



RESOURCE DIRECTORY

Updated: Summer 2023

Dial 211: You can speak to a person to obtain information about: Food, Housing, Crisis, and Health.

Contents

ADDICTION PREVENTION, TREATMENT, AND RECOVERY 4

ADOPTION 15

AT RISK YOUTH AND THEIR FAMILIES 17

BIRTH CONTROL..... 25

BLIND 28

BLOOD.....30

CANCER 30

CHILD AND ELDER ABUSE.....32

CLOTHING 32

CONTINUING EDUCATION 33

CRIME..... 33

DENTAL CARE..... 34

DISASTER RELIEF..... 35

DISCRIMINATION 36

DOMESTIC VIOLENCE 37

EATING DISORDERS 38

EDUCATION & MENTORING 39

EMERGENCY ASSISTANCE – GENERAL..... 39

EMPLOYMENT..... 40

FINANCIAL 41

FITNESS SERVICES..... 42

FOOD.....49

GRIEF COUNSELING 53

HANDICAPPED/DISABILITIES..... 53

HEALTHCARE.....	54
HEARING.....	62
HIV & STD TESTING AND TREATMENT.....	62
HOMELESSNESS AND SHELTERS	62
IMMIGRATION INFORMATION.....	68
LEGAL	70
LIBRARIES.....	72
MENTAL HEALTH SERVICES.....	73
PARENTING.....	76
POSITION CENTER.....	77
PRIMARY CARE AND OB/GYN & PRENATAL CARE.....	77
PSYCHIATRIC	79
RAPE	79
RUNAWAYS	80
SCHOOLS	81
SENIORS.....	81
SEXUALLY TRANSMITTED INFECTIONS.....	Error! Bookmark not defined.
SPIRITUAL CARE	84
TRANSPORTATION.....	85
URGENT CARE FACILITIES	87
VETERANS.....	88
VISION.....	89

ADDICTION PREVENTION, TREATMENT, AND RECOVERY

eXclusive Services	11134 Lushek Dr, Blue Ash, OH 45241 (513) (513) 827-9273	<ul style="list-style-type: none"> • Medication Assisted Treatment for Opiate/Alcohol Dependency • Intensive & Non-Intensive Outpatient Group Therapy • Comprehensive Assessments (same day appointments) • Individual Counseling, Case Management, Crisis Intervention • Urinalysis • 24-Hour Hotline • Love Ones in Recovery (OPEN to the public) • Methamphetamine Specific Treatment Services • Continuing & After Care • Mobile Crisis Team • Maternal Opiates Medical Support (MOMS) Program
Find Local Treatment	www.FindLocalTreatment.com	<ul style="list-style-type: none"> • Find local addiction treatment providers
Community Recovery Project	www.CommunityRecoverProject.org	<ul style="list-style-type: none"> • Community Recovery Project exists to provide access to education and resources on the subject Opiate and Heroin addiction
Addiction Services Council	2828 Vernon Pl, Cincinnati, OH 45219 Headquarters: (513) 281-7880 Toll Free: 1 (877) 281-7884	<ul style="list-style-type: none"> • 24/7 Helpline: Call 513.281.RHAC (7422) • Alcohol and drug assessment • Individual substance abuse counseling services • Group substance abuse services counseling services • Substance Abuse education services

		<ul style="list-style-type: none"> • Referral and linkage to community resources • Community outreach services • School based prevention services • Crisis intervention services • Case management services • Family education and counseling services • Toxicology screening • Substance abuse training for the workplace- Employers only • Workplace prevention services • Peer support services • Quick Response Teams to decrease overdoses • Spanish language services
Substance Abuse and Mental Health Services Administration (SAMHSA)	<p>findtreatment.samhsa.gov 1-800-662-HELP (4357) https://www.samhsa.gov/</p>	<ul style="list-style-type: none"> • Find treatment facilities confidentially and anonymously
Greater Cincinnati Area Service Committee of Narcotics Anonymous	<p>https://gascna.naohio.org/meetings/ https://gascna.naohio.org/ Hope Line: (513) 820-2947</p>	<ul style="list-style-type: none"> • Monthly anonymous meetings for people struggling with addiction
Cincinnati Alcoholics Anonymous (AA)	<p>https://aacincinnati.org/ (513) 351-0422 info@aacincinnati.org</p>	<ul style="list-style-type: none"> • Both online and in person meetings are offered
Greater Cincinnati Al-Anon and Alateen Family Groups	<p>https://cincinnatiaifg.org/ (513) 947-3700</p>	<ul style="list-style-type: none"> • Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their warmth, strength, hope and experiences to solve common problems. We believe that alcoholism is a family illness

		<p>and that changed attitudes can aid recovery.</p> <ul style="list-style-type: none"> • Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the 12 Steps, by welcoming and giving comfort to families of alcoholics and by giving understanding and encouragement to the alcoholic. • Alateen is a program for teens who are struggling with the effects of someone else's problem drinking. Only Alateen members and their service sponsors can attend an Alateen meetings. • Both online and in person meetings are offered
<p>Talbert House</p>	<p>2600 Victory Parkway To find services near you, call 513-221-HELP (4357) In crisis or need immediate assistance 24/7, call (513) 281-CARE (2273) or Text Talbert to 839863 If you are a veteran in need of resources, call 513-281-VETS (8387) https://www.talberthouse.org/help/addictions-2/addictions-services-29/</p>	<ul style="list-style-type: none"> • The Addictions service line provides intensive substance use disorder programming, with a focus on opiates, to adolescents, adults and families. Integrated care includes; assessment, day reporting, Medication Assisted Treatment and counseling in outpatient, residential and jail settings. <p>ADAPT for Men and Women</p> <ul style="list-style-type: none"> • The comprehensive residential and outpatient program provides services for drug and alcohol addicted adults charged with drug-driven felony offenses through the Hamilton County Drug Court. Services include chemical dependency education and treatment, criminality/behavior

		<p>modification, frequent and random drug testing, vocational/educational services, family counseling and a variety of supportive services. This program is offered through a partnership between Talbert House, Central Community Health Board, First Step Home and Prospect House.</p> <p>Burnet Intensive Services (BIS)</p> <ul style="list-style-type: none">• Burnet Intensive Services (BIS) is a residential treatment program for males incarcerated through the Ohio Department of Rehabilitation and Correction or involved with the Adult Parole Authority. This program offers substance abuse assessment, education, individual and group counseling, self-help groups, alcohol and drug testing, corrective thinking, case management and various specialty services. <p>Day Reporting</p> <ul style="list-style-type: none">• These addictions programs provide daily intervention and accountability to Hamilton County probationers using a cognitive-behavioral approach. The program is a partnership with the Hamilton County Municipal and Common Pleas Courts. Services include monitoring, daily reporting, substance use treatment, random drug screens, risk/needs assessment and life skills training. Job search assistance,
--	--	--

		<p>educational services and financial management services are available.</p> <p>Driver Intervention Program (DIP)</p> <ul style="list-style-type: none">• Certified by the Ohio Department of Mental Health and Addiction Services (OMHAS), DIP provides prevention and assessment within a hotel setting for first-time DUI offenders in the state of Ohio. The program is designed to reduce the likelihood of repeat DUI behavior. The weekend program is offered Thursday evening through Sunday afternoon. Services include alcohol and drug education, traffic safety and referral. Bilingual counselors and materials are also available for Spanish and Russian-speaking clients. <p>Engagement Center</p> <ul style="list-style-type: none">• The Engagement Center is a triage unit for individuals struggling with opiate addiction, including those who have experienced an opioid overdose or are at high risk to reuse due to withdrawal symptoms. The Engagement Center focuses on engagement with treatment services and discharge planning for successful long-term recovery. Engagement Center services are available by referral only, to adult residents of Hamilton County.
--	--	--

		<ul style="list-style-type: none">• The Engagement Center is funded in part by Hamilton County Mental Health and Recovery Services Board. Grants awarded by the Louis & Louise Nippert Charitable Foundation, the Jacob G. Schmidlapp Trusts, Fifth Third Bank and the Spaulding Foundation provide additional funding. <p>Mental Health Day Reporting</p> <ul style="list-style-type: none">• This program provides daily treatment and reintegration as an alternative to incarceration for Hamilton County residents with a mental health diagnosis being served in both Hamilton County Municipal and Common Pleas Courts. The program is a collaboration between the Mental Health Court Team, Crossroad Center and Greater Cincinnati Behavioral Health. Using a cognitive behavioral approach, services include monitoring, daily reporting, case management, drug testing, risk/needs assessment and life skills training. Job search assistance, educational services and financial management services are available. <p>Turning Point</p> <ul style="list-style-type: none">• This chemical dependency community corrections program for Hamilton County provides assessment, treatment and reintegration services in a residential setting
--	--	--

		for adult men convicted of multiple DUI or alcohol/drug offenses. Services include orientation, assessment, educational sessions, individual, group and family counseling, a six-month Continuing Care Program, and other supportive activities.
The Salvation Army-Cincinnati Adult Rehabilitation Center	2250 Park Ave, Norwood, OH 45212 (513) 351-3457	<ul style="list-style-type: none"> • Combat Substance Abuse: Through holistic work-therapy, group and individual counseling sessions, spiritual direction and life skills development, residents learn to abandon substance reliance.
Sojourner Recovery	<p>Main Office 515 Dayton St (513) 868-7654</p> <p>Medical Clinic 1430 University Blvd (513) 896-3497</p>	<ul style="list-style-type: none"> • Sojourner Recovery Services is a comprehensive and substance use treatment provider. • Offers outpatient services, residential, peer recovery support, medical services, crisis services, perinatal, court outreach, recovery housing • We continue to remain open and offer in-person and telehealth options for services, which include: same day assessments, outpatient group counseling, individual counseling, case management, psychiatry, peer recovery
Substance Abuse Info. & Referrals- Springdale Fire Department	12147 Lawnview Ave. Springdale, OH 45246 513-346-5580	<ul style="list-style-type: none"> • Springdale Offering Support (SOS) is a group of representatives from local agencies, churches, organizations and concerned citizens in the Springdale area. We have set out to coordinate community resources and unite individuals and families with elements

		of help and assistance within Springdale and surrounding areas.
First Step Home	2203 Fulton Ave, Cincinnati, OH 45206 Contact us: (513) 961-4663 After-Hours Hotline: (513) 281-7880	<ul style="list-style-type: none"> • Founded in 1993, First Step Home is a treatment center located in Walnut Hills, a suburb of Cincinnati. Established as a women's only facility, First Step Home is the only addiction treatment center in Cincinnati allowing children, up to the age of 12, to live with their mother's while they are in treatment. First Step Home provides an entire continuum of care to women with addiction. Our staff work to assist women in rebuilding their families as they break the cycle of drug and alcohol addiction. • Services offered: Residential services, Medication-Assisted Treatment Services, Group and Individual Counseling, Curriculum-Based Therapy, Trauma-Informed Services, Parenting Classes, Access to Primary Health Care, Nutrition Education, Access to Mental Health Services, Access to Prenatal Care (HOPE Program), Access to Pediatric and Family Health Care, Transitional Housing for Outpatient clients, Addiction Wellness Education, Onsite Child Care, Family Support Groups, In-Home Support for Newborn, Job Placement Assistance, Peer Mentors, Specialized Case Management Services to provide support and resources for newborn, Aftercare

		<p>Services, Services based upon the needs of individual clients</p> <ul style="list-style-type: none">• What to Expect: In a typical week, you will meet with your personal counselor, and participate in group therapy to better understand your addiction. These sessions will help you develop coping methods for your addiction. You will attend in-house 12 step meetings, and if you have children with you, they will be cared for in our onsite childcare program while you are in groups and meetings. You will have your child with you at lunch time and every evening and overnight. Everyone shares in chores and creating structure which is an important part of recovery. The average stay in Residential Treatment is about 45 days, based on your progress. You will then move into the Transitional Housing and attend Outpatient Treatment, the length is based on your achievements. You will receive supportive services to take the next step to moving back to your own home. You will then be able to join The First Step Home Alumni Club where there is no time limit to the length of your participation. With supportive services, thousands of pregnant and new moms have fought their addictions and are now living stable, sober, and productive lives.
--	--	--

		<ul style="list-style-type: none"> • Payment Options: First Step Home accepts Medicaid for Ohio residents. For other payment options, we use a sliding scale. Please contact our Financial Counselor at (513) 961-4663. Ext. 102
DeCoach Rehabilitation Centre	1620 Harrison Ave, Cincinnati, OH 45214 (513) 914-4673	<ul style="list-style-type: none"> • Mission: To provide quality, affordable, safe treatment for those battling addiction. Professional and accredited services include Medication Assisted Treatment along with one-on-one counseling to reach positive outcomes. Treatment is provided in a private, calm environment where each client is treated with the utmost dignity and respect. • Can help connect you with: medical professionals, hospitals, emergency services, legal officials, schools, outside agencies <p>Withdrawal Management</p> <ul style="list-style-type: none"> • The withdrawal process is one of the first major hurdles on the road to recovery. We offer a private space for clients while staff members ensure that the withdrawal process occurs in a safe and comforting manner. <p>Housing</p> <ul style="list-style-type: none"> • At DeCoach we provide a holistic approach to client care. Individuals who struggle with achieving sobriety in the community or who

		<p>have had recent inpatient stays or incarcerations are eligible for this program. Clients are able to engage in a Medication-Assisted Treatment, counseling, and support programs.</p> <p>Outpatient</p> <ul style="list-style-type: none"> The outpatient treatment program allows for individuals to continue in recovery while maintaining employment or while being enrolled in further education. This program utilizes MAT therapies coupled with group and individual counseling to promote a successful recovery.
Tri County Center	2031 & 2051, E Kemper Rd, Cincinnati, OH 45241 (513) 771-9240	<ul style="list-style-type: none"> Support of alcoholics anonymous members
Hamilton County Public Health (HCPH)- Bloodborne Infectious Disease Prevention Program	<p>1-888-765-6789 (513) 316-7725</p> <p>Hamilton County Public Health – Main Office 250 William Howard Taft, 2nd Floor, Cincinnati, OH 45219 Phone: (513)946-7800 Fax: (513)946-7890</p> <p>Clinical Services and Tuberculosis Clinic 184 E. McMillan St., Cincinnati, OH 45219 Phone: (513)946-7610 Fax: (513)946-7603</p>	<ul style="list-style-type: none"> The Bloodborne Infectious Disease Prevention Program is designed to help prevent the spread of infectious diseases like HIV and Hepatitis and promote safety, health and wellness by proactively addressing risk behavior and offering services and care among people who use drugs. Harm Reduction Van- syringe exchanges and HIV testing site
Celebrate Recovery	Gatherings & Offices 5541 Cleves Warsaw Pike Cincinnati, OH 45238	<ul style="list-style-type: none"> Celebrate Recovery is a Christ-centered, 12 step recovery program for ANYONE

	<p>(513) 613-7500 info@revivecitychurch.com Celebrate Recovery 931 McPherson Ave. Cincinnati, OH 45205 Mondays at 6:00 PM</p>	<p>struggling with hurt, pain, or any kind of addiction.</p> <ul style="list-style-type: none"> • Celebrate Recovery is a safe place to find community and freedom from the issues that are controlling our life.
--	---	--

