1983
Springdale
GREAT AND GROWING

COMMUNITY CENTER

11999 Lawnview · Springdale, Ohio 45246 · Phone 671-6260
ADMINISTRATIVE INFORMATION

● RECREATION STAFF ●

James H. Burton ..................................... Director
Gary Thompson ..................................... Asst. Director
Greg Karle .......................................... Asst. Director
Dot Sullivan ........................................ Secretary
Lenny Walker ........................................ Custodian

Parks Maintenance Crew:
Wally Brunswick .................................... Crew Leader
Tom Meeks ...........................................
Chuck Holmes ......................................
Tim Green ...........................................

● SPRINGDALE RECREATION COMMISSION ●

Raymond Johnson ................................. Mayor
Cecil Osborn ...................................... City Administrator
Doyle Webster .................................... City Clerk
Gene Neil .......................................... Council
Tony Bradburn .................................... Council

Dave Okum ......................................... Council
Vern French ........................................ Council
Don Metcalf ....................................... Council
Lynn Waxman ..................................... Council
Robert Weckman ................................ Council

● SPRINGDALE OFFICIALS ●

Steve Shuck ......................................... Don Clark
Harold Naylor ...................................... Roy Parriman

The Springdale Recreation Commission meets the first Tuesday of each month - 7:00 p.m.

● FUND RAISERS FOR YOUTH SPORTS ●

Walt Wyder, President
Sandy Dunn, Vice-President
Hal Bernstein, Secretary
George Ware, Treasurer
Gerry Geverdt
Ralph Colegrove
Colleen Cross
Sue Sanford

Joyce Schopfer
Bill Lindenschmidt
Harold Shaffer
Harold Heckel
Marilyn Horman
John Garrison
Jim Byrd

TABLE OF CONTENTS

Community Center Holiday Information .......... 3
Community Center Daily Hours .................... 3
Membership & Registration Information .......... 3
General Rules & Reservation Policy .............. 4
Special Events .................................... 4
Senior Citizens Trips ............................. 4
New in '83 ......................................... 4 and 5
Instructional Activities ........................... 5 and 6
(Ceramics, Tennis Classes, Slimnastics, Jazzercise Tiny Tot Gym, Babysitting, First Aid, Day Camp, Equipped Exercise Room & Saunas)
Team Sports ...................................... 6 and 7
Registration Dates For Youth Sports ............. 7
Youth Sports ...................................... 7
F.R.Y.S., Inc. ...................................... 8
Adult Team Sport Opportunities .................. 8
Groups Meeting at Community Center .......... 8
Community Center Swimming Pool ............... 8
Pre-Season Hours ................................ 8
Regular Hours .................................... 8
General Pool Information ........................ 8 and 9
Swim Lessons Sign-Up Dates ..................... 9
Class Definition (Swim Lessons) ................. 9 and 10
Swim Lesson Times ................................ 10
Pool Rules ......................................... 11
Map of Community Center Grounds .............. 12 and 13
City Map & Parks ................................ 14
Gym Schedule .................................... 15
COMMUNITY CENTER HOLIDAY INFORMATION
Thanksgiving ........................................... Closed
Christmas Day ........................................... Closed
President’s Day ...................................... Open - 1 to 9 p.m.
Memorial Day ......................................... Open - 1 to 9 p.m.
Independence Day .................................... Open - 1 to 9 p.m.
New Year’s Day ....................................... Closed
Easter Sunday ......................................... Closed
Labor Day ............................................. Open - 1 to 9 p.m.
Columbus Day ......................................... Open - 1 to 9 p.m.

COMMUNITY CENTER - DAILY HOURS
Monday thru Friday ......................... 9 a.m. to 11 p.m. *Saturday .................. 10 a.m. to 9 p.m.
*(Labor Day thru Memorial Day Hours 10 a.m. to 6 p.m.)
Sunday ............................................ 1 p.m. to 9 p.m.

During the winter months the Community Center will close on Saturdays at 6 p.m. unless there is a dance or reception scheduled in the gym. These changes will be posted on the bulletin board at the Center.

The Springdale Community Center offers residents of the City of Springdale three types of memberships. These are titled Regular Membership, Family Pool Membership, and Individual Pool Membership. Regular Membership entitles each resident to use all of the facilities of the Center except the pool. However, a regular Member may utilize the pool by paying necessary guest fees. Pool Membership entitles each resident all Center privileges including those of the pool. To participate in a sponsored athletic league you must have a membership.

