Introduction

The Springdale Recreation Center was completed in the Spring of 1972 to serve the residents of the City of Springdale. Its purpose is to provide wholesome and enjoyable activities during leisure time for all ages. The Recreation Center is beginning the first full year of operation this fall. Facilities include a fully equipped gymnasium, two club rooms, a game room, an arts and crafts room, locker rooms, an outdoor pool, and thirty-six acres of developed land. In addition, the center is improving the five existing parks in the City of Springdale. The residents of Springdale now have the newest and most advanced recreational facilities available in this area. It is our sincere hope that all residents will use these facilities to their maximum capacity.

SPRINGDALE RECREATION COMMISSION

Marion Brett - Chairman ........................................ Roy Parriman
Gene Nell .............................................................. Harold Brooks

SPRINGDALE RECREATION STAFF

Steve Lewis .................................................. Recreation Director
Gary Thompson ............................................ Assistant Recreation Director
Harry Gottschang ........................................ Assistant Recreation Director
Wally Brunswick .......................................... Maintenance
Fred Starcher ............................................... Maintenance

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ADULT PROGRAMS

MEN’S FITNESS & JOGGING

Men’s Fitness and Jogging offers men the opportunity to get into shape while relieving the tensions and stress of the everyday job. This program will include running and exercising in a progressive manner designed to increase strength, endurance, flexibility and agility while decreasing inches in your waist line. Each individual will work at his own pace under the supervision of a qualified instructor. All participants will find this a rewarding and enjoyable experience. Classes will be held on Monday, Wednesday and Friday at 5:00 P.M. There will be no fee for this program.

MEN’S BASKETBALL

Men’s Basketball offers an opportunity for men 18 years of age and older to participate in a low keyed but organized basketball program. Teams will compete on a league basis to achieve organization, but the primary emphasis is on enjoying an evening of basketball. Some teams may represent organizations or neighborhoods, while others will be formed from individuals signing up at the Recreation Center. Anyone interested must register at the Recreation Center. This program will be held on Tuesday and Thursday evenings from 9:00 - 11:00 P.M. There will be a small charge for each team for officials, awards, etc.

WOMEN’S VOLLEYBALL

Wednesday evenings from 7:30 - 9:00 P.M. are set aside for Women’s Recreational Volleyball. Two full courts are available for team play or practice. Volleyball is becoming a favorite international activity for both men and women, so now is the time to get started.

WOMEN’S SLIMNASTICS

Slimnastics is a fitness class emphasizing the components of: flexibility, agility, strength and endurance. Each participant will be brought along slowly, although maximum effort will be attempted in order to achieve the desired results. There will be no charge for this class.

MEN’S VOLLEYBALL

Power volleyball and recreational volleyball will be conducted together. For those who like the competitive aspect, we will have half the gym on Monday and Wednesday nights as power volleyball. This stresses the fundamentals of bumping, setting, spiking, offensive and defensive maneuvers. A team is being formed and play will begin shortly in the YMCA League on Wednesdays and the Evendale League on Thursdays.

If you just like to play for the fun of it, come out and participate on the other half of the gym in a pick up game. Either way you play - you'll enjoy it!

ADULT TENNIS LESSONS

Classes are being offered for beginners and intermediates. Basics of tennis will be taught in beginners and more advanced skills, such as strategy, net play, etc. will be included in the intermediate class. Students will furnish their own rackets, and balls will be provided. Cost $6.00/8 lessons. 10 - 12 students per instructor.
First session October 17 to November 9. You will be glad you took advantage of this class by Spring when we have our own new courts.

FAMILY GYM

Family Gym is for the use of Springdale families in the Recreation Center Gymnasium. Families will have access to any of our apparatus, balls and other equipment. It is a chance for families to enjoy recreational activities together. One adult must be present with each family. Family Gym will be held on Sundays from 3:00 - 6:00 P.M.
GYMNASTICS

Fundamentals in tumbling, floor exercise, trampoline and apparatus will be taught at no cost by qualified instructors. This is a coed activity and will eventually lead to the formation of a team with instructional classes remaining the same.

