

inside Scoop

News & Views for Springdale Adults

Greetings!

The City of Springdale is in full bloom, the children are about to begin their summer break and families are planning vacations. It's a season for outdoor activities such as swimming at the pool, taking a walk outside, sitting on your porch with a cool drink and chatting with family and friends. Take a look at all of the programs, classes, concerts and more offered this summer at the Springdale Community Center. Also, don't forget to check out our neighborhood parks: Beacon Hill, Chamberlain, Glenview, Ross, and the newly renovated Cameron and Underwood.

Remember, "True friends are like diamonds - bright beautiful, valuable, and always in style."

So call a friend and come on over...

Sherry

Evening Beach Ball Bingo

Wednesday, June 26 4:00 p.m.

Join us for the second in a series of themed evening game nights. This month, we are playing Beach Ball Bingo. Wear your shorts, t-shirts and get ready for fun! We will have beach party food to snack on before the games begin. Bingo will begin at 4:15 p.m.

Be sure to register online, at the front desk or by calling 346-3910 no later than Monday, June 24. Cost is \$5.00 for members and \$10.00 for guest of a member.



Mother's Day Coffee

Friday, May 10 9:00 a.m.



Join moms, grandmothers, aunts, sisters for coffee and sweet treats. Be sure to register for this free event online, in person or by calling 346-3910 no later than Thursday, May 9.

Members only please.

Melody of the Dulcimer

Wednesday, May 22 1:00 p.m.

Join Martha, a multitasking weaver, knitter and dulcimer player as she shares the history of the dulcimer and demonstrates this beautiful stringed instrument.

Be sure to register for this free program online, at the front desk, or by calling 513-346-3910 no later than Tuesday, May 21.

Artistic Expressions with Shelly

Wednesday, June 5 11:00 a.m.

Budding artists are encouraged to join us for the next artistic expression program "techniques of sketching." This month we will learn to sketch trees.

Be sure to register for this free program online, at the front desk or by calling 346-3910 no later than Monday, June 3. Non-members \$5.00.



Pool Season

May 25 - September 2

Free with SCC Membership. Guests of members may purchase a daily pass for \$5.00, family of four \$15. Further inquiries 513-346-3910.

Pool Concession Stand Open Daily

Regular Season Pool Hours

May 25 - August 4

12:00 - 8:00 p.m. Weekdays

12:00 - 6:00 p.m. Weekends

* The pool will close at 4:15 pm on Tuesdays for swim meets and 6:00 pm on Thursdays for Adult Swim. The pool will also close for a few special events during the Summer. Watch for more information at your facility or check us out online at www.springdale.org/goplay.

Extended Weekend

Post-Season Pool Hours 12:00 - 6:00 p.m.

August 10, 11, 17, 18, 24, 25, 31 & September 1, 2

Springdale Sailfish Swim Team

To join the Swim Team please contact The Springdale Sailfish at springdalesailfish@yahoo.com

Cost: \$60 per swimmer, with multi kid discounts available

Register online: <https://springdalesailfish.swimtopia.com>

Registration period: April 1-July 6

Sailfish information Night: May 8, 2024 at 6:30 p.m.

Youth & Adult Swim Lessons

Youth and Adult swim lessons will be available this summer. Contact SwimSafe for more information at 513-755-7075 ext. 11 or ellie@swimsafepool.com.



Opening Day at the Pool

Saturday, May 25, 1:00 p.m. – 4:00 p.m.

Celebrate the beginning of the outdoor pool season with our entire Springdale Community. The annual Opening Day at the Pool celebration will have a live DJ. Choice of a free sno-cone or hot dog to the first 100 SCC members who visit the pool. We will also have exciting activities including pool water games and so much more.

This event is Free to SCC Members.

Health & Wellness

Chair Volleyball **FREE!**

M, W 10:00 - 11:30 a.m.

Chicago Style Steppin'

SA 2:00 - 4:00 p.m.

H.I.I.T. Fit

T, TH 5:55 - 6:55 p.m.

SA 11:00 a.m. - 12:00 p.m.

Jazzercise

M, W 5:55 - 6:55 p.m.

T, TH, SA 9:30 - 10:30 a.m.

Pickleball **FREE!**

M 12:00 - 3:00 p.m.

TH 10:00 a.m. - 1:00 p.m.

SilverSneakers® Classic

FREE!

T, Th 11:00 - 12:00 p.m.

Strength 45

F 5:55 - 6:55 p.m.

Tai Chi

M 1:00 - 2:00 p.m.

Zumba

T 7:05 - 8:05 p.m.

SU 2:00 - 3:00 p.m.

Check the calendar for regularly scheduled activities.

Cardio Splash!

Thursdays 6:30 - 7:30 p.m.

Saturdays 11:00 a.m. - 12:00 p.m.