ADOPTION

<p>Hamilton County (HC) kids foster care + adoption</p>	<p>222 E Central Pkwy, Cincinnati, OH 45202</p> <p>Families can inquire about waiting children through the websites or by calling our Foster Care/Adoption information line, (513) 632-6366. We can only release additional information if the inquirer has an approved adoptive home study. Once our agency receives a copy of the approved adoptive home study, we then send additional information to the prospective adoptive family's worker to review with the family.</p>	<ul style="list-style-type: none"> • All children deserve to have families who love and accept them and keep them safe. • Right now, there are more than 400 children and youth in Hamilton County who need permanent families. These are wonderful, loving kids who have so much to offer a family. They just need a chance. • Adoptive parents get to experience the joy of watching a child learn to read, teaching a child how to ride a bike, helping with homework, practicing driving, advising a teenager on picking a college. • Kids get the security of knowing their family will be there for them forever because adoption is a lifelong commitment. • Before a child can be adopted, biological parents' rights must be terminated by a court. All parental rights are legally transferred to the new parents at the
--	--	---

		<p>time of the adoption. This means adoptive parents have the same rights and responsibilities as parents whose children were born to them.</p> <ul style="list-style-type: none">• All of our kids have experienced some level of abuse or neglect. They need your help to fulfill their potential and live happy, successful lives.• Ways to Adopt: There are several ways to adopt – internationally, through a private agency or through a public agency like Hamilton County Job & Family Services (HCJFS). The children available for adoption through HCJFS are currently in foster care, living in foster homes, group homes or treatment facilities.• Who Can Adopt: Families of all different kinds and sizes can adopt. Parents can be married, single, gay, straight, stay-at-home, wealthy or not. You can own your own home or rent – you just must have adequate space for a child and enough income to meet your basic needs. You must pass a background check and be in adequate physical and mental condition. <p>Good adoptive parents are stable, dependable and flexible adults willing to advocate for their children and provide not just love, but commitment. You</p>
--	--	--

		<p>simply must want to provide a stable home and family for a child in need.</p> <ul style="list-style-type: none"> • How to Adopt: Once you have decided that you want to adopt from foster care, you will have to decide if you want to adopt by first becoming a foster parent, or if you are interested in adopting directly. <p>Adoption through foster care can be the best route for families looking to adopt a young child. Foster care might also be a good place to start for families who aren't quite ready for the permanent commitment of adoption.</p> <ul style="list-style-type: none"> • Our greatest need is for adoptive families for kids 10 and older. • If you decide you want to adopt a child who's 10 or older, you will need to complete an application. We will help you identify and complete the classes necessary to prepare yourself for adopting a child.
--	--	---

AT RISK YOUTH AND THEIR FAMILIES

<p>Hamilton County Job & Family Services- Child Support</p>	<p>222 East Central Parkway (513) 946-1000</p>	<ul style="list-style-type: none"> • If a child is born out of wedlock, either party can call the HCJFS Child Support Enforcement Agency and ask to establish paternity. Once
--	--	--

	<p>http://jfs.ohio.gov/ocs/</p> <p>Child Support Services: (513) 946-7387</p> <p>24-Hour hotline for reports of child abuse or neglect: (513) 241-KIDS (5437)</p>	<p>that happens, a case worker can help get a child support order. Child support orders are also often issued with a divorce or dissolution.</p>
<p>Big Brothers Big Sisters. Greater Cincinnati</p>	<p>2400 Reading Rd, Cincinnati, OH 45202 (513) 421-4120</p>	<ul style="list-style-type: none"> • Could your little one use a Big? It all starts with the right role models. And Big Brothers Big Sisters is the place to start a relationship with one. For over 100 years we've been able to recruit, screen, match and support mentoring relationships that have changed the lives of hundreds of thousands of young people across the country- one Little at a time. • A student for Big Brothers Big Sisters found that kids matched with a Big Brother or Big Sister: are more confident, are more likely to steer clear of drugs and alcohol, do better in school, get along better with their family and friends, feel better about themselves.
<p>Talbert House</p>	<p>2600 Victory Parkway (513) 751-7747 (513) 221-HELP (4357)</p>	<p>Childreach</p> <ul style="list-style-type: none"> • Childreach provides early childhood mental health prevention, consultation and training services. The program works with the family and the childcare provider to enhance the social, emotional development of young children 0-5 years-old, attending an early childhood or home-based childcare center. <p>Comprehensive Case Management Employment Program</p> <ul style="list-style-type: none"> • Serves individuals 14-24 years old who are within 200% of the federal poverty level. Services include case management, referrals and barrier removal in order to move clients forward on an education or career pathway. Talbert House is the lead agency with

		<p>collaborative partners; Greater Cincinnati Urban League, Cincinnati-Hamilton County Community Action Agency and Easterseals.</p> <p>Community Outreach Prevention & Education</p> <ul style="list-style-type: none"> • Offers school and community based prevention services on topics including coping skills, anger and conflict management, behavioral problems, child abuse and neglect, depression, drug-free lifestyles, family violence, grief/loss, relationships, mental health education, parenting skills, stress, suicide, and substance use. <p>Fatherhood Project</p> <ul style="list-style-type: none"> • This program assists men in their efforts to become responsible, committed and nurturing fathers. Fatherhood Project helps dads strengthen their connection and involvement in the lives of their children by providing classes, co-parenting and individual coaching, and fellowship support meetings. Additional services include legal, employment and housing assistance. <p>Hamilton County Youth Employment</p> <ul style="list-style-type: none"> • Now a year-round program, Hamilton County Youth Employment provides subsidized employment to eligible Hamilton County youth, while providing opportunities for career exploration, professional development and credentialing. • Funding is provided by the Hamilton County Job & Family Services and targets Hamilton County residents, ages 14-18, still in high school who meet income eligibility requirements. • The types of jobs available in the Hamilton County Employment Program include: Supply chain, Construction, Media, and Coding. <p>Adult and Youth Case Management</p> <ul style="list-style-type: none"> • Case management services are provided to youth and adults with behavioral health issues including mental health and addiction. Services include symptom monitoring and assistance with benefit applications, housing, medication, budgeting, vocational and other specialty services.
--	--	--

		<p>Adult and Youth Outpatient</p> <ul style="list-style-type: none"> • Outpatient services are provided to youth, adolescents and adults with behavioral health issues including mental health and addiction. Specialty services are offered to youth impacted by sexual/physical abuse and other types of trauma and also for youth with fire setting behaviors. Summer day camp allows staff to engage youth outside of school and includes treatment groups, social recreation and positive peer support. • These mental health and substance use counseling and case management sessions are held in home, office, school, community and residential settings throughout Hamilton, Brown, Butler, Clinton and Warren counties. <p>Camp Possible</p> <ul style="list-style-type: none"> • Camp Possible is a therapeutic summer camp for children ages 6-12 who struggle with behavioral/mental health issues. Campers attend during their summer break. They participate in traditional and non-traditional group therapy sessions which provide opportunities to practice new skills in pro-social camp activities. Each week a new character trait will be presented with opportunities to build skills around the trait. At Camp Possible children practice skills such as anger management, self-esteem, peer relations, taking direction, interacting with adults and more. Trained clinical staff take children into the community to practice in real-life settings that are safe and kid-friendly. <p>Girls Residential Treatment</p> <ul style="list-style-type: none"> • Residential care for female youth ages 12-17 who have emotional or behavioral difficulties. Services include assessment, individual, group and family counseling, case management, medication management, primary care, life skills development, self-help recovery groups, parenting education and relapse prevention to address mental/behavioral health, substance use, criminality, family
--	--	--

		<p>functioning, victimization, grief, and abuse. Treatment is provided in a trauma-informed environment with a graduated step down from residential into an outpatient level of care including home based services to keep youth engaged in their treatment and successful in the community. Psychiatrists and Nurse Practitioners are on staff to reduce and manage symptoms and treat physical health needs.</p> <p>Juvenile Fire Setters Program</p> <ul style="list-style-type: none"> • The Juvenile Fire Setters program focuses on each child and family and their specific mental health needs to determine the cause of the fire setting and create a positive plan of action to decrease the behaviors with a goal to eliminate it entirely. <p>Safeguards Against Abuse</p> <ul style="list-style-type: none"> • Safeguards is a comprehensive treatment program serving children, adolescents and adults who are victims of trauma or abuse, as well as those with documented sexual behavioral problems and their families. Based on their needs, clients and their families meet with licensed staff individually and/or in group settings to recover from the pain of abuse and trauma. <p>School-Based Services</p> <ul style="list-style-type: none"> • Family Peer Support: support for families with children and youth experiencing behavioral difficulties or who can benefit from support in accessing/managing services and resources. • School Based Behavioral Health Services: prevention, consultation, education, social recreation, assessment, case management, treatment and pharmacological management services related to a student's behavioral issues are provided in the school, community and home. • TIP Program: The Therapy Interagency Preschool Program (TIP) in collaboration with Head Start at Grant Early Learning Center, serves low income children and their families to facilitate school readiness.
--	--	--

		<ul style="list-style-type: none"> • Union Day Therapeutic Day School: A program for students 1st through 12th grade experiencing serious emotional and/or behavioral challenges that impact learning. Therapeutic interventions are integrated into educational programming to assist academic achievement. • Wraparound: Coordination, resource development and management for children, youth and their families who have complex needs in the least restrictive environment.
Beechacres Parenting Center	<ul style="list-style-type: none"> • 615 Elsinore Place Suite 500 Cincinnati, OH 45202 • 3325 Glenmore Avenue • 767 Columbus Avenue Suite 2, Lebanon, Ohio 45036 <p>(513) 231-6630</p>	<p>With All Families</p> <ul style="list-style-type: none"> • Foster Care & Adoption: For individuals willing to open their home to our most vulnerable children, the BAPC team has been supporting foster families for 40 years. • Kinship Connections: For a grandparent, aunt, uncle or even a close friend taking care of a loved one's child full time, this support network offers both individual resource navigation and group meetings. • Parent Enrichment Program: For parents fulfilling a referral from Hamilton County Job & Family Services, this is a non-judgmental, goal driven parent and child focused program. <p>In Schools</p> <ul style="list-style-type: none"> • Beyond the Classroom: Partnering with over 25 schools in Greater Cincinnati, our unique model drives to improve behavioral wellness and enhance a student's readiness to learn. • The Character Effect: A flexible, personalized social & emotional learning program that enhances the emotional IQ and improves the well-being of teachers and students alike. <p>In Pediatric Offices</p> <ul style="list-style-type: none"> • Parent Connex: As part of the pediatric care team, Parenting Specialists are available to provide a clear next step in a parent's journey; allowing pediatricians to focus on physical health.

Central Clinic	300 N Fair Ave, Hamilton, OH 45011 (513) 558-5840 Mental Health Access Point 24/7 Live Line: (513) 558-8888	<ul style="list-style-type: none"> • Mission: To provide choices and options through a compassionate approach to behavioral health services that results in lasting recovery and resiliency for children, families, and adults. • Offers the following services: 24/7 Support, Addiction & Recovery, Children & Families, Mental Health Services, Culturally Responsive Services, LGBTQ+, Forensic Evaluation, and Specialty Services
The Children's Home	5050 Madison Road (513) 272-2800	<ul style="list-style-type: none"> • Services offered: Heidt Center of Excellence/Autism Services, Behavioral Health, Culinary & Nutrition, Early Childhood Programs, Education, Olympus Center/Psychoeducational Testing, Randal S. Bloch Family Visitation Center, Levine Family Health Center, Parent Services, Professional Training, Summer Camps
Lighthouse Youth & Family Services- Mecum House	2522 Highland Avenue (513) 569-9500	<ul style="list-style-type: none"> • Lighthouse offers free, confidential help and safe shelter when youth have nowhere else to turn. • At Mecum House, there is always someone to listen and offer support. All youth are welcome and affirmed and treated with the same care and concern. • Doors are always open. • Provides safety and care for young people who don't feel safe in their own homes. • The Mecum House provides a safe haven for youth ages 10-17 who are physically or sexually abused, neglected, or for some other reason believe they can't safely be in their own homes. It's a place filled with caring and educated staff members who work hard to make kids feel safe, comfortable and at home right away. No youth is ever turned away.
National Runaway Safeline	1-800-RUNAWAY (1-800-786-2929)	<ul style="list-style-type: none"> • The team at the National Runaway Safeline is here for you, offering a range of support services 24/7. If you are thinking of running from home, if you have a friend who has runaway, or if you are a runaway ready to go home, call the hotline to speak with a trained NRS staff member or volunteer who will listen and support you.

National Suicide Prevention Lifeline	1-800-273-8255 Call/SMS - 988	<ul style="list-style-type: none"> We can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.
Catholic Charities Southwestern Ohio	7162 Reading Rd Suite 600, Cincinnati, OH 45237 (513) 241-7745	<p>Family Development Series</p> <ul style="list-style-type: none"> Early Childhood Mental Health Consultation: In today's society, an increasing number of toddlers and pre-school children are developing behavior problems. Child care providers often lack adequate training and support to deal with these issues. Catholic Charities' Family Development Services has developed a comprehensive and innovative program in Butler County to train and provide consulting to providers of care for children from birth to 6 years of age, including their families. The consultation services focused on social-emotional growth and development of young children, family and community relations, assessment and intervention for young children, and professional development for child care providers. Parent Education Classes: Catholic Charities' Family Development Services offers Parenting Education Classes that teach at-risk parents how to be effective parents. Over six weeks, parents increase their knowledge of child development, develop appropriate discipline skills, and otherwise improve the relationship with their children. The classes empower parents to foster growth in their children so they thrive and achieve success in school and life. Classes are offered to all parents regardless of faith. Classes are taught by experienced instructors who are parents themselves and the cost is \$80. The Parent Project: Catholic Charities' Family Development Services facilitates the Parent Project, which uses evidence-informed social-emotional learning strategies to address behavioral and mental health issues in children and teens, and to provide strategies for

		<p>parents to foster positive connections with them. The Parent Project is the largest juvenile intervention program in the U.S. proven to reduce juvenile crime and increase both school attendance and performance among adolescents. Catholic Charities provides the Parent Project, Loving Solutions and WhyTry at three communities in Butler County. Over ten weeks, parents learn to address destructive behaviors and provide emotional and practical support for their children. Loving Solutions is adapted to the needs of children ages 5-11, and WhyTry is designed for teens ages 11-17 to decrease expulsion and rule-breaking behaviors, improve mental health and overall academic behavior.</p>
<p>United Way of Greater Cincinnati</p>	<p>2400 Reading Road Main/General Inquiries: (513) 762-7100 Get Help: Dial 211 or (513) 721-7900 Live.United@uwgc.org</p>	<p>Success By 6</p> <ul style="list-style-type: none"> • United Way of Greater Cincinnati's Success By 6 aims to ensure that all children ages 0-6 are healthy and ready to succeed by the time they start kindergarten. <p>Stable Families</p> <ul style="list-style-type: none"> • The Stable Families program works with community partners to identify families who are at risk of losing their homes. Through short-term intervention, families can address critical bills and opportunities.