CHILDREN'S MOVIES

If this program is successful initially, good movies will be shown continually at unusually low rates. Children of all ages and adults who are young at heart are welcome. A list of possible movies might include: The Absent-Minded Professor; Born Free; Davy Crockett; King of the Wild Frontier; The Great Locomotive Chase; Jim Thorpe, All American; The Monkeys Uncle; Pollyanna; and Spencers Mountain. The children of Springdale have never had such a bargain!

TEEN NIGHT

Friday nights in the gym are reserved for Junior and Senior High School students. Different activities are planned, but all will be on a casual, drop-in basis. Dances will be common, as well as other gym activities, geared for this age group. Enthusiasm has been shown for these activities in the past and large crowds are anticipated this year. Come and join in the fun.

MAGIC LESSONS

Learn to be a magician. Future magicians (recommended ages 8 - 12) will learn 2 or 3 tricks each week. These include coin tricks, rope tricks and other tricks with apparatus. The majority of the tricks are commercially prepared. All necessary items are furnished. The lessons are conducted by a professional magician, Professor Pryor. Two classes: Tuesday 4:00 - 4:45 P.M. and 4:45 - 5:30 P.M. Register early — classes limited to 15 per class.

YOUTH ACTIVITIES

This period of time in the gym is set aside for children ages 6 - 12. It will be used to supplement the activities that the children receive in their school gym classes. This will include, primarily, games and the use of equipment to which the schools do not have access. Some examples are roller skating on the gym floor, gym hockey, trampoline work, roller skate hockey, dodge ball, etc. This period is an excellent time for both boys and girls to spend a healthy and enjoyable afternoon with their friends at the Recreation Center. There is no fee for this activity. Monday — Friday, 3:00 - 4:00 P.M.

KUNG FU KARATE

Chinese Kung Fu Karate is one of the most active styles of the martial arts. There are no tedious regimented practice sessions as in other styles. Many moves, kicks and forms are taught each day. Kung Fu is very offensive and, therefore, dangerous. Much time is spent on gaining the proper attitude and spirit in class and away from class. The instructor reserves the right to not accept or to discipline any student whom he feels can not comply with or mentally adjust to this class. Cost is $1.00 per lesson and you may begin at any time.
SPECIAL INTEREST

CERAMICS
Ceramic classes are held on Mondays and Wednesdays from 1:00 - 4:00 P.M. These classes provide an opportunity for creative and imaginative work. Come and join us in this artistic endeavor.

YOGA
Is the hectic pace of day-to-day life wearing you out? Are mental tensions getting you down? Learn the healthful way to relaxation, and shape up at the same time. . . . through Yoga. Classes are being offered for beginning and intermediate students. Beginners class is on Thursday from 7:00 - 9:00 P.M. and intermediates on Wednesday from 7:00 - 9:00 P.M.

BRIDGE
The Recreation Center’s Club Rooms will be set up for Bridge on Friday evenings from 7:30 - 10:00 P.M. Anyone interested is cordially invited to spend a relaxing evening trumping tricks.

SENIOR CITIZENS
A program will be conducted on Thursday evenings from 6:00 - 8:00 P.M. for Senior Citizens activities. Horseshoes, Bridge, Ballroom dancing and other activities are planned. Enjoy a social evening with others who are young at heart. See you there.

MODERN DANCE
Modern Dance classes will be offered at the Recreation Center for those interested. The class will learn development, technique and communication of the body in this time-space art. Excellent for overall grace and agility. Classes will be divided according to ability and age.

TINY TOT GYM
Tiny Tot Gym is a program for pre-school children 3 years of age and older. It is designed to improve basic motor skills such as running, jumping, hopping, balance and coordination. The children enjoy the activities as well as learning how to use their entire bodies effectively in movements. It is generally accepted that children achieve more than 50% of their learning by age 5 and that good physical experiences at early ages may even improve a child’s I.Q. Come and enjoy this unique experience with your little ones on Monday and Wednesday mornings at 11:00 A.M. There will be no charge for this class.

SPINNERS
This is a truly unique group using the Recreation Center’s Gym on Sunday afternoons from 1:00 - 3:00 P.M. The Sternwheelers are a wheelchair basketball team for handicapped men. The team will be practicing for league games they will play all over the United States. Springdale residents are welcome to observe all practices and games.

