New state markers recount local history

During Springdale’s bicentennial celebration last year, local history was a focus. That history is now being formally recognized by the Ohio Historical Society by way of special historical markers memorializing the significance of at least three locations in the City.

St. Mary’s Cemetery Marker

In late May, a marker was unveiled during a ceremony at the Old St. Mary’s Cemetery on Springfield Pike. Graves at the historic cemetery represent the final resting place for hundreds of early pioneers and veterans of early wars.

The text of the marker best tells the story of this historic location:

“In 1801, the Springdale Presbyterian Church acquired these two and a half acres to construct a church and cemetery. Although the church moved to a new location in 1833, the cemetery remained and continued to receive regular interments until the mid 1950s. Because of a continued decline in church membership, the Presbyterian Church was eventually unable to care for the cemetery. The church felt it was in the best interest of the community to turn ownership over to the City of Springdale.

In 1987, the city received ownership of the cemetery and immediately began a maintenance and restoration project. Many forgotten graves were uncovered and broken gravestones were restored and reset. The cemetery contains seven hundred and thirty nine graves and is the final resting place for nine Revolutionary War veterans, thirteen veterans of the Civil War, and one each from the War of 1812 and World War I.”

Morgan’s Raid Marker

Another historical marker will be erected later this summer commemorating the 1863 raid of Confederate Brigadier-General John Hunt Morgan. The marker will be erected on the Southeast corner of Springfield Pike and Kemper Road.

The midnight raid occurred in mid-July, with Confederate troops raiding houses for supplies and fresh horses. Over a 25-day period, Morgan’s raid covered more than 700 miles and is regarded as the longest sustained cavalry ride in American military history.

The assault was the only significant military action of the Civil War within Ohio.

Fix up your home with a discounted loan through Hamilton County

Springdale residents are eligible for discounted home improvement loans available through Hamilton County’s Home Improvement Program (HIP). Under the program, homeowners can receive a 3 percent discount on the interest rates offered by a participating bank.

Participation in the program is not limited by income and carries only a few restrictions. Property owners of homes with assessed values of less than $300,000 (as determined by the Hamilton County Auditor) may apply for the county’s loan discount program. This year’s program also includes commercial properties valued at less than $300,000.

Loan proceeds can be used for almost any improvement or repair project, such as room additions, kitchen/bath/ basement remodeling, furnace/roof/ window replacement, siding or landscaping. Funds cannot be used for installation of luxury items, such as swimming pools or hot tubs, or to purchase appliances. Loans are limited to a maximum of $50,000 and must be repaid within 5 years.

Visit any branch of Fifth Third, Key, North Side, National City or US Bank for applications and information.

For more information, call the Springdale Building Department at 513-346-5730 or visit www.hamiltoncounty ohio.gov/hc/hc_hip.asp.

Maple Knoll Village Marker

The City’s first historical marker was dedicated in 1995 at Maple Knoll Village. Established in 1855 as a maternity home for destitute women and children, the non-profit organization moved from 433 West Court Street to its current location in 1926. In the 1970s, a merger of organizations began today’s focus on outstanding care for Senior Citizens.

Since 1957, the Ohio Historical Society has authorized more than 1,000 markers throughout the state. About 70 are located in Hamilton County. For more information, visit www.ohiohistory.org/ resource/oahsm/markers.html or www.remarkableohio.org.
The average home has 60 to 100 pounds of old paint, solvents, or other materials which are technically classified as “household hazardous waste.” While there is minimal danger posed in proper household uses, such substances can be harmful to the environment, which forbids them from being legally discarded with regular trash. Residents can properly dispose of these materials at two household hazardous waste collection locations now accepting materials.

Drop-offs will be operated by Environmental Enterprises, Inc., at 4650 Spring Grove Avenue and at 10163 Cincinnati-Dayton Road. The drop-off program will end after October 27.

Only Hamilton County residents are able to participate in the drop-off program. Proof of residency will be required in the form of a driver’s license or utility bill.

