

inside Scoop

November/December 2011

News & Views for Springdale Adults

Holidays on a Budget

You won't find any budget-busting activities at the SCC this holiday season! Our Holiday Luncheon is back at Windows on the Green with speaker Ceci Wiselogel. We also have an Appalachian music performance (free!), balloon artists with lunch (free!), and art classes (free!). Just a few of the (free!) things that you won't want to miss!

I hope everyone has a safe and healthy holiday season!

Anna

Giving Tree

The adults and seniors at the Springdale Community Center have always been very generous with their donations at our Annual Holiday Dinner. This year we will be partnering with the City of Springdale through S.O.S. to provide for families within our community. A

Giving Tree will be in the Community Center lobby, listed on each ornament is an item that has been requested. Select an ornament and then bring that item, wrapped or unwrapped, with the child's name on it to the Springdale Community Center by Friday, December 9. If you have any questions, please call Anna at 346-3910.



Annual Holiday Luncheon

Friday, December 9 11:30 a.m.

'Tis the season to be jolly! Our Holiday Luncheon will be held at the GEEAA- GE Park Windows on The Green restaurant. We will enjoy beautiful golf course views while celebrating the festive season with our Springdale friends.

The luncheon menu is a scrumptious faire of roast beef, chicken breast, buttered parsley red potatoes, green beans, tossed salad and rolls. And don't forget about a mouth-watering dessert! Your choice of soft drinks is also included.

The entertainment for the afternoon is Legend Lore Speaker Ceci Wiselogel. Ceci is a crowd favorite with our members of the SCC! This is a festive program where the legends and the customs of the season come to life. Learn everything from why we kiss under the mistletoe, eat cane striped candy and believe in jolly old Santa. Don't miss out on the traditional carols to sing and a surprising education in all things Yule!

The cost for this yuletide luncheon is \$14 for members and \$16 for guests. Reservations must be made with payment by December 4. Stop by the front desk or call 346-3910 with questions.



Creating Community Through People, Parks and Programs

Events

Veterans' Day Ceremony Friday, November 11 1:00 p.m.

Join us at the Springdale Veterans' Memorial to honor those who have served and are currently serving our country. There will be representatives



from the Disabled American Veterans Auxiliary and Bugles Across America, and songs from the Springdale Elementary Fourth Graders. Event is free, and will be held rain or shine.

Turkey Shoot & Turkey Bowl Saturday, November 19 1:00-3:00 p.m.

Dust off those basketball shoes...or even your bowling shoes! Club Rec will host the annual Turkey Shoot at the Springdale Community Center on Saturday November 19, 1-3pm. This free-throw competition is open to the public. Come out and shoot some hoops for the chance to win a turkey.

Back by popular demand again this year- the Turkey Bowl! What could be more fun than sliding turkeys down a hallway? If shooting hoops isn't your thing, come out and try your luck at bowling with a frozen turkey.

Cost to enter each event is \$2 or two (2) non-perishable non-expired food items for the Club Rec holiday food drive. All items will benefit the Springdale SOS program.



Holiday Tree Lighting Sunday, November 27 7:30 p.m.

The community is invited to the annual Tree Lighting Ceremony as the tree at Springdale's Municipal building is illuminated. Come celebrate the season with the Springdale Elementary Chorale singing carols and a visit from Santa. Refreshments will be served.

Health & Wellness

Badminton FREE!
T 10:30 a.m. - 12:00 p.m.

Blood Pressure Checks FREE! 3rd Tuesday
10:30 a.m. - 12:30 p.m.

Body Sculpting
F 5:45 - 6:45 p.m.

Cardio Kickboxing
T, TH 5:45 - 6:45 p.m.
SA 11:00 a.m. - 12:00 p.m.

Chair Volleyball FREE!
M 10:00 - 11:30 p.m.
W 12:00 - 1:30 p.m.

Cornhole FREE!
W 12:30 p.m.

Jazzercise
M & W 5:45 - 6:45 p.m.
T, TH, SA 9:30 - 10:30 a.m.

Let's Get Fit FREE!
M, W 10:30 - 11:30 a.m.

Line Dancing With the Helts
M 1:00 - 2:00 p.m.

L.I.F.E. FREE!
T, TH 11:00 a.m. - 12:00 p.m.

R&B Line Dancing
W 6:50 - 7:50 p.m.
F 12:45 - 2:00 p.m.

Slimnastics FREE!
M,W, F 9:15 - 10:15 a.m.

Zumba
T, TH 6:50 - 7:50 p.m.

Check the calendar for regularly scheduled activities.

Free Art Class!

Deck the Halls

Thursday, December 2 2:00 p.m.

A history class and art class rolled into one! This fun class begins with the history of using plant material to transform interior spaces in the winter months. Then it is time to be creative! Using aluminum, you will create simple metal ornaments that can be textured or colored. Participants will then use these ornaments and provided greenery to create their own fragrant door swags or arrangements in vases- both perfect for the holiday season!

The instructor for this class is local artist and professor, Cheryl Pannabecker. Cheryl has a BA from Bluffton College and an MFA in Ceramic Sculpture from the University of Cincinnati. She has taught throughout the tri-state area and exhibits her art work regularly in Cincinnati.