BIRTH CONTROL

<p>Life Forward Cincinnati</p>	<p>Clifton: 2415 Auburn Ave Loveland: 11020 S Lebanon Rd Springdale: 11345 Century Circle West Text or Call: (513) 961-7777</p>	<p>Services include the following: Consultation on Options, Pregnancy Testing, Ultrasounds, Referrals to Community Services, Education, Support</p>
<p>Women's Center of Ohio</p>	<p>Forest Park: 1230 W Kemper Rd Mt. Healthy: 8146 Hamilton Ave</p>	<p>Free confidential consultation including pregnancy test and/or options consultation. If you test positive for pregnancy, a no-cost ultrasound may be performed or scheduled. Limitations apply.</p>

	<p>To learn more about our services and schedule an appointment, text (937) 228-2222 info@womenscenterohio.com</p>	
<p>Healthy Moms & Babes</p>	<p>2270 Banning Rd. 3143 Queen City Ave, Cincinnati, OH 45238 Office: (513) 591-5600 Van: (513) 804-7205</p>	<p>Services offered:</p> <ul style="list-style-type: none"> • Confidential home-based education and support at no cost to you • Help Me Grow Program: an evidence-based program that promotes healthy growth and development for babies and young children. Our staff take a compassionate approach to empower mothers or new parents with the skills, tools, and confidence to nurture the healthy growth of their children. • Moms & Babies First Program: culturally specific for expectant African American mothers. The goal of this program is to provide family-centered support and eliminate health and racial disparities through risk assessment. Our staff assist clients with accessing support services and education. • Services offered by home visitors include: Home education and support during pregnancy, as well as through the child's first 2-3 years of life, Assistance in obtaining medical care and medical insurance, Assistance with social services, mental health services, mentoring and support; Developmental screenings and fun learning activities, Transportation assistance for doctor and social service appointments, Support in achieving goals toward

		<p>self-sufficiency, such as finishing high school and employment.</p> <p>*Home Visiting Services are available to all pregnant women and first time parents with a child up to age 6 months. Other criteria may apply. The foundation for our services is based on a relationship of mutual trust and support. Home Visits are offered throughout Hamilton County.</p> <ul style="list-style-type: none"> • Van Outreach Program: All individuals who access the van are served. We offer a variety of health services for free, no appointment necessary, no insurance required! Services are completely confidential. We provide services to anyone in the communities, women as well as men. Services provided due to COVID-19: Doctor Referrals, Assistance with insurance and social services, Home visiting referrals, Women's Health Information, Support before, during and after pregnancy, Health Education (prenatal, postnatal, nutrition and more) <p>Van calendar can be found at: https://www.healthymomsandbabes.org/van-2/</p> <ul style="list-style-type: none"> • Prenatal Services <p>If you are expecting a baby you can visit our mobile van for our Prenatal Program. There, you can learn more about: Having a healthy pregnancy/Nutrition, Preventing pre-term labor and fetal development, Advantages of breastfeeding, Birth planning/Labor & Delivery, Delivery information.</p>
--	--	--

		Once enrolled in the Van Program from Healthy Moms & Babes, you and your newborn will receive a free: certificate, layette, and handmade quilt or blanket. We can also offer a picture of you and your baby in a frame.
Winmed	5275 Winneste Ave Cincinnati, OH 45232 (513) 242-1033	<p>*English, Spanish, and additional translation services available upon request.</p> <ul style="list-style-type: none"> • The following services are offered: Abortion Referrals, Birth Control, HIV Services, LGBTQ Services, Men's Health Care, Morning-After Pill (Emergency Contraception), Pregnancy Testing & Services, STD Testing, Treatment & Vaccines, Women's Health Care • For more information, appointments, pricing, and insurance, please visit: https://www.plannedparenthood.org/health-center/ohio/cincinnati/45219/mt-auburn-health-center-3346-91260 • https://www.plannedparenthood.org/health-center/ohio/cincinnati/45219/cincinnati-surgical-center-3347-91260

BLIND

Bureau of Services for the Visually Impaired	2045 Gilbert Ave, Cincinnati, OH 45202 (513) 221-8558	<ul style="list-style-type: none"> • Mission & Purpose: Opportunities for Ohioans with Disabilities partners with individuals with disabilities to achieve quality employment, independence and disability determination outcomes.
---	--	---

		<ul style="list-style-type: none"> • Services: Basic services may include vocational counseling and guidance, work adjustment, vocational training, job development, and on-the-job supports. Some affiliate programs are: Community Centers for the Deaf, Independent Living Older Blind, and the Business Enterprise Program. • Eligibility: based on three factors: (1) whether a person has a physical or mental ailment which constitutes or results in a substantial impediment to employment, (2) if a person can benefit from services in terms of an employment outcomes, and (3) if a person requires vocational rehabilitation services to prepare for, secure, retain, or regain employment.
<p>Cincinnati Association for the Blind and Visually Impaired (CABVI)</p>	<p>2045 Gilbert Ave, Cincinnati, OH 45202 (513) 221-8558 info@cincyblind.org</p>	<ul style="list-style-type: none"> • Vision Services: CABVI provides a variety of vision services created to serve both adults and children. • Audio Information Services: We offer access to the printed word through reading services, radio broadcasts, online streaming platforms, and more. • Physician Referral: Refer a patient for our services. • CABVI provides services to individuals who have low vision and other visual impairments hindering vision. • The costs of services vary by service type; however, CABVI provides services to individuals regardless of their ability to pay. • CABVI services are provided at our Gilbert Avenue facility as well as private residences, assistive living facilities, schools and other areas in the community.

BLOOD

Hoxworth Blood Center (Tri-County)	11812 Springfield Pike, Cincinnati, OH 45246 (513) 451-0910	<ul style="list-style-type: none"> • Schedule a blood donation
---	--	---

CANCER

American Cancer Society (Hamilton Co.)	4540 Cooper Rd, Cincinnati, OH 45242 (800) 227-2345 Cancer Helpline: 800-227-2345	<ul style="list-style-type: none"> • The American Cancer Society offers many local programs and services to help you during and after cancer treatment. • Road to Recovery: Depending on your individual needs and what's available in your area, we may be able to coordinate a ride with an American Cancer Society volunteer driver. • Patient Lodging: The American Cancer Society has a place where cancer patients and their caregivers can find help and hope when home is far away- an American Cancer Society Hope Lodge. Each Hope Lodge offers cancer patients 18 and older and their caregivers a free place to stay when their best hope for effective treatment may be in another city. • Reach to Recovery: For more than 50 years, the American Cancer Society Reach to Recovery program has been helping people cope with their breast cancer experience- as early as the first possibility of a diagnosis and continuing for as long as breast cancer remains a personal concern to them. Through our website and mobile app, you
---	---	---

		<p>can create an online profile and match with a volunteer who has experienced a similar type of breast cancer, stage, and treatment. You can also choose how you want to connect with a volunteer-through online chat, a phone call, or exchanging messages. To join Reach To Recovery and create a profile, please visit us at reach.cancer.org or download the mobile Reach To Recovery app.</p>
<p>Cancer Family Care</p>	<p>Central Office 4790 Red Bank Expressway Suite 128 (513) 731-3346</p> <p>Eastern Area Office 601 Ivy Gateway Suite 1200 (513) 782-9070</p> <p>Edgewood office St. Elizabeth Hospital – Edgewood 1 Medical Village Drive Cancer Center, Integrative Oncology Ste. 117 Edgewood, KY 41017</p> <p>West Chester Office 7675 Wellness Way Suite 104 (513) 298-7794</p>	<ul style="list-style-type: none"> • Cancer Family Care is a nonprofit organization that helps children and adults cope with the effects of a cancer diagnosis in the family. We are known throughout the Greater Cincinnati region as a force of compassion and strength in the face of cancer-related illness and loss. • For more than 40 years, we have provided therapeutic counseling, education, support, and hope to all people touched by cancer. Additional services include free wigs, therapeutic massage and Healing Touch sessions for cancer patients and at reduced rates to caregivers. Our programs are available at six area offices, and to ensure continuity of care, our social workers and counselors are glad to make house calls, when necessary. CFC is a United Way partner agency and is accredited by the Better Business Bureau.

CHILD AND ELDER ABUSE

Hamilton County Job and Family Services	222 E Central Pkwy, Cincinnati, OH 45202 (513) 946-1000 24 hour hotline: 513-241-5437 (KIDS)	<ul style="list-style-type: none"> • Anyone, including professionals, are encouraged to call this hotline if they believe a child under the age of 18 is being abused or neglected. • Signs of abuse may vary and can be looked at on Hamilton County Job and Family Services' Website • If you are concerned – make a call.
YWCA Greater Cincinnati	898 Walnut Street (513) 241-7090 24-Hour crisis hotline Dove House Shelter: 1-800-618-6523	<ul style="list-style-type: none"> • Margaret's Place – a place where youth can receive free counseling and get help regarding domestic violence that they or others they know might be experiencing. • Dove House Shelter – Butler County's protective shelter for victims of domestic violence. Services include: <ul style="list-style-type: none"> ○ 24 Hour staffed shelter ○ Child Advocacy ○ Complete confidentiality ○ Support and educational groups • SafeCare – a curriculum for parents of children ages 0-5 that have been reported for child neglect or abuse. The team is co-located at Hamilton County Job and Family Services. This program helps provide skills to parents and create a home free from abuse and neglect.

CLOTHING

The Healing Center Inc	11345 Century Cir W Cincinnati, OH 45246 (513) 346-4080	<ul style="list-style-type: none"> • The clothing store at the Healing Center named "The Wearhouse" provides more than four hundred families each week the opportunity to select clothing items.
Tri County S.O.U.L Ministries	11177 Springfield Pike Cincinnati, OH 45246 (513) 772-2277	<ul style="list-style-type: none"> • This outreach ministry is open to people in need of clothing, toiletries, paper products, and school supplies.

Goodwill Industries	10600 Springfield Pike Cincinnati, OH 45215 513-771-4800	<ul style="list-style-type: none"> • An environmentally friendly thrift store that builds community.
St. Vincent de Paul	1125 Bank St. Cincinnati, OH 45214 (513) 562-8841	<ul style="list-style-type: none"> • A community based thrift store, the provides low cost clothing to the consumer.
Princeton Closet	11786 Highway Drive Sharonville, OH 45241 (513) 518-6991	<ul style="list-style-type: none"> • Provides school age children with the proper necessities such as, clothes, shoes, school supplies ect.
Bread of Life- Landmark Church	1600 Glendale-Milford Rd. (513) 326-4174 breadoflife@landmarkcincinnati.com	<ul style="list-style-type: none"> • If you or someone you know needs assistance with clothing, please contact the church office

CONTINUING EDUCATION

Urban League of Greater Southwestern Ohio	3458 Reading Rd, Cincinnati, OH 45229 (513) 281-9955	<ul style="list-style-type: none"> • Providing supportive educational opportunities that are developed to address the specific social and cultural needs of African American youth. • The National Urban League believes in filling in the gap of resources for students and educators.
Great Oaks	110 Great Oaks Drive (at 3245 East Kemper Road) (513) 771-8840 https://www.greatoaks.com	<ul style="list-style-type: none"> • Great Oaks offers numerous opportunities for those who are looking to further their education/career. • The goal at Great Oaks is to have adult enrollees succeed in career training and become employed within a year of enrolling.

CRIME

Springdale Police Department	12105 Lawnview Ave Emergency: 911	<ul style="list-style-type: none"> • Neighborhood Crime Watch Program – a group dedicated to making the neighborhood safer by working together with the police department to reduce crime and improve quality of life.
-------------------------------------	--------------------------------------	---

	Non-emergency: (513) 346-5760	Contact Officer Keenan Riordan at 513-346-5530 or kriordan@springdale.org for more information. <ul style="list-style-type: none"> • Neighborhood Watch Meetings are conducted every month on the 2nd Tuesday of the month at 7pm at the Springdale Police Station. All are encouraged to attend.
Hamilton County Sheriff's Department	1000 Sycamore Street Emergency: 911 Community Affairs Helpline: 513-946-6565 Main office: 513-946-6400	<ul style="list-style-type: none"> • Call or text a tip any day or night: (513) 586 -5533. Tips can also be filled out on the Hamilton County Sheriff website under 'Services' and 'Submit a Tip'.
Crime Stoppers USA	Hotline: 1-800-222-TIPS (8477)	<ul style="list-style-type: none"> • Citizen-led organization against crime. Anonymous tips are received through secure tip lines.

DENTAL CARE

First Impressions Dentistry	315 W. Kemper Rd	513-772-8840
Aspen Dental	6218 Glenway Ave	513-642-0002 aspental.com
Kemper Pond Dental	1335 E. Kemper Rd	513-531-4069
Springdale Dental Care	11319 Springfield Pike	513-873-8917
Smiles 4 Kids Pediatric Dentistry	11350 Springfield Pike	513-771-5231
Dr. Todd E. Williams, DDS	11325 Springfield Pike	513-772-9100
Illuminate Family and Cosmetic Dentistry	11333 Springfield Pike	(513) 577-4060 illuminatedentistry.com
Springdale Dental Arts Center	426 Ray Norrish Dr.	513-742-8484

Lincoln Heights Dental Center	1401 Steffen Ave.	English: 513-588-3623 Espanol: 513-483-3068
Mt. Healthy Dental Center	1411 Compton Rd.	513-588-3623
Cincinnati Children's Hospital- Division of Pediatric Dentistry and Orthodontics	3050 Mack Rd	513-636-4641
Dr. Mark Onady, DDS	333 W. Kemper Rd	513-771-5084
UC Blue Ash College of Dental Hygiene	9555 Plainfield Rd	513-558-9495

DISASTER RELIEF

Hamilton County Emergency Management and Homeland Security Agency	2000 Radcliff Drive (513) 263-8200	<ul style="list-style-type: none"> • To serve and protect the public by preparing for the unprepared. Coordinate and administer countywide all-hazards emergency management and disaster preparedness functions for Hamilton County and its political subdivisions. • Sign up for Alert HC on their website to receive texts, emails, and/or phone calls regarding national weather service announcements, critical safety and emergency information, and municipal messages from Hamilton County.
American Red Cross	2111 Dana Ave (513) 579-3000	<ul style="list-style-type: none"> • The American Red Cross is made up almost entirely of volunteers. During times of crisis they provide shelter, meals, emergency supplies, and health services.

		<ul style="list-style-type: none"> The Red Cross also has a number of training opportunities available through their website. These are lifesaving certifications, such as first aid and CPR.
Salvation Army		<ul style="list-style-type: none"> The Salvation Army provides emergency preparedness, immediate emergency response, emotional and spiritual care, and long-term recovery. The Salvation Army also provides many services beyond disaster relief, with a deep commitment to serving the community without boundaries or discrimination.