Since drivers and their occupants will be required to remain in their vehicles, please pack like items in boxes for staff to remove.

For more information, visit the Hamilton County Environmental Services website at www.hamiltoncountyrecycles.org, call 946-7700 or email Susan Schumacher at susan.schumacher@hamilton-co.org.

**Only a few cans? Try this...**

If you only have a few cans of old paint or stain, you can save the gas of driving to the drop-off locations by removing the lids so the contents can dry out. Then, the cans can be discarded with regular trash. Placing kitty litter or sawdust in the cans also speeds the process.

**FACE IT: you’ll never use that old computer gear, so recycle it now!**

Most people have a pile of old computer equipment stored in a basement or attic with the distant possibility that they might someday need it. The reality is that those outdated computer components are worth far more than you might think... just not to you. They can be recycled — in whole or in part — and have a usefulness beyond catching dust in storage.

Springdale residents can drop off old computers and peripherals without charge at the Technology Recycling Group, 5139 Kieley Place in St. Bernard. The drop-off is open each weekday from 8 a.m. to 5 p.m. (except holidays) through December 28. The drop-off program is not open to businesses or other organizations.

Some proof of Hamilton County residency is required in the form of a driver’s license or utility bill. You’ll be asked to remain in your car, so it’s a good idea to place items in a box so that staff can easily identify which items you want them to remove.

If the equipment is useful, it might be given to a school or non-profit. In most cases, however, parts and raw materials will be salvaged for use in making new products. In all cases, hard drives are either shredded or erased with software approved by the U.S. Department of Defense. Equipment with sensitive data can be erased before drop-off. (In either event, liability for the data cannot be assumed by those operating the recycling program.)

Items being accepted for recycling include: monitors, CPUs, hard drives, mice, keyboards, lap tops, docking stations, back-up batteries, power cords, speakers, modems, external hard drives, memory chips, storage chips, cellular phones, printers, scanners, and desk top fax machines.

For more information, call 946-7766 or visit www.hamiltoncountyrecycles.org.
Hotline opens to ensure property maintenance

Ask any real estate agent and they’ll agree that how your neighbors maintain their property could have a direct impact on your property value and the ability to sell your home. To guard against properties falling into disrepair at the detriment of the entire neighborhood, the Springdale Building Department has introduced the Property Maintenance and Zoning Hotline at 346-5734!

Residents who feel a property is not meeting requirements of the City’s Property Maintenance or Zoning Code, can call the Hotline 24-hours a day/seven days a week to voice a concern.

Calls during business hours will be routed to a department employee who will take note of your concern and route it to an inspector for investigation. Callers after hours will be prompted to leave a detailed voice mail which will be acted upon on the next work day.

Calls will be kept anonymous, however, your contact information could be helpful should an inspector need additional information and to keep you advised of the progress of the investigation.

When calling, be prepared to supply the address of the property in question and specific details of any suspected violation at the property.

Chipper offers weekly service

Springdale’s brush chipping service is offered once weekly in each area:

**MONDAYS:** Beacon and Oxford Hills, Kenn Rd., G lensprings Drive, and all streets that intersect with Glensprings.

**TUESDAYS:** All streets south of Glensprings Drive and west of Springfield Pike.

**WEDNESDAYS:** Springfield Pike, all streets south of I-275, west of Springfield Pike, and east of Princeton Pike.

**THURSDAYS:** Springdale Lake Drive, Ray Norrish Drive, Sheraton Lane, Crescentville Road and all areas east of Princeton Pike.

Fridays are reserved for pick-up of brush too large for the chipper. (Only items left out for the regular day of pick-up can be included.

Brush should be at the curb prior to 7 a.m. on the day of the scheduled pickup. (Once the truck has passed your residence, you will have to wait until the following week for the next pickup.) Brush should be placed at the curb with the cut end of the limb pointing in the direction of vehicle travel. Do not place rocks, cans, bottle, stumps, or any other plant material in the brush pile.