Fees for membership per family are as follows:

<table>
<thead>
<tr>
<th>Membership Type</th>
<th>April 30, 1983</th>
<th>After April 30, 1983</th>
</tr>
</thead>
<tbody>
<tr>
<td>Regular</td>
<td>Free</td>
<td>$5.00</td>
</tr>
<tr>
<td>Pool - Family</td>
<td>$30.00</td>
<td>$35.00</td>
</tr>
<tr>
<td>Pool - Individual</td>
<td>$20.00</td>
<td>$25.00</td>
</tr>
</tbody>
</table>

Upon completion of the membership application, I.D. pictures are taken and individual I.D. cards are issued to each member of the family over 2 years of age.

Appointments are not necessary for photographs. Due to the large volume of memberships, we require that membership cards be carried at all times when on the Community Center grounds. If an employee of the Center asks to check your I.D. card, please understand that this is the only way we have of insuring that the Center is being used by Residents exclusively. Photographs are taken Monday thru Friday from 5:30 to 7:00 P.M. and on Sunday from 1:30 to 5:00 P.M. Photographs must be taken within two (2) weeks after making application for membership. If photographs are not taken within the 2 week period, the application may become void and renewal could require penalty payment. Please be prepared to show your card when you visit the Center.

Lost Identification Cards may be replaced at the cost of $1.00 per I.D.

1982 MEMBERSHIP CARDS EXPIRE APRIL 30, 1983
Policy concerning guests of members:
There is no charge for guests who come to use the gym or outdoor facilities (except the pool) along with members. We do ask that residents limit their guests to one per member unless a whole family is involved. Guests must be accompanied by a member in good standing at all times and guests must be registered at the office.

THE SPRINGDALE COMMUNITY CENTER RESERVES THE RIGHT TO REFUSE THE ADMITTANCE OF GUESTS TO ALL OF OUR FACILITIES DURING TIMES OF HEAVY USE BY OUR MEMBERS.
GENERAL RULES

1. A membership card must be shown before being admitted to the Center.
2. A lost or destroyed card may be replaced for $1.00.
3. No one will be admitted if their card has been taken away for disciplinary action.
4. Persons causing disturbances or caught destroying property will be dealt with by Police.
5. The Community Center is for use by Springdale Residents Only. Any special arrangements for Non-Resident participation must be cleared with the Community Center Office.
6. All special arrangements including parties, meetings, reservations for rooms or fields must be cleared through the Community Center Office.
7. Persons under the age of 18 are not permitted to smoke anywhere on the Community Center property.
8. Bicycles should not be ridden on sidewalks and should be locked in designated area. All bicycles must be locked while on the property when not in use.
9. Sidewalks are for walking - so stay off the grass.
10. No glass bottles on the property.
11. Misconduct will result in disciplinary action.
12. We ask that you put trash in its proper place.
13. Abusive language will not be tolerated.
14. Swim suits are prohibited in the gym.
15. Spikes, (steel, plastic, or rubber) should not be worn in building.
16. Alcoholic Beverages permitted by special permission in picnic area only. Special permission must be obtained from the Recreation Director.

RESERVATIONS POLICY

Game Room:
The Game Room may be reserved 24 hours in advance for a period of one hour and not to exceed one hour during any one day. Only six people at any time may occupy the room. Membership card must be left at the desk when using room and picked up before leaving. All damage costs will be divided equally among Game Room patrons at time of incident. You must be 13 years of age or older to reserve the Game Room for use of the Pool Table, unless accompanied by a parent. Children under 13 may reserve the Game Room for Ping Pong play only. A small deposit is required to check out equipment. The deposit will be refunded if equipment is returned in the same condition it was as when it was checked out.

Tennis Courts:
Courts may be reserved 24 hours in advance (Reservations taken by telephone from 10 a.m. to 10 p.m.). Courts are reserved on Monday thru Friday for play between the hours of 5 p.m. and 10:45 p.m. Before 5 p.m. courts are open on a first come first serve basis. Courts are reserved for play on Saturdays and Sundays from 2 p.m. to 8:45 p.m. (Open play on week-ends from 7 a.m. to 2 p.m.).