DISCRIMINATION

American Civil Liberties Union of Ohio (ACLU)	<ul style="list-style-type: none"> Columbus Office 1108 City Park Ave., Suite 203 Columbus, OH 43206 Cleveland Office Max Wohl Civil Liberties Center 4506 Chester Avenue Cleveland, OH 44103 <p>(614) 586-1958 contact@acluohio.org</p>	<ul style="list-style-type: none"> Work on court battles, supreme court cases, federal advocacy, rights, and publications and reports regarding the following issues: capital punishment, criminal law reform, disability rights, free speech, HIV, human rights, immigrants' rights, juvenile justice, racial justice, LGBTQ rights, national security, prisoners' rights, privacy & technology, religious liberty, reproductive freedom, smart justice, voting rights, women's rights
U.S. Equal Employment Opportunity Commission	131 M Street, NE Washington, DC 20507 1-800-669-4000 info@eeoc.gov	<ul style="list-style-type: none"> Responsible for enforcing federal laws that make it illegal to discriminate against a job applicant or an employee because of the person's race, color, religion, sex (including pregnancy, transgender status, and sexual orientation), national origin, age (40 or older), disability or genetic information

Housing Opportunities Made Equal (HOME)	2400 Reading Rd, Suite 118 (513) 721-4663	<ul style="list-style-type: none"> • HOME offers a variety of services to help eliminate illegal housing discrimination, prevent homelessness, and educate tenants and landlords about their fair housing rights and responsibilities • HOME's services are free of charge • Offers services in Spanish
--	--	--

DOMESTIC VIOLENCE

Dove House Shelter, YWCA-Hamilton	1570 Grand Blvd, Hamilton, OH 45011 (513) 856-9800 24 Hour Crisis Line: 800-799-7233	<p>Dove House is Butler County's protective shelter for victims of domestic violence. Services include:</p> <ul style="list-style-type: none"> • 24-hour staffed shelter • Child Advocacy • Complete confidentiality • Support and educational groups <p>If you live in fear and spend your days trying to avoid tension and the prospect of another argument or fight, you are not alone! Please don't spend another day in fear. Dove House provides a 24 hour crisis line and someone is waiting to talk to you, with information for resources available in the community as well as providing shelter for you and your children.</p> <p>For over 40 years, Dove House has been working to restore dignity and hope to those whose lives have been marred by domestic violence, one of the most pervasive threats to safety and well-being both nationally and locally. Dove House operates the only domestic violence shelter in Butler County, Ohio. In addition, Dove House provides a 24-hour crisis hotline,</p>
--	--	---

		<p>advocacy for victims, training to increase self-sufficiency, and a survivors' support group. Dove House provides educational and outreach programs to both educate the community about the cycle of domestic violence and to give victims the support and courage to seek help.</p>
<p>Women Helping Women</p>	<p>Donald P. Kiekamp COMMUNITY LAW CENTER BUILDING, 215 E 9th St #7, Cincinnati, OH 45202 24-Hour Hotline: (513) 381-5610</p>	<ul style="list-style-type: none"> • Expertly trained advocates answer Hotline Calls 24 hours a day, seven days a week, 365 days a year to provide critical crisis intervention to dating violence, domestic violence, sexual assault and stalking survivors as well as to family members and friends. Advocates also provide referrals to appropriate community services. For immediate assistance, call our 24-Hour Hotline. This number can also be texted. Language Line interpretation services are also available at no charge for non-English speaking callers. • Other services offered include: 24-Hour Hospital Accompaniment, Court and Law Enforcement Advocacy, Individual Crisis Intervention, Support Groups, Individual Therapy, School-Based Prevention and Education, Community Education, Corporate and Professional Training, Campus-Based Advocacy, and WorkStrong Together

EATING DISORDERS

<p>Eating Recovery Center</p>	<p>3805 Edwards Rd Ste 400 Cincinnati, OH 45209 (513) 808-9220 Appointments: eatingrecoverycenter.com</p>	<ul style="list-style-type: none"> • Offers both remote and in-person outpatient support treatment options.
--------------------------------------	---	--

		<ul style="list-style-type: none"> • Their licensed team members use an evidence based curriculum to treat eating disorders in children, teen, and adults. They also have a tele behavioral health ethics and service delivery that provides effective, ethical treatment and group collaboration in a virtual setting.
Linder Center of HOPE	4075 Old Western Row Rd. Mason, OH 45040 (513) 536-4673 https://lindnercenterofhope.org/	<ul style="list-style-type: none"> • Offers eating disorder treatment combined with psychiatric management, psychotherapy, nutritional services, and family engagement throughout the entire process.

EDUCATION & MENTORING

Healing Center	11345 Century Circle W. (513) 346-4080 info@healingcentercincinnati.org	<ul style="list-style-type: none"> • 15+ free classes or coaching opportunities that meet at various days and times, both online and in person • Classes result in better financial responsibility, an increase in earning potential, computer skills, and more
-----------------------	---	---

EMERGENCY ASSISTANCE – GENERAL

Catholic Social Services	7162 Reading Rd Suite 600 Cincinnati, OH 45237	<ul style="list-style-type: none"> • Provides various family oriented services to help the family dynamic succeed.
---------------------------------	---	---

	(513) 241-7745	
Hamilton County Job & Family Services	222 E Central Pkwy Cincinnati, OH 45202 (513) 946-1000	<ul style="list-style-type: none"> Offers several different assistance programs, such as child support, food assistance, medical assistance, childcare, cash assistance, child protection, workforce development, and elder protection.
Healing Center	11345 Century Cir W, Cincinnati, OH 45246. (513) 346-4080 info@healingcentercincinnati.org	<ul style="list-style-type: none"> Offers a variety of services including education, healthcare, food assistance, spiritual care, and financial assistance.
Ohio Department of Job and Family Services	(614) 466-4815	<ul style="list-style-type: none"> Provides services to the whole state of Ohio: jobs, child support, food assistance, and cash assistance.

EMPLOYMENT

Hamilton County Job & Family Services	222 E Central Pkwy Cincinnati, OH 45202 (513) 946-1000	<ul style="list-style-type: none"> Offers several different assistance programs, such as child support, food assistance, medical assistance, childcare, cash assistance, child protection, workforce development, and elder protection.
Healing Center	11345 Century Cir W, Cincinnati, OH 45246. (513) 346-4080 info@healingcentercincinnati.org	<ul style="list-style-type: none"> Offers a variety of services including education, healthcare, food assistance, spiritual care, and financial assistance.
Jobs Plus (Ex-Offenders)	1211 York Street Cincinnati, OH 45214 (513) 241-1800	<ul style="list-style-type: none"> Evaluates each person's skills, work history and goals in order to place them into one of the two unique job readiness programs. They work closely with the clients to help them in their job search and during the interviewing process.

Ohio Department of Job and Family Services	(614) 466-4815	<ul style="list-style-type: none"> • Provides services to the whole state of Ohio: jobs, child support, food assistance, and cash assistance.
---	----------------	--

FINANCIAL

513Relief	513Relief.org	<ul style="list-style-type: none"> • Get assistance for up to 12 months past-due rent/utilities and 3 months assistance for future rent/utilities
Hamilton County Job & Family Services	222 E. Central Parkway (513) 946-1000 hamiltoncountypublicassistance@jfs.ohio.gov	<ul style="list-style-type: none"> • Ohio Works First (cash assistance) is temporary assistance available to families to help pay for immediate needs while the adults of the family prepare and search for jobs • Ohio Works First is a work program. Families receive assistance by spending a minimum of 20-35 hours per week working, in school, or in some cases, volunteering at a location that will help them gain work experience for the future • Benefits are distributed through the EPPIcard, which can be used like a debit card, or through direct deposit into the individual's bank account • Families may be eligible for the program for up to 36 months, which may be non-consecutive
United Way of Greater Cincinnati	2400 Reading Rd, Cincinnati, OH 45202Main/General Inquiries: (513) 762-7100 Live.United@uwgc.org	<p>Free Tax Prep</p> <ul style="list-style-type: none"> • Provides free income tax preparation and filing services. The program is funded by the IRS and powered by numerous volunteers. <p>Project Lift</p> <ul style="list-style-type: none"> • Project lift partners with sponsor agencies that families know and trust to provide a flexible,

		tailored, family-drive approach on their path to financial stability.
Financial Consumer Credit Counseling of Greater Cincinnati	4556 Montgomery Road Cincinnati, OH 45212 (513) 366-4500	<ul style="list-style-type: none"> • Provides professional credit counseling to educate the consumer of how to effectively manage their credit.

FITNESS SERVICES

Springdale Community Center	11999 Lawnview Ave (513) 346-3910	<ul style="list-style-type: none"> • Open Monday-Friday from 9am-9pm, Saturday from 9am-5pm, open Sunday from 12pm-5pm; closed for major holidays • Fitness Center and Track open at 6am Monday-Friday • Guest Policy: Members may bring one guest per day. Members must register guests at the front desk and pay the necessary \$3 guest fee. There are no refunds. Persons in the 7th grade and above utilizing indoor facilities may be requested to present a photo ID (school ID acceptable) to be admitted as a guest. Any guest registered with a member must stay with that member while utilizing the facility, and leave when that member leaves. Guests are not permitted in the Fitness Center. Staff may limit guest privileges during peak times. Additionally, the staff reserves the right to deviate from this policy. • Unattended Child Policy: "Members and guests age 7 and under must be accompanied by someone age 16 or older while using the facility" • General Rules:
------------------------------------	--------------------------------------	--

		<ul style="list-style-type: none">-A membership card must be presented to utilize the facilities. A fee of \$1.00 per occurrence will be charged if you forget your membership card.-To replace or change a card, the fee will be \$2.50.-All special arrangements including parties, meetings, reservations for rooms or fields must be approved through the Parks & Recreation Department.-The Community Center is a smoke-free building.-Bicycles should not be ridden on sidewalks and should be locked in designated areas.-Courteous and respectful behavior is expected at all times. Abusive language will not be tolerated.-Proper attire is required to use the Fitness Center, gym, racquetball courts and sauna.-Spikes (steel, plastic, or rubber), roller blades, skates, and scooters are not permitted in the building. Heelys may not be used in the building.-Alcohol consumption is restricted to the picnic area and requires a permit from the Parks & Recreation Department prior to your event.-Pets are permitted in the parks, with the following conditions: pets must be leashed; waste must be picked up and properly disposed of; pets may not be on any athletic field.-Skateboard riding on Community Center grounds is prohibited.-Pursuant to the Ohio Revised Code, no person shall knowingly possess, have under the person's control, convey, or attempt to convey a deadly
--	--	--

		<p>weapon or dangerous ordnance into the Community Center or exterior buildings.</p> <ul style="list-style-type: none">-Motorized vehicles are prohibited on maintenance roadways and turf.-Amplified music and radios in public areas of the Community Center are prohibited.-Children age seven (7) years old and younger must be accompanied by, and under the supervision of, someone 16 years old or older.-All parks close at dark.-When enjoying any of the City of Springdale Parks, please leave your golf clubs and glass bottles at home.-Members & guests who are in violation of these rules are subject to disciplinary action, up to and including suspension from the facilities. <ul style="list-style-type: none">• Community Center Grounds include: Tennis, Basketball & Sand Volleyball Courts, Walking Path, Picnic Area, Playground, Horseshoe Pits• Fitness Center features: treadmills, EFX elliptical trainers, recumbent, upright, AirDyne, and spin bikes, NuStep, arc trainers, stair Climber, Nautilus 2ST- variable resistance strength training equipment, assisted chin-up/dip, smith machine, cable crossover, free weights- dumbbells, barbells, benches, preacher curl, TheraCrunch- abdominal machine, medicine and stability balls, Bosu Ball,
--	--	--

		<p>vertical knee raise, TRX, Body Composition Testing</p> <ul style="list-style-type: none"> • Indoor Amenities: <ul style="list-style-type: none"> — 3 full-size basketball courts — Family & adult game rooms — Fitness Center — 2 racquetball/wallyball courts — Computer lab — 7 meeting rooms — Outdoor pool — Indoor track — Studio — Batting & golf cages — Locker rooms with saunas <p>Basketball courts, batting cage and golf cage, computer resource library, adult game room, family game room, racquetball & wallyball courts</p> <ul style="list-style-type: none"> • Memberships: <p>Annual Rates: you must be registered with the Tax Department to be eligible for a resident membership.</p> <p>-Activity- Individual: \$20/Family: \$30 Includes use of the gymnasium, game room, track, tennis courts, computer lab, and eligibility for youth and adult sports programs</p> <p>-Fitness- Individual: \$50/Family: \$70 Includes use of the Fitness Center and all facilities included in the Activity Membership. Must be 16 years of age or older to use Fitness</p>
--	--	---

		<p>Center, 14 and 15 years old with a parent.</p> <p>-Pool- Individual: \$75/Family: \$95</p> <p>-Senior Resident- Individual: \$20 Any resident senior citizen age 62+ receive a discounted Individual Pool Membership and access to the racquetball courts and senior lounge. Senior Resident Members who possessed a valid membership in 2008 receive free renewals until 2011</p> <p>-Business- Individual: \$85/Family: \$125 (6 month membership); Individual: \$150/Family: \$200 (12 month membership) Open to those who work a minimum of 20 hours per week in Springdale. Includes all facilities. Participation in youth or adult sports programs on availability basis only, as league regulations may apply. Employment will be verified prior to issuing a membership.</p> <p>-Non-Resident- Individual: \$160/Family: \$225 (6 month membership); Individual: \$300/Family: \$400 (12 month membership) Includes all facilities. Participation in youth or adult sports programs on availability basis only, as league regulations may apply.</p> <p>-Senior Non-Resident- Individual: \$20 Open to non-resident senior citizens 62 years</p>
--	--	--

		<p>of age and older. Includes use of the gymnasium, game rooms, track, tennis courts, computer lab, senior lounge, and participation in senior programs and activities.</p> <p>-Racquetball Add-On- Individual: \$15 / Family: \$25 An additional option to add-on to your Activity, Fitness or Pool Membership. Guests are welcome for an additional \$4 per rental.</p> <p>*The Term "Family" Shall Include</p> <ol style="list-style-type: none"> 1. Married couple or father, mother and minor (dependent) children. 2. Grandchildren when residing in the same household and considered a dependent. 3. Foster children or children subject to a specific custodial court order. 4. Foreign exchange student residing in Springdale with host family. 5. Minor children of divorced Springdale residents, regardless of where the children reside while they are in custody of the other parent. <p>The Term "Family" Shall NOT Include</p> <ol style="list-style-type: none"> 1. Non-married adults residing in the same residence (i.e., adult brothers and sisters, cohabiting couples, divorced spouses, adults living with their parents) 2. Babysitters 3. Visiting relatives
--	--	--

		<p>Other requirements:</p> <ol style="list-style-type: none"> 1. Anyone age 23 and older living at home must obtain a separate membership 2. Individuals age 19 and older must register with the Tax Department prior to obtaining a membership
<p>Powel Crosley, Jr. YMCA</p>	<p>9601 Winton Road (513) 521-7112</p>	<p>Amenities/Features include:</p> <ul style="list-style-type: none"> • Baby pool • Basketball court • Family locker rooms • Fitness center • Indoor pool • Kids club • Outdoor pool • Splash pad • Racquetball court • Sauna • Indoor water park • Cycling studio • On-site preschool • Outdoor pool with cold weather bubble • Small groups • Early learning • Preschool • Lap swim

