Springdale residents recycled 395 tons!

If you ever had any doubts about the importance of recycling, think again. Springdale residents recycled 395 tons of metal, glass, plastic, and paper during 2008. Not only did recycling efforts conserve dwindling landfill space, participants saved resources, conserved energy, and reduced pollution by recycling.

On average, each household in Springdale recycled 179 pounds in 2008. That’s 10 percent of all the waste generated in the average household.

What’s the impact of recycling 395 tons of materials? Consider these facts: Springdale’s efforts...

- Saved 3,412 trees
- Conserved enough energy to power 66 average homes for an entire year
- Avoided the need for 29 tons of iron ore, limestone, and coal
- Reduced greenhouse gases equivalent to removing 249 cars from the road for an entire year

Recycling reduces pollution so the air is cleaner, conserves natural resources, and decreases the energy needed to make new products. Recycling also boosts the economy by creating 169,000 jobs and $6 billion in annual wages in the State of Ohio.

Don’t have a bin? Springdale makes it easy! Call 346-5700 to request your bin today!

Have a question about recycling? Visit Hamilton County’s website at www.hamiltoncountyrecycles.org or call the Recycling Hotline at 946-7766.

Recyclable Materials
- Plastic bottles & jugs (remove lids)
- Glass bottles & jars (remove lids)
- Empty aerosol cans (remove lids and tips)
- Aluminum and steel cans
- Paperboard (cereal boxes, etc.)
- Junk mail and envelopes
- Magazines, catalogs & phone books
- Newspapers
- Cardboard
- Office Paper
- Brown grocery bags

Two important community service surveys to seek resident input

Police survey
Every three years the Springdale Police Department undertakes a survey of City residents to gauge the performance and effectiveness of the Springdale Police Department. Among other queries, the survey will ask how safe each resident feels and seeks to know the problems of concern to residents. Residents are urged to participate in the survey.

Surveys are available at the Police Department, Municipal Building and Community Center. Surveys may also be downloaded from the City’s website at www.springdale.org. Once completed, surveys may be mailed to or dropped off at the Springdale Police Department, 1205 Lawnview Avenue, Springdale, OH 45246. Residents with questions may contact Community Service Officer Dave Buschmann or DARE Officer Marsha Bemmes at 513-346-5760.

Health survey
The Springdale Health Department will gather information about the health of Springdale residents in a survey to be published in the August Springdale Newsletter, distributed at various meetings, and available for download in August at www.springdale.org. The highly confidential replies of residents 18 years and older will be instrumental in developing future policies and programs to meet community needs.

You’re Invited to the Springdale Veterans Memorial Dedication

After years of planning, Springdale’s memorial to its Veterans is nearly complete, offering a quiet place of reflection and remembrance. To officially commemorate the completion of the memorial, a respectful ceremony will be performed on Memorial Day weekend. A brief dedication program and wreath laying ceremony is planned for Sunday, May 24, at 2 p.m. Parking will be available at the Municipal Building.
Some home clean-up jobs ARE that big...

Springdale homeowners can arrange to have a Public Works dump truck or pick-up truck parked at their residence to remove large quantities of debris not usually collected in other curbside programs. For several years, the vehicle was provided without charge. Due to economic considerations, however, a small fee is now assessed to offset staff time and equipment costs. A dump truck can be reserved for $50 and a pick-up can be reserved for $25.

The vehicles provide homeowners with a convenient way to dispose of debris from a remodeling project or a major basement clean-up. A professional contractor cannot be involved in the generation of the debris. The materials loaded into the truck must be from the address where it was parked. The debris cannot include garbage, rubbish, chemicals, hazardous materials, paint, oil, batteries, tires, appliances with freon, gravel or yard waste (such as grass clippings, leaves, limbs, branches, hedge trimmings, sod, rocks or plant material).

To arrange for a truck to be delivered to a location, the homeowner must complete a release form available at the Municipal Building, 11700 Springfield Pike. Payment must be made in advance by check, cash or VISA/Mastercard when the release form is completed. The form may also be downloaded from www.springdale.org, completed and mailed in with a check enclosed.

Once scheduled, a truck is parked at a residence approximately at 3 p.m. The vehicle will be removed the next morning at about 7 a.m. From April through September, one dump truck and one pick-up truck are available on a first come-first served basis. Only one pick-up truck is available the rest of the year.

City taxes due April 15

Springdale 2008 tax returns are due to the tax office by April 15 or postmarked the same date. The items required to be included with the City tax return include W-2 form(s), page 1 of the Federal form 1040 (and/or other applicable Federal forms), form 1099 if applicable, and any other schedules to support income.

