will be considered a "Late Sign Up" and will not be guaranteed a spot on a team.

*Instructional Basketball - Classes held November thru January. Child must be 8 years of age by September 30, 1986. No fee.

*Instructional classes are designed to familiarize the individual with the particular sport she/he has chosen and help him/her develop basic fundamentals for that sport.

MINORS - Any youth age 11 or 12 who has not reached the age of 13 before September 30.

Millcreek Valley - Any youth age 13 thru 17 who has not reached the age of 18 before September 1st. Contact Community Center for further information.

Volleyball - January thru March
Age Groups: 9-12 year olds - Any youth 9 years of age by September 30 who has not reached 13 before September 30. Boys as well as girls are encouraged to sign up.

Baseball - April thru July
Age Groups: 7-8 year olds - Any boy 7 years of age by September 30 who has not reached 9 before September 30.

9-10 year olds - Any boy 9 years of age by September 30 who has not reached 11 before September 30.

11-12 year olds - Any boy 11 years of age by September 30th who has not reached 13 by September 30th.

Knothole - Boys 13 thru 16 yrs of age. Contact the Community Center for further information.

Softball - April thru July
Age Groups: Tri-City Girls
Class A - Girls must not be 19 before September 1st.
Class B - Girls must not be 15 before September 1st.
Class C - Girls must not be 13 before September 1st.
Class D - Girls must not be 11 before September 1st.

Soccer - August thru October
Age Groups:
Passers - Players must be 6 by September 30 and not 8 before September 30.
Wings - Players must be 8 years of age by September 30 and not 10 before September 30.
Strikers - Players must be 10 years of age by September 30 and not 12 before September 30.
Kickers - Players must be 12 years of age by September 30 and not 14 before September 30.
Minors - Players must be 14 years of age by September 30 and not 16 before September 30.
Seniors - Players must be 16 years of age by September 30 and not 18 before September 30.

Spring Soccer - For boys and girls age 6 thru 18 - May thru June. Contact Community Center for further information.
F.R.Y.S., INC
Fund Raisers for Youth Sports is a group of parents and coaches who raise funds to assist the youth sports programs in Springdale. This group through their concessions revenue provide funding for uniforms, officiating fees, and trophies. F.R.Y.S. is a vital volunteer service group whose efforts are greatly appreciated by the Community Center Staff. F.R.Y.S. needs new members. Anyone interested in aiding this program should contact Bill Linden
schmidt.

ADULT TEAM SPORT OPPORTUNITIES
Softball - May thru July
Age Groups:
Men's 17 & Over - Thursday Evenings
Men's 30 & Over - Tuesday Evenings

GROUPS MEETING REGULARLY AT THE CENTER
F.R.Y.S., INC.
Meets the fourth Tuesday of each month at 8:00 p.m.
Open Meetings.
Heritage Hill Women's Club
Meets the first Monday of each month from 7:00 p.m.
to 11:00 p.m.
Greater Springdale Jaycees
Meets the second Monday and the fourth Tuesday of
each month from 7:30 p.m. to 11:00 p.m.

Mothers of Twins Club
Meets the 3rd Monday of each month from 7:30 p.m.
to 11:00 p.m.
Recreation Commission
Meets first Tuesday of each month at 7:00 p.m.
Senior Citizens
Meets every Tuesday from 9:00 a.m. to 5:00 p.m.

AQUATICS 1986
Aquatics Director:
Sharon Casselman

Pre-Season Hours:
May 24 .................. 12-9........ Open Swim
May 25 .................. 1-9 .......... Open Swim
May 26 .................. 1-9 .......... Open Swim
May 27 thru May 30 4-7........ Open Swim
May 31 & June 7 ......... 12-9...... Open Swim
June 1 & 8 ............... 1-9 .......... Open Swim
June 2, 3, 4, 5 & 6 ...... 4-7 .......... Open Swim

Regular Season Hours:
Starting June 9
Monday thru Friday ... 7-10a.m. .... Swim Team
Practice
Monday thru Friday *10-12a.m. Swim Lessons
Mon.-Wed.-Fri. *12-9 .... Open Swim
Saturday ................. 12-9 .... Open Swim
Sunday .................. 1-9 .......... Open Swim
Thursday ................ 12-6 .... Open Swim
Thursday 6-9 Adults Only
Tuesday ................. 12-5 .... Open Swim
Tuesday ................. 5-9 .... Open Swim
or Swim Meet

*Please note on days we have Swim Lessons the pool will not open until 12:15 p.m.