NOTE: BABYSITTING
A babysitter will be available from 10:00 A.M. to 12:00 noon Monday through Friday mornings. This service will take place in Club Room B during adult morning activities for your convenience. Two rules must be followed:

1. Your child must be toilet trained and 2 years old or over.
2. You must stay in the building while your child is in our care.
GENERAL RULES

ADMITTANCE PROCEDURES

1. A membership card must be shown before being admitted to the Center.
2. Anyone wishing admittance who forgets their card will be charged 10¢ and checked to see if they have a card.
3. A lost or destroyed card will be replaced for $1.00.
4. No one will be admitted if their card has been taken away for disciplinary action.
5. Persons causing disturbances or caught destroying property will be dealt with by the Police.
6. The Recreation Center is primarily for use by Springdale residents and their guests. Any special arrangements for non-resident participation must be cleared with the Recreation Director.
7. Each resident may bring no more than three (3) guests at one time except when an entire family is involved.
8. All special arrangements including parties, meetings, reservations for rooms or fields must be cleared with the Recreation Director.
9. Other rules may be added at any time in order to insure secure and safe buildings and grounds.

LOOK

GYM RULES

1. Gym shoes must be worn in the gym.
2. There will be no smoking, eating or drinking in the gym.
3. Abusive language will not be tolerated.
4. Equipment must be signed in and out.
5. During scheduled activities the gym will be closed to everyone except those involved in the activities.
6. These rules are for your safety and pleasure, and we ask that everyone please adhere to them.
## GYM SCHEDULE

<table>
<thead>
<tr>
<th>TIME</th>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
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<tbody>
<tr>
<td>10:00</td>
<td></td>
<td>Women's</td>
<td>Adult Tennis</td>
<td>Women's</td>
<td>Adult Tennis</td>
<td>Women's</td>
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<td></td>
<td>CLOSED</td>
<td>Slimnastics</td>
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<td>Slimnastics</td>
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<td>Tiny Tot Gym</td>
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<td>Tiny Tot Gym</td>
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<td>Boys' Basketball</td>
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<td>Practice</td>
<td>Practice</td>
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<td>SPINNERS</td>
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<td>2:00</td>
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<td>Family Gym</td>
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<tr>
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<td>Basketball Practice</td>
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<td>8:00</td>
<td>Womens'</td>
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<td>Slimnastics</td>
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<td>½ Power Rec.</td>
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<td>Leagues</td>
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### YOUTH ACTIVITIES (AGES 6 - 12)

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<thead>
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<tbody>
<tr>
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<tr>
<td>5:00</td>
<td>Men's Fitness</td>
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<td>Boys' Basketball</td>
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<td>7:00</td>
<td>Women's Volleyball</td>
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<td>8:00</td>
<td>Men's Volleyball</td>
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<tr>
<td>9:00</td>
<td>Men's Basketball</td>
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<tr>
<td>10:00</td>
<td>Teem Night</td>
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**DAYS THE RECREATION CENTER WILL BE CLOSED**

- Thanksgiving Day
- New Year's Day
- Christmas Eve
- Good Friday Afternoon
- Christmas Day
- Easter Day

**DAILY HOURS:**

- Monday – Friday: 10 A.M. – 11 P.M.
- Saturday: 10 A.M. – 9 P.M. (unless facility is rented)
- Sunday: 1 P.M. – 9 P.M.
TEAM SPORTS

BASKETBALL

The Springdale Recreation Department's Basketball Program (formerly Springdale Youth Association Basketball) is entering its fourth season with plans to have leagues for all age groups of both sexes, from nine years old up to and including adults.

Last year's program had sixteen teams in two leagues and we hope to double the number of teams and add three or four new leagues this year.

Cheerleaders will be used for all games to provide a lot of excitement. In addition to this, we have all games being played at the Recreation Center with plenty of seating, an electric scoreboard and well-trained officials.

Many new coaches and assistants are needed, and also mothers to help with the cheerleaders.

SOCcer

The 1972 Springdale Soccer Program is now in full swing with 25 teams comprised of over 400 boys and girls competing in league play. This figure represents a 90% increase in participating youngsters over the 1971 season.