Tax Department Hours
The Tax Department regular hours are M-F 8 a.m. to 5 p.m. The office will also be open these Saturdays: March 28, April 4 & 11, from 9 a.m. to 1 p.m.

Who Must File
All residents 19 years and older are required to file an earnings tax return, even if no tax is due. In addition, all businesses located in Springdale and businesses which earn income as a result of work performed or services rendered in Springdale are also required to file a tax return, even if no tax is due.

Extension Requests
Extension requests must be received in writing by the filing due date. If the account is current an extension of 7½ months will be granted.

Forms
Forms are available for download at www.springdale.org.

Questions
Please call 346-5715.

Hometown Family 4th & Taste of Sprindale

Economy cancels 2009 events

Springdale residents, like so many across the nation, are experiencing financial challenges and must make adjustments in their spending. Springdale must also make difficult choices regarding financial priorities. As a result, Hometown Family Fourth and Taste of Springdale will not be held in 2009 due to the need to prioritize services to the public. As the economy improves, these community events can be again held, hopefully in 2010. When planning for the family holiday, remember that the Community Center and pool will remain open. The adjacent wooded picnic area will also be available for cookouts.

Mulch available for free delivery

Springdale maintains a class IV compost facility as a by-product of the City’s Wood Chipper Service and Leaf Collection Program. Once each year, the chips and leaves are ground together to create a mountain of mulch. The mulch is used for City landscaping, with the excess available for free delivery to residents on a first come-first served basis.

Residents may request a full load or a half load. A full load is approximately 4-5 cubic yards. Each cubic yard is equivalent to about nine large bags of mulch.

Be careful to request only the amount needed. Crews cannot return to pick-up leftover material. Orders must be placed by April 30. The mulch is delivered once a year during the first week in May.

Residents who want mulch delivered can call 346-3976 to be placed on the request list. Callers will be asked to leave their name, address, daytime telephone number, and whether a full load or half load should be left. For homes with a double driveway, callers should note on which side of driveway the mulch should be dumped.
Cooking is top cause of home fires

The most common cause of residential fires results from cooking. Cooking related fires also comprise the single largest source of fire related injuries.

Most cooking fires can be prevented with simple precautions:

- NEVER leave boiling, frying or broiling food unattended. Stay in the kitchen. Turn off food before leaving, even for a few minutes.
- Check food cooking in slow cookers or the oven regularly; use a timer as a reminder that food is cooking.
- Keep anything combustible away from the stovetop, including oven mitts, wooden utensils, packaging, towels and curtains.
- Keep surfaces clean.
- Do not wear loose-fitting clothing that can catch fire.

**Kitchen fire! What you should do**

- Get everybody out... including YOU. Close the door behind you to contain the fire.
- After you leave, call 9-1-1 from a cell phone, cordless or neighbor’s house.
- If trying to extinguish the fire, get people out first, then be sure to keep a clear path to exit.
- Always keep a lid nearby when cooking. If a small grease fire ignites in the pan, smother the flames by carefully sliding the lid on from the side. Turn off the burner. Leave the lid on the pan until the pan is completely cool.
- For an oven fire, turn off the heat and leave the oven door closed. Have the oven checked by service personnel before another use.
- Maintain a 3-foot kid-free zone around cooking areas.
- Always plug microwaves and cooking devices directly into a wall plug; Never use an extension cord.
- Watch for cords which may be cracked or damaged; use equipment approved by a recognized testing authority, such as Underwriters Laboratories.

Every improvement project should begin with a permit

With the housing market at an all time low, homeowners are choosing to stay in their homes and make improvements. Whether you are addressing needed repairs or undertaking that dream project, it’s important to do it right. Every project should start with obtaining a permit. Permits assure that each homeowner’s biggest investment remains safe.

Permits are required for a variety of improvements. They include:

- Basement Finishes
- Building Finishes
- Central Air Conditioning
- Covered Porches
- Deck Enclosures
- Decks
- Detached Garages
- Driveway Aprons
- Fences
- Fireplaces and Woodstoves
- Furnaces
- Gas Piping Installations
- Hot Tubs, Spas
- Interior Remodeling
- Roofing
- Structural Repairs
- Swimming Pools (including inflatable ring pools)
- Utility Buildings, Sheds & Accessory Structures
- Water Heater Replacement

For more details contact the Building Department at 513-346-5730 or visit our website at www.springdale.org and click on the Building Department link.