General Information - Pool
1. Swim Team - A Community Center Membership is necessary to be on the Swim Team. Try-outs and practice schedule during pre-season will be posted.
2. Adult Swim - Thursday nights.
4. The Pool will be closed when there is lightning. The pool will also be closed for a limited number of Special Events which will be announced during the summer.
5. PLEASE NOTE:
There is a charge for guests coming in to use the pool. Pool guest fees are as follows:
Ages:
Under 2 - Free
2-17 - $1.25
18 & Over - $2.50
Families - $5.00 Max per family
Weekly guest fee - $5.00 per person.
A member may bring an entire family; however, at least one parent must be present.
6. There is a charge of $5.00 per occurrence if you do not bring your I.D. card.
7. Please Note: Guest passes to be utilized on Saturday evenings from 4:00 p.m. to 9:00 p.m. must be secured during the normal working hours of 10:00 a.m. to 4:00 p.m. on the same Saturday. THERE WILL BE NO GUEST PASSES ISSUED AFTER 4:00 P.M. ON SATURDAYS.

SWIM LESSONS SIGN UPS
Sign-ups for Swimming Lessons will be held beginning April 14, 1986, and will be taken until classes for the first session are filled. Second session sign-ups will continue until filled or until deadline of July 8, 1986 at 12:00 noon. Example: Johnny may be signed up for Beginner for the first session; however, this individual may not be signed up for second session. Friday of the final week of 1st session swim lessons, the children in classes will be tested. Sign-ups for 2nd session for those in 1st session will not be accepted until July 7 & July 8 from 9 a.m. to 12 noon.

This sign-up time is for EVERYONE, first session students and new students not previously signed up. Sign-ups for second session are on a first come, first serve basis. Fees must be paid at the time of sign-ups.

Fees for Swim Lessons:
- Pool Members - $4.00 each session.
- Non-Pool Members - $7.00 (residents with Regular Membership)
- Non-Residents* - $12.00

Sessions:
- June 9 thru July 3
- July 14 thru August 8

CLASSES ARE FOR 30 minutes
*Non-Resident registrations will be taken and placed in classes no earlier than 5 days before classes begin.

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<tr>
<th>Class</th>
<th>Prerequisite</th>
<th>Time</th>
<th>Days</th>
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<tr>
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<td>M thru F</td>
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<td>None</td>
<td>11:00</td>
<td>M thru F</td>
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<td>M thru F</td>
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<td>M thru F</td>
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<tr>
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<td>None</td>
<td>10:30</td>
<td>M thru F</td>
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<tr>
<td>Adv. Beginner</td>
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<td>11:30</td>
<td>M thru F</td>
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<td>10:00</td>
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<td>Spec. Arrangement</td>
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<tr>
<td>Stroke Improvement</td>
<td>Spec. Arrangement</td>
<td>10:00</td>
<td>M thru F</td>
</tr>
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DIVING LESSONS
10:00-10:30 a.m.  M thru F

SPECIAL CLASSES
7:00-8:00 p.m.  Thurs. (Only 1 Session)  (8 weeks) Beginning June 12

If classes must be cancelled for either cold weather or storm conditions there will be no opportunity to make up classes. There will be no swimming lessons on July 4.
CLASS DEFINITION OBJECTIVES

Tiny Tot:
Basic acclimation to water. Basic skills are taught such as independent floating (front), breath control and simple arm and leg movement. Must be 3 years old by June 1 and not older than 5 by June 1.

Adv. Tiny Tot:
To build more confidence in the water and swim 10-20 ft. with a small amount of breath control. Introduce back floating and deep water. Prerequisite: Tiny Tot Class & must be 3 years old by June 1 and not older than 5 by June 1.

Beginner:
To equip the individual with basic water safety skills & knowledge in order to make him reasonably safe while in, on, or about the water. Adjustment Into water, body position, coordinated stroking, entry, personal safety. Must be 5 years old by June 1.

Advanced Beginner:
To increase the watermanship of the individual by adding on the skills learned in the Beginners Course, breath control, survival floating, elementary backstroke, crawl stroke, diving & underwater swimming, safety & rescue techniques. Prerequisite: Beginner Class.

Intermediate:
The objective of the course is to provide the student with the opportunity to learn the elements of good swimming: leg kicks, arm strokes: of crawl, backstroke, sidestroke, breaststroke. Prerequisite: Adv. Beginner.

Adult Lessons:
We will help with individual attention, and bring additional swimming skills to the present level.

Swimmer:
The objective of the course is to increase the student's endurance & versatility in the water: turns and kicks adapted for lifesaving. Prerequisite: Intermediate.

Stroke Improvement:
To provide special attention to the four competitive strokes; front crawl, back crawl, breaststroke, and butterfly. Starts and turns will also be covered. Swimmers must have some skill in the four strokes before enrollment. Class limit 5.