USE OF FACILITIES

These groups or organizations who wish to use the Community Center building or grounds must fill out an application which is available in the office. Each application is reviewed by the Director and fees, if any, are set. In cases where our present policy is inadequate, applications will be reviewed by the Recreation Commission. Groups are then notified of the acceptance or rejection of the application. Application should be filled early in order to insure the date wanted will be open. Reservations for following year will not be accepted before October 1st of present year.

In case of a Wedding Reception either the Bride or Groom must live in Springdale. No set up for parties or receptions will begin before 5:00 P.M.

SPECIAL EVENTS

Junior Olympics
The Junior Olympics is an annual event sponsored by the Greater Springdale Jaycees. This event is usually held in the late summer here on the Community Center grounds. Boys and girls from ages 6 - 14 are eligible to participate in the games which test various motor skills. Further information will be posted at a later date on the Community Center bulletin boards.

Senior Citizens:

Bazaar
Held each year at the Center on 1st Saturday in December.

Trips
The City of Springdale sponsors several trips each year for all Springdale Senior Citizens. A list of trips for 1983 will be posted at the Center shortly after the first of the year.

Halloween Party at Community Center
The Center will host a Halloween party for the youth of Springdale. Time: 6 p.m. thru 9 p.m. Date: October 31, 1983. Ages and other pertinent information will be posted at the Community Center and distributed through the local schools, or call the Center - 671-6260.

Men's Softball Tournament
July, 1983 (watch Center for exact date).

Women's Softball Tournament
July, 1983 (watch Center for exact date).

Opening Day Ceremonies
For Baseball/Softball tent scheduled for Sat. April 23.

LOOK

NEW IN 83'
1. Youth Co-Ed Volleyball - This program will be offered for TEENS between the ages of 13 & 18 years of age. Teams will be comprised of both male and female players. This type of program is very popular throughout the Cincinnati area with adults.
Therefore, we thought our TEENS might enjoy it also. Sign up for a fun time.

2. **Teen Boys Softball League** - It is hoped this new league will bridge the gap between Youth Baseball and the Men's Adult Softball in the Community as well as provide an excellent recreational activity for area TEENS. The League will be open to Boys ages 13 thru 16. Sign up will be conducted at the F.R.Y.S. Spring Sport Registration. Players must be 13 years of age by September 30, 1983, but not turn 17 years of age before May 2, 1983.

3. Due to Red Cross Requirements to be able to enter Pool without an adult, a child must be 9 years of age or passed Advanced Beginner Swim Lessons.

4. **Jazzercise** - A great way to get in or stay in shape is thru this exhilarating and enjoyable program. This class meets on Tuesday and Thursday mornings from 10:00 a.m. to 11:00 a.m. and on Monday and Thursday evenings from 6 to 7 p.m. Contact the Center in regards to registration.

5. **Adult Swim** - Wednesday nights.

6. **Halloween Party at Community Center** - The Center will host a Halloween party for the youth of Springdale. Time: 6 p.m. thru 9 p.m. Date: October 31, 1983. Ages and other pertinent information will be posted at the Community Center and distributed through the local schools, or call the Center - 671-6260.

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**INSTRUCTIONAL ACTIVITIES**

**Ceramics**

Our Ceramics Program is a big success. Come join us for this class and have the satisfaction of making something beautiful for yourself or as gifts. Classes meet Tuesdays or Thursdays from 7 to 10 p.m. Fee is $8.00 per month, for further information call 671-6260. Instructor - Carolyn Boeding

**Day Camp**

Day Camp gives the children an opportunity to spend a day with new and exciting activities that they cannot do at home and in school. Children ages 6 thru 10 will be involved in Arts & Crafts, Singing, Field Games, Swimming, and many more activities. Day Camp will begin June 20, 1983, and will continue for 8 weeks thru August 12, 1983 (4-2 weeks sessions).

**Hours:**

9:00 a.m. to 2:30 p.m. Monday thru Friday. Campers will bring their own lunch and drinks (canned pop is available at Center).

**Limit**

30 children (first come, first serve, so if you want your child in more than one session please register well in advance.)

**Registrations:**

Registration for Day Camp will be accepted as of May 20, 1983, for one or more sessions. All registrations must be accompanied by fee. If you sign up for more than one session, fee must be paid for all sessions to hold spot. Non-Residents will be accepted one week before the start of each session if there are openings.