The exciting sport of Soccer was started in Springdale in 1968 with the formation of 3 boys teams in the Passers (age 6 - 8) and Wings (age 9 - 11) divisions. Since that time the program has grown to the point that there are now teams in six different divisions.

This program, under the direction of Herb Spangler, is an excellent opportunity for all children and we encourage your participation.

BASEBALL

The Springdale Youth Association for many years has sponsored a community baseball league consisting of approximately 20 teams in 3 different divisions. The program has been at its present level for about two years.

Other programs, which make Springdale the No. 1 baseball town around, are the Knothole program with about 12 teams from Springdale, the Springdale Farm system with 18 teams, girls' softball (now 15 teams strong), and a couple of women's teams. It's ironic that women's teams got started before men's teams did, but we hope to correct that situation by next summer.

It will be very nice for teams to be able to play at the new Recreation Center and, also, playing under the lights.
FOOTBALL

Approximately 5 years ago 10 coaches decided to give football a try in Springdale. Meeting with limited success, the program expanded to include boys from the surrounding communities in order to save football for the Springdale boys who did want to play. The group goes under the name of the Bantam Bengals.

Presently four teams, with an average of 40 boys on a team, are traveling the Hamilton County area playing the best from other communities. They are presently practicing three nights a week at Glendale, due to the unavailability of Springdale fields.

The four divisions are called: the Ponies - ages 7 and 8 with a weight limit of 90 pounds; the Panthers - ages 9 and 10 with the same weight limit; the Wildcats - ages 11 and 12 with a weight limit of 110 pounds; and the Varsity - age 13 - 14 (130 lbs.).

For further information, please contact Mr. Bob Bennett.

GYMNASTICS

A gymnastic team is in the making at the Springdale Recreation Center. Presently an average of 80 boys and girls are participating on Monday and Friday nights in our open program. These people will be formed into a team in which each child will be able to participate. Competition will be in the following areas: Balance beam, tumbling, floor exercise, uneven and even parallels, side horse and vaulting.

Everyone is urged to participate in this free program. Mr. Don Wilson is the coach and he has a staff large enough to handle the large numbers. Try it - you'll like it!

POWER VOLLEYBALL

A power volleyball team is being formed at the Recreation Center. This is the serious competitive type of volleyball in which the ball is hit at speeds of 90 MPH. Players must have the skills such as the bump, set, dig and spike mastered. We encourage everyone to attend the recreational volleyball sessions held at the same time as power volleyball, and watch and learn these new methods.

Play will soon commence with the volleyball team playing in the Evendale League and the Cincinnati YMCA Leagues.

SWIM TEAM AND DIVING TEAMS

An organizational meeting will be held in about a month to organize for next summer. Watch the newsletters and newspapers for information!
ROSS PARK

Ross Park at this time is probably Springdale’s largest and best developed park. It contains a baseball field, tennis courts, a children’s play area, picnic tables, a basketball court, a football - soccer field and a nice wooded picnic area.

CHAMBERLIN PARK

Chamberlin Park is going to be our most outstanding park in the near future. Plans are well underway on this 13 acre tract located in the Heritage Hill area. Plans include: a field sports area for baseball and football - soccer, a creative play hill which is a new concept to this area, picnic areas, a tiny tot play area, basketball courts, a nature study area, a sports & games area, a day camp area, and future proposals including tennis courts, a lodge for parties and dances and an olympic-sized pool. Completion is set for Spring of 1973.

For further information, contact the Recreation Center.

UNDERWOOD PARK

Our “mini park” located off Grandin Avenue contains a baseball field, basketball courts, apparatus areas and a small playfield. This park has a summer supervisor who coordinates the summer activities.
CAMERON PARK

Work has just begun on “master or site planning” this park. It contains a beautiful wooded area, 3 large fields, and has easy access which is what most of our parks lack. Completion date will, hopefully, be Summer of 1973.

THE HAYLOFT

We are very thankful to our Northwest neighbors for the use of the ball diamonds and soccer fields. We hope we can continue to use this fine area in the future!

KANTER PROPERTY

We have just acquired this land off Interstate 275 and plan to include it in our “master planning” for future developments. We would appreciate your suggestions of a name for this park!