Citywide leaf collection begins October 22, ends December 14

Citywide leaf collection will begin the week of October 22 for areas west of State Route 4. Crews will then pick up leaves on the east side of State Route 4 beginning the week of October 29. Pick-ups will continue on alternating weeks of service to each side of the city through December 14. Since demand cannot be forecast, crews may run behind schedule depending on volume and weather conditions.

You can help crews stay on schedule by keeping the following points in mind as you rake leaves:

- Leaves should be raked to the area between the curb and sidewalk (Please do not rake leaves into the street, since they could block drainage during heavy rainfall.)

- Do not rake branches, rocks, bottles or cans into the leaves.

- Please keep trash separate from leaves.

- Do not bag leaves unless they are intended for regular trash pickup.

- Remember that wet leaves can be slippery, so be careful!

For more information, call the Public Works Department at 346-5520.
Thoughts from the Chief about local traffic woes

By Mike Laage, CLEE
Springdale Chief of Police

People from all over the Greater Cincinnati area flock to Springdale to shop, eat and recreate. Springdale’s popularity is good for our community, but the traffic generated by that popularity can sometimes be a challenge to local residents.

The Springdale Police Department strives to address traffic concerns through targeted efforts in engineering, enforcement and education.

Engineering

Increased traffic requires engineering to solve congestion, even though the resulting construction might create even more headaches in the short-term. A perfect example is the work on I-275, which will add an additional lane in both directions. While painful right now, the new lanes will go far in helping ease traffic woes in years to come.

While the I-275 construction is a State engineered project, most of our other road improvements and studies are engineered and managed by the City and local contractors, which are eager to receive input from the Springdale Police Department relating to traffic concerns.

Most motorists never realize that Springdale’s traffic is closely engineered, with many intersections remotely monitored by traffic sensors (the camera-like equipment mounted at intersections) so that traffic signals can be timed via a computer to accommodate changing traffic patterns. Even during power outages, small generators keep lights working.

Thanks to cutting edge engineering, local motorists enjoy the benefit of the most advanced traffic engineering system within the Greater Cincinnati area.

Enforcement

Many drivers have witnessed enforcement actions, which can range from verbal warnings to written citations for traffic violations. Nobody wants to get a ticket, yet the reality of traffic law enforcement weighs heavy on a motorist’s mind to carefully monitor their driving habits.

Our traffic enforcement takes many forms, from regular patrol, assigned traffic posts, to selective traffic enforcement programs, to grants covering certain violations such as Operating a Vehicle while Intoxicated (OVI) and to enforcement of traditional violations in certain high accident areas.

Our department operates traffic details that serve our residential areas and others that are primarily utilized for speed issues on the interstate.

An example is the Selective Traffic Enforcement Program (STEP), used in neighborhoods. The concept is to promptly respond to reported traffic violations in neighborhoods when alerted by residents. The STEP program assigns an officer to a specific location to catch the reported violation. These STEP details are normally conducted in 4 hour blocks and the goal of the assigned officer is to enforce the traffic laws.

While Springdale officers don’t have “quotas,” our department has standards that pertain to the shift worked, the specific detail an officer may be working and/or type of violation. An example of this is expecting an officer who works the day shift to write more citations than one who works the night shift, when there are fewer motorists on the roadway. Likewise, an officer who works night shift would be expected to write more citations for OVI than a dayshift officer.

A question that I have received many times over the 33 years as an officer is “at what speed do I get a ticket?” It’s one of the best kept secrets of the profession, one that varies from department to department, that takes into account many factors, such as location, time of the day, etc; but for sure, we will never tell! We want you to obey the law as it is posted.

Education

The third component of any sound traffic management system is an ongoing effort to educate motorists to the laws. The Springdale Police Department partners with national educational campaigns to promote safety, such as the “Click It or Ticket” campaign, DUI awareness month and more. A large movable traffic message board is used to remind motorists to watch their speed, or use their seat belt.

At neighborhood block meetings, safety fairs, and other community gatherings, officers distribute literature to promote traffic safety. Specific programs such as “Operation Lifesaver,” involving car – train accidents, are covered by a trained instructor who is available to deliver a program covering the various issues associated with this type of accident, many times targeted to the trucking industry.