**Fees:**

- $25.00 per session (2 weeks) - Residents
- $35.00 per session (2 weeks) - Non-Residents

**Sessions:**

June 20 thru July 1
July 5 thru July 15
July 18 thru July 29
Aug. 1 thru Aug. 12

**Equipped Exercise Room & Saunas**

These facilities are available for use during our normal hours of operation. Week nights after 8 p.m. are set aside for adults 18 years of age and older. Individuals must be at least 13 years of age to use either facility unless accompanied by parent. Rules are posted for proper usage. Should you require instruction on one or the other facility, one of the staff members will be happy to assist you.

**First Aid**

The Springdale Fire Department has the facilities and capabilities to provide Cardio Pulmonary Resuscitation instruction for any group in the Community which desires it. The instruction would take three hours for each of two nights. This is in accordance with American Heart Assn. procedure and there is a $3.00 charge. Anyone desiring more information should contact Chief Robert J. Posega at 671-3576.

**Jazzercise**

A great way to get in or stay in shape is thru this exhilarating and enjoyable program. This class meets on Tuesday and Thursday mornings from 10 a.m. to 11 a.m. and on Monday and Thursday evenings from 6 to 7 p.m. Contact the Center in regards to registration.

**Slimnastics**

Slimnastics is a fitness class for women emphasizing the components of flexibility, agility, strength, and endurance. Each is held on Monday, Wednesday, and Friday from 10 to 11 a.m.

**Fees:**

- Residents - $.35 per class
- Non-Residents - $.70 per class

**Instructors:**

Sue Smith & Tottie Reasoner
Tennis Classes
Registration for tennis classes occurs 1 month prior to the beginning of each class. Residents are given preference. Non-residents may register if there are positions open. Minimum - 6 per class. Fee must accompany registration and be received no later than 1 week prior to start of class.

Adult Classes: (16 & over)
April 5, 1983 thru April 28, 1983
Tuesdays & Thursdays
9:00 a.m. - Beginner I
10:00 a.m. - Beginner II
11:00 a.m. - Advanced

May 10, 1983 thru June 2, 1983
Tuesdays & Thursdays
9:00 a.m. - Beginner I
10:00 a.m. - Beginner II
11:00 a.m. - Advanced
7:00 p.m. - Beginner I
8:00 p.m. - Beginner II

September 6, 1983 thru September 29, 1983
Tuesdays & Thursdays
9:00 a.m. - Beginner I
10:00 a.m. - Beginner II
11:00 a.m. - Advanced
7:00 p.m. - Beginner I & II
8:00 p.m. - Advanced

Fees:
for Adult Classes are:
$10.00 - Residents
$15.00 - Non-Residents

Children's classes: (15 & under)
June 14, 1983, thru July 7, 1983
Tuesday & Thursdays
9:00 a.m. - Beginner I
10:00 a.m. - Beginner I & II
11:00 a.m. - Intermediate I

July 19, 1983 thru August 11, 1983
Tuesdays & Thursdays
9:00 a.m. - Beginner I
10:00 a.m. - Beginner I & II
11:00 a.m. - Intermediate I

Fees:
for Children classes are:
$8.00 - Residents
$12.00 - Non-Residents

Instructor:
Blythe Pietila

Tiny Tot Gym
This class is for children ages 2 to 5. Activities are designed to improve basic motor skills such as running, jumping, hopping, balance, and coordination. The children enjoy the activities as well as learn how to use their entire body effectively in movements. This class is held on Monday, Wednesday, and Friday from 11:00 to 11:45 a.m. Children ages 2-3 on Monday; ages 4-5 on Wednesday, and all ages on Friday.

Fees:
$.25 - Residents
$.50 - Non-Residents

Instructors:
Sue Smith & Tottie Reasoner

BABYSITTING
Mothers, don't forget the Center offers Babysitting service for mothers who take classes. This service is offered Monday - Wednesday - Friday from 9:00 to 12:00 noon for pre-school children. Registration is not necessary; mother, pay when you come. Children may bring their own toys. All mothers using this service may be asked to volunteer if necessary. Fees are $.70 per child per hour. There is a class limit of 15 children. Please do not bring food or drink (Exception: baby bottles.)

Babysitter:
Kay Foust

TEAM SPORTS
A large number of young people and adults participate as a part of teams in Springdale. The Springdale Community Center organizes the Youth who want to participate into teams and leagues in softball, baseball, basketball, volleyball and soccer.

The Staff then schedules these teams for games on City facilities.

The Staff at the Center also organizes the adults of the City into teams in softball, basketball, and volleyball. If you are interested in participating in one of these sports activities, call the Center to get information for the appropriate times to register. Sign ups are by team or individual.