Critter problem: Who ya gonna call?

While many people enjoy seeing wild life around their home, there are times when animals get too close and can cause a nuisance or damage property. Determining what is too close is often a personal judgment hinging on personal tolerance. In some cases, an animal gets into an attic, crawl space or chimney.

The Springdale Health Department contracts with the animal control company “Critt R’ Catch R’ to assist residents with many of their nuisance animal issues. Springdale considers bats in the home, feral cats, skunks and raccoons nuisance animals and will pay the animal issues removed from a resident’s home once a year.

In addition to nuisance animal removal, the animal control company provides homeowners information on prevention of future nuisance animal issues. Some simple steps that residents can take to prevent attracting nuisance animals is to not leave food (pet food/scraps) or water outside. Occasionally, coyotes are sighted in the area. Coyotes have been known to be dangerous to small children and pets, so they should not be left unattended when outside. Contact the Springdale Health Department at 346-5727 for assistance with a nuisance animal issue.

Good fences make good neighbors

Or so says an old proverb. The Springdale Building Department considers a “good” fence to be one which is built with a permit and according to codes. The Springdale zoning code has a few requirements to keep in mind when planning to erect a fence.

- Fences cannot be located in the front yard. (For corner lots, that means either front yard.)
- Fences cannot exceed 6 feet in height.
- Fences must be constructed so that the supporting structure (i.e. posts, support rails, etc.) is located within the fenced enclosure (in other words, “pretty side out”).

A permit is required before erecting the fence. Permits are issued at no cost provided they are obtained prior to starting the work.

For more details contact the Building Department at 513-346-5730 or visit our website at www.springdale.org and click on the Building Department link.

Permits for many improvements do not require a fee if the permit is secured before work begins.
SPECIAL EVENTS & SEASONAL PROGRAMS

JAYCEES EGG HUNT
Saturday, April 11 • 12:00 pm
Get out your baskets and egg-hunting gear! Join the Easter Bunny and the Greater Springdale Jaycees for their annual Easter Egg Hunt at Ross Park. This free event is open to the public. Make sure to bring a basket for your children to collect their prize-filled eggs.

PARADE & CEREMONIES
For Baseball/Softball/Spring Soccer - scheduled for Saturday, April 18. Check with the Community Center for details. The parade begins at 9:00 a.m. from Value City parking lot, ending at the Community Center.

SPRINGDALE’S GONE WILD
April 15 at 7:00pm
The final presentation in our 2009 Springdale’s Gone Wild series will be on vultures. Come see one of these huge creatures and hear a naturalist from the Hamilton County Park District.

ARBOR DAY CEREMONY
On Friday, April 24 at 4:00 p.m. the Springdale Parks and Recreation Department in conjunction with the Public Works Department will plant a tree on the Community Center grounds to celebrate Arbor Day and the City’s status as a Tree City USA.

BOATING SAFETY DAY
Saturday, April 25
8:00 am - 5:00 pm
Open house featuring local law enforcement water units from 10:00 am to 2:00 pm. The course is free. Contact Officer Zeek at Springdale Police Department to register. Final cutoff to register is April 17.

WHAT’S COOKIN’?
MOTHER’S DAY SPECIAL
Saturday, May 2 • 10:00 a.m.
Our popular cooking class is branching out to dads and kids 4 and older. Come out and learn how to pamper that special lady in your life — Mom — by preparing a tasty and healthy brunch! Please call 346-3910 for information.

BICYCLE SAFETY PROGRAM
Program Kickoff: Saturday, May 9
10:00 am - 2:00 pm • Community Center
The Parks and Recreation Department, in conjunction with the Police and Fire departments, will sponsor the Bicycle Safety Program Kickoff Event at the Community Center. Free bike helmets and bike lights will be given away with each bicycle registration. Free hot dogs and soft drinks will be provided! Bicycle inspections, registration and safety instruction will be offered at this event. Bicycle registration will also be available at other locations throughout the summer.

A MORNING OF DANCING
Wednesday, May 20 • 10:30 a.m.
Head out to the SCC for a FREE fun-filled performance by the Forget-Me-Not Historical Dancers. The dancers of the Forget-Me-Not Historical Dance Company recreate the social dances from American colonial times to World War I. The company is dedicated to breathing life and fun into these social dances that once thrilled, amused, titillated, shocked, and charmed generations. You will be amazed at the beautiful dances and amazing costumes. All are welcome to attend, please register by calling 346-3910.