A number of our traffic safety programs are targeted to our young people. This starts with Safety Town, a week-long preschool learning experience for children. Partnering with Tri-County Mall for the past 46 years, Safety Town is the longest continuously running traffic safety program within the Greater Cincinnati area. Other educational programs geared to children and pre-teens are the 3rd Grade Safety Belt Program, for which Springdale receives a state grant; the popular Community Bicycle Safety Program, where we distribute approximately 300 free bicycle helmets and locks to residents of all ages; and many other programs that reach all segments of the public.

Summary

While we may have to wait in traffic congestion on occasion, the police department and others take a proactive approach to traffic management. Due to our city being a gathering place for residents from all over the tri-state area, and our key location related to access points to I-275, our state routes and city streets move a lot of traffic. For example, at the intersection of Crescentville and Springfield Pike, within one complete signal cycle — which lasts less than 2 minutes — more than 100 vehicles regularly passed through the intersection... more than 75,000 during any 24 hour period!

During the past several years, the Springdale Police Department’s traffic management/safety program has been rated by the Cincinnati AAA Club, an impartial, highly recognized Traffic Safety organization. Each year, Springdale’s Traffic Program is rated the highest of any department in the Greater Cincinnati community. We pledge to continue efforts to do our best to address traffic issues. With the public’s help, we can accomplish our goal.
Pandemic: Keep informed & stay prepared

A pandemic is a global disease outbreak. A flu pandemic occurs when a new influenza virus emerges for which people have little or no immunity, and for which there is no vaccine. The disease spreads easily person-to-person, causes serious illness, and can sweep across the country and around the world in a very short time. It is difficult to predict when the next influenza pandemic will occur or how severe it will be. Wherever and whenever a pandemic starts, everyone around the world is at risk. Countries might, through measures such as border closures and travel restrictions, delay arrival of the virus, but cannot stop it.

Health professionals are concerned that the continued spread of a highly pathogenic avian H5N1 virus across eastern Asia and other countries represents a significant threat to human health. The H5N1 virus has raised concerns about a potential human pandemic because it is especially virulent. It is being spread by migratory birds, it can be transmitted from birds to mammals and in some limited circumstances, to humans. Like other influenza viruses, it continues to evolve.

Since 2003, a growing number of human H5N1 cases have been reported in Asia, Europe, and Africa. More than half of the people infected with the H5N1 virus have died. Most of these cases are believed to have been caused by exposure to infected poultry. There has been no sustained human-to-human transmission of the disease, but the concern is that H5N1 will evolve into a virus capable of human-to-human transmission.

So far, the spread of H5N1 virus has been limited. Nonetheless, because all influenza viruses have the ability to change, scientists are concerned that H5N1 virus one day could be able to infect humans and spread easily from one person to another. Because these viruses do not commonly infect humans, there is little or no immune protection against them in the human population. If H5N1 virus were to gain the capacity to spread easily from person to person, a pandemic (worldwide outbreak of disease) could begin.

No one can predict when a pandemic might occur. However, experts from around the world are watching the H5N1 situation very closely and are preparing for the possibility of a pandemic. There currently is no commercially available vaccine to protect humans against H5N1 virus that is being seen in Asia, Europe, and Africa. A vaccine specific to the virus strain causing the pandemic cannot be produced until a new pandemic influenza virus emerges and is identified.

A pandemic may come and go in waves, each of which can last six to eight weeks. An especially severe influenza pandemic could lead to high levels of illness, social disruption, economic loss and even death. Everyday life would be disrupted because so many people in so many places become seriously ill at the same time. Impacts can range from school and business closings to the interruption of basic services such as public transportation and food delivery.

The United States has been working closely with other countries and the World Health Organization (WHO) to strengthen systems to detect outbreaks of influenza that might cause a pandemic. The effects of a pandemic can be lessened if preparations are made ahead of time.