During the past year, over 2,000 participated in one or more of the above activities.
Player Eligibility
A. All players must be fulltime Springdale residents.
B. All players must be members of the Springdale Recreation Center.
C. It is the responsibility of person wishing to participate in Springdale programs to demonstrate they are fulltime residents.
D. Fulltime residents are those head of households, spouses, and dependent children of those heads of households, living full time in residence owned by or rented to the head of the household in Springdale.
E. Children of heads of household attending college are considered fulltime residents, if when not at the campus he/she lives at the Springdale residence.
F. Employees of the Municipal Government and their immediate families are considered as residents of Springdale.
G. All fulltime residents of the City of Springdale must be registered as residents with the Tax Office of the City of Springdale.
H. Any participant whose residency is questioned must furnish to the Community Center substantiating written proof of residency.

REGISTRATION

Registration for each sport in our Youth program will be held at the Community Center on the dates listed below. Parents MUST sign the registration form. A $3.00 fee must be paid at sign up time. Uniforms MUST be turned in to coach after the end of each season. Thank you.

February 12 & 13 also February 19 & 20
Softball & Baseball - Anyone signing up after these dates will be considered a "Late Sign Up" and will not be guaranteed a spot on a team.

*Instructional T-Ball - Class held during June & July. Child must be 6 years of age by September 30, 1983. No fee.

*Instructional Softball - Class held during June & July. Child must be 8 years of age by September 30, 1983. No fee.

Spring Soccer - Ages 6 thru 18

June 4 & 5 also June 11 & 12
Soccer - Anyone signing up after these dates will be considered a "Late Sign Up" and will not be guaranteed a spot on a team.

*Instructional Soccer - Classes held during September thru October. Child must be 5 years of age by September 30, 1983. No fee.

October 1 & 2 also October 8 & 9
Basketball & Volleyball - Anyone signing up after these dates will be considered a "Late Sign-Up" and will not be guaranteed a spot on a team.

*Instructional Basketball - Classes held November thru January. Child must be 8 years of age by September 30, 1983. No Fee.

* Instructional classes are designed to familiarize the individual with the particular sport she/he has chosen and help them develop basic fundamentals for that sport.

YOUTH SPORTS ACTIVITIES, TIMES, & AGE GROUPS

Basketball - December thru February
Age Groups: Juniors - Any youth 9 years of age by September 30, and who has not reached age 11 before September 1st.
Minors - Any youth age 11 or 12 who has not reached the age of 13 before September 1st.
Intermediate - Any youth age 13, 14 & 15 who has not reached the age of 16 before September 1st.

Volleyball - January thru March
Age Groups: 9-12 year olds - any youth 9 years of age by September 30 and who has not reached 13 before September 1st.
Co-Ed Volleyball - 13-17 - any youth 13 years of age by September 30 and who has not reached 18 before September 1st.

Baseball - April thru July
Age Groups: 7-8 year olds - any youth 7 years of age by September 1 and who has not reached 9 before September 1st.
9-10 year olds - any youth 9 years of age by September 1st and who has not reached 11 before September 1st.
Upper age group will be determined upon completion of registration.

Softball - April thru July
Age Groups: Tri-City Girls
Class A - Girls must not be 19 before September 1st.
Class B - Girls must not be 15 before September 1st.
Class C - Girls must not be 13 before September 1st.
Class D - Girls must not be 11 before September 1st.

Softball - April thru July
Boys - 13 thru 16 year olds. Boys must be 13 by September 30 and who has not reached 17 before May 2.

Spring Soccer - For boys and girls age 6 thru 18.

Soccer - August thru October
Age Groups:
Passers - Players must be 6 by September 30 and not 8 before September 30.
Wings - Players must be 8 years of age by September 30 and not 10 before September 30.
Strickers - Players must be 10 years of age by September 30 and not 14 before September 30.
Kickers - Players must be 12 years of age by September 30 and not 14 before September 30.
Minors - Players must be 14 years of age by September 30 and not 16 before September 30.
Seniors - Players must be 16 years of age by September 30 and not 19 before September 30.

