SPRINGDALE COMMUNITY

CENTER 1978

11999 LAWNVIEW AVENUE  •  SPRINGDALE, OHIO 45246  •  PHONE 671 6260
- Administrative Information -

**Recreation Staff**

Herbert Dericks .................. Director
Gary Thompson .................. Asst. Director
Jim Burton .................. Asst. Director
"Dot" Sullivan .................. Secretary

**Springdale Officials**

Raymond Johnson .............. Mayor
Cecil Osborn .............. City Administrator
Doyle Webster ........... City Clerk
James Beamer .......... Council
Marge Boice .......... Council
Ray Boyd ............... Council
Pete Curtner ........... Council
Vern French .......... Council
Don Metcalf .......... Council
Robert Weckman ........ Council

**Springdale Recreation Commission**

Bill Jackson - Chairman
Carl Friedman
Roy Parriman
Sol Hensley
Mary Horvath

The Springdale Recreation Commission meets the first Tuesday of each month - 7:00 p.m.

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- Fund Raisers for Youth Sports -

**FRYS Members**

Ike Kauffman - President
Joe Hall - Vice President
Dick Elmlinger - Treasurer
Alice Brown - Secretary
Gerry Geverdt

FRYS meets the fourth Tuesday of each month at 7:30 p.m. OPEN MEETINGS.

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COMMUNITY CENTER HOLIDAY INFORMATION

Thanksgiving ........................................ Closed
Christmas Day ........................................ Closed
President's Day .................................... Open - 1 to 9 P.M.
Memorial Day ........................................ Open - 1 to 9 P.M.
Independence Day .................................. Open - 1 to 9 P.M.

New Year's Day .................................... Closed
Easter Sunday ...................................... Closed
Labor Day ............................................ Open - 1 to 9 P.M.
Columbus Day ...................................... Open - 1 to 9 P.M.

COMMUNITY CENTER -- DAILY HOURS

Monday thru Friday ........................................ 9:00 A.M. to 11:00 P.M.
Saturday .................................................. 10:00 A.M. to 9:00 P.M.
Sunday ..................................................... 1:00 P.M. to 9:00 P.M.

* During the winter months the Center will be closed some Saturdays at 6:00 P.M. These changes will be posted on bulletin board at Center.

Between January 1st and April 30th is the time that we register for membership at the Center for the year 1978. Included in the packet is an application form that you may complete. If the pictures in your present Identification Cards are satisfactory, you may return the completed application form and the 1977 cards to have new cards made up for 1978.

If current pictures are unsatisfactory or if you are a new applicant, you will need to call and secure an appointment to have pictures made so that we can complete the Identification Card.

I believe it is appropriate to point out here that the increased number of incidents of non-resident use of facilities will warrant the staff requesting to see your Identification Card more frequently. Therefore, please be prepared to show your card when you visit the Center.

For those who want Pool Membership the fee is $30.00 payable with the application for membership.

After April 30, the 1978 cards will be required to use the facilities. A fee of $5.00 will be charged for late registration after that date.

There will be a penalty charge for changing from a Regular Membership to a Pool Membership.
MEMBERSHIP & GENERAL REGISTRATION

The Springdale Community Center offers residents of the City of Springdale three types of memberships. These are titled Regular Membership, Family Pool Membership, & Individual Pool Membership. Regular Membership entitles each resident to use all the facilities of the Center except the pool. Pool Memberships entitle each resident all Center privileges including those of the pool during the summer season.

Fees for membership per family are as follows:

<table>
<thead>
<tr>
<th>Membership</th>
<th>Thru April 30, 1978</th>
<th>After April 30, 1978</th>
</tr>
</thead>
<tbody>
<tr>
<td>Regular</td>
<td>Free</td>
<td>$5.00</td>
</tr>
<tr>
<td>Pool -Family</td>
<td>$30.00</td>
<td>$35.00</td>
</tr>
<tr>
<td>Pool -Individual</td>
<td>$20.00</td>
<td>$25.00</td>
</tr>
</tbody>
</table>

Upon completion of the membership application, I.D. pictures are taken and individual I.D. cards are issued to each member of the family.

Appointments must be made in advance for photographs due to the large volume of memberships. We require that membership cards be carried at all times when on the Community Center grounds. If an employee of the Center asks to check your I.D. card, please understand that this is the only way we have of insuring that the Center is being used by Residents exclusively.