There are only 15 spaces available for this FREE class. Call 346-3910 or stop by the front desk to register.

Senior Activities

Disaster Preparedness with the American Red Cross

Monday, November 14 2:30 p.m.

Emergencies and disasters can strike quickly and without warning. These disasters can force you to evacuate your neighborhood or be confined to your home. What would you do if your basic services- water, gas, electricity or communication were cut off?

The American Red Cross wants you to know how to protect yourself and cope with disaster by planning ahead. Even if you have physical limitations, you can still protect yourself. Learn the four steps to preparedness, 1. Get Informed, 2. Make a Plan, 3. Build a Kit, 4. Maintain your Plan and Kit.

The American Red Cross will be at the SCC for a 45 minute presentation which goes over weather, fire, flooding and vials of life. Learn how to be prepared! Call 346-3910 or stop by the front desk to register for this FREE program by November 12.

Russ Childers: Appalachian Music & Stories

Thursday, November 10 2:00 p.m.

For more than 35 years, Russ Childers has been making music in southern Ohio/northern Kentucky. Whether as banjo player with the Rabbit Hash String Band or fiddle player with the husband-wife team Bear Foot or one-man-band-and-storyteller, his music defines him.

Russ will share the history of the region using traditional Appalachian stories and songs to paint memories of the past. This program will also illustrate several Appalachian instruments and aspects of Appalachian culture.

Call 346-3910 to reserve your seat for this lively show, or stop by the front desk before November 9.



Lunch & Learn: Wonderful World of Balloon Art

Thursday, November 17 12:00 p.m.

We are taking a new twist with our Lunch & Learn series. Relax from the holiday hubbub and attend a luncheon with a lighter topic - balloon art! Vicky Kimble of IncrediBalloons will take you into the relatively uncharted world of balloon art with this fun and fact-filled program. She will share her journey through this elusive industry and how she arrived at becoming a World Champion in her field!

The delectable menu for this luncheon is chicken parmesan, Italian blend vegetables, spring mixed salad, garlic bread, and tiramisu for dessert.

This Lunch & Learn program is sponsored by Hillandale Family of Communities. The Hillandale Family of Communities include Birchwood Care Center, Doverwood Village and Chesterwood Village; offering independent living luxury apartments and patio homes, as well as assisted living, skilled nursing and rehabilitative therapy and care for memory impairment.

Lunch begins promptly at noon and is FREE. You must pre-register for this event with a maximum of 40 people. Call 346-3910 or stop by the front desk.



Cribbage anyone?

Are you interested in playing Cribbage at the Springdale Community Center on Tuesday or Thursday afternoons? A volunteer has stepped up to begin a Cribbage group and we need to know if you are interested. Please call 346-3910 to add your name to the list. If there is sufficient interest, a group will be formed for Tuesday or Thursday afternoon. Beginners are welcome.

Refrigerator Reminder

RD = Registration Deadline

November

05	10:00 a.m.	Creative Stamping
10	2:00 p.m.	Appalachian Program
11	1:00 p.m.	Veteran's Day Ceremony
14	2:30 p.m.	Disaster Preparedness
16	6:00 p.m.	Prime Time Diners RD 11/14
17	12:00 p.m.	Lunch & Learn
19	1:00 p.m.	Turkey Shoot & Turkey Bowl
24	CLOSED	Happy Thanksgiving!
27	7:30 p.m.	Holiday Tree Lighting

December

01	2:00 p.m.	Deck The Halls Art Class RD 11/30
07	10:00 a.m.	Creative Stamping
09	11:30 a.m.	Holiday Luncheon RD 12/5
14	6:00 p.m.	Prime Time Diners RD 12/12
26	CLOSED	Christmas Observed

January

02	CLOSED	New Year's Day Observed
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Save the Date!

*The 2012 Travel Preview will be held on
Thursday, January 26, 1:00 p.m.*

Take A Seat!

Our thanks to the Springdale Senior Citizens Club for their donation of benches to the Springdale Community Center. These new benches are flanking our front doors and give you a place to sit and rest or visit with friends. Thank you to the Club for thinking of Springdale Parks and Recreation with your donation!



Community Center Hours thru March 31, 2011

Fitness Center & Indoor Track open at 6:00 a.m.
Monday - Friday

Monday-Friday	9:00am - 9:00pm
Saturday	9:00am - 5:00pm
Sunday	Closed

Holiday Hours - SCC Closed

Thursday, November 24 (Thanksgiving)
Monday, December 26 (Christmas Observed)
Monday, January 2 (New Year's Day Observed)

Connect with the
City of Springdale!

Stay up-to-date on events,
activities & projects!

www.facebook.com/SpringdaleOH



Meet at the restaurant at 6:00 p.m.
Please register by the Monday prior to
the date.

Wednesday, December 14
Grand Finale, Glendale

Wednesday, November 16
Houston Inn, Lebanon

Prime Time Diners



Springdale Parks & Recreation
1199 Latwiew Ave
Springdale OH 45246

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