NOTE: NO METAL SPIKES MAY BE WORN AT ANY LEVEL OF THE BASEBALL/SOFTBALL PROGRAMS.
F.R.Y.S., INC.
Fund Raisers for Youth Sports is a group of parents and coaches who raise funds to assist the youth sports programs in Springdale. This group through their concessions revenue provide funding for uniforms, officiating fees, and trophies. F.R.Y.S. is a vital volunteer service group whose efforts are greatly appreciated by the Community Center Staff. F.R.Y.S. needs new members. Anyone interested in aiding this program should contact Walt Wyder or Sandy Dunn.

ADULT TEAM SPORT OPPORTUNITIES
Softball - May thru July
Age Groups:
Men's 17 & Over - Thursday Evenings
Men's 30 & Over - Tuesday Evenings
Men's 37 & Over - Monday Evenings

F.R.Y.S., INC.
Meets the fourth Tuesday of each month at 8:00 p.m.
Open Meetings.
Heritage Hill Women's Club
Meets the first Monday of each month from 7:00 P.M. to 11:00 P.M.
Greater Springdale Jaycees
Meets the second Monday and the fourth Tuesday of each month from 8:00 P.M. to 11:00 P.M.
Greater Springdale Jaycees Women
Meets the second Wednesday of each month from 7:30 P.M. to 11:00 P.M.

GROUPS MEETING REGULARLY AT THE CENTER
Mothers of Twins Club
Meets the last Monday of each month from 7:30 P.M. to 11:00 P.M.
Recreation Commission
Meets every Tuesday of each month at 7:00 P.M.
Senior Citizens
Meets every Tuesday from 8:00 A.M. to 10:00 A.M.
Springdale Women's Club
Meets the first Tuesday of each month from 7:30 P.M. to 11:00 P.M.
Homemakers Club
Meets the first Thursday of each month from 9:00 A.M. to 11:00 A.M.

AQUATICS 1983
Aquatics Director:
Sharon Casselman

Pre-Season Hours:
May 28 ............... 12-9 ............... Open Swim
May 29 ............... 1-9 ............... Open Swim
May 30 ............... 1-9 ............... Open Swim
May 31 thru June 3 .... 4-7 ............... Open Swim
June 6, 7, 8, 9, 10 .... 12-7 ............... Open Swim
June 4 & 11 .......... 12-9 ............... Open Swim
June 5 & 12 .......... 1-9 ............... Open Swim

Regular Season Hours:
Starting June 13
Monday thru Friday .7-10 a.m. .Swim Team Practice
Monday thru Friday .... *10-12 a.m. .Swim Lessons
Monday-Thursday .... *12-9 ............... Open Swim
Saturday ............ 12-9 ............... Open Swim
Sunday ............... 1-9 ............... Open Swim
Wednesday ............ 8-9 .......... Adults Only
Tuesday ............... *12-5 ............... Open Swim
Tuesday ............... 5-9 .......... Open Swim or Swim meet
Wednesday ............ *12-6 ............... Open Swim
*Please note on days we have Swim Lessons the pool will not open until 12:15 p.m.

General Information - Pool
1. Swim Team - A recreation Center Membership is necessary to be on the Swim Team. Try-outs and practice schedule during pre-season will be posted.
2. Adult Swim - Wednesday nights.
4. The Pool will be closed when there is lightning. The pool will also be closed for a limited number of Special Events which will be announced during the summer.
5. PLEASE NOTE:
   There is a charge for guests coming in to use the pool. Pool guest fees are as follows:
   Ages:
   Under 2 - Free
   2 - 17 - $1.25
   18 & Over - $2.50
   Families - $5.00 Max per family
   Weekly Guest fee - $5.00 per person
   A members may bring an entire family; however, at least one parent must be present.
6. There is a charge of $.50 per occurrence if you do not bring your I.D. card.

7. Please Note: Guest passes to be utilized on Saturday evenings from 6:00 p.m. to 9:00 p.m. must be secured during the normal working hours of 10:00 a.m. to 6:00 p.m. on the same Saturday. THERE WILL BE NO GUEST PASSES ISSUED AFTER 6:00 P.M. ON SATURDAYS.

**SWIM LESSON SIGN UPS**

Sign-ups for Swimming Lessons will be held beginning April 18, 1983, and will be taken until classes for the first session are filled. Second session sign-ups will continue until filled or until deadline of July 12, 1983 at 12:00 noon. Example: Johnny may be signed up for Beginner for the first session; however, this individual may not be signed up for second session. Friday of the final week of 1st session swim lessons, the children in classes will be tested. Sign-ups for 2nd session for those in 1st session will not be accepted until July 11 & July 12 from 9 a.m. to 12 noon. This sign-up time is for EVERYONE, first session students and new students not previously signed up. Sign-ups for second session are on a first come, first serve basis. Fees must be paid at the time of sign-up.