FOOD

Healing Center	11345 Century Cir W, Cincinnati, OH 45246 (513) 346-4080 info@healingcentercincinnati.org	Food Pantry <ul style="list-style-type: none"> • Every other week as a guest your household is able to shop in The Marketplace during the regular serving hours of Wednesday, Thursday, Friday, and Saturday mornings of 9am-11am and Thursday evenings from 6:30pm-8pm • A wide variety of food items can be chosen from including fresh produce, dairy, meat selections, and pantry staples that are provided by the FreeStore Foodbank, individuals, groups, and retailers like Kroger, Target, and Costco
Tricounty S.O.U.L. Ministries	11177 Springfield Pike (building adjacent to Springdale Nazarene Church) (513) 772-2277 tricountysoul@yahoo.com	Food Pantry <ul style="list-style-type: none"> • Monday, Tuesday, Wednesday 9:30am-11am & 6pm-7:30pm; Friday 9:30am-11am; Last Saturday of each month (except Nov & Dec) 9:30am-11am • Stocked with food, household and cleaning items, toiletries, paper goods, and clothing items for those who qualify • Serve neighbors in Greenhills (zip code 45218), Springdale (zip code 45246), Forest Park (zip code 45240 except those served by Corpus Christi Food Pantry) and members of our sponsor church congregations • Choice food pantry: clients may shop one item per month • During the calendar year you may choose one month to shop for a second time. It is your choice how you spend your points. Points are determined by family size and qualification for current USDA rules. A volunteer is always present while shopping to assist you and keep track of your points. • New clients must show a picture ID on the first visit and show two current bills dated within the last month as proof of residency, such as an energy, water, phone bill, or rent

		<p>receipt. You also need proof of residency for other members of the family.</p> <ul style="list-style-type: none"> Continuing clients must provide one bill, no more than one month old. For school aged children, you must produce proof from the school (report card, progress report, or letter) on your second visit that the children live at your address. This is an annual requirement at the beginning of each school year. Others in your household must also show proof of residency once per year.
Hamilton County Job & Family Services	<p>222 E Central Pkwy, Cincinnati, OH 45202 (513) 946-1000 hamiltoncountypublicassistance@jfs.ohio.gov</p>	<ul style="list-style-type: none"> To apply for food, cash, and medical assistance, please visit: https://www.hcjfs.org/services/food-assistance/how-to-apply-for-food-cash-and-medical-assistance/ Food Assistance (formerly known as food stamps) is called SNAP (Supplemental Nutrition Assistance Program) SNAP benefits are loaded onto a Ohio Direction Card, which can be used like a debit card at stores Healthy people under 60 participate in Food Assistance Employment and Training while receiving food assistance to help them gain work experience and move toward self-sufficiency
Freestore Foodbank	<p>1141 Central Pkwy, Cincinnati, OH 45202 (513) 482-4500 Appointments: freestorefoodbank.org</p>	<p>Kids Café</p> <ul style="list-style-type: none"> Provides free, nutritious meals to children at the end of the school day Provides over 5,000 hot meals each week to 13 sites in Hamilton and Kenton Counties <p>Rubber Duck FAMILY (Food as Medicine in Low-Income Youth)</p> <ul style="list-style-type: none"> Pilot initiative of Freestore Foodbank and Hopple Street Neighborhood Health Center of Cincinnati Children's Hospital Medical Center with support from the Bob Edwards Fund

		<ul style="list-style-type: none"> • As part of their visit, each patient is screened for food insecurity. If a patient screens positive, they are provided with a supply of shelf-stable food from the in-clinic pantry. In addition to food assistance, they provide connections to social work, Legal Aid, SNAP, mental health, and transportation. • Twice a month, produce distributions provide access to fresh fruits and vegetables to Rubber Duck FAMILY Market families and the surrounding community. <p>Power Pack</p> <ul style="list-style-type: none"> • Each Friday during the school year, Freestore Foodbank sends packs of food, known as Power Packs, home with students to ensure they have something to eat on weekends. Each Power Pack contains over a dozen food items, which are shelf-stable and kid-friendly. <p>Summer Meals</p> <ul style="list-style-type: none"> • Kids ages 2-18 receive nutritious lunches prepared by Cincinnati COOKS! during the summer months when they are away from school <p>KIND Program</p> <ul style="list-style-type: none"> • Freestore Foodbank and Cincinnati Children’s Hospital Medical Center Pediatric Primary Care Clinic launched Keeping Infants Nourished and Developing (KIND) program. Since 2011, the program has expanded to 10 clinics within 4 health care systems. • Through the program, clinic staff asks a series of questions that identify food insecurity. From there, they can provide baby formula to food insecure families, as well as connect them with nutritionists and social workers to help with long-term needs.
--	--	--

		<p>Healthy Harvest Mobile Market</p> <ul style="list-style-type: none"> • Promotes good nutrition and encourages healthy shopping in neighborhoods without ready access to fresh, healthy, and affordable food • Food is purchased at below market prices with SNAP/EBT purchases matched through ProducePerks allowing for additional healthy foods to be added into a customer's diet.
Meals on Wheels-Southwest OH & Northern KY	2091 Radcliff Dr, Cincinnati, OH 45204 (513) 661-2777	<ul style="list-style-type: none"> • Delivers nutritious, tasty food to seniors • Each meal is made in a restaurant- quality kitchen • Deliver milk, bread, and butter to seniors • Offer a variety of meals for special health conditions, such as low-carb, low-sodium, and more
Fairfield Food Banks	<ul style="list-style-type: none"> • Fairfield Food Pantry 78 Donald Drive, Fairfield, OH 45014 (513) 829-9047 fairfieldfoodpantry@gmail.com • Shared Harvest Foodbank 5901 Dixie Highway Fairfield, OH - 45014 (513) 874-0114 • Fairfield Church of God 6001 Dixie Highway Fairfield, OH - 45014 513-874-2434 • Covenant Community Church 2860 Mack Road Fairfield, OH - 45014 Phone: (513) 942-5570 	<ul style="list-style-type: none"> • Food pantries often require a picture identification, like a drivers license or state ID card and proof of residency, like a current utility or phone bill, rent receipt, etc. in order to receive food. Please call ahead to see if the pantry you will visit requires anything else.

Bread of Life-Landmark Church	1600 Glendale-Milford Rd. (513) 326-4174 http://landmarkcincinnati.com/bread-of-life	<ul style="list-style-type: none"> If you or someone you know needs assistance with food, please contact the church office
Food Pantries List	https://www.foodpantries.org/ci/oh-cincinnati	<ul style="list-style-type: none"> Please check the website for dates, times, and other details about different food pantries of Cincinnati

GRIEF COUNSELING

Vineyard Cincinnati Church	11340 Century Cir E, Springdale, OH 45246 (513) 671-0422	<ul style="list-style-type: none"> Are you grieving from the loss of someone through death? Do you find it difficult to talk about the person or the death itself? If so, set aside 13 weeks and join us as together we share our experience and help each other walk through our grief. We will talk, cry and even laugh together as we begin our healing. Must register for this event.
-----------------------------------	--	--

HANDICAPPED/DISABILITIES

REM Ohio	11530 Century Blvd, Springdale, OH 45246 (844) 292-8188	<ul style="list-style-type: none"> Services offered at this location for adults and children: <ul style="list-style-type: none"> Supported Living Host Home Residential Services Day Programs Vocational Services Dual Diagnosis Services Autism Services Prader-Willi Syndrome Services Crisis Intervention Respite Offenders with Developmental Disabilities Children and Family Services:
-----------------	---	--

Ohio's Department of Developmental Disabilities	Hamilton County Board of DD: 1520 Madison Road (513) 794-3300 DODD office: 30 E Broad St Columbus OH (1- 800) 617-6733	Respite <ul style="list-style-type: none"> • DODD provides useful tools for families including a provider locator tool and a tool to help you locate your local county board of developmental disabilities. • Various forms and rules can be seen on the website as well.
--	---	--

HEALTHCARE

Healing Center	11345 Century Cir W, Cincinnati, OH 45246 (513) 346-4080 info@healingcentercincinnati.org	<ul style="list-style-type: none"> • Free health clinic staffed by University of Cincinnati medical students and physicians • Saturdays, 9am-12pm • Interpreters are available for non-English speaking patients • Treats flu, fever, infections, minor cuts, and injuries • Other resources offered: vision screening and eyeglasses, blood pressure and blood sugar screening, quarterly mammogram screenings, health care events, referrals and resources for affordable health care options and prescription assistance • The Healing Center partnered with Life Forward to provide the following confidential services at no charge: consultation on options, pregnancy testing, 3D/4D ultrasounds, referrals to community services, education, support
-----------------------	---	--

<p>Hamilton County Job & Family Services</p>	<p>222 E Central Pkwy, Cincinnati, OH 45202 (513) 946-1000 hamiltoncountypublicassistance@jfs.ohio.gov</p>	<ul style="list-style-type: none"> • Hamilton County Job and Family Services administers several different types of Medicaid but eligibility is usually based on income and circumstances • Medicaid programs provide health care coverage to: income-eligible parents and their children up to age 21, preventive and treatment services up to age 21, pregnant women, older adults, income-eligible people with disabilities, children in foster care, children who have aged out of foster care up to age 21
<p>Healthcare Connection</p>	<p>Lincoln Heights Health Center 1401 Steffen Avenue Appointments: (513) 588-3623 Intérprete Español: (513) 483-3068</p> <p>Lincoln Heights Dental Center 1401 Steffen Avenue Appointments: (513) 483-3088 Intérprete Español: (513) 483-3087</p> <p>Mt. Health Family Practice 1411 Compton Rd. Information: (513) 522-7500 Appointments: (513) 588-3623</p> <p>Mt. Health Dental Center 1411 Compton Rd. Information: (513) 728-2130 Appointments: (513) 728-2130</p>	<ul style="list-style-type: none"> • Medical: Our services include primary care, obstetrics/gynecology, and pediatrics. • Dental: Our services include dental exams and cleanings, preventative care and restorations (fillings). • Behavioral: Our services include mental health counseling, behavioral health support and substance abuse care and support. • School-Based Health Center: Full-service healthcare center currently located at Princeton High School to primary healthcare and other services to students in kindergarten through 12th grade.

	<p>Forest Park Health Center Pediatric Only 924 Waycross Rd Appointments: (513) 588-3623</p> <p>Princeton High/Middle School Campus Princeton School Students & Staff Only 100 Viking Way, Room 1520 Appointments: (513) 864-1545</p> <p>Greater Cincinnati Behavioral Health Services 1501 Madison Road, 3rd Floor Appointments: (513) 354-5200</p>	
<p>Hospice of Cincinnati</p>	<p>Blue Ash: 4310 Cooper Road. Cincinnati, OH 45242 (513) 891 – 7700</p> <p>Anderson: 7691 Five Mile Road (513) 891-7700</p> <p>Hamilton: 1010 Eaton Avenue (513) 891-7700</p> <p>College Hill: 5343 Hamilton Avenue (513) 891-7700</p>	<ul style="list-style-type: none"> • Hospice of Cincinnati and the multiple advanced illness and grief programs created by Hospice of Cincinnati, have joined together to form HOC Navigators- a collection of program offerings designed to help guide you through advanced illness and end of life. • The HOC Navigators Advanced Cardiac Care Program manages the symptoms of heart disease in the place you call home. • HOC Navigators has provided hospice and palliative care to the Cincinnati region since 1977. • Hospice of Cincinnati offers: <ul style="list-style-type: none"> -Conversations of a Lifetime- learning how to talk about end of life -Social Connections- alleviating loneliness and social isolation

		<ul style="list-style-type: none"> -Palliacare Cincinnati- providing relief from symptoms of serious illness -Hospice of Cincinnati- end-of-life care at home or inpatient -Goldstein Family Grief Center- grief support surrounding the loss of a loved one -Fernside Center for Children- supporting children, teens and families after loss
Hospitals/Medical Centers/Healthcare Systems	<p>Bethesda (North) 513-865-1111</p> <p>Children’s Hospital (Cincinnati) 513-636-4200</p> <p>Children’s Hospital Liberty Campus 513-803-9600</p> <p>Christ Hospital 513-585-2000</p> <p>Deaconess (513) 559-2265</p> <p>Good Samaritan (513) 862-1400</p> <p>Mercy (Anderson) 513-624-4500</p> <p>Mercy (Fairfield) 513-870-7000</p> <p>Mercy (West) 513-215-5000</p> <p>Mercy Franciscan Mt. Airy 513-853-5000</p> <p>Mercy Western Hills 513-215-5000</p>	

	<p>Summit Behavioral Healthcare 513-948-3600</p> <p>Shriner's for Children 855-206-2096</p> <p>University of Cincinnati Medical Center 513-584-1000</p> <p>Council on Aging - Home Care Referral 513-721-1025</p> <p>Hamilton County Public Health 513-946-7800</p> <p>Maple Knoll Home Health (513) 782-2717</p> <p>Lincoln Heights Health 513-588-3623</p> <p>Medicaid Enrollment Hotline 800-324-8680</p>	
<p>Crossroad Health Center</p>	<p>5 E. Liberty St. OTR: (513) 381-2247 (ext. 20 for Spanish) Dental: (513) 721-6060 Pharmacy: (513) 579-0900</p>	<ul style="list-style-type: none"> • Have an urgent medical issue but don't need to go to the emergency department? Crossroad's Over-the-Rhine office is now open to patients for walk-in visits for urgent care. All walk-in appointments are first-come, first-served. Patients at our Western Hills, Harrison and Taft Elementary School offices are welcome at the OTR location. • OTR Hours: Monday: 8:20-11am and 1-4pm Tuesday: 8:20-11am and 1-5pm Wednesday: 8:20-11am and 1-4pm Thursday: 8:20-11am and 1-4pm Friday: 8:20pm-11am and 1-4pm • Patients can walk in for these conditions: Sore throat, upper respiratory infection, pink eye, urinary

		<p>symptoms, symptomatic Covid testing, headaches, rashes, insect bites, asthma exacerbation, minor injuries not requiring X-rays or stitches, STD checks, wound/dressing care</p> <ul style="list-style-type: none"> • Crossroads has a sliding scale; no one is turned away because of an inability to pay. The center will also help patients in attaining insurance. Spanish-speaking health care providers, including doctors, medical assistants, and receptionists, are present in the center.
Dr. Karla Ramirez	<p>Tri County Primary Care 9582 Princeton Glendale Rd (513) 221-2330 Medicare and Medicaid Accepted</p> <p>Mercy Health Physicians Mercy Health Tri County Family Medicine 129 W Kemper Rd (513) 671-3222 Medicare Accepted</p>	<ul style="list-style-type: none"> • Languages spoken: Spanish and English • Conditions treated: atrial fibrillation and atrial flutter, acute sinusitis, anemia, acute bronchitis, anxiety phobic disorders, acne, acute upper respiratory tract infections, benign paroxysmal positional vertigo, gastritis and duodenitis, calculus of the urinary system, epilepsy, fractures, dislocations, derangement, and sprains, contact dermatitis, candidiasis, hemorrhoids, constipation, herpes zoster, chronic bronchitis, benign polyps of the colon, bronchial asthma, breast disorders, bipolar disorder, hypertension, dementia, substance use/substance abuse/dependency, menopausal and postmenopausal disorders, pneumonia, tinea unguium, infectious liver disease, rotator cuff syndrome and allied disorders, hypothyroidism, osteomyelitis, plantar fasciitis, overweight and obesity, skin and subcutaneous infections
Lincoln Heights Health Center	<p>1401 Steffen Avenue Appointments: (513) 588-3623 Interprete Espanol: (513) 483-3068</p>	<ul style="list-style-type: none"> • There are several Spanish-speaking staff members, including the front desk workers and nurses. This organization operates with a sliding scale and serves the