1977 MEMBERSHIP CARDS EXPIRE APRIL 30, 1978

Policy concerning guests of members:
There is no charge for guests who come to use the gym or outdoor facilities (except the pool) along with members. We do ask that residents limit their guests to one per member unless a whole family is involved. Guests must be accompanied by a member in good standing at all times & guests must be registered at the office.

There is a charge for guests coming in to use the pool. Pool guest fees are as follows:

- Ages: Under 2 - Free
- 2 - 17 - $1.25
- 18 - Up - $2.50
- Families - $5.00 max. per family

Weekly Guest fees - $5.00 per person
(Sunday thru Saturday)

A member may bring an entire family; however, at least one parent must be present.

Those groups or organizations who wish to use the Community Center building or grounds must fill out an application which is available in the office. Each application is reviewed by the Director and fees, if any, are set. In cases where our present policy is inadequate, applications will be reviewed by the Recreation Commission. Groups are then notified of the acceptance or rejection of the application. Application should be filed early in order to insure the date wanted will be open.
GENERAL RULES

1. A membership card must be shown before being admitted to the Center.
2. A lost or destroyed card will be replaced for $1.00.
3. No one will be admitted if their card has been taken away for disciplinary action.
4. Persons causing disturbances or caught destroying property will be dealt with by the Police.
5. The Community Center is for use by Springdale residents. Any special arrangements for non-resident participation must be cleared with the Community Center Office.
6. All special arrangements including parties, meetings, reservations for rooms or fields must be cleared through the Community Center Office.
7. Persons under the age of 18 are not permitted to smoke anywhere on the Community Center property.
8. Bicycles should not be ridden on sidewalks and should be locked in designated area. All bicycles must be locked while on the property when not in use.
9. Sidewalks are for walking, so stay off the grass.
10. No glass bottles on the property.
11. Misconduct will result in disciplinary action.
12. Food and drink are permitted in the concession area only.
13. We ask that you put trash in its proper place.
14. Abusive language will not be tolerated.
15. Swim suits are prohibited in the gym.
16. Spikes, (steel, plastic, or rubber) should not be worn in building.

SPORTS ACTIVITIES

A large number of young people and adults participate as a part of teams in Springdale. The Springdale Community Center organize the youth who want to participate into teams and leagues in softball, baseball, basketball, volleyball and soccer. The staff then schedules these teams for games on City facilities. During the past year, approx. 1,200 different young people participated in one or more of those activities.

The staff at the Center helps to organize the adults of the City into teams in softball, basketball, and volleyball. If you are interested in participating in one of these sports activities, call the Center to get information for the appropriate times to register.

FRYS-Fund Raisers for Youth Sports is a group of parents & coaches who are in charge of raising funds to help finance the sports for youth in Springdale.

Registration for each sport in our youth program will be held at the Community Center on the dates listed below. Parents MUST sign the registration form. A $3.00 fee must be paid at sign-up time.

**Softball & Baseball** - February 18 & 19
February 25 & 26
Sign-ups will also be taken until March 7 at the Community Center. Anyone signing up after this date will be considered a “Late Sign-Up” and will not be guaranteed a spot on a team.

**Soccer**
July 1 & 2
July 8 & 9
Sign-ups will also be taken until July 18 at the Community Center. Anyone signing up after this date will be considered a “Late Sign-Up” and will not be guaranteed a spot on a team.

**Basketball & Volleyball** - October 7 & 8
October 14 & 15
Sign-ups will also be taken until October 24 at the Community Center. Anyone signing up after this date will be considered a “Late Sign-Up” and will not be guaranteed a spot on a team.
SPECIAL EVENTS & SEASONAL ACTIVITIES

Park Supervisor Program -

There has been some interest expressed to the Center regarding having a Mini-Day Camp or Park Supervisor type program at one or several of the outlying parks, Underwood, Chamberlain, Cameron, and/or Beacon Hills. Please watch your local papers and the Community Center Bulletin Boards for more information. If you believe your child would be interested in this type of program please let us hear from you. 671-6260.

Ceramics

Our new Ceramics Program seems to be a big success. Come join us for this class and have the satisfaction of making something beautiful for yourself or as gifts. Particulars of the class were unavailable at printing of this brochure; however, please contact the Community Center for all information - 671-6260.