**Fees for Swim Lessons:**
- Pool Members - $4.00 each session.
- Non-Pool Members - $7.00 (residents with Regular Membership)
- Non-Residents - $12.00

**Sessions:**
- June 13 thru July 8
- July 18 thru August 12

**CLASSES ARE FOR 30 Minutes**

*Non-Resident registrations will be taken and placed in classes no earlier than three (3) days before classes begin.

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**CLASS DEFINITION OBJECTIVES**

**Tiny Tot:**
Basic acclimation to water. Basic skills are taught such as independent floating (front), Breath control and simple arm and leg movement. Must be 3 years old by June 1 and not older than 5 by June 1.

**Adv. Tiny Tot:**
To build more confidence in the water and swim 10-20 ft. with a small amount of breath control. Introduce back floating and deep water. Prerequisite: Tiny Tot Class & must be 3 years old by June 1 and not older than 5 by June 1st.

**Beginner:**
To equip the individual with basic water safety skills & knowledge in order to make him reasonably safe while in, on, or about the water. Adjustment into water, Body position, Coordinated Stroking, Entries, Personal Safety. Must be 5 years old by June 1.

**Advanced Beginner:**
To increase the watermanship of the individual by adding on the skills learned in the Beginners Course, Breath Control, Survival Floating, Elementary Backstroke, Crawl Stroke, Diving & Underwater Swimming, Safety & Rescue Techniques. Prerequisite: Beginner Class.

**Intermediate:**
The objective of the course is to provide the student with the opportunity to learn the elements of good swimming: Leg Kicks, Arm Strokes: of Crawl, Backstroke, Sidestroke, Breaststroke. Prerequisite: Adv. Beginner.

**Adult Lessons:**
We will help with individual attention, and bring additional swimming skills to the present level.

**Swimmer:**
The objective of the course is to increase the student's endurance & versatility in the water. Turns and Kicks adapted for Lifesaving. Prerequisite: Intermediate.
Stroke Improvement:
To provide special attention to the four competitive strokes; front crawl, back crawl, breaststroke, and butterfly. Starts and turns will also be covered. Swimmers must have some skill in the four strokes before enrollment. Class limit 5. Fee: $6.00

Jr. Livesaving:
(Ages 11 - 14) Must pass swim test: (a) Front Dive; (b) Swim 220 yds. continuous; (c) Swim underwater 10-12 feet; (d) Tread water 30 seconds. To train the student so he can feel confident in performing the required skills necessary to effect a rescue without jeopardizing his own life in the attempt.

Sr. Livesaving:
(Ages 15 & up) Must pass swim test: (a) Front Dive; (b) Swim 440 yds. continuous; (c) Swim 15 feet underwater; (d) Tread water for one (1) minute. The objective of the course is to provide the individual with the knowledge & skills designed to save his own life or the life of another in the event of an emergency. It is not intended to be a complete lifeguard training course.

Beginning Diving:
To introduce spring board diving: front dive, back dive, inward, reverse & I twist. Must have passed Beginner Swimming.

<table>
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<tr>
<th>Class</th>
<th>Prerequisite</th>
<th>Time</th>
<th>Days</th>
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<tbody>
<tr>
<td>Tiny Tot</td>
<td>None</td>
<td>11:00</td>
<td>M thru F</td>
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<tr>
<td>Tiny Tot</td>
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<td>M thru F</td>
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<tr>
<td>Tiny Tot</td>
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<td>10:30</td>
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<tr>
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<td>M thru F</td>
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<td>10:00</td>
<td>M thru F</td>
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<td>Stroke Improvement</td>
<td>Spec. Arrangement</td>
<td>10:00</td>
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<td>Spec. Arrangement</td>
<td>10:00</td>
<td>M thru F</td>
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Diving
10:00-10:30 a.m.