Planning and preparation information and checklists are being prepared for various sectors of society, including information for individuals and families. Be prepared by having an extra supply of food and water, stay healthy and get informed. More information available at: Centers for Disease Control and Prevention (CDC) Hotline at 1-800-CDC-INFO (1-800-232-4636) TTY: 1-888-232-6348 or www.pandemicflu.gov.
Civic Orchestra Concert
6:30 - 8:30 pm • Sunday, August 5
The Cincinnati Civic Orchestra will perform a concert series entitled “America’s Greatest Composers.” Held at the amphitheater, the concert will feature selections from West Side Story, the Sound of Music, and much more.

Community Pride Yard Sale/Recycling Day
Saturday, August 11 • 10 am - 2 pm
The Parks and Recreation Department will host the annual Yard Sale at the Community Center. The gigantic yard sale will be held on the Community Center parking lot. Residents will receive a flyer in the mail with instructions to register for a booth.

Teen Pool Party
7 - 10 pm • Friday, August 17
The Community Center pool will be the place for 12-17 year olds at this pool party, sponsored by the Springdale Community Center. Community Center members are invited to attend for a charge of $3. Each Community Center member may bring one guest at the same cost.

Springdale Summer Cruise-In
6 - 9 pm • Saturday, August 25
Come for an end-of-summer classic car cruise-in with live entertainment by Fast Eddie and the Lazy Boys (regular performers at Argosy Casino). Pre-1975 vehicles will be on display in the parking lot of the Community Center.

Community Center Regular Hours
Monday - Thursday ....................... 7 a.m. - 10 p.m.
Fitness Center and Track open at 6 a.m.
Friday ........................................ 7 a.m. - 9 p.m.
Fitness Center and Track open at 6 a.m.
Saturday ..................................... 9 a.m. - 5 p.m.
Sunday ........................................ 1 p.m. - 9 p.m.
Times are subject to change. Changes will be posted at the Community Center.
For more information on any programs, call 346-3910.

Holiday Hours
Labor Day (Monday, Sept. 3) ..................... 1 - 9 p.m.
Thanksgiving (Thursday, Nov. 22) ...................... Closed

Ladies Day At The Pool
12 - 3 pm • Wednesday, August 29
Adults can enjoy a day at the pool without the kids on August 29. Members of the Community Center pool can enjoy free of charge. Fitness and Activity members can enjoy the day for a charge of $2.50 per person. Bring a float, cooler, and even a water gun to have a relaxing afternoon.

Goldfish Swim
12 pm • Saturday, September 1
More than 1,000 goldfish will be released into the pools for the children to catch. Prizes will be awarded. Pool members may enjoy this fun activity at no charge. Fitness and Activity members may pay the necessary guest fees of $1.25 per child. Children should bring a plastic container to take their new pets home with them.

Junior Olympics
Saturday, September 8
Registration: 10 - 11 am
Competition: 10 - 11:30 am
The Springdale Junior Olympics consist of 8 competitive events for boys and girls ages 4 and under through 12. Awards will be presented after approximately 11:30 a.m. Each participating child will be automatically registered to win door prizes that will be drawn during the awards ceremony. Two bicycles will be given away to a lucky boy and girl as grand door prizes. This event is free and open to the public.

Electric/Bass Guitar Lessons
7 - 8 pm • Tuesdays • September 18 - November 6
This new fall program offers group electric guitar and bass guitar lessons. Students 10 years old through adults are invited to participate. Students must provide their own guitar, small amplifier and headphones. Cost is $96 for the session, payable when registering. Class size is limited to a maximum of 12 students. Call instructor Ed Riley at 671-1760 with questions.

Halloween Carnival
3 - 5 pm • Sunday, October 28
The Center will host a Halloween Carnival for Springdale children who are 2 years old through 4th grade. Free tickets are available beginning Friday, October 5, at the Center. Participation is limited to the first 200 sign-ups.

Taste of Springdale
2 - 10 pm • Saturday, September 15
The Taste of Springdale will be held at the Community Center. Food from local restaurants and firework will be the highlights of this popular fall event.

