SPRINGDALE RECREATION COMMISSION
Robert Weckman, Chairman
Marion Brett
Roy Parriman
Troy Dials
James Williamson

SPRINGDALE RECREATION STAFF
Gary Thompson .............................................. Asst. Parks & Recreation Director
Dorothy Sullivan .............................................. Secretary

TABLE OF CONTENTS

<table>
<thead>
<tr>
<th>Activity</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Babysitting</td>
<td>4</td>
</tr>
<tr>
<td>Basketball — Adult</td>
<td>4</td>
</tr>
<tr>
<td>Basketball — Youth</td>
<td>4</td>
</tr>
<tr>
<td>Christmas at the Community Center</td>
<td>4</td>
</tr>
<tr>
<td>Co-Ed Volleyball</td>
<td>4</td>
</tr>
<tr>
<td>Diet Workshop</td>
<td>4</td>
</tr>
<tr>
<td>Family Gym</td>
<td>4</td>
</tr>
<tr>
<td>French</td>
<td>5</td>
</tr>
<tr>
<td>Gymnastics</td>
<td>5</td>
</tr>
<tr>
<td>Karate</td>
<td>5</td>
</tr>
<tr>
<td>Modeling</td>
<td>5</td>
</tr>
<tr>
<td>Paddleball Courts</td>
<td>5</td>
</tr>
<tr>
<td>Nursery School</td>
<td>6</td>
</tr>
<tr>
<td>Slimnastics</td>
<td>6</td>
</tr>
<tr>
<td>Senior Citizens Club</td>
<td>6</td>
</tr>
<tr>
<td>Teen Club</td>
<td>6</td>
</tr>
<tr>
<td>Tiny Tot Gym</td>
<td>6</td>
</tr>
<tr>
<td>Youth Movies</td>
<td>6</td>
</tr>
<tr>
<td>Tennis (Open) Indoor (Reservations necessary)</td>
<td>7</td>
</tr>
<tr>
<td>Tennis Lessons</td>
<td>7</td>
</tr>
</tbody>
</table>

REGISTRATION INFORMATION FOR CLASSES!!

1. Registration may be done in person or by mail and must be paid before the first class.
2. Registration is on a first come, first served basis.

GENERAL INFORMATION

ID CARDS — Membership will expire on March 31, 1976. All persons using the facilities of the Springdale Community Center must be members in good standing. 1976 cards will be available after January 1, 1976.

All persons or organizations desiring to use the Community Center building and grounds must fill out an application form from the Center Office. There may be fees assessed.

Members are asked to carry cards at all times.
IMPORTANT INFORMATION

<table>
<thead>
<tr>
<th>Thanksgiving</th>
<th>Closed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Christmas Eve Day</td>
<td>Open</td>
</tr>
<tr>
<td>Christmas Day</td>
<td>Closed</td>
</tr>
<tr>
<td>New Year's Eve Day</td>
<td>Open</td>
</tr>
<tr>
<td>New Year's Day</td>
<td>Closed</td>
</tr>
<tr>
<td>Palm Sunday</td>
<td>Open</td>
</tr>
<tr>
<td>Easter Sunday</td>
<td>Closed</td>
</tr>
<tr>
<td>Memorial Day</td>
<td>Open</td>
</tr>
<tr>
<td>Labor Day</td>
<td>Open</td>
</tr>
</tbody>
</table>

Classes will not be held on the above dates that we are closed.

COMMUNITY CENTER – DAILY HOURS

Monday thru Friday – 9:00 A.M. - 11:00 P.M.
Saturday – 10:00 A.M. - 9:00 P.M.
Sunday – 1:00 P.M. - 9:00 P.M.