OHIO’S ONE-MILE FITNESS WALK
Healthy Ohio Challenges YOU to “Walk the Talk!”
Wednesday, May 20 • 11:00 am - 1:00 pm
Healthy Ohio would like to encourage you to get active at the fifth annual Healthy Ohio Fitness Walk. Help us reach our goal of over one hundred thousand Ohioans walking one mile. Let’s do our part as a community and participate in a 20-minute, one-mile walk, to help reach this goal! Each participant will receive refreshments.

JAZZ IN JULY
Friday • July 24 • 2:00 pm
The Paul Hawthorn Trio will perform in this free concert. Call 346-3910 to reserve your seat for this musical afternoon!

WOMEN’S USSSA QUALIFIER SOFTBALL TOURNAMENT
July 25-26
Thirty-six of the finest women’s slow pitch teams will compete in three divisions. The top teams qualify for state and regional championships.

COMMUNITY CENTER MEMBERSHIPS

<table>
<thead>
<tr>
<th>Membership Category</th>
<th>Individual</th>
<th>Family</th>
</tr>
</thead>
<tbody>
<tr>
<td>Activity Memberships</td>
<td>$20</td>
<td>$30</td>
</tr>
<tr>
<td>Includes use of gymnasium, game room, track, tennis courts, computer lab and eligibility for youth &amp; adult sports programs.</td>
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<td></td>
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<tr>
<td>Fitness Memberships</td>
<td>$50</td>
<td>$70</td>
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<tr>
<td>Includes above, plus fitness center must be 16+ to use fitness center (14 &amp; 15 when with a parent).</td>
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<tr>
<td>Pool Memberships</td>
<td>$75</td>
<td>$95</td>
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<tr>
<td>Includes all of above, plus pool.</td>
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<td></td>
</tr>
<tr>
<td>Racquetball Memberships</td>
<td>$15</td>
<td>$25</td>
</tr>
<tr>
<td>Requires activity, fitness or pool membership.</td>
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<td></td>
</tr>
<tr>
<td>Senior Pool Membership</td>
<td>$20</td>
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<tr>
<td>Residents 62 and older will receive an individual pool membership at this special price.</td>
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<td></td>
</tr>
<tr>
<td>Senior Activity Membership</td>
<td>$20</td>
<td></td>
</tr>
<tr>
<td>Non-Resident Seniors 62 and older may join the Community Center and enjoy the same benefits as an activity membership.</td>
<td></td>
<td></td>
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<tr>
<td>Business Membership</td>
<td>$150</td>
<td>$200</td>
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<tr>
<td>Employees of Springdale businesses working 20+ hours weekly. Includes all facilities. Participation in youth or adult sports programs or on availability basis only. League regulations may apply.</td>
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<tr>
<td>Non-Resident Membership</td>
<td>$300</td>
<td>$400</td>
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<tr>
<td>Includes all facilities</td>
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<td></td>
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</tbody>
</table>

LEARN CPR & FIRST AID
Courses are offered monthly at the Community Center. Call the American Red Cross at 792-4000 to register.

SENIOR CITIZENS CLUB
Social Event: Tuesdays at 9:30 a.m.
Meet 11 new people! The Springdale Senior Citizens Club is open to residents who are at least 55 years of age. Call 346-3910 for more information.

SPRINGDALE HOSTS 2009 NORTHERN SUBURBAN SWIM LEAGUE CHAMPIONSHIPS
Springdale Parks and Recreation Department and the Sailfish Swim Team will host the 2009 N.S.S.L swimming championships on July 13 and 14. Over 900 swimmers plus coaches, officials, volunteers, and spectators will descend on the Community Center for two full days of competition. The Center will remain open; however, parking will be limited and some of the ongoing programs, and activities will be cancelled during the event. There is a variety of volunteer opportunities available during this event and if you are interested in donating some of your time, please contact Sharon Brooks 671-1883 or Debbie Stahlgren 851-3469 or the Parks and Recreation Department.
**INSTRUCTIONAL PROGRAMS**

**African Dance & Drumming**
Saturdays • 12:30 - 1:30 pm
An introduction to the art of African dance, the class features a different dance and movement each week. The stories and meanings of the dance movement will be explained. This class is a great cardio workout. **Great for all levels. The cost is $5 for children, $10 for adults.**

**Cardio Dance Fusion**
Sundays • 7:15 - 8:15 pm • Studio.
This hot cardio workout combines calorie burning aerobics with dance moves that will melt the pounds away. Learn a mix of funk, Latin, jazz and hip-hop dance moves. Class fee is $5 per class.