Business & Community Expo
11 am - 4 pm • Thursday, November 1
The Springdale Chamber of Commerce is pleased to announce their 3rd Annual Business and Community Expo. The event is free to the public. There will be free food samples, door prizes and the Health Department will be conducting their flu shot clinic. All activities will take place at the Springdale Community Center. Sponsorships are available for $500 and booth space is $200 for Chamber Members and $250 for Non-Members. For more information, please contact Julie Matheny at 346-5712.

Turkey Shoot
2 - 4:30 pm • Sunday, November 18
Springdale Teens Adventuring For Fun (S.T.A.F.F.) will host its Annual Turkey Shoot at Springdale Community Center. This free-throw competition is open to the public. Come out and shoot some hoops for the chance to win a turkey! Cost to enter is two non-perishable food items that will be donated to needy families. Winners will be awarded in male and female categories divided from ages 5 and under to adults and seniors.

Tree Lighting Ceremony
7:30 pm • Sunday, November 25
A Springdale tradition, the City’s official holiday tree at the Municipal Building will be illuminated. The public is invited to the Annual Tree Lighting Ceremony. Come celebrate the holidays with us.

Winter Youth Sports Sign-Up
10 am - 2 pm • September 8
Northern Recreational Youth Basketball (December - February): To be eligible, the child must be at least five years old as of July 31, 2007. Players must still be attending school to participate. Cost is $40 ($45 after September 30).

Volleyball (December - March): This program offers two age divisions:
9-11 Years Old: Participants must be at least 9 years old, but not more than 11 as of September 30. Games are played on Tuesday evenings. Cost is $15 ($20 after September 30).
12-15 Year Olds: Power volleyball will be offered for any youth between the ages of 12 - 15. Games are played on Sunday afternoons. Cost is $15 ($20 after September 30).

Cheerleading (November - February): Children in 2nd through 5th grade will learn the basics of cheerleading, then practice their talents at youth basketball games in Springdale. Cost is $15 ($20 after September 30).

For more information on these programs, call the Springdale Community Center at 346-3910, or email sccrec@springdale.org. For a complete listing and description of programs, visit www.springdale.org.
**ADULT ENRICHMENT**

**Protect Against Fraud**
10 AM • WEDNESDAY, AUGUST 15

Learn how not to be a victim of fraud. Officer Dave Buschmann will give a FREE one-hour presentation on the more common types of fraud occurring today. Register by August 13.

**Coexisting with Coyotes**
7 - 8 PM • WEDNESDAY, OCTOBER 10

With coyote sightings on the rise, the Hamilton County Park District will present this informative program on co-existing with the animals. Join us for this free program.

**YOUTH PROGRAMS**

**Babysitting Course**
1 - 4:30 PM • THURSDAY & FRIDAY, AUGUST 9 & 10

The American Red Cross Babysitting Course will be offered at Springdale Community Center. Children 12 and older may register for this class by calling 792-4000.

**Ballet & Jazz**
SATURDAYS

An introduction for children ages 3 & up to the world of ballet, tap and jazz dance. Registration is ongoing. Contact Instructor Jennifer Caserta at 937-418-2189 for times. Cost is $7 for 3 year-olds, $8 for 4-7 years, and $9 for students 8 and older.

**Karate**
7:15 - 8:15 PM • MONDAY & WEDNESDAYS

A traditional martial art program emphasizing focus and concentration, strength and endurance, flexibility, coordination and speed for children 6 and older. For info, call Dave Williams at 742-9400. Cost is $30/month (plus $40 annually).

**Coronary Artery Disease**
10 AM • SATURDAY, AUGUST 18

Everything you wanted to know about angiogram/angioplasty is the topic for this presentation by the University Hospital Cardiac Cath Lab. Please register by August 17 for this free program.

**CPR and First Aid Courses**

A CPR or Standard First Aid class is held once a month at the Community Center. Registration is taken at the American Red Cross at 792-4000.