Your Community Center is for the entire Community, but to retain a pleasant atmosphere for all, the following guidelines must be observed:

GENERAL RULES

1. A membership card must be shown before being admitted to the Center.
2. A lost or destroyed card will be replaced for $50.
3. No one will be admitted if their card has been taken away for disciplinary action.
4. Persons causing disturbances or caught destroying property will be dealt with by the Police.
5. The Community Center is for use by Springdale residents. Any special arrangements for non-resident participation must be cleared with the Community Center Office.
6. All special arrangements including parties, meetings, reservations for rooms or fields must be cleared through the Community Center Office.
7. Persons under the age of 18 are not permitted to smoke anywhere on the Community Center property.
8. Bicycles should not be ridden on sidewalks and should be locked in designated area. All bicycles must be locked while on the property when not in use.
9. Sidewalks are for walking, so stay off the grass.
10. No glass bottles on the property.
11. Misconduct will result in disciplinary action.
12. Food and drink are permitted in the concession area only.
13. We ask that you put trash in its proper place.
14. Abusive language will not be tolerated.
15. Swim suits are prohibited in the gym.
BABY SITTING SERVICE

Community Center
Monday thru Friday 9:00 - 12:00 Noon
Members Fee: $.40 per hour
Limit: 32 Children

Children 2, 3, 4, and 5 years of age and toilet-trained may stay for full time. Younger children 1 hour limit if cribs are provided. Registration not necessary, mother pay in cash when you come. Children may bring their own toys. All mothers using this service may be asked to volunteer if necessary.

BASKETBALL – Adult (18 & over) (League)

Sign up at Community Center Office. You MUST be a Springdale Resident. League to begin in January.
Monday & Thursday evenings – 9:00 - 11:00 P.M.

BASKETBALL – Youth League

Registration will begin October 13 thru October 26. All players must be residents of Springdale. Fliers will be distributed through Schools.
Ages 9 thru 18

CHRISTMAS AT THE COMMUNITY CENTER

Lunch with Santa – Recreation Center 1:00 - 2:30 P.M. Sunday, December 14
For further information, call Mrs. Proctor – 851-7939.

Santa’s Christmas Party – Saturday, December 20 – 2:00 - 4:00 P.M. (approximately) at the Community Center. Open to all children in Springdale. Parents must bring a wrapped gift per child for Santa to distribute to the children. (Cost of gift – between $1.00 and $2.00) Also each parent should bring two Christmas tree decorations per child for decorating of the Christmas tree. Punch will be provided along with a magic show, singing of carols, and a brief explanation of Christmas and its real meaning geared to the child.

For more information, please contact the Community Center.

CO-ED VOLLEYBALL – ADULT

Co-Ed Volleyball offers couples opportunity to participate in a recreational activity together. Unlike most other athletic games you might play, volleyball has couples playing on the same team. Come along Sunday evenings from 7:00 to 9:00 P.M. and enjoy a lively game with your wife or girl friend.

DIET WORKSHOP

Community Center
Wednesday – 10:00 - 11:30 A.M.

Fee: For 10 Week session $25.00 or 1st meeting $5.00 Registration Fee and $2.50 each class thereafter.

To win, you have to be a loser. A doctor-approved way of taking weight off using proper diet, exercising, and behavior modifications. Public is invited under no obligation for one free lesson.

Sandi Bernstein, Instructor

FAMILY GYM

Family Gym is for the use of Springdale families in the Community Center gymnasium. Families will have access to any of our apparatus, balls, and other equipment. It is a chance for families to enjoy recreational activities together. One adult must be present with each family. Family Gym will be held on Saturday from 6:00 - 8:00 P.M. when there are no parties, and on Sunday from 5:00 - 7:00 P.M.
FRENCH - Youth

Wednesday - 4:00 - 5:30 P.M.  Members Fee: $ 5.00
Beginning September 24 for 10 weeks
Non-Resident: 10.00

Introduction to speaking basic grammar of the French Language. Bring paper and pencil.