**Cardio Kickboxing**
Tuesdays, Thursdays, Sundays • 6:00 - 7:00 pm
Saturdays • 11:00 am - 12:00 pm
Call instructor Elaine McKay for more information at 825-7443. **Fee: $35/4-weeks, $65/8 weeks; Walk-ins: $5/class**

**Chair Yoga**
Wednesdays • 1:00-2:00 pm
Join this free class for a gentle form of yoga that is practiced sitting in a chair. Yoga can help loosen stiff joints, stimulate circulation, and improve balance. All fitness levels and ages can benefit from these exercises that will leave you feeling refreshed and relaxed.

**Chair Volleyball**
Mondays: 10:00-11:30 pm
Wednesdays: 1:00-2:30 pm
Everyone is welcome to join us for this fun activity! There are a wide variety of benefits for participants, including improved cardiovascular fitness, increased flexibility, and the opportunity to meet new friends! **Player ages 55+.**

**Creative Stamping**
April 6, May 4, June 1, July 6 • 10:00 am
Join our instructor Edith Hulsman to make lovely seasonal cards! Each month you will learn a new technique to enhance and embellish your creations, such as heat embossing or watercolor with ink. **All materials will be provided and each student will complete 5 cards for the low cost of only $8 OR 10 cards for $15, due at registration. Registration deadline is the Friday prior to the class. Class minimum of 5.**

**Grief to Peace Gathering**
April 30, May 28, June 25, July 23 • 5:45 pm
We are partnering with the Spring Grove Family to offer a monthly evening for those experiencing grief. The gathering will give you an opportunity to learn more about grief and the steps to take towards peace. It will also allow you to spend time with others who understand what it means to have lost a loved one.

**Guitar Lessons**
Tuesdays • 7:00 - 8:00 pm
Want to learn a new skill or find an old one? Join us for electric guitar and bass guitar lessons! **Students 10 years old through adults. Students must provide their own guitar, small amplifier and headphones. Class size is limited to a maximum of 12 students. Call instructor Ed Riley at 671-1760 with questions. Cost is only $96 for 8 weeks.**

**Jazzercise**
Mondays & Wednesdays • 6:00 - 7:00 pm
Tuesdays, Thursdays & Saturdays • 9:30 - 10:30 am
(Body Sculpting) Fridays • 6:00 - 7:00 pm
**Your first class is free. Call instructor Elaine Smith at 575-1620 for class costs or more information.**

**L.I.F.E.**
Tuesdays & Thursdays • 11:00 am - 12:00 pm
This class will focus on improving your strength to help you safely perform the activities of daily living. Whether lifting a bag of groceries or standing up from a chair, every task depends on functional strength for successful execution.

**Let’s Get Fit**
Mondays & Wednesdays • 10:30 - 11:30 am
There are many benefits associated with this class including working major muscle groups to increase strength and flexibility, improve strength for daily living, reduce the risk of falls, reduce stress, and enhance muscle and endurance. **The class follows the video “Resisting Muscle Loss.”**

**Line Dancing With the Helts**
Mondays • 1:00 - 2:00 pm
This class is a great way to exercise and have fun! If you can stand, walk, move from left to right and enjoy a variety of music, this class is perfect for you! Wear comfortable soft soled shoes and enjoy learning how to line dance! **Fee: $4 per class.**

**Little Dragons Kids Karate**
Mondays & Wednesdays • 5:00 - 5:50 pm
This class improves self-esteem and teaches discipline and important self-defense skills to children 5-12 years old. **Class fee is $35 per month.**

**Scrapbooking Power Hours**
Friday, April 24 • 6:30 - 8:30 pm
Do you have photos from the holiday season gathering dust? Are you looking for a fun and creative way to display your memories? We have a solution for you! Two hours dedicated to getting as many of your holiday photos onto scrapbook pages for you to enjoy. You bring the photos and we will provide the materials! **Children 12 and older are welcome with an adult. Stop by the front desk to register with payment by April 21. Cost is $8 and a maximum of 8 people.**

**Slimnastics**
Mondays, Wednesdays & Fridays • 9:00 - 10:00 am
A beginner fitness class. A great opportunity to increase stamina and flexibility while meeting new friends. **Progress at your pace to meet your goals.**

**Tennis Lessons**
Session 1: June 3 - July 8
Session 2: July 22 - August 26
**Adults:** Wednesdays • 8:00 - 9:00 pm
**Youth:** (Ages 6+)
Beginners: Wednesdays • 6:00 - 7:00 pm
Intermediates: Wednesdays • 7:00 - 8:00 pm
Learn the basics or improve your skills with group tennis lessons. **Fee is $25/youth and $30/adult**

**Zumba**
Mondays • 7:15-8:15 pm
Zumba combines high energy and motivating music with unique moves and combinations. It's based on the theory that a workout should be fun and easy to do, allowing participants to stick with the program and achieve long-term health benefits.