	<p>Dental: (513) 483-3087 WIC: (513) 769-5290 Medicaid Help (in Spanish): (513) 483-3097 Medicaid Help (in English): (513) 483-3041 New Patients: (513) 483-3071</p>	<p>uninsured and underinsured residents of Hamilton and Butler counties. Please note that only some zip codes close to Lincoln Heights can use the dental service. To find out whether or not your zip code applies, call the dental number and ask. New patients who do not have insurance can register for an appointment by calling the “New Patients” number. By calling this number, the patients will be able to get a discount for their appointment.</p> <ul style="list-style-type: none"> • Received from cincinnatiatlatino.org/health-services/
<p>Mercy Hospital Fairfield Prenatal Clinic</p>	<p>3000 Mack Road (513) 603-8769</p>	<ul style="list-style-type: none"> • Reduced rates with excellent care. Accept Medicaid/uninsured (no one turned away). Patients have access to social workers, nutritionists, interpreters, and all hospital resources. • Received from cincinnatiatlatino.org/health-services/
<p>TriHealth Women’s Health</p>	<p>Bethesda North OB/GYN Center 10495 Montgomery Rd. Suite 25 (on 2nd floor)</p> <p>New Patients: (513) 865-1631 (options in English and Spanish)</p> <p>Phone Number for Hispanic Case Management: Spanish Speaking Nurse Case Manager: (513) 865-1629 Spanish Speaking Social Worker: (513) 865-1655</p>	<ul style="list-style-type: none"> • OBGYN Clinic at Bethesda North with reduced rates. Packages for prenatal care and birthing. • Bilingual staff available. M-F 8:30-4:30 • Received from cincinnatiatlatino.org/health-services/

University Hospital	234 Goodman Avenue (513) 584-HOLA (4652)	<ul style="list-style-type: none"> • Spanish line for information and appointments • Received from cincinnati-latino.org/health-services/
Cincinnati Children's Hospital	3333 Burnet Avenue (513) 636-1444 (Spanish Interpreter)	<ul style="list-style-type: none"> • Spanish line for general information and appointments • Received from cincinnati-latino.org/health-services/
Elm Street Health Center	1525 Elm St. Main Line: (513) 352-3092 Call Center for all Health Centers: (513) 357-7320	<ul style="list-style-type: none"> • Services include: adult medicine, pediatrics, obstetrics and gynecology, dental, laboratory, pharmacy, WIC, immunizations, vaccines for children, and more. Fees and discounts are based on your income and family size. The Health Centers accept most Medicaid HMO plans, Medicare & Medicare HMO plans, as well as other private insurance plans. • Spanish interpreters available. • Received from cincinnati-latino.org/health-services/
Down Syndrome Association of Greater Cincinnati	4623 Wesley Ave. Suite A (513) 490-2834 Ayuda en Espanol: grupohispano@dsagc.com	<ul style="list-style-type: none"> • Provides free support, both in English and Spanish, information and education to parents from prenatal to adults, family members and community members who impact the lives of individuals with Down syndrome. DSAGC addresses the concerns of families in education, health, social networking opportunities and advocacy. DSAGC also has a dedicated National Adoption Network. • Received from cincinnati-latino.org/health-services/
St. Vincent de Paul Charitable Pharmacy	1125 Bank St. Phone Numbers: (513) 562-8841 ext. 267 (Questions) (513) 562-8841 ext. 269 (Refills)	<ul style="list-style-type: none"> • Full-time Spanish interpreters • Received from cincinnati-latino.org/health-services/

HealthWarehouse Pharmacy	800-748-7001 option 1 support@healthwarehouse.com	<ul style="list-style-type: none"> HealthWarehouse.com is the leader in Online Pharmacy that can deliver prescription medications directly to your home at affordable pricing, without any need for prescription insurance. They also have several pharmacists and pharmacy technicians who are fluent in Spanish and able to assist with prescription services. Use coupon code “descuento5” to receive an additional 5% off your first order.
---------------------------------	---	--

HEARING

Miracle-Ear Hearing Aid Center	11554 Springfield Pike #9	513-993-5108
Lucid Hearing Center in Sam’s Club	800 Kemper Commons Cir	513-826-3052
The Hill Hear Better Clinic	8250 Winton Rd	513-494-7209
Costco Hearing Center	1100 E. Kemper Rd	513-346-7943

HIV & STD TESTING AND TREATMENT

Ambrose H. Clement Health Center	3559 Reading Road, Suite 101	513-357-7320
Bobbie Sterne Health Center	1525 Elm Street	513-357-7320

Braxton F. Cann Memorial Health Center	5818 Madison Road	513-357-7320
Millvale at Hopple Street Health Center	2750 Beekman Street	513-357-7320 during the week 513-352-3191 on Saturday
Northside Health Center	3917 Spring Grove Avenue	513-357-7320
Price Hill Health Center	2136 W. 8th Street	513-357-7320

HOMELESSNESS AND SHELTERS

Central Access Point (CAP)	No physical address Helpline: (513) 381-7233 (SAFE) Text for information only: (513) 970-1515	<ul style="list-style-type: none"> • Calling the CAP Helpline is the best way to get into a shelter in Cincinnati. • Assists community members experiencing homelessness or at risk of homelessness to get information about services, check for space in emergency shelters, and be placed into housing programs. • Anyone experiencing homelessness or at risk can call to get information about services and check in space in shelters and other programs. • CAP partners include: Bethany House Services, The Salvation Army, Interfaith Hospitality Network of
-----------------------------------	---	--

		Greater Cincinnati, The City Gospel Mission, St. Francis-St. Joseph Catholic Worker House, Lighthouse Youth & Family Services, Talbert House, the Freestore Foodbank, Santa Maria Community Services, Jewish Family Services, Volunteers of America, and Shelterhouse.
Mental Health Access Point	311 Albert Sabin Way 24-hour hotline: (513) 558-8888	<ul style="list-style-type: none"> • Provides assessment support and connections for children and adults residing in Hamilton County who are in need of mental health services. • Crisis intervention, medication management, consultation with complex situations, and many other functions available. • 24-hour hotline will connect consumers to appropriate services. Triage clinicians also lend support to callers who may be experiencing a mental health crisis and are in need of services. • Emergency Housing available for up to 30 days. • Transitional Housing available for individuals who need further stabilization and skill development for permanent living arrangements. Typically 90 day stay.
Bethany House Services	1841 Fairmont Avenue For Emergency Shelter call CAP Helpline: (513) 381-7233 (SAFE) (513) 921-1131	<ul style="list-style-type: none"> • Bethany House Services provides shelter and services to families experiencing homelessness. Supportive services include financial assistance, identification of affordable housing suitable for the families' needs, short-term or medium-term rental assistance, housing relocation and stabilization, credit counseling, security or utility deposits, utility payments, moving cost assistance, and case management.

		<ul style="list-style-type: none"> Bethany House Services Shelters for families provide sanctuary for desperate families in immediate need. Parents will be given help to develop a realistic plan for a better future for themselves and their children.
Goodwill	<p>Rapid rehousing services, call CAP Helpline: (513) 381-7233 (SAFE) HVRP: (513) 631-4500</p> <p>If you would like additional information about Goodwill's programs for homeless veterans call: (513) 381-7233 (SAFE) goodwill.org</p>	<ul style="list-style-type: none"> Assistance for homeless veterans. Goodwill's specialized programs can help with housing assistance, job training, counseling, and education. To access the rapid re-housing services, contact Central Access Point, CAP, listed above. Homeless veterans' reintegration projects (HVRP) are designed to provide support to veterans to obtain housing, employment and economic stability.
Metro Housing Authority – Section 8	<p>1635 Western Ave (513) 977-5800</p> <p>To see your specific contact regarding HCV Program follow this link-- https://cintimha.com/wp-content/uploads/2022/05/Copy-of-HCV-Public-Contact-5.9.22 .pdf</p>	<ul style="list-style-type: none"> The Housing Choice Voucher Program is the federal government's major program for assisting low to moderate income families, the elderly, and the disabled to afford decent, safe, and sanitary housing in the private market. Participants are able to find their own housing, including single-family homes, townhouses, and apartments. The participant is free to choose any housing that meets the requirements of the program.
Hamilton Job and Family Services	<p>222 East Central Parkway (513) 946-1000</p> <p>513Relief.org or call 211 Hamil_CaresFunding@jfs.ohio.gov</p>	<ul style="list-style-type: none"> Eviction can be avoided. Hamilton County Rent and Utility Relief Program can give assistance for up to 12 months past-due and 3 months for the future. Reach out for help by emailing Hamil_CaresFunding@jfs.ohio.gov or visit 513Relief.org for more information.

Lighthouse Youth Services	401 E McMillan (513) 221-3350	<ul style="list-style-type: none"> • An integrated care system for those between the ages of 0-24. This includes mental health services, same-day assessment, youth housing, emergency shelters, community juvenile justice services, residential treatment, and foster care and adoption. • Meets the needs of homeless young adults. Including shelter, street outreach, and a safe place to come off the streets and get basic need items.
The Salvation Army	<p>Divisional Headquarters: 114 East Central Parkway P.O. 596 (513) 762-5600</p> <p>Cincinnati Ohio Citadel Corps: 120 East Parkway (513) 762-5649</p> <p>Cincinnati Ohio West Side Corps: 3503 Warsaw Avenue P.O. 5122 (513) 251-1424</p> <p>Cincinnati Family Store and Adult Rehabilitation Center: 2250 Park Ave (513) 351-3457</p> <p>Cincinnati Ohio Center Hill: 6381 Center Hill Ave (513) 242-9100</p>	<ul style="list-style-type: none"> • The Salvation Army operates their own homeless shelters for individuals and families. Emergency housing, transitional housing, permanent supportive housing, and re-entry resources. • What services are offered will vary by location. Please call the individual location to get the most up-to-date information on services in your area. • There is a ZIP code locator on the general Salvation Army website that can be used to help find locations. Be sure you are using the USA website.
Strategies to End Homelessness	2368 Victory Parkway, Suite 600 (513) 263-2780	<ul style="list-style-type: none"> • Street Outreach efforts, shelter diversion, supportive housing, rapid re-housing, permanent supportive housing, transitional housing and coordinated entry are just a few of the many

	If you are currently experiencing homelessness or a housing crisis call CAP Helpline: (513) 381-7233 (SAFE)	<p>programs that take place at Strategies to End Homelessness.</p> <ul style="list-style-type: none"> • This group also partners with CAP.
St. Francis-St. Joseph Catholic Worker House	1437 Walnut St (513) 381-4941	<ul style="list-style-type: none"> • A safe a dignified environment where homeless men can work on securing immediate needs of housing, employment, drug/alcohol rehabilitation, and case management. • Primary goal is to assist guests in finding permanent housing as soon as possible.
Interfaith Hospitality Network	990 Nassau St (513) 471-1100 If your family needs a shelter now, call the CAP Helpline: : (513) 381-7233 (SAFE)	<ul style="list-style-type: none"> • To provide homeless families emergency shelter and hospitality through interfaith communities and to work with families to find and retain stable housing. • Providing tools, resources, and support that families need to overcome homelessness and achieve stability. • Calling the CAP helpline is the best way to determine if your family will be able to get into a shelter in Cincinnati. The average shelter stay for a family is under a month before they move into permanent housing.
YWCA Battered Women's Shelter	898 Walnut Street (513) 241-7090	<ul style="list-style-type: none"> • Provides survivors of sexual assault and domestic violence (and their children) with a 24-hour crisis hotline, emergency shelter, crisis intervention, case management, housing assistance, support groups, individuals safety planning, pet services, employment assistance, and children's services.

IMMIGRATION INFORMATION

<p>Intercommunity Justice and Peace Center (IJPC)</p>	<p>215 East 14th Street (513) 579-8547 Info@IJPCcincinnati.org</p>	<ul style="list-style-type: none"> • The goal of IJPC’s immigration program is to engage immigrants, allies, and the general public on the realities of our broken immigration system so that they can come together and advocate for comprehensive immigration reform. • IJPC’s Youth Educating Society (YES) program empowers immigrant youth and allies, through support and education, to cultivate social and legislative change for a more inclusive and just society. Through monthly meetings, leadership training, direct action organizing campaigns and sharing their stories, IJPC’s YES leaders are using their voices to demand change in Cincinnati and beyond. • IJPC offers interactive, dynamic group presentations to explain how the immigration system works and doesn’t work. There are three main presentations we offer, all of which can be tailored to the request: Immigration 101, DACA and Dream Act Presentation, and our YES Speakers Bureau. • IJPC collaborates with many partners to coordinate the Immigrant Dignity Coalition. The Immigrant Dignity Coalition’s membership represents local labor, education, civil rights and faith communities in the greater Cincinnati area who favor the dignity and basic human rights of all people. The Immigrant Dignity Coalition’s purpose is to inform, connect, and mobilize the Southwest Ohio / Northern Kentucky community to defend and protect the dignity of the immigrant and refugee community by working in partnership and as allies.
<p>Lutheran Church of the Resurrection</p>	<p>1950 Nagel Road (513) 474-4938 info@lcreurrection.org</p>	<p>Immigrant and Refugee Ministry</p> <ul style="list-style-type: none"> • Lutheran’s have been leaders in welcoming immigrants since World War II. Lutheran Immigration and Refugee Services (LIRS) is recognized as a leader in the effort to resettle immigrants and refugees in the United States. Lutheran Church of the Resurrection works with local, national and international organizations to

		<p>provide logistics and support to the ongoing efforts of welcoming the stranger.</p> <p>English as a Second Language (ESL) Classes</p> <ul style="list-style-type: none"> • Free and open to all. English language practice for adults and homework help for children through grade 12. Childcare available. Transportation available. Please register with number of adults and number of children. Call (513) 474-4938 or email skmgoldberg@gmail.com to register.
Hammond Law Group- Immigration Legal Services	3200 Carew Tower 441 Vine Street (513) 381-2011	<ul style="list-style-type: none"> • Hammond Neal Moore, LLC is a full-service immigration law firm based in Cincinnati, Ohio. We have a national practice, serving clients located throughout the United States. We began operations in 1991 and since that time have provided representation to individuals and corporations, handling both family and business based types of cases.
Immigration Psychology Services, Inc.	(513) 370-7515 avredeveld03@gmail.com	<ul style="list-style-type: none"> • Dr. Vredeveld is the only psychologist in the Greater Cincinnati region who specializes in and works exclusively with immigrants and refugees. She has performed thousands of psychological evaluations for legal audiences and understands how to structure the clinical interview to obtain the information needed to answer the legal question at hand. She is thorough and produces reports in a timely manner. She has received advanced training in psychological evaluations for immigration court through Physicians for Human Rights and the American Psychological Association. In addition, she has first-hand experience working with refugees in Uganda, including working with UNHCR and other resettlement agencies. <p>Psychological Evaluations for Immigration Court</p> <ul style="list-style-type: none"> • Extreme Hardship Waivers • U&T visas • Asylum

		<ul style="list-style-type: none"> • Medical Certification for Disability Exceptions (N648 Disability in Naturalization) • Violence Against Women Act (VAWA)/Spousal Abuse • Special Immigrant Juvenile Status • Competence • Other
The Legal Aid Society of Southwest Ohio, LLC	215 E 9 th Street Suite 200 (513) 241-9400 or 1-800-582-2682 (toll free)	<ul style="list-style-type: none"> • Legal Aid helps survivors of domestic violence break legal and financial ties with the abuser and assists immigrants who have been victims of family violence, human trafficking or other crimes, obtain stable immigration status.
Catholic Charities Southwestern Ohio	(513) 672-3746 lis@ccswoh.org	<p>Immigration Legal Services</p> <p>Catholic Charities Southwestern Ohio provides immigration legal services as part of its mission to “serve the community to in turn serve the vulnerable.” We welcome the stranger through our refugee resettlement services, Su Casa Hispanic Center, and immigration legal services.</p> <ul style="list-style-type: none"> • These services are provided to people of all ages and nationalities. Clients may be: family members of U.S. citizens and permanent residents, Individuals or families facing deportation, Individuals applying/renewing applications for (DACA) Deferred Action for Childhood Arrivals, Victims of human trafficking, Refugees, Asylum seekers, Anyone seeking naturalization • Services provided include: adjustment of status, deportation defense, family-based visa petitions, naturalization, humanitarian relief, and deferred action.