Instructor - Kathy McNear

Day Camp

Day Camp gives the children an opportunity to spend a day with new and exciting activities that they cannot do at home and in school. Children ages 6 thru 11 will be involved in Arts & Crafts, Singing, Field Games, Swimming, and many more activities. Day Camp will begin June 26, 1978 and will continue for 8 weeks thru August 18, 1978.

Hours: 9:00 a.m. to 2:30 p.m. Monday thru Friday. Campers will bring their own lunch and drinks. Limit 30 children per session. MUST HAVE SPRINGDALE MEMBERSHIP CARD. Registrations must be in for first session by June 20.

Fee: 18.00 - 2 weeks
      10.00 - if paid weekly

1st session - June 26 thru July 7
2nd session - July 10 thru July 21
3rd session - July 24 thru August 4
4th session - August 7 thru August 18

If there are field trips taken, the cost of these trips will be pro-rated out among the Day Campers.

Junior Olympics

The Junior Olympics is an annual event sponsored by the Greater Springdale Jaycees. This event is usually held in the late summer here on the Community Center grounds. Boys and girls from ages 6 - 16 are eligible to participate in the games which test various motor skills. Further information will be posted at a later date on the Community Center bulletin boards.

Christmas at the Community Center

Lunch with Santa, given by Springdale Kindervelt is a delightful event for the children. Lunch for everyone and lots of fun for the children with clowns, cookies, candy, caroling and of course, Santa with presents. Watch for posters regarding date, times and ticket information. All proceeds from “Lunch with Santa” go to the Children’s Hospital Medical Center.
INSTRUCTIONAL ACTIVITIES

Certain instructional activities are carried on at the Center for which fees are charged. The fees are established to cover the cost of the salary for the instructor and the expendable materials used in the class. Registration is limited to a number that is not too large to be effectively directed in the class and a minimum number is established so that the class is self-sustaining. If the number registering is too small, the classes will not be initiated. When the maximum number is reached, further registration will not be accepted.

First Aid
The Springdale Fire Department has the facilities and capabilities to provide Emergency First Aid treatment and instruction for any group in the Community which desires it. This would be usable to anyone to provide the best procedures to be carried out before the emergency life squad reaches the victim. The instruction would take two hours for each of two nights. Classes will meet the first Tuesday and Wednesday of each month. Any group desiring such instruction should call Chief F. W. Smith - 772-1826 or Capt. J. R. Ferris - 671-6069.

Gymnastics
The Springdale gymnastics class is a great way for children to develop coordination and body movement. Children ages 6 and up are welcomed to join.

Classes are held Tuesday and Sunday evenings. Each evening is divided into two individual classes. Classes, days and times are as follows:

Class A - (limit 20) Tuesday 7-8 p.m.
   Sunday 4-5:30 p.m.
Class B - (limit 20) Tuesday 8-9 p.m.
   Sunday 5:30-7 p.m.

Fees for residents: $2.00 per month per child
Fees for nonresidents: $10.00 per month per child

Due to the restrictions in class size, we are obliged to keep them open for residents. If there are places open, then nonresidents will be accepted.

Registration dates for each month will be the last week of each month session.

Instructor: Jerry Ballinger

Nursery School
Ages: 3 years old by October 1, 1977 and toilet trained - 9:30 to 12:00 noon
   4 years old by October 1, 1977 - Afternoon session 1:00 to 3:30 p.m.

Classes are held Monday, Wednesday and Friday. However, if the demand is heavy we may also have a Tuesday, Thursday class.

Fees: $1.85 per day if paid monthly
      $1.70 per day if paid by semester
      $1.50 per day if paid by year

Semesters: September 11, 1978 thru January 26, 1979
           January 29, 1979 thru June 1, 1979

REGISTRATION WILL BE HELD AT THE COMMUNITY CENTER ON TUESDAY, MAY 8, 1978. 9:00 A.M. REGISTRATION WILL BE ON A FIRST COME, FIRST SERVE BASIS.
(Present Nursery School students will have first preference on signing up for new year.) Limit 15 students per class.

Instructor: Michele Goorman

Our Nursery School is licensed by the State of Ohio. Our program is designed to provide an enriching as well as enjoyable experience for your child. A wide variety of recreational and educational activities will be included.