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**Join Us!**

Regularly Scheduled Monthly Meetings

Held at the Springdale Municipal Building, 11700 Springfield Pike:

- **City Council**
  1st & 3rd Wednesdays of each month at 7 p.m.

- **Planning Commission**
  2nd Tuesday of each month at 7 p.m.

- **Board of Health**
  2nd Thursday of each month at 7 p.m. (except June, July & August)

- **Board of Zoning Appeals**
  3rd Tuesday of each month at 7 p.m.

**Held at the Community Center:**

- **Recreation Commission**
  1st Tuesday of each month at 7 p.m. (except June, July & August)

For more information about meetings and events, please call the Municipal Building at 346-5700.
How can we help?

Police or Fire Emergency
9•1•1
Not an emergency? Then call 346-5760 for Police
346-5580 for Fire

General Information ..........346-5700
Mayor Doyle Webster
City Building.................... 346-5705
Home .......................... 671-4489
Clerk of Council/
Finance Director
Kathy McNear ................. 671-2510
City Administrator
Cecil Osborn ................. 346-5700
Assistant Administrator
Derrick Parham ................. 346-5700
Building Department........ 346-5730
Finance Department ........... 346-5700
Police Department
(non-emergency) ................ 346-5760
Fire Department
(non-emergency)............... 346-5580
Health Department ............... 346-5725
Public Works Department..... 346-5520
Property Maintenance
& Zoning Hotline .............. 346-5734
Recreation Department ........ 346-3910
Income Tax Department .. 346-5715
Public Information
Phone Line ....................... 346-5757
Internet
Address .................. www.springdale.org
e-mail
address .......... admin@springdale.org

COUNTRY HOEDOWN (Adults only)
Saturday, April 25 • 5:00 p.m.
Yee-haw! Saddle up pardner and head to the Community Center for a boot-stompin’ good time! Come by car, horse or even a Surrey with The Fringe on Top, if you’d like! The evening will begin at 5 p.m. with a scrumptious down-home meal of tossed salad, fried chicken, seasoned wedge potatoes, corn, and fruit cobbler for dessert.

After you have eaten your fill, dust off those boots and hit the dance floor for some country fun. Instructors and callers, Kathy and Jerry Helt, will be on hand to teach you line dancing and square dancing. Country music not your thing? No problem- Jerry and Kathy have a wide array of music for line dancing.

So head out to the Ponderosa Ranch (Springdale Community Center) and kick up your heels! Participants are encouraged to dress in their “western finest.” The cost is $8.50 for members and $11 for guests. Please register with payment by April 21.

SENIOR LUNCHEONS
Come out and enjoy a delicious catered lunch followed by fantastic entertainment. The cost is only $7.50 for members and $10 for adults. Please call 346-3910 for more information. Upcoming luncheons are:

May 15: featuring Raison d’etre and “Songs of the Old West”
June 12: Legend Lore speaker Ceci Wiselogel, “Here Comes the Bride”
July 17: featuring The Harmonizing Dylans

ADULT SPORTS

Participant must be 16 years of age or older to play in an adult sports program.

CO-ED SOFTBALL
Games are played Tuesday evenings, beginning April 21.
Sign-ups are being taken now through April 7. League fee is $150 for resident or Springdale business association members entering the 11th grade or higher. Non-resident fees are $170 for all other participants.

RACQUETBALL LEAGUES
Spring and summer leagues are offered for men and women at several different playing levels.

GET SOME INSTRUCTION!
Learn the basic shots and rules of racquetball with Jerry Allen. Lessons are open to members 12 years old through adult. Classes meet for 6 weeks on Sat. from 10:30-11:30am. The session runs for six weeks and is free of charge. Protective eyeware and a racquet are required.

YOUTH SPORTS

YOUTH FALL SOCCER SIGN-UPS
Fall sports sign-ups begin May 1. All participants must possess a 2009 membership at the time of sign-up.

INSTRUCTIONAL SOCCER
Introduce your child to soccer in this league! Instructional soccer teams play in a positive, relaxed setting. Children ages 4 - 6 (by July 31) are eligible to participate. Early Bird Registration is $20 through May 31. Beginning June 1, registration is $25.