SPECIAL CLASSES
7:00-8:00 p.m.
Wed. (Only 1 Session)
(8 weeks) Beginning June 15

Lifesaving - Wed. Evening (only 1 session - 8 weeks)
Beginning June 15

If classes must be cancelled for either cold weather or storm conditions there will be no opportunity to make up classes. There will be no swimming lessons on July 4.
POOL RULES

1. Street clothes and shoes are prohibited in the pool area.
2. All glass containers (baby oil bottles, mirrors, etc.) must be kept out of the pool area.
3. No smoking or eating is allowed in the locker rooms or on the deck area. All smoking and eating is to be confined to the outdoor concession area.
4. Running or horseplay will not be tolerated.
5. Flotation devices or toys will be prohibited, except in the children's pool.
6. Swearing, blasphemous, or distasteful language is absolutely prohibited.
7. Parents are prohibited in pool area during children's swim instructions.
8. A soap shower should be taken before entering the pool.
9. Kickboards and floatbelts are for instructional and competitive use only.
10. Anyone caught fighting or destroying property will be automatically expelled from pool and prosecuted according to the severity of the action.
11. Riding on shoulders is not allowed, along with excessive splashing or dunking.
12. Anyone who fails to comply with a guard's ruling will be dealt with by the Aquatic Director or Supervisor and punished accordingly.
13. There will be a 15-minute rest break hourly through the day. All swimmers except adults are expected to clear the pool immediately. Children 2 and under may swim when accompanied by an adult in the water.
14. No one 6 years old or over is permitted in the water of the children's pool.
15. All children using the children's pool must be accompanied by an adult (18 years or over).
16. Parents: Do not send another child to babysit.
17. Pool chairs will be provided—please do not bring your own.
18. Pets and animals are prohibited in the Center or pool area.
19. Anyone 8 and under must be accompanied by an adult or have passed an Advanced Beginners Class. *ADULTS IN CHILDREN'S POOL MAY NOT ENTER WATER IN STREET CLOTHING.
20. 2 ft. area of main pool restricted to children 8 and under.
21. Appropriate swim wear required. No cut offs, etc.

SLIDE RULES

22. Only one person on slides at a time (otherwise, wait at bottom of steps).
23. No swimming in front of slide.
24. No swimming or going backward while going down slide.
25. Water at bottom of slide is over 4 ft. and requires swimming ability (children should be supervised).

DIVING AREA

26. Diving is prohibited from the sides of the pool.
27. Hanging on boards is prohibited.
28. A diver must dive straight off the board.
29. A diver must wait until the diver in front of him has reached the side before diving.
30. "Spot-Dive" or any dives requiring a second contact with the board are not permitted.
31. Only one person at a time on the board and ladder.
32. When diving off the 1 meter board, go directly to the nearest ladder.
33. No one shall swim under the board or wait for another individual on the board.
34. You must be able to swim 25 yards before you may use the diving area.
35. Masks, fins and snorkels are prohibited in diving area.

LANE AREA

36. The roped off area is for continuous swimming in a counter-clockwise circle only. (If you must rest, get out of the pool.)
37. Do not sit on or swim under rope markers.
38. Stopping in lanes is prohibited; swim to the end of the lane.

FIRST AID AND AQUATIC DIRECTOR'S OFFICE

39. This office is for emergencies only; do not enter without permission; do not attempt to treat accidents yourself.
40. The Aquatic Director, Supervisor or off-duty lifeguards will head up all first aid.
41. All members not involved in an accident will refrain themselves from being in this area.

CONCESSION AREA

42. All food or beverages must be kept inside the concession area.
43. No alcoholic beverages may be brought to the pool.
44. Please be considerate and dispose of your trash in the containers provided.
<table>
<thead>
<tr>
<th></th>
<th>Sunday</th>
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<th>Tuesday</th>
<th>Wednesday</th>
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<th>Friday</th>
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<td>9:00 a.m.</td>
<td>Closed</td>
<td>Open</td>
<td>Open</td>
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<td>Open</td>
<td>Practice or Games</td>
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<tr>
<td>10:00 a.m.</td>
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<td>Slimmastics</td>
<td>Jazzercise</td>
<td>Slimmastics</td>
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<td>Closed</td>
<td>Tiny Tot Gym 2-3 yr. old</td>
<td>Open</td>
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<td>5:00 p.m.</td>
<td>Adult VB Practice</td>
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Close 10:45 p.m.

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** MEMORIAL DAY to NOVEMBER 1 **

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Close 10:45 p.m.

* Tennis Lessons in Case of Rain  ** Saturday Night Closed at 6:00 After Labor Day  All times are subject to change
Springdale Recreation Center
11999 Lawnview Ave.
Cincinnati, Ohio 45246