Mothers will be asked to volunteer for 3 days per semester and should provide a snack for that time. An additional $1.00 per month will be charged for drinks. Our vacation calendar will follow the Princeton School's calendar.
Slimnastics

Slimnastics is a fitness class for women emphasizing the components of flexibility, agility, strength, and endurance. Each student will begin slowly and develop to maximum ability. The class is held on Monday, Wednesday, and Friday from 10:00 - 11:00 a.m.

Fees: Residents - 25c per person per class
Nonresidents - 50c per person per class

Instructor: Shirley Combs

Tiny Tot Gym

This class is for children ages 2 to 5. Activities are designed to improve basic motor skills, such as running, jumping, hopping, balance, and coordination. The children enjoy the activities as well as learn how to use their entire body effectively in movements. The class is held on Monday, Wednesday, and Friday from 11:00 to 11:45 a.m. Children ages 2 - 3 on Monday; ages 4 - 5 on Wednesday, and all ages on Friday.

Fees: Residents - Free
Non-residents - 25c per child per class

Instructor: Shirley Combs

Babysitting

Mothers, don’t forget that the Center offers a babysitting service for mothers who take classes. This service is offered Monday thru Friday from 9:00 to 12:00 noon for pre-school children. Registration is not necessary; mother, pay in cash when you come. Children may bring their own toys. All mothers using this service may be asked to volunteer if necessary. Fees per child are 50c per hour. There is a class limit of 25 children.

Babysitter: Kathy Grote
Registration for tennis classes occurs 3 weeks prior to the beginning of each class. Residents are given preference. Nonresidents may register if there are positions open.

**Adult Classes:**

- **January 17, 1978 thru February 9, 1978 - 4 wks**
  - Tuesday & Thursday
  - 10:00 a.m. - Beg. I
  - 11:00 a.m. - Beg. II
  - Fees: Resident - $10.00 Nonresident - $15.00

- **February 21, 1978 thru March 16, 1978 - 4 wks**
  - Tuesday & Thursday
  - 10:00 a.m. - Beg I
  - 11:00 a.m. - Beg. II
  - Fees: Resident - $10.00 Nonresident - $15.00

- **March 28, 1978 thru April 20, 1978 - 4 wks**
  - Tuesday & Thursday
  - 9:00 a.m. - Beg. I
  - 10:00 a.m. - Beg. II
  - 11:00 a.m. - Serving Clinic
  - Fees: Resident $10.00 Nonresident - $15.00

- **April 24, 1978 thru May 11, 1978 - 3 wks**
  - Monday-Tuesday & Thursday
  - 9:00 a.m. - Advanced
  - 10:00 a.m. - Intermediate
  - 11:00 a.m. - Beginner II
  - 12:00 a.m. - Beginner I
  - 7:00 p.m. - Beginner I
  - 8:00 p.m. - Beginner II
  - Fees: Resident - $12.00
  - Nonresident - $16.00

- **May 22, 1978 thru June 8, 1978 - 3 wks**
  - Monday-Tuesday & Thursday
  - 9:00 a.m. - Beg. I
  - 10:00 a.m. - Beg. II
  - 11:00 a.m. - Backhand & Serving Clinic
  - 7:00 p.m. - Beg. I
  - 8:00 p.m. - Beg. II
  - Fees: Resident - $12.00
  - Nonresident - $16.00

**Children's Classes:**

- **June 12, 1978 thru June 29, 1978 - 3 wks**
  - Monday-Tuesday & Thursday
  - 9:00 a.m. - Beg. I ages 9-12
  - 10:00 a.m. - Beg. I & II ages 13-16
  - 11:00 a.m. - Int. I ages 11-13
  - 12:00 a.m. - Int. I & II ages 14-16
  - Fees: Resident - $8.00 Nonresident - $12.00

  - Monday-Tuesday & Thursday
  - 9:00 a.m. - Beg. I
  - 10:00 a.m. - Beg. II
  - 11:00 a.m. - Advanced
  - 12:00 a.m. - Backhand & Serving Clinic
  - 7:00 p.m. - Advanced
  - 8:00 p.m. - Backhand & Serving Clinic
  - Fees: Resident - $12.00 Nonresident - $16.00