Session 1: June 1, 6, 8, 13

Residents \$20 – 4 classes Walk-ins \$7

Non-Residents \$24 - 4 classes Walk-ins \$8

Session 2: June 15, 20, 22, 27

Residents \$20 - 4 classes, Walk-ins \$7

Non-Residents \$24 - 4 classes, Walk-ins \$8

Session 3: July 25, 27, Aug 1, 3

Residents \$20 - 4 classes, Walk-ins \$7

Non-Residents \$24 - 4 classes, Walk-ins \$8

Bonus Saturday Classes:

August 8, 17, 24, 31

Walk-in \$5 residents only - \$6 walk-in non-resident

Dive in to this high energy, low impact water-workout! Participants should bring a towel, noodle and water bottle to class.

Register with Instructor Patricia Cox at 513-235-2305.

THIS & THAT

Free
Program!

Scam Proof Seniors Bingo Thursday, May 9 1:00 p.m.

Join Scap Proof Seniors staff for a fun game of Bingo.

Be sure to register for this free program online, in person, or by calling 346-3910 no later than Tuesday, May 7.

Baseball Myth Busters Thursday, June 27 1:00 p.m.

Join Gary Couch, Baseball historian as he challenges our expertise with "Baseball Myth Busters," "So You Think You Know Cincinnati Baseball?"

Be sure to register for this free program online, in person, or by calling 513-346-3910 no later than Wednesday, June 26

This & That programs are open to the public.

Crafting with Grandchildren Fairy Garden or Planter Saturday, May 18 9:30 a.m.

It's spring planting time with the Springdale Garden Club. You have a choice of creating a fairy garden OR a planter.

We will supply soil, plants and basic fairy garden supplies such as pebbles and clear stones for the fairy garden.

We suggest you bring your own container, trowels, gloves and any additional ornaments for your project.

Be sure to register online, in person, or by calling 346-3910 no later than Thursday, May 16. Children accompanied by a grandparent/guardian must register along with the member.

Cost is \$9.00 per planter/fairy garden.



Concerts in the Park

That's right, Concerts in the Park is back! We will have high energetic live entertainment in our outdoor amphitheater behind the Springdale Community Center. Our local Springdale Youth Boosters will have food and cold beverages for sale.

Admission: Free!

Location: Springdale Community Center Amphitheater
11999 Lawnview Ave. Springdale, Ohio 45246

For more information, contact Springdale Parks & Recreation Department at 346-3910.

Band Schedule

The Remains

June 20 7:30 - 9:00 p.m.

A great blend of eclectic music from the 60's thru 2024.

Just Vince and the Fellas

July 18 7:30 - 9:00 p.m.

Will pump up the crowd with 80's, 90's, Funk, Disco and R&B Classics.

Buzz Binn

August 1 7:30 - 9:00 p.m.

High-energy 90's popular music with a modern sound and classic roots.

* In the event of severe weather Concerts in the Park will be cancelled.

Father's Day Coffee

Friday, June 14 9:00 a.m.

Let's not forget dads, grandfathers, uncles, brothers for coffee and sweet treats. Be sure to register for this free event online, in person or by calling 346-3910 no later than Thursday, June 13.

Members only please.



Refrigerator Reminder

May

9	1:00 p.m.	This & That Scam-Proof Seniors Bingo	5/7
10	9:00 a.m.	Mother's Day Coffee	
18	9:30 a.m.	Crafting with Grandchildren Fairy Gardens or planters	5/16
21	2:00 p.m.	Chair Yoga	5/20
22	1:00 p.m.	Melody of the Dulcimer	5/21

June

5	11:00 a.m.	Artistic Expressions	6/3
14	9:00 a.m.	Father's Day Coffee	
18	2:00 p.m.	Chair Yoga	6/17
26	4:00 p.m.	Beach Ball Bingo	6/24
27	1:00 p.m.	This and That Baseball Myth Busters	6/26

RD = Registration Deadline

Community Center Hours

Fitness Center & Indoor Track open at 6:00 a.m.
Monday - Friday

Monday-Friday	9:00 a.m. - 9:00 p.m.
Saturday	9:00 a.m. - 5:00 p.m.
Sunday	12:00 p.m. - 5:00 p.m.

Holiday Hours

Monday, May 27 (Memorial Day) - Community Center Closed

Book Club

Have you thought about joining a book club? If so, consider joining in to discuss books chosen by fellow members. The group meets the third Friday at 11:15 a.m.



Friday, May 17

“Listen for the Lie” by Amy Tintera

Friday, June 21

“The Women” by Kristen Hannah

Connect with the City of Springdale!

Stay up to date on events, activities & projects!

www.facebook.com/SpringdaleOH



Thursday, June 20

Concert in the Park

Mark Your Calendar!