Beginning Diving:
To introduce spring board diving: front dive, back dive, inward, reverse & 1 twist. Must have passed Beginner Swimming.
POOL RULES

1. Street clothes and shoes are prohibited in the pool area.
2. All glass containers (baby oil bottles, mirrors, etc.) must be kept out of the pool area.
3. No smoking or eating is allowed in the locker rooms or on the deck area. All smoking and eating is to be confined to the outdoor concession area.
4. Running or horseplay will not be tolerated.
5. Flotation devices or toys will be prohibited, except in the children's pool.
6. Swearing, blasphemous, or distasteful language is absolutely prohibited.
7. Parents are prohibited in pool area during children's swim instructions.
8. A soap shower should be taken before entering the pool.
9. Kickboards and floatbelts are for instructional and competitive use only.
10. Anyone caught fighting or destroying property will be automatically expelled from pool and prosecuted according to the severity of the action.
11. Riding on shoulders is not allowed, along with excessive splashing or dunking.
12. Anyone who fails to comply with a guard's ruling will be dealt with by the Aquatic Director or Supervisor and punished accordingly.
13. There will be a 15-minute rest break hourly through the day. All swimmers except adults are expected to clear the pool immediately. Children 2 and under may swim when accompanied by an adult in the water.
14. No one 6 years old or over is permitted in the water of the children's pool.
15. All children using the children's pool must be accompanied by an adult (18 years or over). PARENTS: DO NOT SEND ANOTHER CHILD TO BABYSIT.
16. Pool chairs will be provided—please do not bring your own.
17. Pets and animals are prohibited in the Center or pool area.
18. Anyone 8 and under must be accompanied by an adult or have passed an Advanced Beginners Class.
   *ADULTS IN CHILDREN'S POOL MAY NOT ENTER WATER IN STREET CLOTHING.
19. 2 ft. area of main pool restricted to children 8 and under.
20. We would ask parents of children not yet toilet trained to have the children wear plastic pants under their swimsuits.
21. Appropriate swim wear required. No cut offs, etc.

DIVING AREA

22. Diving is prohibited from the sides of the pool.
23. Hanging on boards is prohibited.
24. A diver must dive straight off the board.
25. A diver must wait until the diver in front of him has reached the side before diving.
26. "Spot-Dives" or any dives requiring a second contact with the board are not permitted.
27. Only one person at a time on the board and ladder.
28. When diving off the 1 meterboard, go directly to the nearest ladder.
29. No one shall swim under the board or wait for another individual on the board.
30. Masks, fins and snorkels are prohibited in diving area.

LANE AREA

31. The roped off area is for continuous swimming in a counter-clockwise circle only. (If you must rest, get out of the pool.)
32. Do not sit on or swim under rope markers.
33. Stopping in lanes is prohibited; swim to the end of the lane.

CONCESSION AREA

34. All food or beverages must be kept inside the concession area.
35. No alcoholic beverages may be brought to the pool.
36. Please be considerate and dispose of your trash in the containers provided.
SPRINGDALE COMMUNITY CENTER

1  SOFTBALL - BASEBALL
1A  SOCCER
2  SOFTBALL - BASEBALL
2A  SOCCER
3  SOFTBALL - BASEBALL
3A  SOCCER
4  SOFTBALL - BASEBALL
4A  SOCCER
5  SOFTBALL - BASEBALL

5A  SOCCER
6  SOFTBALL - BASEBALL
7  TENNIS COURTS
8  BASKETBALL COURTS
9  MULTI PURPOSE COURTS
10  CONCESSIONS - REST ROOMS
## GYM SCHEDULE
### LABOR DAY to MEMORIAL DAY

<table>
<thead>
<tr>
<th>Time</th>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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<tr>
<td>9:00 a.m.</td>
<td>Closed</td>
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<td>10:00 a.m.</td>
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<td>Slimnastics</td>
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<td>11:00 a.m.</td>
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<td>Tiny Tot Gym</td>
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<td>1:00 p.m.</td>
<td>Youth VB Practice</td>
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<td>3:00 p.m.</td>
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<td>4:00 p.m.</td>
<td>CO-ED Volleyball</td>
<td>Open</td>
<td>Practice or Games</td>
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<td>Open unless Dance in Gym</td>
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<td>CO-ED Volleyball</td>
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<td>CO-ED Volleyball</td>
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<td>Practice or Games</td>
<td>Men's Basketball</td>
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<td>CO-ED Volleyball</td>
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<td>Men's Basketball</td>
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<td>Men's Power Volleyball</td>
<td>Women's Volleyball</td>
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<td>Men's Basketball</td>
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Close 10:45 p.m.

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**Saturday Night Closed at 6:00 After Labor Day**

All times are subject to change.