- **September 19, 1978 thru October 12, 1978 - 4 wks**
  - Tuesday - Thursday
  - 9:00 a.m. - Beg. I
  - 10:00 a.m. - Beg. II
  - 11:00 a.m. - Intermediate
  - 7:00 p.m. - Beg. II
  - 8:00 p.m. - Advanced
  - (possible Beg. I if enough demand)
  - Fees: Resident $10.00 Nonresident $15.00

- **October 24, 1978 thru November 16, 1978 - 4 wks**
  - Tuesday-Thursday
  - 10:00 a.m. - Beg. I
  - 11:00 a.m. - Beg. II
  - Fees: Resident - $10.00 Nonresident - $15.00

Instructor - Mary Streibich
GROUPS MEETING REGULARLY AT THE CENTER

Diet Workshop
Meets every Wednesday from 9:00 a.m. to 12:00 noon

Fund Raisers for Youth Sports
Meets the fourth Tuesday of each month at 7:30 p.m. Open Meetings

Girl Scout Troop #633
Meets every Thursday from 3:45 to 5:15 p.m.

Heritage Hill Womens Club
Meets the first Monday of each month from 7:00 to 11:00 p.m.

Jaycees (Greater Springdale)
Meets the second Monday and the fourth Tuesday of each month from 8:00 to 11:00 p.m.

Jaycee Women
Meets the second Wednesday of each month from 8:00 to 11:00 p.m.

Mothers of Twins Club
Meets the last Monday of each month from 7:30 to 11:00 p.m.

Senior Citizens
Meets every Tuesday from 9:00 a.m. to 5:00 p.m.

Springdale Women's Club
Meets the first Tuesday of each month from 7:30 to 11:00 p.m.

Welcome Wagon
Meets the second Tuesday of each month at 7:30 p.m.
AQUATIC SUMMER - 1977

Pool Hours (Pre-Season Schedule)

<table>
<thead>
<tr>
<th>Date</th>
<th>Hours</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>May 27, 28, 29</td>
<td>1-7</td>
<td>Open Swim</td>
</tr>
<tr>
<td>May 30-June 2</td>
<td>4-7</td>
<td>Open Swim</td>
</tr>
<tr>
<td>June 3-4</td>
<td>1-7</td>
<td>Open Swim</td>
</tr>
<tr>
<td>June 5-7</td>
<td>4-7</td>
<td>Open Swim</td>
</tr>
<tr>
<td>June 8-19</td>
<td>1-9</td>
<td>Open Swim</td>
</tr>
</tbody>
</table>

Pool Hours (Regular Pool Hours)

<table>
<thead>
<tr>
<th>Day</th>
<th>Hours</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon.-Fri.</td>
<td>7-10 a.m.</td>
<td>Swim Team Practice</td>
</tr>
<tr>
<td>Mon.-Fri.</td>
<td>10-1</td>
<td>Swim Lessons</td>
</tr>
<tr>
<td>Mon.-Wed.-Fri.</td>
<td>1-9</td>
<td>Open Swim</td>
</tr>
<tr>
<td>Sat.-Sun.</td>
<td>1-9</td>
<td>Open Swim</td>
</tr>
<tr>
<td>Thurs.</td>
<td>1-6</td>
<td>Open Swim</td>
</tr>
<tr>
<td>Thurs.</td>
<td>6-9</td>
<td>Adults Only</td>
</tr>
<tr>
<td>Tues.</td>
<td>1-5</td>
<td>Open Swim</td>
</tr>
<tr>
<td>Tues.</td>
<td>5-9</td>
<td>Swim Meet or</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Open Swim</td>
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</tbody>
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Please Note: (1) Due to our limited dressing facilities, we encourage pool patrons to come to the pool in their bathing suits.

(2) SWIM TEAM - POOL MEMBERSHIP IS NECESSARY TO BE ON THE SWIM TEAM. Try-outs and practice schedule during pre-season will be posted.

(3) Adult Swim - Thursday nights.

(4) Swim meets - Home meets on tues. nights.
CLASS DEFINITION OBJECTIVES

Tiny Tots .... Basic acclimation to the water, and introduction to the most basic swimming fundamentals: horizontal body position, kicking, breath holding, arm movements (Dog Paddle to Crawl Stroke). Must be 3 yrs. old by June 1.