SAY SOCCER
Springdale Parks & Recreation is a part of the Soccer Association for Youth - a recreational league that encourages participation and good sportsmanship. Children must be at least 6 years old (by July 31) to participate on a soccer team. Early Bird Registration is $40 through May 31. Beginning June 1, registration is $45.

TEEN NIGHT AT THE POOL
Fridays • June 12 & August 7 • 7:00 -10:00 pm
Springdale Community Center teens and their guest ages 12-17 can enjoy music, dancing, games, food, and of course swimming. Tickets are $2 and are limited to the first 200 teens.

SPRINGDALE TEENS ADVENTURING FOR FUN (S.T.A.F.F.)
Get your teen involved in the community! Community Center members entering the sixth grade can join this group focusing on service and fun! It’s only $5 to get involved — and includes a T-shirt.

Hot Summer Jobs that are Cool!
Apply at the Community Center

ASSISTANT AQUATIC DIRECTOR
Responsible for assisting in the management and operation of the municipal swimming pool. Seasonal position begins in April and ends mid September. Duties include preseason/postseason pool preparations, hiring and supervision of aquatic staff and organization of special pool related events. Knowledge of pool chemistry, filtration and daily maintenance is essential. Current certification in Lifeguarding, Water Safety Instructor, CPR and First Aid. Salary range $4500-$6000 DOQ. EOE.

LIFEGUARDS
American Red Cross Lifeguarding, Standard First Aid and CPR or equivalents required. Certification in American Red Cross Water Safety Instructor preferred. Day, night and weekend hours required. Pay range $7.75-$12.00 per hour DOQ.

PARKS MAINTENANCE WORKERS
Seasonal staff is needed to cut grass, trim and help maintain the facilities. You must be 16 years old or older to apply for these positions.
This course marks the formal beginning of the 30 minute sessions are held. The objective of this level is to build on the 1 & 2 classes.

Classes are $5 per 1A* . . . .June 15 - 26
1 . . . . . .June 15 - July 10
The object of this level is to give students a positive learning experience. Learn-to-Swim teaches aquatic and safety skills in a logical progression. The objective is to teach people to swim and to be safe in, on and around the water. Your child is in good hands with the Red Cross and Springdale Parks and Recreation Dept. Water Safety Instructors! For more information, contact the Springdale Parks and Recreation Department.

**LEARN TO SWIM THE RED CROSS WAY!**

The American Red Cross Learn-to-Swim classes provide instruction to help swimmers ages 3 to 12 to develop their swimming and water safety skills. It is designed to give students a positive learning experience. Learn-to-Swim teaches aquatic and safety skills in a logical progression. The objective is to teach people to swim and to be safe in, on and around the water. Your child is in good hands with the Red Cross and Springdale Parks and Recreation Dept. Water Safety Instructors! For more information, contact the Springdale Parks and Recreation Department.

**LEVELS 1 & 2**

**Lesson Dates:** 30 minute sessions are held each weekday for two weeks. Limit of 5 students. **Sessions:**

1A* . . . . June 15 - 26
1B . . . . June 29 - July 10
2A* . . . . July 20 - July 31
2B . . . . August 3 - 14

*Resident children enrolled in 1A or 2A classes may not enroll in 1B or 2B until noon the last day of 1A or 2A class.**

**Level 1 & 2 Class Costs:** Classes are $5 per session for 2009 pool members. For non-Pool Members (Residents with Fitness or Activity Memberships), classes are $10 per session. Non-Resident classes are $40 per session.

**Level 1:** This course marks the formal beginning of the Learn to Swim Program. Students will learn beginning water skills, which they will progressively build on throughout the program. Some skills taught include: front and back floats and going under water. 5:1 student/instructor ratio. Must be 3-6 years old by June 1.

**Level 2:** The object of this level is to give students success with fundamental skills. Students learn to float without support and recover to a vertical position. This level marks the beginning of true locomotion skills. Students explore simultaneous and alternating arm and leg actions to lay the foundation for future strokes. 5:1 student/instructor ratio. Must be 4-6 years old by June 1 and passed Level 1.

**LEVELS 3 AND HIGHER**

**Lesson Dates:** All sessions last 4 weeks, Monday-Friday, for 30 minutes each day. There is a limit of 8 children per class. **Sessions:**

1 . . . . June 15 - July 10
2 . . . . July 20 - August 14

**Class Costs:** For 2009 Pool Members, classes are $10 per session. For non-Pool Members (Residents with Fitness or Activity Memberships), classes are $20 per session. Non-Resident classes are $80 per session.