LEGAL

Lawyer Referral Service	225 East Sixth St, Second Floor (513) 381-8213	<ul style="list-style-type: none"> • Attorneys on the LRS must meet specific qualifications for each area of the law in which they receive referrals and require attorneys maintain professional liability insurance.
--------------------------------	---	--

		<ul style="list-style-type: none"> • Attorneys on the LRS have agreed to a reduced \$50 consultation rate for the first half-hour of the consultation. • The LRS has many short articles that explain a variety of legal topics, such as debt collection or changing a surname. • On the Cincy Bar website, individuals can see if they qualify for no/low cost legal services.
Legal Aid Society of Greater Cincinnati	215 East 9 th St, Suite 200 (513) 241-9400 Or call 1-800-582-2682 (toll free)	<ul style="list-style-type: none"> • Provides civil legal assistance to low income individuals in Southwest Ohio. • There is information on their website ranging from COVID, Housing Law, Family and Immigration Law, Consumer Law, Education Law, and Income, Work, and Health Law
Hamilton County Public Defender's Office	<p>Adult Services: 230 East 9th St, 2nd Floor (513) 946-3700</p> <p>Juvenile Services: 125 East Court St, 9th Floor (513) 946-8282</p> <p>Guardian <i>ad litem</i>: 125 East Court St, 9th Floor (513) 946-8292</p>	<ul style="list-style-type: none"> • Provides legal representation for those who are financially unable to hire their own. Ohio defines a person who is financially unable to hire their own attorney to be indigent. • The Office of the Public Defender represents a substantial percentage of persons who are determined to be indigent.
Pro Seniors	7162 Reading Road, Suite 1150 Helpline: (513) 345-4160 Toll free: (800) 488-6070	<ul style="list-style-type: none"> • Providing, advice, education, advocacy, representation, and justice for seniors of Ohio. The helpline is free for all Ohio residents over the age of 60, regardless of income or resources. • Legal advice can be given regarding, Medicaid, Medicare, Social Security, long-term care, pensions, and lots of other issues that affect seniors. • Children and relatives of a senior that needs legal advice regarding any of the above topics may also call.

<p>Child Support Enforcement Agency</p>	<p>222 East Central Parkway</p> <p>Child Support Services: (513) 946-7387</p> <p>TDD Telephone Line: (513) 946-1295</p> <p>Obligors and Obligees: Log in to the Ohio Child Support Web Port at http://ifs.ohio.gov/ocs/</p> <p>Obligees can view available balance and transaction history at http://www.smionecard.com or download the smiONE app, or contact the smiONE Customer Support at 1-855-279-2744</p>	<ul style="list-style-type: none"> • Either party can call the HCJFS Child Support Enforcement Agency and ask to establish paternity. Once that happens, a case worker can help get a child support order. • Child support is often issued when children are born out of wedlock, when divorce occurs, or a dissolution. • The amount of child support will be determined by court.
--	---	--

LIBRARIES

<p>Parkdale Branch Library – Forest Park</p>	<p>655 Waycross Rd (513) 369-4478</p>	<ul style="list-style-type: none"> • This library has books, DVDs, and music all available for checkout. • The building has wifi, a laptop kiosk, and a meeting room. • The library hosts many fun events throughout the year, which can be seen on the Cincinnati library website.
<p>Ebook and Audiobook options</p>		<ul style="list-style-type: none"> • These apps were all recommended by the Cincinnati Public Library as options to download ebooks and audiobooks.

		<ul style="list-style-type: none"> • Libby, check out eBooks, eAudiobooks, streaming videos, and animated picture books for kids. • Hoopla, books, audiobooks, and comics are available to stream online or download to the app, with no waiting lists. • Overdrive, thousands of digital titles are available for direct download to your device. • Freeding, Thousands of always available eBooks.
--	--	--

MENTAL HEALTH SERVICES

<p>Lindner Center of HOPE</p>	<p>4075 Old Western Row Rd. (513) 536-HOPE (4673)</p>	<p>Individualized Treatment</p> <ul style="list-style-type: none"> • All patients have a clinician assigned as their primary clinician, who coordinates a treatment plan with the patient and their treatment team. Most often, the team includes a psychiatrist or nurse practitioner prescribing medications and a psychologist or social worker as their therapist. • Therapists on the treatment team are also able to conduct family and couples therapy as needed. • Access to psychiatric rehabilitation services is available. • Lindner Center of HOPE clinicians may prescribe genetic testing for consenting patients (called GeneSightRx), with the potential to gain a deeper understanding of the impact of medications on an individual. • Our expert clinicians draw upon years of experience to treat patients with one or more mental illnesses including, but not limited to, the following: Depression and Bipolar Disorders, Eating Disorders, Addictive and Co-occurring Psychiatric Disorders, Anxiety, and Obsessive Compulsive Disorder, Schizophrenia and Related Conditions, Psychotic Disorders, Women’s Mental Health Issues, such as premenstrual dysphoric disorder and postpartum depression <p>Rapid Access Service (RAS)</p>
--------------------------------------	---	---

		<ul style="list-style-type: none"> • RAS is an outpatient services for patients 18 and older, available Tuesday and Thursday afternoons from 12:30pm to 4pm. This service enables patients to have a scheduled appointment within days of their call and quickly receive help with symptoms and concerns. The appointment includes: a thorough outpatient assessment with a psychiatrist and social worker, a care plan, recommendations with referrals, a written post-visit summary. When necessary, subsequent bridge appointments may also be scheduled with the psychiatrist. • Call (513) 536-0639 to schedule a RAS appointment. <p>Partial Hospitalization Program (PHP)</p> <ul style="list-style-type: none"> • When a patient's treatment needs fall between inpatient and outpatient care, our PHP provide intensive treatment in a safe and therapeutic environment without full hospitalization. PHP is also used as a step-down program from full hospitalization, with the intent of gradually easing an adult or adolescent back into their home environment and routine. • Call (513) 536-0680 to learn more. <p>Eating Disorders Programs</p> <ul style="list-style-type: none"> • When abnormal eating and preoccupation with body weight and shape become harmful to an individual's physical and mental health, Lindner Center of HOPE offers structured and compassionate outpatient, PHP, and Intensive Outpatient Therapy programs. Our experienced teams work with each patient and family to develop an individualized treatment plan to stabilize physical health and optimize nutrition while addressing behaviors and underlying contributing issues. • Call (513) 536-4673 to speak with an intake specialist. <p>Substance Use & Co-Occurring Outpatient Program</p> <ul style="list-style-type: none"> • Addiction is often fueled by a co-occurring mental health issue. To bring about real sobriety, underlying issues like mental health disorders must be simultaneously addressed and coping skills and strategies must be
--	--	--

		exercised to prevent relapse. The Intensive Outpatient Program at Lindner Center of HOPE is uniquely qualified to work with patients struggling with a dual diagnosis or multiple diagnoses.
Catholic Charities Southwestern Ohio	Call our bilingual intake specialist at (513) 489-8898 to schedule a confidential appointment	<ul style="list-style-type: none"> • Catholic Charities Southwestern Ohio has highly trained and licensed counselors, social workers, and a psychiatrist who can help you reach your mental health goals. Providing highly individualized care, we strive to strengthen our community one individual and family at a time. • Catholic Charities serves people of all faiths and income levels. We offer individual and family psychotherapy. We accept most major insurers and Medicaid plans. For those who do not qualify for insurance, a sliding scale fee schedule is available. • Evening appointments and Spanish-speaking counselors are available.
Crisis Counseling – UC Mental Health Emergency Services	<p>UC Psychiatric Emergency Services/ Mobile Crisis – (513) 584-8577</p> <p>UHS Physician On Call (513) 556-2564</p> <p>24/7 Crisis Hotline (513) 556-0648</p>	<ul style="list-style-type: none"> • The mental health professionals at University Health Services are committed to provide quality mental healthcare for the vibrant and diverse community.
Princeton Schools Mental Health Services	<p>Crisis Hotline: (513) 281-2273</p> <p>Crisis Textline: 839863 and text 4HOPE</p>	<ul style="list-style-type: none"> • We recognize the importance of consistent and continued care for our students who access our school-based mental health services. The district has contacted each of our mental health partners and they plan to continue to provide access to mental health services. Any specific questions or concerns should be directed to your student’s therapist and treatment provider. All agencies have options for home visits (as appropriate) or telephone sessions. • Si tu estas en crisis o piensas en suicidarte, o si conoces a alguien en crisis o que piensa en suicidarse, llama: La Red Nacional de Prevencion de Suicidio (en Espanol)

		<p>1-888-628-9454 https://suicidepreventionlifeline.org/</p> <ul style="list-style-type: none"> If you are in crisis or are thinking of suicide, or if you know someone in crisis or who is thinking of suicide, call: The National Suicide Prevention Lifeline (in English) 1-800-273-8255 https://suicidepreventionlifeline.org/
--	--	---

PARENTING

Beech Acres	<p>6881 Beechmont Avenue (513) 231-6630 3325 Glenmore Avenue (513) 231-6630</p>	<ul style="list-style-type: none"> Helping parents develop the strengths they want to use as parents, and support them in growing their kids' strengths as well. Guiding parents to be proactive rather than reactive. Helping parents to identify the values they want to pass on to their children, and stay focused on how to grow their kids into the adults they want them to become. There are multiple ways to get involved with Beech Acres. On their website dates and times can be seen for group meetings.
Child Support Enforcement Agency	<p>222 East Central Parkway</p> <p>Child Support Services: (513) 946-7387 TDD Telephone Line: (513) 946-1295</p> <p>Obligors and Obligees: Log in to the Ohio Child Support Web Port at http://ifs.ohio.gov/ocs/</p>	<ul style="list-style-type: none"> Either party can call the HCJFS Child Support Enforcement Agency and ask to establish paternity. Once that happens, a case worker can help get a child support order. Child support is often issued when children are born out of wedlock, when divorce occurs, or a dissolution. The amount of child support will be determined by court.

	<p>Obligees can view available balance and transaction history at http://www.smionecard.com or download the smiONE app, or contact the smiONE Customer Support at 1-855-279-2744</p>	
--	--	--

POSION CENTER

Drug and Poison Information Center	<p>3333 Burnet Ave (800) 222-1222</p> <p>In an emergency CALL 911</p>	<ul style="list-style-type: none"> • Cincinnati Children’s 24-hour emergency and information telephone service for anyone with concerns about poison or drugs. • Trained staff of pharmacists, pharmacologists, nurses, and drug/poison information assistants answer questions about poisons, drug abuse, product contents, substance identification, interactions and adverse reactions. • Also works to provide you with important prevention information, educational material, first-aid information, common household hazards, and references to national helpline organizations.
National Helpline	<p>1-800-222-1222</p> <p>In an emergency CALL 911</p>	<ul style="list-style-type: none"> • The Poison Control website has a tool that can help give advice for those who have swallowed substances. • If the individual collapses, has a seizure, has trouble breathing, or can’t be awakened. This is an emergency CALL 911.

PRIMARY CARE AND OB/GYN & PRENATAL CARE

Healthcare Connections	1401 Steffen Ave.	<p>English: 513-588-3623</p> <p>Espanol:</p>
-------------------------------	-------------------	--

		513-483-3068
Mercy Health-Springdale Family Medicine	212 W. Sharon Rd	513-771-7213
Mercy Health-TriCounty Family Medicine	129 W. Kemper Rd	513-671-3222
Physicians Associates of Kemper	140 W. Kemper Rd	513-671-2902
UC Health Primary Care	11590 Century Blvd	513-648-9077
Family Medical Care Associates	2123 Auburn Ave	(513) 585-2215
Mercy Health-Fairfield OB Clinic	2990 Mack Rd. Suite 110	513-603-8897
Bethesda North OBGYN Center	10495 Montgomery Rd	513-865-1631
Good Samaritan OB-GYN Center	375 Dixmyth Ave.	513-862-2563
Good Samaritan Free Health Center	3727 St Lawrence Ave.	513-246-6888

PSYCHIATRIC

Mobile Crisis Team	Hotline: (513) 584-5098	<ul style="list-style-type: none"> • Mobile Crisis Team is trained to respond to mental health emergencies in the community.
Psychiatric Emergency Services	2350 Auburn Ave (513) 946-8600	<ul style="list-style-type: none"> • 24/7 care to patients in crisis with psychiatric emergencies, or for those experiencing suicidal and/or homicidal feelings. • Located at Deaconess Hospital.
Talbert House	2600 Victory Parkway 24 hour crisis hotline: (513) 281-CARE (2273) Or Text Talbert to 839863	<ul style="list-style-type: none"> • Intervention service for suicide prevention, psychological crises, marital and relationship conflicts, bereavement, loss and other personal emergencies • Victim Services assists victims of crime and their families
Mental Health Access Point	311 Albert Sabin Way (513) 588-8888	<ul style="list-style-type: none"> • Crisis stabilization services in Hamilton County for adults and children. • Medically monitored facility that provides an alternative to or a step-down from psychiatric hospitalization. The primary treatment goal is to alleviate psychiatric symptoms and restore functioning that allows the individual to return to their lives.