Beginner .... To equip the individual with basic water safety skills & knowledge in order to make him reasonably safe while in, on, or about the water: Adjustment into water, Body position, Coordinated Stroking, Entries, Personal Safety. Must be 5 yrs. old by June 1.

Advanced .... To increase the watermanship of the individual by adding on the skills learned in the Beginners Course: Breath Control, Survival Floating, Elementary Backstroke, Crawl Stroke, Diving & Underwater Swimming. Safety & Rescue Techniques. Prerequisite: Beginner Class.

Intermediate .. The objective of the course is to provide the student with the opportunity to learn the elements of good swimming: Leg Kicks, Arm Strokes; of Crawl, Backstroke, Sidestroke, Breaststroke. Prerequisite: Adv. Beginner.

Swimmer ...... The objective of the course is to increase the student's endurance & versatility in the water: Turns and Kicks adapted for Lifesaving. Prerequisite: Intermediate.

Swimming .... To provide special attention to swimming strokes. Through special arrangement with swimming coach -$6.00.

Jr. Lifesaving .. (Ages 11 - 14) Must pass swim test: (a) Front Dive; (b) Swim 220 yds. continuous; (c) Swim underwater 10 - 12 feet; (d) Tread water 30 seconds. To train the student so he can feel confident in performing the required skills necessary to effect a rescue without jeopardizing his own life in the attempt.

Sr. Lifesaving .. (Ages 15 & up) Must pass swim test: (a) Front Dive; (b) Swim 440 yds. continuous; (c) Swim 15 feet underwater; (d) Tread water for one (1) minute. The objective of the course is to provide the individual with the knowledge & skills designed to save his own life or the life of another in the event of an emergency. It is not intended to be a complete lifeguard training course.

Beginning .... To introduce spring board diving: front dive, back dive, inward, reverse & 1/2 twist. -must have passed Beginner Diving Swimming.

Swimmastics ... Exercise done in the water provides a refreshing change to a dry land regime. In addition to being more fun, they are more efficient. Water resistance greatly increases the effect of physical effort, while the water's buoyance helps relieve any feeling of muscular strain. The exercises are done in 3 - 4 1/2 feet of water so that swimming ability is not a limiting factor.

Adult Lessons ... We will help with individual attention, and bring additional swimming skills to the present level.

Competitive
Swimming & ... Offering to the skilled swimmer & diver an opportunity to train & compete with other skilled swimmers.
Diving Ages are open up to 18 years old.
Cost for Swim Lessons: Pool Members - $3.50 - each session
Non-Pool Members - $6.00
Non-Residents - $10.00

Registration Dates: Received by mail before June 9
Classes Begin - 1st session - June 19 - July 14

Registration Dates - Received by mail before July 17
Classes Begin - 2nd session - July 24 - Aug. 18

CLASSES ARE FOR 30 MINUTES.

<table>
<thead>
<tr>
<th>Class</th>
<th>Prerequisite</th>
<th>Time</th>
<th>Days</th>
</tr>
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<tbody>
<tr>
<td>Tiny Tot</td>
<td>None</td>
<td>12:30</td>
<td>M thru F</td>
</tr>
<tr>
<td>Tiny Tot</td>
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<td>11:30</td>
<td>M thru F</td>
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<td>Beginner</td>
<td>None</td>
<td>12:30</td>
<td>M thru F</td>
</tr>
<tr>
<td>Beginner</td>
<td>None</td>
<td>10:00</td>
<td>M thru F</td>
</tr>
<tr>
<td>Beginner</td>
<td>None</td>
<td>12:00</td>
<td>M thru F</td>
</tr>
<tr>
<td>Beginner</td>
<td>None</td>
<td>10:30</td>
<td>M thru F</td>
</tr>
<tr>
<td>Adv. Beginner</td>
<td>Passed Beg.</td>
<td>11:00</td>
<td>M thru F</td>
</tr>
<tr>
<td>Adv. Beginner</td>
<td>Passed Beg.</td>
<td>10:00</td>
<td>M thru F</td>
</tr>
<tr>
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<td>10:30</td>
<td>M thru F</td>
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<tr>
<td>Intermediate</td>
<td>Passed Adv. Beg.</td>
<td>10:00</td>
<td>M thru F</td>
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<tr>
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<td>10:30</td>
<td>M thru F</td>
</tr>
<tr>
<td>Swimmers</td>
<td>Passed Int.</td>
<td>10:00</td>
<td>M thru F</td>
</tr>
<tr>
<td>Stroke Improvement</td>
<td>Spec. Arrangement</td>
<td>10:00</td>
<td>M thru F</td>
</tr>
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</table>