Ginette Cummings - Instructor

GYMNASTICS

Community Center  Members Fee: $5.00 per month
Tuesday & Thursday - 6:00 - 9:00 P.M.  Beginning September 1 - Limit 40
Tuesday:  6:00 - 7:00  12 and under Boys & Girls
9:00 - 10:00  Team Practice
8:00 - 9:00  Adult (18 and over)
Thursday:  6:00 - 7:00  12 and under Boys & Girls
7:00 - 8:00  Team Practice
8:00 - 9:00  Over 13 Boys & Girls

Learn fundamentals in tumbling, floor exercise and apparatus. Please wear gym apparel.

Don Wilson, AAU Coach

KARATE

Springdale School  Members Fee: $15.00 Youth
6:00 - 7:30 P.M. Beginner  (8 - 15 yrs.)
7:30 - 9:00 P.M. Intermediate  $25.00 Adults
(16 to Adult)

Classes begin September 30 for 15 weeks.
Class limit 15.
Students must pre-register at the Center.

Learn the art of self-defense.
Bruce Bader, Instructor

MODELING

Saturday - Beginning Sept. 20 for 10 weeks  Members Fee: $10.00
Age:  14 & under  Non-Res. Fee: $15.00
Time:  12:00 Noon - 1:00 P.M.

Modeling is for the young ladies of today! The self confidence you gain through poise, charm, complexion care, make-up, hair styling, manicure, social graces and wardrobe becomes a stepping-stone to a better life. Basic modeling movements, with the above are acquired skills; the better trained you are, the easier and more natural you look.

Instructor, Joanne Prell, Sharkey Modeling Agency (Cincinnati-Dayton)

PADDLEBALL COURTS & HANDBALL COURTS (Outdoor)

Handball and Paddleball are both fast moving games which will create agility and coordination. The courts are one wall and are under the lights and will be open until 11:00 throughout the week.
NURSERY SCHOOL

Age: 3 (4 year olds if room)
Registration: September 10 - 17
(1st session)
Parents must pay monthly.

1st Session: October 6 thru February 13
2nd Session: February 16 thru May 28
Class limit 20

Instructors:
Micky Goorman
Arlene Chatenever

Members Fee: $1.00 per day
(Children must be signed up and pay for the entire session)

Non-Resident Fee: $2.00 per day.
(Children must be signed up and pay for the entire session)

Choice:
Morning or afternoon Session — both Monday thru Friday
Morning: 9:30 A.M. to 12:00 Noon
OR
Afternoon: 1:00 P.M. to 3:30 P.M.

Children 3 years of age by October 1, 1975 and toilet-trained.
The Community Center has hired two accredited teachers who have designed a program to meet the needs of your child. A wide variety of recreational and educational activities will be included. Mothers will be asked to volunteer 1 week per session.
There will be an additional charge of $1.00 per month for drinks. Mothers will be asked to supply cookies. Our vacation calendar will be the same as the Princeton School District Calendar.

SLIMNASTICS

Community Center
Monday - Wednesday - Friday
10:00 - 11:00 A.M.

Members Fee: Free
Shirley Combs, Instructor

A fitness class emphasizing the components of flexibility, agility, strength, and endurance. Each student will begin slowly and develop to maximum ability.

SENIOR CITIZENS CLUB

The Springdale Senior Citizens Club has 80 young-at-heart registered members. Wide varieties of activities are scheduled such as card playing, horshoes, guest speakers, bowling, movies, trips, etc. Meeting time is every Tuesday from 12:00 Noon until 4:00 P.M., Requirements are that you must be 60 or older and retired. Both husband and wife do not need to meet the requirements. Stop by any time and join in the fun. Call Curt Fields, President — 825-0255.

TEEN CLUB — Springdale Experience

The Community Center has a very active Teen Group which is involved in a wide variety of activities. For further information on joining, call Recreation Center.