Springdale Parks & Recreation
1199 Lawnview Ave
Springdale OH 45246

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Cincinnati OH
Permit No. 1448



Springdale Parks & Recreation Department Adult and Senior Calendar MAY 2024



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday / Sunday
		1 9:15 Slimnastics 10:00 Chair Volleyball	2 10:00 Pickleball 11:00 Silver Sneakers Classic 12:15 Stitch & Chat	3 9:15 Slimnastics	4
6 9:15 Slimnastics 10:00 Chair Volleyball 11:00 What's Cookin' 11:30 Duplicate Bridge 12:00 Pickleball 6:00 Stitch & chat	7 11:00 SilverSneakers@ Classic 12:00 Party Bridge 12:15 Stitch & Chat	8 9:15 Slimnastics 10:00 Chair Volleyball	9 10:00 Pickleball 11:00 SilverSneakers@ Classic 12:15 Stitch & Chat 1:00 This & That Scam Proof Bingo	10 9:00 Mother's Day Coffee 9:15 Slimnastics	11 12
13 9:15 Slimnastics 11:00 Chair Volleyball 11:30 Duplicate Bridge 12:00 Pickleball 6:00 Stitch & Chat	14 11:00 SilverSneakers@ Classic 12:00 Party Bridge 12:15 Stitch & Chat	15 9:15 Slimnastics 10:00 Chair Volleyball	16 10:00 Pickleball 11:00 SilverSneakers@ Classic 12:15 Stitch & Chat	17 9:15 Slimnastics 11:15 Book Club	18 9:30 Crafting with Grandchildren Fairy Gardens
20 9:15 Slimnastics 11:00 Chair Volleyball 11:30 Duplicate Bridge 12:00 Pickleball 6:00 Stitch & Chat	21 11:00 SilverSneakers@ Classic 12:00 Party Bridge 12:15 Stitch & Chat 2:00 Chair Yoga	22 9:15 Slimnastics 10:00 Chair Volleyball 1:00 Melody of the Dulcimer	23 10:00 Pickleball 11:00 SilverSneakers@ Classic 12:15 Stitch & Chat	24 9:15 Slimnastics	25
27 Memorial Day Community Center Closed Pool Open 12:00 - 8:00	28 11:00 SilverSneakers@ Classic 12:00 Party Bridge 12:15 Stitch & Chat	29 9:15 Slimnastics 10:00 Chair Volleyball	30 10:00 Pickleball 11:00 SilverSneakers@ Classic 12:15 Stitch & Chat	31 9:15 Slimnastics	26

April 2024

M	Tu	W	Th	F	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

June 2024

M	Tu	W	Th	F	Sa	Su
	3	4	5	6	7	8
	9	10	11	12	13	14
	15	16	17	18	19	20
	21	22	23	24	25	26
	27	28	29	30		



Springdale Parks & Recreation Department Adult and Senior Calendar JUNE 2024



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday / Sunday
3 9:15 Slimnastics 10:00 Chair Volleyball 11:30 Duplicate Bridge 12:00 Pickleball 6:00 Stitch & Chat	4 11:00 SilverSneakers® Classic 12:00 Party Bridge 12:15 Stitch & Chat	5 9:15 Slimnastics 10:00 Chair Volleyball 11:00 Artistic Expressions with Shelly	6 10:00 Pickleball 11:00 SilverSneakers® Classic 12:15 Stitch & Chat	7 9:15 Slimnastics	1
10 9:15 Slimnastics 10:00 Chair Volleyball 11:30 Duplicate Bridge 12:00 Pickleball 6:00 Stitch & Chat	11 11:00 Silver Sneakers Classic 12:00 Party Bridge 12:15 Stitch & Chat	12 9:15 Slimnastics 10:00 Chair Volleyball	13 10:00 Pickleball 11:00 SilverSneakers® Classic 12:15 Stitch & Chat	14 9:00 Father's Day Coffee 9:15 Slimnastics	15
17 9:15 Slimnastics 10:00 Chair Volleyball 11:30 Duplicate Bridge 12:00 Pickleball 6:00 Stitch & Chat	18 11:00 SilverSneakers® Classic 12:00 Party Bridge 12:15 Stitch & Chat 2:00 Chair Yoga	19 9:15 Slimnastics 10:00 Chair Volleyball	20 10:00 Pickleball 11:00 SilverSneakers® Classic 12:15 Stitch & Chat	21 9:15 Slimnastics 11:15 Book Club	22
24 9:15 Slimnastics 10:00 Chair Volleyball 11:30 Duplicate Bridge 12:00 Pickleball 6:00 Stitch & Chat	25 11:00 SilverSneakers® Classic 12:00 Party Bridge 12:15 Stitch & Chat	26 9:15 Slimnastics 10:00 Chair Volleyball 4:00 Beach Ball Bingo	27 10:00 Pickleball 11:00 SilverSneakers® Classic 12:15 Stitch & Chat 1:00 This & That Baseball Myth Busters	28 9:15 Slimnastics	29
					30

May 2024

M	Tu	W	Th	F	Sa	Su
	1	2	3	4	5	
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

July 2024

M	Tu	W	Th	F	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				