**Genealogy Club**
2:30 - 3:30 PM • MONDAY ON 3rd FRIDAY

Are you experienced with genealogy searches and would like to meet with others that have the same interest? Our Genealogy Club will interest you! Linda Martin, our volunteer Genealogy instructor, will host the monthly meeting to assist you as your search continues. Meetings will be on the second Friday of the month in the computer lab. Bring your questions and success stories!

**Grief to Peace Gathering**
5:45 PM • 2nd THURSDAY MONTHLY

We are starting a partnership with the Spring Grove Family to offer a monthly evening for those experiencing grief. The gathering will give you an opportunity to learn more about grief and the steps to take towards peace. It will also allow you to spend time with others who understand what it means to have lost a loved one.

**Investment Club**
9:30 - 11:30 AM • 2nd FRIDAY MONTHLY

Learn about investing and the stock market. For more information, contact Marty Blue at 874-8321 or Lesly Selditz at 825-2251.

**Ongoing Recreation Opportunities**

**Belly Dancing:** Join Avasa to learn the art form of belly dancing. Have fun, burn calories, and gain flexibility and rhythm. For members 8-80 years old! Call Avasa for info at 205-1182. Offered Tuesdays from 7:15 to 8:15 p.m.

**Bob Ross Painting with Verna Akin:** Learn from a fabulous artist and teacher, Verna Akin. Learn how to paint landscapes, wildlife and florals with ease. Choose one or more classes. Students must supply 1 roll of paper towels, 1-tub of baby wipes and 1-16x20 stretch canvas. This class will meet in the Arts and Crafts room. Fee is $40 per class; registration is required. Offered from 10 a.m. to noon on Tuesdays, August 7, September 4, October 9 or November 13.

**Ceramics:** Students provide greenware, instructor David Howard provides paint, brushes and firings. Cost is $5 per class ($7 for non-residents). Offered on Wednesdays from 6:30 to 9:30 p.m.

**Corn Hole:** Wednesdays from 7 - 9:30 p.m.

**Intermediate Bridge Lessons:** Martin Levy helps sharpen your skills. Play better and enjoy the game even more! Cost is $10, payable upon registration. Offered Tuesdays at 10 a.m.

**Line Dancing With the Helts:** Get exercise and learn how to line dance. Wear comfortable, soft soled shoes. Call 346-3910 to sign up. Cost is $3 per class. Offered Mondays from 1 to 2 p.m.

**New Horizons:** Enjoy a meal together at a local restaurant and return to the Community Center to play cards. Contact Jo Ann Frech for more information. Call instructor Elaine Smith at 575-1620 for information. Class meets Mondays from 10 to 11:30 a.m. and Wednesdays from 1 to 2:30 p.m.

**Prime Time Dinners:** Join us for dinner! Meet at the Community Center to get acquainted and have some light refreshments, then drive to the restaurant of the month. Registration cost is $1 and dinner is on your own. Please register with payment by the Friday prior to the date.

**Watercolor:** Learn the art of watercolor. Call 346-3910 to see when the next class begins. Offered Mondays from 12:30 to 2:30 p.m.

**Health & Fitness Programs**

**Aquatic Exercise:** Easy on the body and fun for everyone, these six classes cost $30 ($36 non-residents) or $7 per class ($8 non-residents). Call Patricia Cox for information at 385-6111. Classes will be offered August 1 - 16 on Wednesdays from 6:45 to 7:45 p.m. and Saturdays from 10:30 to 11:30 a.m.

**Body Sculpting:** This 45-minute class uses free weights and exerubrics to work on muscle toning and strengthening, all set to the latest music. Call instructor Elaine Smith at 575-1620 for information. Class meets Fridays at 6 p.m.

**Cardio Kickboxing:** Walk-ins are $5 per class, $35 for a 4-week session. For more information, call Instructor Dave Seiwert at 825-7449. Classes meet 6 to 7 p.m. on Tuesdays, Thursdays and Sundays; and Saturdays from 11 a.m. to noon.