TINY TOT GYM

Community Center
Monday - Wednesday - Friday — 11:00 - 11:45 A.M. — Beginning November 11th
(Ages 2 & 3 Monday; 4 & 5 Wednesday; All Ages Friday)

For children age 2 to 5. Activities are designed to improve basic motor skills, such as running, jumping, hopping, balance, and coordination. The children enjoy the activities as well as learning how to use their entire body effectively in movements.

Mildred Price, Instructor

SATURDAY YOUTH MOVIES

Community Center
Saturdays — 1:00 P.M.

Members Fee: $0.50 per movie

Movies will be shown for children ages 4 and up unless accompanied by an adult. Refreshments will be sold at intermission.
Movies begin Saturday, November 20th. A schedule may be picked up at the Recreation Center for the dates, movies shown, and the times movies are over.
LESSONS – Fall and Winter
September 9th thru October 2nd – Tuesday and Thursday

0 - 10:00  –  Beginner I
10 - 11:00  –  Beginner II
11:00 - 12:00  –  Serving Clinic – complete concentration on the serve.
12:00 - 1:00  –  Intermediate I
1:00 - 2:00  –  Intermediate II

Evening –
7:00 - 8:00  –  Beginner II
8:00 - 9:00  –  Intermediate I
9:00 - 10:00  –  Serving Clinic

Outside – October 7th thru October 30th – Tuesday and Thursday

9:00 - 10:00  –  Beginner I
10:00 - 11:00  –  Beginner II
11:00 - 12:00  –  Serving Clinic
12:00 - 1:00  –  Intermediate I
1:00 - 2:00  –  Intermediate II

Evening –
7:00 - 8:00  –  Beginner II
8:00 - 9:00  –  Intermediate I
9:00 - 10:00  –  Serving Clinic

Outside – November 3 thru November 20th – Monday and Wednesday and Thursday
3 times per week – 9 lessons)
10:00 - 11:00  –  Beginner I
11:00 - 12:00  –  Beginner II
12:00 - 1:00  –  Intermediate I
1:00 - 2:00  –  Advanced Players – Lessons on strategy and winning.

Thanksgiving Day – November 27 – NO CLASSES.

Inside – December 2 thru December 18th – Tuesday and Thursday
(6 Lessons - 3 weeks)
10:00 - 11:00  –  Beginner I
11:00 - 12:00  –  Beginner II

CHRISTMAS HOLIDAYS

Inside – January 6 thru January 29th – Tuesday and Thursday
10:00 - 11:00  –  Beginner I
11:00 - 12:00  –  Beginner II

Inside – February 3 thru February 26th – Tuesday and Thursday
10:00 - 11:00  –  Beginner I
11:00 - 12:00  –  Beginner II

Inside – March 2 thru March 25th – Tuesday and Thursday
10:00 - 11:00  –  Beginner II
11:00 - 12:00  –  Intermediate I

TEEN – Youth (Ages 12 & under)
Outside – September 15 thru October 8th – Monday and Wednesday
4:00 - 5:00  –  Beginner I
5:00 - 6:00  –  Beginner II
6:00 - 7:00  –  Intermediate I

Instructor: Mary Streibich

TEEN OPEN INDOOR
The Gym will be open to reservations for open tennis play beginning in November. See Gym Schedule for time.
<table>
<thead>
<tr>
<th>TIME</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
<th>SUNDAY</th>
</tr>
</thead>
<tbody>
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</tr>
<tr>
<td>5:00</td>
<td>Open</td>
<td>Open</td>
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<td>Open</td>
<td>Open</td>
<td>Open</td>
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</tr>
<tr>
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<td>Open</td>
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<td>Open</td>
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</tr>
<tr>
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<td>Open</td>
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<td>Open</td>
<td>Family Gym</td>
<td>Volleyball</td>
</tr>
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<td>Volleyball</td>
</tr>
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<td>Men’s Basketball</td>
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</tr>
</tbody>
</table>

Schedule subject to change due to parties and the basketball season. Changes of schedule will be posted at center.