**Level 3:** The objective of this level is to build on the skills learned in level 2 by providing additional guided practice. Students are taught to coordinate the front crawl and elementary backstroke. They are also introduced to the scissors kick and treading water. 8:1 student/instructor ratio. Must be 5 years old by June 1 and passed Level 2.

**Level 4:** The objective of this level is to develop confidence in the strokes learned thus far and to improve other aquatic skills. Students will increase their endurance and improve their skills by swimming front crawl and back crawl for greater distances. Students will continue to build on butterfly, elementary backstroke, breaststroke, sidestroke. 8:1 student/instructor ratio. Must have passed level 3.

**Level 5:** The objective of this level is to coordinate and refine strokes. Students will work on refining all strokes and increasing their distances. They will also learn front and back flip turns. 8:1 student/instructor ratio. Must have passed level 4.

**Level 6:** This class will refine strokes even further so students are able to swim with more ease, efficiency, power and smoothness over greater distances. 8:1 student/instructor ratio. Must have passed level 5.

**Junior Sailfish:** This class will provide special attention to improving on the four competitive strokes and endurance. Ideal for students who might be interested in joining the Sailfish Swim Team or becoming a certified lifeguard. 8:1 student/instructor ratio.

**ADULT SWIM LESSONS**

Do you have a fear of water? Not to worry! Our easy going instructors will work with you at your own ability level and at a pace comfortable to you. Already know how to swim but want to learn a new stroke? We can do that too! Whatever your ability is, if you want to learn to swim, improve your swimming skills or increase your comfort level in the water, join us on Thursday nights from 6:30-7:30 p.m. for eight weeks beginning June 11. This class is open to children ages 13 and up when accompanied by an adult. Registration begins April 13. A maximum of ten will be enrolled in this class.

**Class Costs:** For 2009 Pool Members, classes are $10 per session. For non-Pool Members (Residents with Fitness or Activity Memberships), classes are $20 per session. Non-Residents, classes are $60 per session.
Crooks: somebody is watching!

Springdale has an active network of Neighborhood Watch Programs. Each neighborhood conducts monthly meetings. Residents are invited to attend.

Springdale Park/Cameron Road/Glenview Subdivision Areas: Meets the first Monday of each month at the Police Department in the court room at 7 p.m.

Springdale Terrace/Royal Oaks/Olde Gate/Baldwin Subdivision Areas: Meets the first Tuesday of each month at the Police Department in the court room at 7 p.m.

Beacon Hill/Oxford Hill/Glensprings Drive/Springdale Lake Drive/Mallard Lakes/Crossings/Gable Areas: Meets the second Tuesday of each month at the Police Department in the court room at 7 p.m.

Willows Apartments: Meets the third Tuesday of each month in the rental office at 7 p.m.

Heritage Hill Area: Meets the third Thursday of every odd-numbered month in the Community Room of Heritage Hill Elementary School at 7 p.m.

Colony Apartments: Meets the fourth Wednesday of each month in the clubhouse at 7 p.m.

Immunizations offered monthly at the Municipal Building

Residents who need to have their blood pressure and pulse checked, need an economical cholesterol or glucose (sugar) test, should have a home visit, or who have limited or no insurance, yet have children who need immunizations can turn to the Springdale Health Department.

All services, except cholesterol/lipid/glucose tests, are free. Cholesterol/lipid/glucose tests are provided on the 3rd Thursday of the month for $15. Call to schedule an appointment. Childhood immunizations are given on the 1st & 3rd Wednesday mornings. Blood pressures are taken on the 3rd Tuesday mornings at the Community Center, and—as needed—in the nurse’s office.

For information, or to schedule a home visit, call Nurse Jean Hicks, BSN RN, at 346-5727.

Springdale Garden Club announces seasonal programs

The Springdale Garden Club has planned a Design Class April 9 at the Springdale Community Center. Cost is $5. (Bring tools and container.) Flowers will also be available for sale.

Members will work in the Community Center’s front flower beds from 9 a.m. to noon on April 15; in Triangle Park at 6 p.m., April 18; and 5:30 p.m. on April 22 at the Springdale Elementary’s Butterfly Garden. Bring tools and gloves. Club members will be attending the OAGC’s Regional meeting Apr. 24 at Receptions Conference Center in Loveland. Cost is $20 (reservations needed by April 17). For info, contact Joan Knox at 674-7755 or efknox@fuse.net.