**Chair Volleyball:** There is a wide variety of benefits for participants, including improved cardiovascular fitness, increased flexibility, and the opportunity to meet new friends! Players’ ages range from the 50s to 90s. All activity levels can participate. Competitions are held on Mondays from 10 to 11:30 a.m. and Wednesdays from 1 to 2:30 p.m.

**Functional Strength for Mature Adults:** This FREE class will focus on improving your strength to help you safely perform the activities of daily living with improved balance and stability. Whether lifting a bag of groceries or standing up from a chair, every task depends on functional strength for successful execution. Classes meet on Tuesdays & Thursdays from 11 a.m. to noon.

**Jazzercise:** Your first class is free! For information and costs, call Elaine Smith at 575-1620. Classes meet 6 to 7 p.m. on Mondays and Wednesdays, and 9:30 to 10:30 a.m. on Tuesdays, Thursdays and Saturdays.

**Karate:** This class is offered for $40 per month. (and $40 annually). For information, contact Instructor Dave Williams at 742-9400. Classes meet Mondays and Wednesdays from 8:30 to 9:30 p.m.

**Let’s Get Fit:** This FREE class works with major muscle groups to increase strength and flexibility; improve strength for daily living, reduce the risk of falls, reduce stress, enhance muscles, and improve endurance. The class follows a video “Resisting Muscle Loss” offered by the Hamilton County General Health District. Classes meet Mondays and Wednesdays from 10:30-11:30 a.m.

**Slimnastics:** Slimnastics is a FREE fitness class especially for women, led by Instructor Sue Smith. Classes meet Mondays, Wednesdays & Fridays from 9 - 10 a.m.

**Yoga:** Instructor Shannon Schluchte leads this beginning class is for all ages. Yoga postures, stretching, centering, breathing techniques, and deep relaxation will increase your strength and flexibility, balance, coordination, and self-awareness. Cost is $24/month or $58/walk-in. Classes meet on Thursdays from 7:15 to 8:15 p.m. (beginning September 6).
Police seek webmaster

The Springdale Police Department is currently revising its web page and is seeking assistance from a volunteer experienced in constructing and maintaining web pages. Qualified persons may contact Chief Mike Laage at 346-5760.

Plants could use some extra H2O

With rainfall amounts so far behind average, plants need extra water. While most residents are mindful of the plants on their property, plants in the City’s right-of-way will benefit from some extra water too.

While the Public Works Department makes regular rounds to water flowers at the neighborhood entry signs, crews may not be able to make rounds often enough in the area’s near drought weather. If you reside near entry signs and notice the flowers beginning to wilt, the Springdale Garden Club asks that you provide them with some water to preserve their beauty.

The Garden Club is responsible for the plantings, among many other beautification projects. For more information about membership, call Joan Knox at 674-7755 (efknox@fuse.net).

Still time to apply for 2BR units

The Cincinnati Metropolitan Housing Authority is still accepting applications for apartments (2-bedroom units only) at Baldwin Grove in Springdale. For information, contact Pam Harrison at pam.harrison@cintimha.com or 977-5834 from 8 a.m. to 4:30 p.m. Tuesday through Thursday.

Call for large item pick-ups

Large items, such as a couch, dresser or old refrigerator (freon must be removed), can be discarded with curbside trash pick-ups. Since route personnel may need help lifting the item, residents are required to call Rumpke in advance at 742-2900.

Recommended vaccines available free to residents

The Hepatitis A vaccine is now recommended for children 12 months to 18 years old. The vaccine can prevent a serious liver disease usually spread by close personal contact or eating/drinking something containing the virus. In addition, girls as young as 9 years old are recommended to have the Human Papillomavirus Vaccine (HPV). Those who have not received a Tetanus/Diphtheria (Td) vaccine in 10 years should consider re-vaccination or getting the new Tetanus, Diphtheria, Pertussis (Tdap) vaccine.

These immunizations are available free to Springdale residents monthly on the first and third Wednesdays at the Springdale Health Department. For information, call at 346-5727.