RAPE

Ohio Domestic Violence Network	1855 East Dublin-Granville (614) 781-9651 1-800-934-9840	<ul style="list-style-type: none"> • Offers free, confidential support and services to victim-survivors of all identities who have experienced power-based personal violence such as sexual violence, intimate partner violence, child abuse, and/or stalking.
National Domestic Violence Hotline	1-800-799-7233 Or Text START to 88788	<ul style="list-style-type: none"> • Free and confidential, 24/7

Sexual Assault Nurse Examiner (SANE)	Bethesda Hospital (513) 865-1200 Fort Hamilton Hospital (513) 867-2000 Mercy Health Western Hills Medical Center (513) 215-5000 University of Cincinnati Medical Center (513) 584-1000	<ul style="list-style-type: none"> • SANE program are made up of registered nurses who are specially trained to provide around the clock, first-response care to sexual assault survivors. SANE are experts at addressing the psychological and physical trauma associated with sexual assault, focusing strongly on patient dignity and compassionate support. • Forensic nurses also have a specialized knowledge of the legal system and collect evidence, provide medical testimony in court, and provide consultation to legal authorities. • The hospitals to the left have been identified as Hamilton County hospitals that have SANE.
---	---	---

RUNAWAYS

Lighthouse Youth and Family Services – Mecum House	2522 Highland Avenue (513) 569-9500	<ul style="list-style-type: none"> • Free, confidential help and safe shelter when youth have nowhere else to turn. All youth are welcomed, affirmed and treated with the same care and concern. • Doors are always open. Provides safety and care for young people who don't feel safe in their own homes. • A safe haven for youth ages 10-17 who are physically or sexually abused, neglected, or for some other reason believe they can't safely be in their own homes. It's a place filled with caring and educated staff members who work hard to make kids feel safe, comfortable and at home right away. No youth is ever turned away.
National Runaway Safeline	1-800-786-2929 1-800-(RUNAWAY)	<ul style="list-style-type: none"> • Youth can receive free help from the NRS from ages 12-21. The services are 100% confidential. • NRS can help youth get off the street and access help, safety, and shelter.

SCHOOLS

Princeton City School District	3900 Cottingham Drive (513) 864-1000	<ul style="list-style-type: none"> • City school district in northern Hamilton County. Committed to preparing each student to become a lifelong learner and responsible citizen ready to meet the ever-changing challenges of the future. • Help students develop the knowledge, critical thinking, collaboration skills, and thirst for learning necessary to successfully navigate a culturally diverse and technologically advanced world.
Heritage Hill Elementary	11961 Chesterdale Road (513) 864-1400	<ul style="list-style-type: none"> • Heritage Hill Elementary is part of Princeton City Schools.
Springdale Elementary	340 West Kemper Road (513) 864-2700	<ul style="list-style-type: none"> • Springdale Elementary is part of Princeton City Schools.

SENIORS

Catholic Charities Southwestern Ohio	<p>Cincinnati- Mid-Pointe Tower: 7162 Reading Road, Suite 600 (513) 241-7745</p> <p>Caregiver Assistance Network CAREline: (513) 869-4483</p> <p>Hamilton: 1910 Fairgrove Avenue, Suite B (513) 863-6129</p> <p>Interpretation Services: (513) 672-3949</p>	<p>Americorps Seniors</p> <ul style="list-style-type: none"> • Foster Grandparents: Enrich your life while enriching the life of a child in our community. Foster Grandparent Program Volunteers mentor and tutor youth by giving the kind of comfort and love that sets a child on the path toward a successful future. The program provides a way for volunteers age 55 and over to stay active by serving in our community. Foster Grandparent Volunteers help guide children to higher academic achievement by being present and consistent in their lives. Volunteers share their experience and compassion with children in local schools and non-profits. Foster Grandparents serve between 15 to 40 hours a week at an assigned organization in the Greater Cincinnati area. AmeriCorps Seniors volunteers themselves report better health and longevity having served their community. AmeriCorps Seniors service also provides tangible benefits for volunteers. The Foster Grandparent program offers modest stipends and mileage/bus reimbursements to eligible volunteers to help offset the costs of volunteering. Other benefits
---	---	--

	<p>Mental Health Counseling Intake Line: (513) 489-8898</p> <p>Su Casa Hispanic Center: 7162 Reading Road, Suite 610 (513) 761-1588</p>	<p>include training, volunteer recognitions, supplemental insurance and paid time off. Foster Grandparent volunteers must be 55 or older, complete and pass all background requirements and meet income guidelines; income earned will not impact eligibility for SSI, SSDI, housing or other programs</p> <ul style="list-style-type: none"> • Senior Companions: Help make independence a reality for older adults in our community. The Senior Companion program focuses on providing companionship and non-medical services to older adults to make a significant impact in their lives. The program aims to help seniors remain independent in their homes longer and provide respite to family caregivers in our community. Senior Companion volunteers are dedicated individuals 55 years of age and over willing to serve 15 to 40 hours per week. Opportunities to serve are available Monday through Fridays, volunteers do not serve on weekends, evenings, overnights or holidays. We pair more than 60 Senior Companions a year with clients by providing non-medical services such as; socialization, phone reassurance, medication reminders, assistance with daily activities, respite, and transportation. (Transportation is available at the volunteer's and the programs discretion.) AmeriCorps Seniors Companion Program also provides tangible benefits for volunteers. The Senior Companions program offers modest stipends and mileage/bus reimbursements to help offset the costs of volunteering. Other benefits include pre-service orientation, continuing education, volunteer recognitions, supplemental insurance and paid time off. Senior Companions volunteers must be 55 or older, complete and pass all background requirements and meet income guidelines; income earned will not impact eligibility for SSI, SSDI, housing or other programs. <p>Caregiver Assistance Network:</p>
--	---	--

		<ul style="list-style-type: none"> • Support Groups- monthly support groups for more than 340 caregivers throughout Greater Cincinnati where caretakers meet to gain the support they need in their care (Hamilton, Butler, Warren, Clermont & Clinton County). • Powerful Tools for Caregivers- an evidenced based six-week class teaching caregivers how to access resources, communicate effectively, manage emotions and reduce stress. • Workshops- relevant workshops on issues faced by caregivers. • CAREline: (513) 869-4483- a helpline providing resource information, referrals and support.
Alzheimer's Association	644 Linn St # 1026 (513) 721-4284 24/7 Helpline: 800-272-3900	<p>Care and Support</p> <ul style="list-style-type: none"> • Our chapter offers family care consultations, support groups and more to help you with your Alzheimer's or other dementia journey. • 24/7 Helpline, Family Care Consultation, Family Support Groups, Early Stage Social Engagement Programs <p>Education Programs</p> <ul style="list-style-type: none"> • Alzheimer's and dementia education to help you navigate the disease at all stages. Find local education programs on our education events page. • Education programs for Family Caregivers, General Community Groups, Early Stage, Professional, and Online <p>Health System Referrals</p> <ul style="list-style-type: none"> • Learn more about our The NextSteps program, which creates a direct relationship with local Alzheimer's Association specialists. • The NextSteps program creates a direct relationship with local Alzheimer's Association specialists. NextSteps is designed to allow our specialists to connect with families who feel concerned, overwhelmed, fatigued or indicate a desire for support, education and local resources.

		<p>Resources</p> <ul style="list-style-type: none"> • Learn more about our local and national resources from clinical trials to 24/7 wandering support services and more.
Hamilton County Job & Family Services	24-Hour hotline for reports of elder abuse, neglect or exploitation: (513) 421-LIFE (5433)	<ul style="list-style-type: none"> • If you suspect elder abuse, neglect, or exploitation, please call us immediately. • Hamilton County's 24-hour line for reporting elder abuse, neglect (by self or others) and exploitation of Hamilton County residents age 60 and older. • When calls are received, trained caseworkers evaluate any risk to the safety and well-being of alleged victims. If they find that there is a risk, a referral is made to our APS unit. Caseworkers work with families, social service agencies and other community resources to meet the person's needs and to improve the situation. • APS caseworkers cannot force older adults to accept help. Mentally competent adults have the right to refuse APS assistance and intervention. APS will also not force competent older adults into nursing homes. When it is possible, APS will work with elderly adults to ensure they receive the help they need to stay in their own home. • All calls to 421-LIFE (5433) are confidential.

SPIRITUAL CARE

Healing Center	11345 Century Circle W. (513) 346-4080 info@healingcentercincinnati.org	<ul style="list-style-type: none"> • Prayer is available to anyone including Vineyard church attendees and members
Tricounty S.O.U.L. Ministries	11177 Springfield Pike (building adjacent to Springdale Church) (513) 772-2277 tricountysoul@yahoo.com	<p>Caring Center</p> <ul style="list-style-type: none"> • Faith-based ministry that requires an application and interview process • Monetary resources may be awarded to enable clients to receive a true hand-up through the power of Jesus Christ.

		<ul style="list-style-type: none"> • It is the goal of the Caring Center to work with our clients to change their lives by becoming involved in a Christian fellowship and working toward goals that will change their overall living situation for the better. • Main requirement: clients attend church regularly
The Calvary Church	11970 Kenn Rd. Cincinnati, OH 45240 info@thecalvarychurch.com (513)674-9600	<ul style="list-style-type: none"> • The Calvary Church offers prayer and spiritual care to anyone looking for spiritual guidance. Feel free to contact our office or email to schedule an appointment.

TRANSPORTATION

Access	<p>Access Reservations (513) 531-8888</p> <p>Estimated Time of Arrival Line, (513) 531-6888, ext. 1</p> <p>Customer Service, (513) 531-6888, ext. 2</p> <p>Metro Travel Training (513) 632-7587</p> <p>Eligibility/Appeals (513) 632-7585</p> <p>General Information (513) 632-7586</p> <p>TTY for Hearing Impaired/Ohio Relay Service (800)-750-0750</p> <p>For Access questions, call (513) 632-7586</p> <p>For Fare Deal questions, call (513) 632-7540</p>	<ul style="list-style-type: none"> • Access is a shared-ride public transportation service, providing origin-to-destination transportation in small buses for people who disabilities prevent them from riding metro buses. • To use Access, you must first register and be approved for service, a process that can take up to three weeks. • Access no longer accepts applications by mail or fax. After completing the application, applicants should call (513) 632-7586 to schedule an in-person transportation skills assessment. Assessments take place at 7000 Montgomery Road in Silverton. For more information on what will be required at the time of the appointment visit the gometro website. • As of April 4, 2021: Access Fare is \$4.00
---------------	--	---

Metro		<ul style="list-style-type: none"> • Metro is Southwest Ohio’s fixed-route bus service, which serves Hamilton County residents in addition to providing commuter routes from Clermont, Butler, and Warren counties into Cincinnati. Metro is a non-profit, tax-funded public service of the Southwest Ohio Regional Transit Authority (SORTA). • Metro operates 365 days a year from approximately 4am to 1:30am each day. • Download the Transit app to plan your trip and pay for your fare on your smartphone with EZfare. Track your bus in real-time arrivals with Transit app. • Subscribe to free Cincy EZAlerts via text message or email for the routes you ride. Check out all of Metro’s maps and schedules on the gometro website. • Effective April 4, 2021 Fares: <ul style="list-style-type: none"> ○ Hamilton County Local: \$2.00 ○ Hamilton County Express: \$2.65 ○ Suburban County Express: \$3.75 ○ Hamilton County Commuter Service: \$2.00 ○ Rt. 85 Riverfront Parking Shuttle: \$0.50
Maple Knoll Outreach Services for Seniors	11275 Springfield Pike (513) 984-1234 krood@mkcommunities.org	<ul style="list-style-type: none"> • Offers transportation Monday through Friday to medical appointments and specific non-medical location. All appointments must be between 8:30 and 2pm. Drivers will wait after 2pm to transport clients home. • A wheelchair accessible van is also available for those requesting assistance. All appointments need to be scheduled early and in advanced to help secure your appointment. Operates on a first come, first serve basis. • Visit Maple Knoll’s website or follow the contact information to the right for more information on what information will be needed to schedule your appointment.

URGENT CARE FACILITIES

Cincinnati Children's Liberty Campus Urgent Care	7777 Yankee Rd., Liberty Twsp Appointments: cincinnatichildrens.org	(513) 636-4293
CareFirst Urgent Care- Springdale	360 Glensprings Dr. Appointments: clockwisemd.com	513-671-5050
CareFirst Urgent Care- Montgomery	9549 Montgomery Rd	513-745-0124
Harness Health Partners- Fairfield Occupational Health	2960 Mack Rd Suite 201 Located in Mercy Health- Fairfield Hospital Get online care: mercy.com	513-874-8111
Hometown Urgent Care	10575 Springfield Pike Appointments: clockwisemd.com	513-815-3852
Apex CliniCare: Urgent Care and Wellness Center	8148 Princeton Glendale Rd West Chester Appointments: apexclinicare.com	513-805-4361
Liberty Urgent Care	7324 Yankee Rd B, Liberty Twsp	513-779-7716
MED+ Urgent Care	3288 Highland Ave.	513-489-3737
Kroger "The Little Clinic"	7132 Hamilton Ave. 560 Wessel Rd	513-728-2780 513-454-2084

TriHealth Clinic at Walgreens-Colerain	9775 Colerain Ave. Appointments: trihealth.com	513-853-9700
---	---	--------------

VETERANS

Hamilton County VA Clinic	1750 South Erie Highway Main: (513) 870-9444 Mental Health: (513) 870-9444 ex. 1572	<ul style="list-style-type: none"> • Outpatient clinic provides primary care and specialty health services, including mental health care, laboratory services, vision care, medicine education, prescriptions, foot care, and more.
Norwood VA Clinic	4600 Smith Road Central Station, Suite A6 (513) 475-6547	<ul style="list-style-type: none"> • Outpatient clinic provides primary care and specialty health services, including mental health care, family counseling, nutrition education, and more.
Cincinnati VA Medical Center	3200 Vine Street Main: (513) 861-3100 Mental Health: (513) 475-6325	<ul style="list-style-type: none"> • Hospital provides primary care and specialty health services, including mental health care, women's health services, prosthetics, eye health and vision care, treatment for post-traumatic stress disorder (PTSD), prescriptions, cancer treatment, and more.
Highland Avenue VA Clinic	2929 Highland Avenue (513) 559-3599	<ul style="list-style-type: none"> • Outpatient clinic provides eye and vision health care services such as eyeglass prescriptions, treatment for eye-related illnesses and injuries, and more.
Vine Street VA Clinic	909 Vine Street (513) 977-6800	<ul style="list-style-type: none"> • Outpatient clinic offers primary care to help you stay healthy and well throughout your life.
Homeless Veterans		<ul style="list-style-type: none"> • There are many options for help if you are or know a veteran in need of shelter. Look at the section titled Homelessness and Shelters. • Also consider looking at www.va.gov/homeless/

VISION

Eyemart Express	<ul style="list-style-type: none"> • 9590 Colerain Ave, Cincinnati, OH 45251 https://www.eyemartexpress.com • 6180 Glenway Ave #1C, Cincinnati, OH 45211 • 11711 Princeton Pike Suite 941, Springdale, OH 45246 	<p>(513) 245-1094</p> <p>(513) 662-0151</p> <p>(513) 671-0833</p>
MyEyeDr.	<ul style="list-style-type: none"> • 3850 Paxton Ave, Cincinnati, OH 45209 • 8740 Montgomery Rd Suite 106, Cincinnati, OH 45236 • 5303 Glenway Ave, Cincinnati, OH 45238 	<p>(513) 533-0031</p> <p>(513) 791-2222</p> <p>(513) 921-8040</p>
LensCrafters	<ul style="list-style-type: none"> • 2749 Edmondson Rd, Cincinnati, OH 45209 	<p>(513) 631-4154</p>
Costco Vision Center	9691 Waterstone Blvd	<p>(513) 774-9453</p>

Tri-State Centers for Sight, Inc.- Springdale	12124 Sheraton Ln midwesteyecenter.com	513-671-5500
Staarmann Family Vision	2834 Mack Rd Appointments: drstaarmann.com	513-874-1718
America's Best Contacts & Eyeglasses	421 E. Kemper Rd Appointments: americasbest.com	513-826-9281