DIVING LESSONS

Diving
10:00-10:45 a.m.  M thru F
10:45-11:30 a.m.  M thru F

SPECIAL CLASSES

Adult Lessons
7:00 - 8:00 p.m.  Thursdays (Only One Session) (8 Weeks)
(June 22 - Aug. 10)

Swimmnastics
12:00 Noon - 12:30 p.m.  M Thru F

Life Saving
6:00 - 8:00 p.m.  Thursdays (Only One Session) (8 Weeks)
(June 22 - Aug. 10)

Fees:
Adult Lessons - Reg. fee
Swimmnastics - Regular Fee
Life Saving - $10.00 + book fee
POOL RULES

1. Street clothes and shoes are prohibited in the pool area.
2. All glass containers (baby oil bottles, mirrors, etc.) must be kept out of the pool area.
3. No smoking or eating is allowed in the locker rooms or on the deck area. All smoking and eating is to be confined to the outdoor concession area.
4. Running or horseplay will not be tolerated.
5. Flotation devices or toys will be prohibited, except in the children's pool.
6. Swearing, blasphemous, or distasteful language is absolutely prohibited.
7. Parents are prohibited in pool area during children's swim instructions.
8. A soap shower should be taken before entering the pool.
9. Kickboards and floatbelts are for instructional and competitive use only.
10. Anyone caught fighting or destroying property will be automatically expelled from pool and prosecuted according to the severity of the action.
11. Riding on shoulders is not allowed, along with excessive splashing or dunking.
12. Anyone who fails to comply with a guard's ruling will be dealt with by the Aquatic Director or Supervisor and punished accordingly.
13. There will be a 15-minute rest break hourly through the day. All swimmers except adults are expected to clear the pool immediately. Children 4 and under may swim when accompanied by an adult in the water.
14. No one 6 years old or over is permitted in the water of the children's pool.
15. All children using the children's pool must be accompanied by an adult (18 years or over). PARENTS: DO NOT SEND ANOTHER CHILD TO BABYSIT.
16. Pool chairs will be provided — please do not bring your own.
17. Pets and animals are prohibited in the Center or pool area.
18. Anyone 8 and under must be accompanied by an adult or have passed a Beginners Class.

ADULTS IN CHILDREN'S POOL MAY NOT ENTER WATER IN STREET CLOTHING.

SLIDE RULES

19. Only one person on slides at a time (otherwise, wait at bottom of steps.)
20. No swimming or playing in front of slide.
21. No standing or going backward while going down slide.
22. Water at bottom of slide is over 4 ft. and requires swimming ability (children should be supervised).

DIVING AREA

23. Diving is prohibited from the sides of the pool.
24. Hanging on boards is prohibited.
25. A diver must dive straight off the board.
26. A diver must wait until the diver in front of him has reached the side before diving.
27. "Spot-Dives" or any dives requiring a second contact with the board are not permitted.
28. Only one person at a time on the board and ladder.
29. When diving off the 1 meter board, go directly to the nearest ladder.
30. When diving from the 3 meter board, go straight out to the rope and then directly to the nearest ladder. (NOTE: Do not cross the rope and enter swimming lane).
31. No one shall swim under the board or wait for another individual on the board.
32. You must be able to swim 25 yards before you may use the diving area.
33. Masks, fins and snorkels are prohibited in diving area.

LANE AREA

34. The roped off area is for continuous swimming in a counter-clockwise circle only. (If you must rest, get out of the pool)
35. Do not sit on or swim over or under rope markers.
36. Stopping in lanes is prohibited; swim to the end of the lane.

FIRST AID

AND

AQUATIC DIRECTOR'S OFFICE

37. This office is for emergencies only; do not enter without permission; do not attempt to treat accidents yourself.
38. The Aquatic Director, Supervisor or off-duty lifeguards will head up all first aid.
39. All members not involved in an accident will refrain themselves from being in this area.

CONCESSION AREA

40. All food or beverages must be kept inside the concession area.
41. No alcoholic beverages may be brought to the pool.
42. Please be considerate and dispose of your trash in the containers provided.